

Adult Enrichment

active life day program

AE NEWS & FUN!!

APRIL 2016



[www.facebook.com/Adult
Enrichment Lancaster](http://www.facebook.com/AdultEnrichmentLancaster)



9:15 – 10:00 AM Daily Current Events

10:00 – 11:30----- Arts and Crafts/ Independent
Living Skills
11:30 – 12:30 -----Lunch.
12:30 – 1:15 -----Newsletter/world Culture.
1:15-2:00-----Art/Acting.

TUESDAY

9:15 – 10:00 -----Keyboarding.
Outing and Regular classes every 2nd Tuesday
of the month
10:00 – 10:45 Keyboard/ Spanish or Dance &
Movement one time a month.
10:45 – 11:30-----ILS/ World Culture.
11:30 – 12:30-----Lunch.
12:30 – 1:15 -----Dance/Book Club.
1:15 – 2:00-----Virtual Travel / Comic Book.

WEDNESDAY

Outing and Regular classes every 4th
Wednesday of the month.

10:00-11:00-----Classic Viewing
/Newsletter/Social Club.
11:00-11:30---Sign Language /Health & Beauty
11:30-12:30 -----Lunch.
12:30 – 1:15 -----Science / Wildlife/History.
1:15-2:00 -----Music Appreciation/
Brain Busters.

THURSDAY

9:15 – 10:00 -----Keyboarding.
10:00 – 11:30 -----Chorus.
10:00-10:45 ----- Classic
Viewing./Movers & Shakers
10:45- 11:30 -----Sign Language.
11:30 – 12:30 -----Lunch.
12:30 – 1:15 -----Gardening & Nature/ German
/Keyboarding
1:15 – 2:00 ----- Music Bio, Photography.

FRIDAY

10:00- 10:45---Arts & Crafts/Cooking Essentials.
10:45 – 11:30 -----Photography/Coloring.
11:30 – 12:30 -----Lunch.
12:30 – 2:00 -----Movie Club
Outing every 3er Friday of the month.
12:30 – 1:15 -----Computer Basic Skills.
1:15 – 2:00-----Group Games.

Daily Social Time 8:00 – 9:15 AM &
2:00 – 3:00 PM

Outing Groups

TUESDAY (Please Bring at least 20\$ for outings.)

Group 1: (7) Jon R., Kathy, Dewey, Allison, Dareek, Ralph, Darla
Staff: Tina, Beth, Tania (Alisha, Jared, D'Andrea)
Group 2: (6) Kate, Chrissy, Matt, Robert C., Jimmy, Trevor
Staff: Amparo, Cindy, Yaritza (Alisha, Jared, D'Andrea)
Group 3: (5)Lynn, Sam, Angela, Marta, Glen
Staff: Tina, Beth, Tania (Alisha, Jared, D'Andrea)
Group 4: (7)Carly, Katie, Loni, Wilfredo, Danielle, Ernie, Ekate.
Staff: Amparo, Cindy, GV (Alisha, Jared, D'Andrea)

WEDNESDAY (Please Bring at least 20\$ for outings.)

Group 1:(9) Steph,Jon W,Judi ,Wilfredo,Gloria, Robert C., Dan, Mike V, Bob
Staff: Tina, Cindy, Beth,Yaritza (Alisha, Jared, D'Andrea)
Group 2: (8) Jon R., Alvin, Suzie, Jessenia, Dewey, Angela, Jon F, Kathy
Staff: Amparo, Tania, GV (Alisha, Jared, D'Andrea)
Group 3: (8) Kate, Chrissy, Rosie, Mack, Ben M, AQ, Ritchie
Staff: Tina Cindy, Beth, Yaritza (Alisha, Jared, D'Andrea)
Group 4: (8)Leroy, Jayann, Robert P, Sam, Laura, Dareek, Jay.,
Staff: Amparo, Tina, GV (Alisha, Jared, D'Andrea)

FRIDAY (Please bring at least 20\$ for outings.)

Group 1: Ritchie,James, Danielle, Ernie, Angie
Group 2: Jon R., Dareek, , Marta, JayIn, Robert T.
Group 3: Trevor, Ekaterina, Robert C., Joey, Steph.

