

# Adult Enrichment

active life day program

## AE NEWS & FUN!!

### AUGUST 2019



Picture by: Stefanus

#### 9:15 – 10:00 AM Daily Current Events MONDAY

10:00 – 11:00-----Arts and Crafts/ Free Time  
Computer / Independent Living Skills (ILS).

11:00 – 12:00-----Lunch.

12:00 – 1:00-----Newsletter/ Free Time  
Computer/Acting.

1:00-2:00-----Creative Expressions/  
World Exploring / Acting.

#### TUESDAY

Outing and Regular classes every 2nd Tuesday of  
the month

10:00 – 11:00-----Health & Wellbeing / Free  
Time Computer / Spanish.

11:00 – 12:00-----Lunch.

12:00 – 1:00-----Virtual Travel/ Social Club / Dance.

1:00 – 2:00 -----Book Club/ Free Time Computer /  
Forces of Nature.

#### WEDNESDAY

Outing and Regular classes every 4<sup>th</sup> Wednesday  
of the month.

10:00-11:00-----Mindfulness / Free Time  
Computer / Social Club.

11:00-12:00-----Lunch.

12:00 – 1:00 -----History / Free Time  
Computer / Wildlife.

1:00-2:00 -----Music Appreciation/ Science.  
Dancercise .

#### THURSDAY

10:00 – 11:00 -----Movers & Shakers / Free Time  
Computer /Chorus.

11:00- 12:00-----Lunch.

12: – 1:00 -----Garden & Nature/ Free Time  
Computer / Keyboarding.

1:00 – 2:00 -----Brain Buster/ Free Time  
Computer /Photography.

#### FRIDAY

10:00- 11:00-----Arts & Crafts/ Home Economics.

11:0 – 12:00 -----Lunch.

12:00 – 1:00 -----Group Games / Movie Club.

1:00-2:00 -----Free Time Computer.  
Photography / Movie club.

Movie Outing every 3rd Friday of the month.

Daily Social Time 8:00 – 9:15 AM &  
2:00 – 3:00 PM



[www.facebook.com/  
Adult Enrichment Lancaster](http://www.facebook.com/AdultEnrichmentLancaster)

#### Groups for Outings

Tuesday (2<sup>nd</sup> of the month)

##### Group 1

Staff- Amparo & Kate E. (John)

Feb, April, June, Aug, Oct, Dec- Stephanie M, Lynn S, Gary W, Jayln W, Grace C,  
Danielle L, Caryn H.

##### Group 2

Staff- Cindy & Lory (John)

Jan, March, May, July, Sep, Nov- Katie H, Marta P, Dewey C, Robyn F, Carly L.  
Alondria S.

Wednesday (4<sup>th</sup> of the month)

##### Group 1

Staff- Takeisa & Kate (Katee)

Feb, April, June, Aug, Oct, Dec- Bob T, Jon F, Josh B., Christina

##### Group 2

Staff- Symone & Lory

Jan, March, May, July, Sep, Nov- Kate M, Mac C, Allegra S, Luis H.

Friday (3<sup>rd</sup> of the month)

##### Group 1

Staff - Tina, Kate

Nov, March, June, Sept. -Jesse, Donald, Destiny, Grace C, Benessia.

##### Group 2

Staff - Tina, Lory

Jan, April, July. (6) Katie H., Dareek, Carlos, Jayann, Robyn, Ernie.

##### Group 3

Staff - Tina, Kate

Group 3: Oct, Feb, May, August. (5) Carly, Marta, Matt, Jordan, David

## FROM THE DIRECTORS DESK

United Disabilities Services Foundation (UDSF) is in the early stages of exploring affordable, accessible housing opportunities for people with special needs and physical disabilities. If you are willing to share information to help us assess the scope and need for such housing, we will be grateful. All information provided will be kept confidential within UDSF.

To assist UDSF in assessing this need, please complete our brief survey by clicking the link below or by typing the link into your web browser.

<http://app.surveymethods.com/EndUser.aspx?A185E9F1A9E0F4FAAB>

THANK YOU!