From the Directors Desk

Thank you to everyone who completed the Summer Fun Week survey! As you may have guessed, the weeks theme is the Summer Olympics. Over the next few months AE classes will be focused on learning about the Summer Olympics to prepare athletes for the competition. We are looking forward to five, fun filled days of team activities here and at Manor Church.

Parents and caregivers: please join us at Elm Avenue for a special informational program April 14th from 4:00pm-5:30 pm on Life Care Planning, presented by Dana Panagopoulous and Michael Miller. This is a great introduction on how to start preparing for your loved one's future.

As warmer weather arrives we will be spending more time outside. Please make sure participants are coming to program wearing sunscreen or wear a hat and sunglasses so they can be protected from sun.

~Alisha



APRIL BIRTHDAYS



April 1 Mackenzie

April 17th Alvin M.



April 13th Darla



April 24th Tina



April 15th Jessenia



April 22nd Jonathan R.



Health & Beauty

Contributed by Stephanie and
typed by Jonathan W.

Health & Beauty in a Natural Way



In Health and Beauty, we learn about nutritious food. We also do manicures. We also make crafts. We also put facial crème on our faces, and it's a lot of fun. We do chair exercises, and we throw balls around. We play pass the pumpkin with music. Whoever has the pumpkin when the music stops- they are out. Then the music starts playing again. To play, sit in a circle, and pass it on to the next person. We've watched documentaries on healthy nutrition, on sun safety, and protecting your skin. The one on dental hygiene the guest speaker said to brush your teeth, so you don't have bad breath. Brush at least twice a day. We've made candles; we've turned the lights off, to see what it would look like. We've made lotion to make our skin look beautiful; it's also for dry skin.

MARCH MADNESS

Contributed by
Robert P.
And typed By
Daniel

Soon colleges
will put on the
March

Madness basketball tournaments. Lots of different colleges participate. I think Penn State is playing in March Madness. In basketball, you pass the ball. You dribble it and rebound it off of the backboard. After you pass the ball around, you shoot it. You try to get the ball in the hoop and score points. The team with the most points wins the game.

World Health Day

Contributed by Stephanie and typed by
Jonathan W.)



World Health Day
is Thursday,
April 7th, 2016.
This year the
theme is 'Beat
Diabetes.'

Diabetes can affect your health, and you have to watch your blood sugar. Diabetes is a chronic disease, that occurs either when the pancreas does not produce enough insulin, or when the body cannot effectively use the insulin injections to survive.

The main goals of World Health Day 2016 campaign are to increase awareness about the rise in diabetes and its staggering burden and consequences, in particularly to, low- and middle-income countries; and to trigger a set of specific, effective, and affordable actions to tackle diabetes. These will include steps to prevent diabetes.



JOKES

Contributed by newsletter class &
Typed by Jonathan W.

**1) A bear walks into a restaurant and says, "I want agrilled cheese."
The waiter says, "Why the big pause "
The bear replies, "Whaddaya mean? I'm a BEAR!"**

2) Why can't you hear a Pterodactyl go to the bathroom?
Because the *P* is silent!

3) What did the left eye say to the right eye?
"Just between you and me, something smells."

4) What do you call a fake noodle? An impasta!

5) What did the blonde say, when she walked into a bar?
"Ouch!"

6) What doesn't have a single I, but seas?
The Earth!



APRIL FOOLS' DAY

Contributed by: Wilfredo
Typed by: Jonathan W.



'April Fools' Day is a funny joke. It is celebrated on April first. You make a trick. The best 'April Fools' joke I ever

played was putting a cream pie in someone's face.

April Fools' Jokes:

Q: Why was the 6 afraid of 7?

A: Because the 7, 8, 9.

Q: What is black and white and red all over?

A: A sunburned zebra.

GAMES CLASS

Contributed and typed by Susie

We always have fun on game day. We always have so many games to play. Some of them are played on the computer, some of them are board games and drawing and coloring. We all have fun.

We also sometimes have some game days when we also order food in, to have something good to eat while we have fun. We sometimes order pizza, though it's been a while since we've done that.

On our last game day we had a Wii bowling tournament. The players didn't have the ball always go where they wanted it to go, but everyone had fun.

My favorite part of game day is working on my word find and coloring my pictures. Sometimes I do this with my friends, everybody enjoys it. When we have game days it's because part of our group is on a movie outing. They have fun and we have fun. It's a joyful day!

Newsletter puns

Contribute by Jonathan W.

Stephen Wright:

1. To write with a broken pencil is pointless.
2. When fish are in schools they sometimes take debate.
3. A thief who stole a calendar got twelve months.
4. When the smog lifts in Los Angeles , U.C.L.A.
5. The professor discovered that her theory of earthquakes was on shaky ground.
6. The batteries were given out free of charge.
7. A dentist and a manicurist married. They fought tooth and nail.
8. A will is a dead giveaway.
9. If you don't pay your exorcist you can get repossessed.
10. With her marriage, she got a new name and a dress.
11. Show me a piano falling down a mineshaft and I'll show you A-flat miner.
1. You are stuck with your debt if you can't budge it.
2. Local Area Network in Australia : The LAN down under.

14. A boiled egg is hard to beat.
15. When you've seen one shopping center you've seen a mall.
16. Police were called to a day care where a three-year-old was resisting a rest.
17. Did you hear about the fellow whose whole left side was cut off? He's all right now.
18. If you take a laptop computer for a run you could jog your memory.
19. A bicycle can't stand alone; it is two tired.
20. In a democracy it's your vote that counts; in feudalism, it's your Count that votes.
21. When a clock is hungry it goes back four seconds.
22. The guy who fell onto an upholstery machine was fully recovered.
23. He had a photographic memory which was never developed.
24. Those who get too big for their britches will be exposed in the end.
25. When she saw her first strands of grey hair, she thought she'd dye.
26. Acupuncture: a jab well done.
27. How do you make holy water? You boil the Hell out of it...
28. How do you make a strawberry shake? Take it to a scary movie.



CANDY SALES

Contributed by Victor and
Typed by Jonathan W.

The candy sales are a good fundraiser for the program. The sale was open to any participant that wanted to sell any stuff. I sold quite a bit. I sold candy by calling people or asking people to support our program. A lot of people want to help; I think it's because they know how much I like the program.

The money will be used for Adult Enrichment, for future purchases for program or parties. It will be used for supplies and to help set up our new room as we expand. It's exciting to think about.

This was the first year that Wolfgang sold jewelry in their sales. I think that wasn't a good move, since it was a candy sale. I only sold candy.

SPRING!

Contributed by Jalyn
And typed by Jonathan W.



In spring, 'April showers bring May flowers.' This is when people begin gardening. Flowers start to bloom, and trees bud. The Phillies start practicing baseball in spring. The Reading Phillies are practicing, too. $\text{\textcircled{A}}$ is singing in the spring. Robert P's family likes to take walks in the spring. Many more people like to take walks in the spring. Often people spend more time outside. At daylight savings time we have to turn our clocks ahead one hour. We have to adjust our clocks because of the time change. People don't wear as many coats. They put their winter clothing away.

Classic Viewing

Contributed by: Leroy
typed by: Daniel



I like classic viewing because, of the classic shows we watch. We watched the Hardy Boys, Gilligan's Island, I Dream of Jeannie, the A Team, Mork & Mindy, Full House, Star Trek, Boy Meets World, the Andy Griffith Show, the Bob Newhart Show, I Love Lucy, Family Matters, the Three Stooges, Quantum Leap, Dr. Who and Little House on the Prairie. In classic viewing we watch comedies, dramas and others. We watch shows from Netflix, TV Land, and other appropriate TV shows rated PG. Our teacher likes to use a lot of different shows so the participants don't get bored with the same shows.

CHORUS

Contributed by Jon R., Mike, Susie, Robert, JayIn
Typed by: Daniel

We have chorus on Thursdays. In chorus we sing. We like to sing. There are a lot of participants in chorus. Annette is our teacher. She makes it fun. We are preparing for our spring show.

“On With the Show” will be held on May 19th. We had tryouts for it the first week of March. Some people sang. Some people danced. One person did a magic trick. One person sang alphabet talent. We enjoyed it very much. It was very nice.