# Assistance Dogs Week



International Service dog week is August 4-10<sup>th</sup> and was created to recognize all devoted service dogs that work to aid individuals with different needs. The goal of this week is to honor and raise awareness of service dogs and spotlight some heroic deeds performed by these dogs. There are four different types of service dogs that are taught to do different things for the people they serve. Guide dogs are taught to aid individuals with vision or other impairments to navigate their community or home. Hearing alert dogs aid individuals with

hearing loss by alerting them to different sounds in their environment. Seizure alert or seizure response dogs will alert their owners to oncoming medical events or are taught to respond in certain ways to make others aware of the medical event. Finally, service dogs do a wide range of tasks to meet the exact needs of the person they serve.

UDS has a department that trains service dogs. They were kind enough to come and visit the Adult Enrichment program to pose for pictures, answer questions and meet the individuals. Here are the pictures:



# JOKES

**1. Teacher:** Who answers my next question, can go home. One boy throws his bag out the window.

**Teacher:** Who just threw that?

**Boy:** Me and I'm going home now.

**2. Q: What is the different between a bird and fly?**

A: A bird can fly, but fly can't bird.

**3. Q: What do you find in an empty nose?**

A: Finger prints.

**4. Q: What did one eye say to the other eye?**

A: Between you and me, something smells.

**5.** When NASA first began sending astronauts into space, they were confronted by a small problem. Their standard ballpoint pens would not work in space. They spent a decade and twelve million dollars designing a pen that would work below three hundred degrees, in space, and on glass.

Russia used a pencil.

**6. Why did the computer get cold?**

Because it forgot to close Windows.



# WishList

1. 4 power surge protected extension cords, with multiple outlets (4 or 6 feet long).
2. Smalls rivers stones or rocks
3. Musical Instruments
4. Digital Camera for photography class
5. Bluetooth speakers (Orange Room)
6. Portable softball bases
7. Elmer's All Purpose School Glue Sticks.
8. Good Craft scissors for staff

# SCRAMBLE WORDS

1. NZIGSIL RTWHEAE
2. TSOQOUMIS
3. ABKC OT CHLSOO
4. LRSUE
5. SELPGINL SWORD
6. SPPNHGOI
7. TIISV PRKAS
8. CNTIOVAA
9. SNGIPELE NI
10. CEI RAEMC CSDNWHIA
11. SEAPHEC

**ANSWER:**

SIZZLING WEATHER, MOSQUITOS,  
BACK TO SCHOOL, RULES,  
SPELLING WORDS, SHOPPING,  
VISIT PARKS, VACATION, SLEEPING  
IN, ICE CREAM SANDWICH,  
PEACHES



# Meet Kyle!

## Questions By: AE Newsletter Group

**1. What do you like to do in your free time?**

I like to play matching games on the computer and play Wii.

**2. What is your favorite class so far at Adult Enrichment?**

Arts and Crafts and Health and Wellbeing.

**3. What's your favorite sport?**

Challenger baseball.

**4. What's your favorite type of music?**

Men at Work.

**5. Where did you go to school?**

Hempfield.

**6. What kind of movies do you like?**

I like the LEGO movie.

**7. What's your favorite food?**

Pepperoni pizza.

**8. What's your favorite color?**

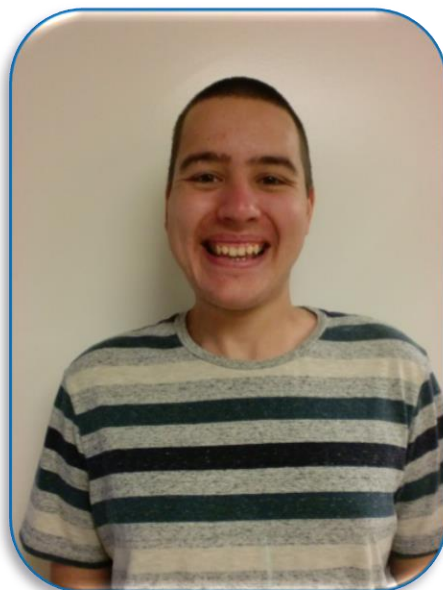
Red.