Jon W. played the keyboard. It was a song he wrote himself. Fourteen people tried out. At lunch everyone voted. We marked our top seven choices to see who will perform this spring.



ORIGIN OF ARBOR DAY

Contributed by Mary Jane
And typed by Daniel



The Spanish village of Mondonado held the first documented Arbor Plantation Festival in the



world organized by its mayor in 1594. This remains as Alameda de los Remedias and still with lime and horse nut trees. The Spanish village of Villanueva de la Sierra held the first modern Arbor Day in 1705 supported by the population.

The first American Arbor Day was held in Nebraska City by I Sterling Morton on April 10, 1872 and they planted one million trees. Birdsey Northrup of Connecticut globalized Arbor Day when visiting Japan in 1883.

He delivered the message to Australia, Canada and Europe. In 1906 Pennsylvania conservationist Major Israel McCreight of Du Bois, PA argued to have a campaign for youth education and national policy on conservation education. On April 15, 1907 President Roosevelt issued an Arbor Day Proclamation to the school children of the United States.



SPANISH CLASS



Contributed by
Jonathan R. &
typed by Laura

When we are in
Spanish class

we play games to learn different words in Spanish. Like cat (gato), dog (perro) , car (carro) , pencil (lápiz) , pollo (chicken), we also learn the colors like blue (Azul), yellow (Amarillo), purple (morado), verde (green), Adding to that we learn the Alphabet and verbs like Run (corre), read (leer), etc. We also learn the numbers and play Bingo , Matching Cards.

EARTH DAY

Contributed by Darla
Typed by Laura



Earth Day is an event
celebrated on April 22.
Is held to demonstrate

support for environmental protection. It was first celebrated in 1970, and celebrated in more than 192 counties each year. Was founded by senator Gaylord nelson. **What do people do?** The April 22 Earth Day is usually celebrated with outdoor performances, where individuals or groups perform acts of service to earth. Typical ways of observing Earth Day include planting trees, Picking up roadside trash, conducting various programs for recycling and conservation take walk in nature and simply appreciate it.

AE FUN FRIDAY

SHAMROCK SHAKES

Ingredients

- 2 cups vanilla ice cream
- 1 1/4 cups milk
- 1/4 teaspoon mint extract, or more to taste
- 9 drops green food coloring
- 2 tablespoons chocolate syrup, or to taste (optional)
- 2 tablespoons whipped cream, or to taste (optional)
- 1/2 teaspoon green decorator sugar, or to taste (optional)

Directions

Blend ice cream, milk, mint extract, and food coloring together in a blender until smooth. Drizzle chocolate syrup around inside walls of 2 tall glasses; pour shake into glass. Top with whipped cream and green decorator sugar.



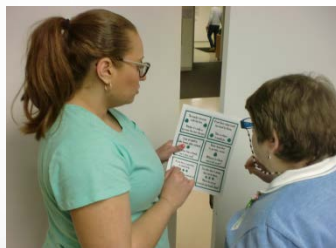
POT CRAFTS



MAGIC ROCKS



LEPRECHAUN HUNT



BETTA FISH

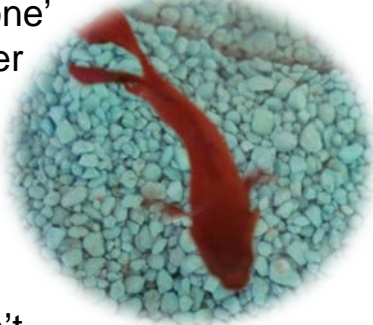
Contributed by Dewey and
typed by Jonathan W.



Last month, we got a red male betta fish named Blaze.' He may be a cousin to our other betta, 'Bobo,' at Æ.

Betta's are fighting fish, so it's wise to have just one; even if you have a divider, they could see themselves and try to attack the 'other one'

by hitting the other side of the tank. They could hurt themselves. We know that the 'other fish' isn't real, but they don't know it. The sexes don't matter. They all fight each other.



Betta, 'Bobo' at Æ.