**9. What's your biggest pet peeve?**

My dog annoys me sometimes.

**10. Do you have any pets?**

I have a dog named Hadley. He's 8 months old. He's a toy poodle.



## VACATIONS

**Jamie**-Nowhere this year /Favorite Medrol beach with family

**Victor**-Not sure yet this year/Favorite Hawaii (I won 30k on a scratch off ticket so went on a trip)

**Gretchen**-Beach/Favorite driving to Florida with my family

**Derek**- Beach/Favorite was going to Colorado with my cousins

**Jonathan**-Nowhere this year/Favorite was when I was 14 and went to Alabama to record music with family

**Kathy**- Rehoboth Beach/Favorite is Rehoboth beach because my family has a house there.

# NATIONAL MOUNTAIN CLIMBING DAY

Pictures by Photography class



National Mountain Climbing Day takes place on August 1st every year. This holiday was developed to celebrate the challenging, exhilarating and rewarding experience of climbing up mountains. In order to learn more about this subject, we interviewed John Kurtz, who has years of experience in this field.

## **1. What is the tallest mountain you've climbed?**

I have climbed a 700+ foot mountain in the Adirondacks and a 14,000-foot mountain in Colorado.

## **2. What is the point of climbing a mountain?**

When I'm climbing, I am not thinking about anything else. I enjoy the challenge of climbing more difficult ones and developing my skills. It's like a real-life puzzle for me and a mental health escape. And it's always in beautiful places!

## **3. Have you ever been afraid while climbing?**

Yes. I've been afraid doing new stuff. The most scared I've ever been was when I ran into a copperhead snake and some bears (on separate occasions).

## **4. Have you ever fallen?**

Yes. The most I've ever fallen was about 40 feet before the rope caught me.

## **5. Did you ever have to help someone out in the mountains?**

I haven't, but my friend did search and rescue for many years and has some pretty sad stories. I've been very lucky!

## **6. Are you interested in climbing Mount Everest?**

Not really. I don't like mountaineering and I don't want to go in places where there's no oxygen. I only like rock climbing. I'd rather climb in places like Yosemite National Park. My goal is to climb El Capitan, which is a vertical rock formation in Yosemite, in two years.

## **7. Where is your next mountain climbing trip going to be?**

In the Poconos next weekend. We will be hiking in Stony Ridge.

Here are a few of our suggestions of how Mountain Climbing Day can be celebrated:

Draw a picture of a mountain. Walk to AE instead of taking a car or the bus.

Go to work/school dressed up in hiking gear.

Find a mountain or hill nearby and climb it or, if possible, drive up it. Bring a picnic lunch along and enjoy it when you reach the top.

Find a new way to challenge yourself physically even if you don't climb a mountain.



# International Left Handers Day



Is a holiday dedicated to honor the backwards members of society, those who utilize their left hand as their dominant hand. It celebrates the abilities of those in society who have adapted to utilize their backwards ability in a predominantly right-handed society. It has been determined that those who prefer their left hand gain their dexterity adroitness from the right hemisphere of their brain.

The very same hemisphere is side of the brain is the side of the noggin that controls a person's emotions, as well as creativity and opinion. Left handed people are thought to be free-thinkers, not harnessed by the standards of a logical, right-handed society. A few noted and influential left-handers in society include Presidents Reagan, Bush & Clinton, as well as David Letterman, Jay Leno, Alexander the Great, Julius Caesar, Napoleon Bonaparte, and tons of others.

## National Watermelon Day

Pictures by Photography class



National Watermelon Day is Celebrated on August 3<sup>rd</sup> Every year. The founder of National Watermelon Day is unknown to this day, but it is believed that the fruit originated in South Africa. Watermelon is made up of 91% water. Watermelon is both a fruit and vegetable, you can also eat the seeds and the rind.