DEUTCHE CLASSES

Contributed by: Daniel



Halo; vi gates?
Roughly translated, that is German for hello, how are you? In most German classes, we learn a list of new words

and each week after that we review that list of words. Every once and a while we are given a paper dinner plate and we have to pick an appropriate meal out of German food words. Some Words include but are not limited to:

German: English

Das fleich: meat

Das eis: eggs

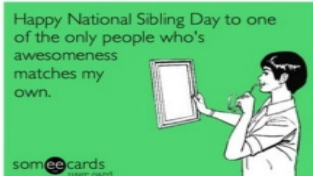
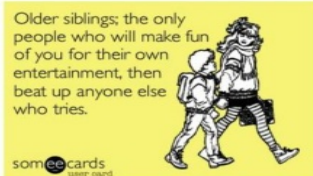
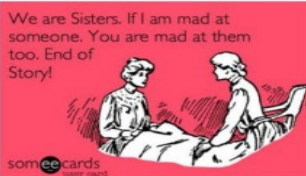
Das milche: milk

Das pumpkin pie: pumpkin pie

Das chocolat: chocolate

Das erdbeere: strawberry

The afore mentioned words are ones which it would behoove you to remember for such an activity. It is a really fun game disguised as a memory activity.



National Siblings Day

Contributed by by Leroy &
Typed by Jonathan W.

I have three siblings. My brother Rick, my sister Tina, and my sister Tania. I am the oldest. Growing up with three siblings was not too bad. I remember when we used to take baths together. All four of us fit into the tub together. When we were done the water was all on the floor. My sisters fought more often than my brother and I did. When we were young, we liked to swing on the swing set in our yard. I remember going to Hershey Park. We split up and went on different rides. My favorite ride was the roller coaster. One time on a trip, my sister Tina and her friend went off on their own. We didn't know where they were. Eventually they found us again. My Dad had his favorites: Rick and Tania. It didn't feel very good. My Mom had her favorites too: Me and Tania. I'm glad I have three siblings. My life would be more boring without them.

SCRAMBLE

Contributed and type by Susan

1. DXTAAY
2. SFLAOIPRLO
3. SSWIRWPRLAOHER
4. ASIH DOLY
5. AATDYEHR
6. RSPOVASE
7. SMMARDCNSHEA
8. BLABETLKSA
9. IPLRA
10. WWM TREA HARE

ANSWER:

TAX DAY, APRIL FOOLS,
HOLIDAYS, EARTH DAY,
PASSOVER, MARCH MADNESS,
BASKETBALL, APRIL,
WARM WEATHER

Photography Class

Expectations

Contribute by Angie

Typed by E-kat



I'm in Friday Photography Class. I haven't been in many classes yet, so I'm not sure what is going on in the class. I hope there are things that we can do in the class.

I like to take pictures. The things take pictures of are pretty scenes and flowers, things in nature. I put my photos in a picture album. I have photos from Florida, Nashville and Tennessee. I like to look at them and remember what was happening when I was taking them. Photography is one of my favorite things to do. That's why I took this class. Who knows maybe I'll learn something new in the class. I'm looking forward to the class and the pictures I'll take.

OUTDOOR SPORTS

Contributed by:

Gloria, Mary Jane, Stephanie, Leroy, Jon R., and Darla

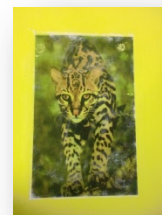


In April, the weather starts to become nice and warm. Some outdoor sports are **baseball**, people can

play **baseball**, go to a game or watch it on TV. You also can play or watch **hockey** or **air hockey**; **Football** can played by school kids or **basketball** at the park. Other outdoor sport are **soccer**, **horseback riding**, **swimming**, **running**, **jogging**, **walking**, **golfing**, **roller skating**, **kickball**, **softball**, **Ping-Pong**, **horse shoes**, **volleyball**, **bad mitten**, **camping**, **fishing**, **hacking**, etc. You can also ride in a **hot air balloon**, we hope this Spring and summer that you try one or more of these outdoor sport.

Thursday Photography Class

Contributed and typed by Laura



I'm in the Thursday Photography class. Right now we're doing pictures on a canvas. My picture is of a small cat. First I painted my canvas yellow, then I picked a picture I put the picture on the canvas I painted, with glue. I let it dry until the next class. Then we put water on the picture and scraped transferred to the canvas like magic. Not all the pictures turned out right because sometimes we used too much glue. mine turned out ok. This class is fun because we always do pictures. Next time we are using white t-shirt I think we'll transfer pictures to our shirts, but we haven't got into that yet. I'll let you know what we do.

ARTS & CRAFTS

Contributed By Jon R.
and typed by: Daniel



We are making bean pictures. Jon R. is making a picture bull's eye. First we painted glue on one section. Then we chose what kind of beans to put on that section. After we covered



that section with beans, we covered another section with glue and covered it with different colored beans. It will look really cool when it is done.

On March 7th, we made play dough. Then we pressed it down. We had some different kinds of cookie cutters that we used. There was a church, a cross, a bunny, a chicken, and an egg. Now they are drying. Then we will take them home.

Arts & Crafts

By Mary Jane and
Typed by Jonathan W.



In Arts & Crafts we have a lot of fun! We do different kinds of crafts using colors, beans, beads, glue stamps, magazines, etc. We paint, make cards, decorations, trees, and more. Also, we take pictures to paste to a painted



frame; we make a post card. We learn with Amparo, when she comes with ideas. We also concentrate on opportunities to help others. Finally, we always share our ideas of what we would like to do next.



NATIONAL DONATE LIFE BLUE & GREEN DAY

APRIL 15, 2016 Promote Organ, Eye and Tissue Donation

#BlueGreenDay DonateLife.net

Contributed by Angie Typed by Staff

National Donate Life Month (NDLA) was instituted by donate life American and partnering organization in 2003. The entire month of local, regional, and national activities to help encourage Americans register as organ, eye, and tissue donors and to celebrate those that have saved lives through the gift of donation. If you are driver, when you apply for a driver's license, you can check yes or no, if you want to be organ donor for 2016, the symbol for this year is a sunflower. Sunflower contain the potential to create new life, because the sunflower's face has as many as 2,000 seeds. Just like in life and its struggles, the sunflower reminds us to live with joy, to focus on the light even in difficult times.



In the Spotlight

In the Spotlight Interview with: **Joshua**

**Questions Asked By:
The Adult Enrichment Group**



Typed by: Daniel

1. What is your favorite holiday?

Christmas

2. What is your favorite sport?

Football

3. What is your favorite team?

Steelers

4. What is your favorite color?

Yellow

5. What is your favorite food?

Tomato soup & grilled cheese

7. How many brothers & sisters do you have?

I have one brother & two sisters

8. Do you have a pet?

My cat Blitz

9. Do you have a job?

I am a greeter at Goodwill 2 days a week

10. How do you wake up most days?

Pretty happy, but I am not a morning person

11. Do you have a hobby?

Playing video games

12. If you could vacation anywhere, where would you go?

Los Angeles, where my favorite TV shows are

13. What are your favorite TV shows?

SpongeBob, old cartoons, Yogi Bear & ALF

Newsletter

Contributed by: Gloria

Typed by Ekaterina

In newsletter, we write about things we do at the program. We write about places we went to like Park City, and different restaurants we like to eat at. We also write about the classes we are in like music and arts and crafts. Sometimes we watch movies and when someone has a birthday, we celebrate it. People love the newsletter because they like what we write. It makes them happy!

April 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> • Current Events: Tania • Arts & Crafts: Amparo / Independent Living Skills (ILS) Tania • Newsletter: Amparo, Cindy & Tania/ World Cultures: Tina • Painting: Beth / • Acting: Cindy 	<ul style="list-style-type: none"> • Current Events: Beth • Spanish: Amparo / • Essential Cooking: Beth • ILS: Tania/ World Cultures: Tina • Dance: Tania / Virtual Travel : Cindy • Book Club: Beth / • Comic Book: Cindy • Outing 	<ul style="list-style-type: none"> • Current Events: Cindy, Tina • Classic Viewing: Tania/ Newsletter: Amparo, Beth & / Social Club: Cindy • Etiquette: Tina / Health & Beauty: Amparo • Science: Cindy / Wildlife: Tania / History: Beth • Brain Buster: Beth / Music App.: Tina • Outing 	<ul style="list-style-type: none"> • Current Events: Beth, Tina / Keyboard: Annette • Chorus: Annette / Classic View: Cindy / Movers & Shakers: Amparo • Signing Language: Tina • Gardening & Natural: Tina / German : Beth / Keyboard: Annette • Music Bio: Beth / Photography: Amparo 	<ul style="list-style-type: none"> • Current Events: Beth • Arts & Crafts: Amparo / Cooking Essential: Beth • Photography: Amparo / Coloring: Tina • Movie Club: Tina • Computer: Cindy • Group Games: Beth