### What to do with Watermelon:

- Make Watermelon juice
- Make a sculpture
- Make a Watermelon bowl and put other fruit in it
- Eat Watermelon!!
- Go bowling with Watermelon.



# Newsletter Survey

## 1. Why are you answering this survey?

-Forced to	-Boredom	-Free Will	-Pity
3	3	5	2

## 2. What is your favorite summer activity?

-Swimming	-Sleeping	-Beach	-Other
4	1	5	3

## 3. What is your favorite season?

-Winter	-Summer	-Spring	-Fall
1	5	3	4

## 4- What is your favorite room at AE?

-Peach	-Green	-Orange	-Purple
3	1	7	2

## 5. What is your Favorite activity at AE?

-Newsletter	-Lunch	-Dance	-Free Period	-Current Events	-Other
4	2	3	1	2	1

## 6. What scares you the most about Jared?

-His Hair	-Breath	-The way he walks	-Other	-All of the Above
3	1	2	1	6

## 7. Who would make the best next President of the USA?

-Victor	-Jared	-MJ	-Beth	-Other
1	1	4	2	5

# Going Back to School

Pictures by photography class

Going back to school is fun and nerve wrecking at the same time but getting a good education is very important.

## Back to school supplies:

- Notebook
- Pens and pencils
- Paperclips
- Back packs
- Rubber bands
- New Shoes

## Back to school classes:

- Library
- Math
- Gym
- Communication Arts
- Reading
- Art

## Favorite going back to school things:

- Computers
- Talking to friends
- Learning new things



# NATIONAL CHOCOLATE CHIP COOKIE DAY

National chocolate chip cookie day is observed on August 4 every year. We can thank a lady named Ruth Graves Wakefield for this yummy holiday, because she made the world's first chocolate chip cookie in 1937. Ms. Wakefield was in charge of cooking and serving food at a tourist lodge that she and her husband owned. She decided to try adding cut-up chunks of a chocolate bar to a cookie recipe.

The cookies turned out to be delicious, and the chocolate chip cookie recipe quickly became a favorite in American homes. Things You Could Make With Chocolate Chip Cookies:

- Cookie ice cream sandwiches
- Chocolate chip cookie dough stuffed pretzels
- Chocolate chip cookie dough cupcakes
- Chocolate chip cookie dough pie
- Chocolate chip cookie peanut butter caramel bars
- Chocolate chip granola bars
- Chocolate chip cookie cake
- Crumble it up and put with ice cream, chocolate syrup, and whipped cream





# HAPPY BIRTHDAY 2019



**August 1<sup>st</sup> Gary W.**



**August 2<sup>nd</sup> Katee W.**



**August 2<sup>nd</sup> Aaron D.**



**August 10<sup>th</sup> Jacob M.**



**August 10<sup>th</sup> Melissa G.**



**August 11<sup>th</sup> John K.**



**August 19<sup>th</sup> Dan R.**



**August 31<sup>er</sup> Crystal L.**

# AUGUST WORD SEARCH

W I D E V A S Q C K I W G N G N L L W P K E  
V X H H I V P Q A Z Q F L I Z J A I Q K F O  
S G O Z D F I Y T F C S L D K P T F W Q R U  
E L T S A C D N A S M A I P I R L E F W N J  
P K E Z L I B R A R Y J B C I Z S G S Y U N  
N E O L L B P K P B S A N B V W U U T Q S D  
B F N O N X Q Z U N C I W E N Y B A Z Y L C  
Z X J C B K P T D K R K T L E P L R J K A V  
A G O G I E C E T P O D B P K T O D L T D N  
J Y Q F V L T O H M D T Q P N A O C W M N U  
F X K R Z V S O W H G R Q A H B H N G U A N  
Z M P X O C Q O N O X J D R E L C D S O S S  
Q R J H H T S E A S H E L L S E S K R R T S  
D I E O B V A A D U F M Z T B T D E Z A L I  
M T O P X E W L N Q I R A U F H H U R B D R  
L L S F A F A N U T U Y K B Z C B F B I B U  
M Q N F V P X C K C A P K C A B I X S P B B  
L K Y U D Y P I H Z L G M E P S T T Y S E G  
D P S T N T C Y I B D A T X H F G O U A G J  
S U C O F X B U U U A Q C B O U B Q C F M W  
T V I V Q Y Q P C V T L L I B O Y H K M J K  
G H F H T M S V I T G F L G X C C T H T D V