APRIL FOOLS' DAY

1
 • **A&C:** Paper Chain / **Cooking Essential:** Hummus Recipe
 • **Photography:** /How to crop Pictures / **Coloring:** Olympics Coloring
 • **Lunch**
 • **Movie Club:** Movie of the week / **Computer / Group Games:** Uno

<p>4</p> <ul style="list-style-type: none"> • A&C: Paper Chain / ILS: Spec. Olympics • Lunch • World Cultures: Countries/ Newsletter • Acting Class: Little Old Lady/ Painting: Ocean Painting 	<p>5</p> <ul style="list-style-type: none"> • Spanish: Feeling Vocabulary • Cooking: Hummus • ILS: Spec.Olympics / World Cult: Flags/ Chile • Lunch • Dance: Samba / Virtual Travel: Air Planes • Comic Book: Scooby Doo / Book Club: Mango Princess 	<p>6</p> <ul style="list-style-type: none"> • Classic Viewing: Even / Newsletter/Social Club: Cookie face. • Etiquette: Manners / Health & Beauty: Hand Sanitizer • Lunch • Science: Density Experiment / Music App: Jon R./ History: Salem Witch Trials • Wildlife: Anaconda / Brain Buster: ?? 	<p>7</p> <ul style="list-style-type: none"> • Current Events/Keyboarding • Chorus: / Classic Viewing: Hardy Boys/ • Sign Language: Seasons / Movers & Shakers • Lunch • German: Duolingo / Gardening & Nature: different herbs • Musical Bio: C. Aguilera / Photography: Crop Pictures 	<p>8</p> <ul style="list-style-type: none"> • A&C: Paper Chain / Cooking Essential: Hummus • Photography: Take pictures / Coloring: Olympic Coloring • Lunch • Movie Club: Movie of the week • Computer/Group Games: Yahtzee
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<p>11</p> <ul style="list-style-type: none"> • A&C: Clay Medals / ILS : Troops/smoothie • Lunch • World Cultures: Countries/China Newsletter / Painting: Finish Ocean Pic • Acting Class: Beds, Brooms & Pajamas Painting: 	<p>12</p> <p>Outing Bowling Group 4: Carly, Katie, Ekta, Loni, Will, Danielle, Ernie, Staff: Amparo, Cindy, GV</p> <ul style="list-style-type: none"> • Dance & Movement: / • Cooking: Pie • ILS: Roops World / Culture: Flags • Lunch • Dance: Carimbo / Virtual Travel: Sky Diving, • Comic Book: Scooby Doo / Book Club: Mango 	<p>13</p> <ul style="list-style-type: none"> • Classic Viewing: Voyager / Newsletter / Social Club • Etiquette: Manners / Health & Beauty: Toilet Tank Fizzes • Lunch • History: Olympic Greats • Science: Volcano Model / Music App: Rosie • Wildlife: Tapir / Brain Busters: ?? 	<p>14</p> <ul style="list-style-type: none"> • Current Events/Keyboarding • Chorus: / Classic Viewing: Hardy Boys • Sign Language: Review / Movers & Shakers • Lunch • German: Family / Gardening & Nature: Health benefits • Musical Bio: Bob Dillon / Photography: Take Pictures 	<p>15</p> <p>MOVIE DAY OUTING GROUP #1</p> <ul style="list-style-type: none"> • Cooking • Lunch • Games • Craft <p>PIE DAY!!!!!!</p>
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<p>18</p> <ul style="list-style-type: none"> • A&C: Bird Feeders / ILS: pen pals • Lunch • World Cultures: Countries/ Colombia / Newsletter • Acting Class: Sheila Rae / Painting: Post Impressionist 	<p>19</p> <ul style="list-style-type: none"> • Spanish: Matching Games • Cooking: Personal Pie • ILS: Pen Pals / World Culture: Flags • Lunch • Dance: Jongo / Virtual Travel: Ferry Boat • Comic Book : Scooby Doo / Book Club: Mango Princess 	<p>20</p> <p>Classic Viewing: matters / Newsletter. / Social Club</p> <ul style="list-style-type: none"> • Etiquette: Manners / Health & Beauty: Dance & Moment. By Bob • Lunch • History: TBA/ Science: Paint Volcano • Music App: Gloria/ Wildlife: Komodo/ Brain Busters: ?? 	