APPLE

BEACH

FOCUS

NOTEBOOK

PRINCIPAL

SANDCASTLE

STARFISH

BACKPACK

BEACHBALL

LIBRARY

PAPER

QUIZ

SCHOOLBUS

TABLET

BACKTOSCHOOL

CALCULATOR

LIFEGUARD

PENCILS

SANDALS

SEASHELLS

TEACHER

# AUGUST 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> <li>•Current Events: <u>Symone &amp; Keisha</u></li> <li>• Arts &amp; Crafts (A&amp;C): <u>Amparo</u></li> <li>•Independent Living Skills (ILS) <u>Keisha</u></li> <li>• Newsletter: <u>Amparo</u></li> <li>• World Exploring: <u>Tina</u></li> <li>• Creative Expression &amp; Acting: <u>Cindy</u></li> </ul>	<ul style="list-style-type: none"> <li>• Current Events: <u>Cindy &amp; Tina</u></li> <li>• Spanish: <u>Amparo</u></li> <li>• Health &amp; Wellbeing: <u>Symone</u></li> <li>•Dance: <u>Keisha</u></li> <li>• Virtual Travel: <u>Cindy</u></li> <li>•Social Club: <u>Tina</u></li> <li>• Book Club: <u>Symone</u></li> <li>•Forces of Nature: <u>Tina</u></li> <li>•Outing</li> </ul>	<ul style="list-style-type: none"> <li>•Current Events: <u>Cindy &amp; Tina</u></li> <li>•Mindfulness: <u>Tina</u></li> <li>•Social Club: <u>Cindy</u></li> <li>•Wildlife: <u>Symone</u></li> <li>•History: <u>Symone</u></li> <li>•Science: <u>Cindy</u></li> <li>•Music Appreciation: <u>Keisha</u></li> <li>•Dancercise: <u>Keisha</u></li> <li>•Outing</li> </ul>	<ul style="list-style-type: none"> <li>• Current Events: <u>Tina &amp; Keisha</u></li> <li>• Chorus: <u>Brittany</u></li> <li>• Movers &amp; Shakers: <u>Amparo</u></li> <li>•Garden &amp; Nature: <u>Cindy</u></li> <li>•Keyboard: <u>Brittany</u></li> <li>• Brain Buster: <u>Keisha</u></li> <li>•Photography: <u>Amparo</u></li> </ul>	<ul style="list-style-type: none"> <li>•Current Events: <u>Symone &amp; Cindy</u></li> <li>•Arts &amp; Crafts: <u>Amparo</u></li> <li>•Home Economics: <u>Tina</u></li> <li>•Group Games: <u>Amparo/</u></li> <li>•Movie Club: <u>Tina</u></li> <li>•Photography: <u>Amparo</u></li> <li>•Outing</li> </ul>
			<p>1</p> <ul style="list-style-type: none"> <li>• Movers &amp; Shakers: / Chorus</li> <li>• Lunch</li> <li>•Garden &amp; Nature: Cuttings/ Keyboard:</li> <li>• Brain Buster: Beetlejuice</li> <li>Photography: Take pictures for newsletter articles.</li> </ul>	<p>2</p> <ul style="list-style-type: none"> <li>•A&amp;C: Collage Animal faces / Home Economics: Clocks</li> <li>•Lunch</li> <li>•A -Group Games: Wii Bowling/ B-Group Games: True or False</li> <li>•Movie Club: Movie of the week / Photography: Take pictures for newsletter articles.</li> </ul>