<p>21</p> <ul style="list-style-type: none"> • Current Events/Keyboarding • Chorus: / Classic Viewing: Hardy Boys • Sign Language: Seasons/ Movers & Shakers • Lunch • German: Olympic History/ Gardening & Nature: Home uses for Herbs • Musical Bio: Whitney Houston / Photography: Crop Pictures 	<p>22</p> <ul style="list-style-type: none"> • A&C: Bird Feeders • Cooking Essential: Pie • Photography: Crop Pictures • Coloring: Olympic coloring • Lunch • Movie Club: Movie of the week Movie / Computer/ Group Games: Chutes and Ladders
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<p>25</p> <ul style="list-style-type: none"> • A&C: Egg carton lilies / ILS: Tai chi exercise • Lunch • World Cultures: Countries Costa Rica / Newsletter • Acting Class: A Porcupine Named Fluffy / Painting: Olympic Art Work 	<p>26</p> <ul style="list-style-type: none"> • Spanish: Bingo/ • Cooking: Candy Rings • ILS: Tai Chi / World Culture: Flags • Lunch • Dance: Forro / Virtual Travel: Private Jet • Comic Book: Scooby Doo / Book Club: Mango P. 	<p>27</p> <p>OUTING-Red Robin Group 4: Leroy, Jayann, Robert P, Sam, Laura, Dareek, Jayln., Staff: Amparo, Tina, GV</p> <ul style="list-style-type: none"> • C V: Charles/ Newsletter/ Social Club • Etiquette: Manners • Health & Beauty: Smoothie • Lunch • History: TBA / Science: Volcano • Music App: Robert P. • Wildlife: Toucan/ Brain Busters: ? 	<p>28</p> <ul style="list-style-type: none"> • Current Events/Keyboarding • Chorus: / Classic Viewing: Hardy Boys • Sign Language: Review / Movers & Shakers • Lunch • German: Name that Animal / Gardening & Nature: Herbs • Musical Bio: Elton John / Photography: Crop Pictures 	<p>29</p> <ul style="list-style-type: none"> • A&C: Egg carton lilies / Cooking Essential: Candy Rings • Photography: Crop • Coloring: Olympic coloring • Lunch • Movie Club: Movie of the week • Computer/ Group Games: Monopoly
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Life Care Planning...

How Special Needs Trusts Fit Into The Plan

Join Us For A Special Informational Program

Date: April 14, 2016

Time: 4:00 pm - 5:30 pm

Location: Adult Enrichment
1325 Elm Avenue
Lancaster PA 17603

Panel Presentation By:

Dana Panagopoulos, Attorney in the Trust, Estate and Elder Law Group
Brubaker Connaughton Goss & Lucarelli LLC.

Michael Miller, Chartered Special Needs Consultant (ChSNC), OrrstownBank

Question & Answer Period Will Follow The Presentation

What is a "Life Care Plan"?... It is a holistic approach involving a network of advisors in the development of a life care plan that can help a person with a disability maintain the lifestyle that he or she needs. This coordinated program of future care planning includes financial and legal strategies.

You don't have one. Why?... Don't think you can afford it. Don't know where to start. Think it's too early... or perhaps too late? Being proactive about developing a Life Care Plan can help you be more proactive in reducing stress, resolving issues, less decisions made under pressure and less reactive situations.

Who should Attend?... Individuals, families, case managers and community members who want to learn about legal and financial instruments for individuals with special needs.

**Adult
Enrichment**

ACCESSING INDEPENDENCE
active life day program