<p>5</p> <ul style="list-style-type: none"> <li>• A&amp;C: Collage Animal faces/ ILS: Who I Am</li> <li>• Lunch</li> <li>• Newsletter: / Acting: Pat A Cake</li> <li>• World Exploring: Golden Gate Bridge / Creative Expression: Clay Pendants</li> </ul>	<p>6</p> <ul style="list-style-type: none"> <li>•Spanish: Bingo- Letter / H&amp;WB: Teeth</li> <li>•Lunch</li> <li>•Dance: Ballet/ Travel: Subway/ Social Club: Clocks</li> <li>•Force of Nature: Worst Disasters / Book Club: Harry Potter Movie</li> </ul>	<p>7</p> <ul style="list-style-type: none"> <li>•Mindfulness: Signs/ Social Club: Bethany Hamilton</li> <li>•Lunch</li> <li>•History: Nazca Lines / Dancercise: Participant choice &amp; Exercise</li> <li>•Music App: Cardi B</li> <li>•Science: Laughter / Wildlife: Totem Pole Project</li> </ul>	<p>8</p> <ul style="list-style-type: none"> <li>• Movers Shakers: / Chorus</li> <li>• Lunch</li> <li>•Garden &amp; Nature: Venus Fly Trap/ Keyboard:</li> <li>• Brain Buster: Annie / Photography: Take pictures for newsletter articles.</li> </ul>	<p>9</p> <ul style="list-style-type: none"> <li>•A&amp;C: Collage Animal faces/ Home Economics: Food Game</li> <li>•Lunch</li> <li>•A -Group Games: Cup Shootout / B-Group Games: Guess Who</li> <li>•Movie Club: Movie of the week / Photography: Take pictures for newsletter articles.</li> </ul>
<p>12</p> <ul style="list-style-type: none"> <li>• A&amp;C: Collage Animal faces/ ILS: Building Success</li> <li>• Lunch</li> <li>• Newsletter: / Acting: Porcupine Fluffy</li> <li>• World Exploring: Brooklyn Bridge / Creative Expression: Clay Pendants</li> </ul>	<p>13 OUTING – Park City Mall Stephanie , Lynn , Gary , Jayln , Grace , Danielle , Caryn .</p> <ul style="list-style-type: none"> <li>•Spanish: Bingo- Numbers/ H&amp;WB: Teeth quiz &amp; Bingo</li> <li>•Lunch</li> <li>•Dance: Ballet/ Virtual Travel: Airplane / Social Club: Stress Balls</li> <li>•Force of Nature: Worst Disasters/ Book Club: Harry Potter Movie</li> </ul>	<p>14</p> <ul style="list-style-type: none"> <li>•Mindfulness: Jeopardy Game/ Social Club: Frida Kahlo</li> <li>•Lunch</li> <li>•History: Nazca Lines Review &amp; Project / Dancercise: Seated Exercises/ Music App: Demi Lovato</li> <li>• Science: Alfalfa Sprouts / Wildlife: Totem Pole Project</li> </ul>	<p>15</p> <ul style="list-style-type: none"> <li>• Movers &amp; Shakers: / Chorus</li> <li>• Lunch</li> <li>•Garden &amp; Nature: Mt Rushmore/ Keyboard:</li> <li>• Brain Buster: Disney / Photography: Take pictures for newsletter articles.</li> </ul>	<p>16</p> <ul style="list-style-type: none"> <li>•A&amp;C: Collage Animal faces/ Home Economics: BINGO</li> <li>•Lunch</li> <li>•A -Group Games: Dart Balloon/ B-Group Games: Bowling</li> <li>•Movie Club: Movie of the week / Photography: Take pictures for newsletter articles.</li> </ul>
<p>19</p> <ul style="list-style-type: none"> <li>• A&amp;C: Collage Animal faces/ ILS: Ideals for Things</li> <li>• Lunch</li> <li>• Newsletter: / Acting: Dish Ran Away With Spoon</li> <li>• World Exploring: London Bridge / Creative Expression: Intro to Pastels</li> </ul>	<p>20</p> <ul style="list-style-type: none"> <li>•Spanish: Bingo-Vocabulary/ H&amp;WB: Hygiene</li> <li>•Lunch</li> <li>•Dance: Participant Choice / Virtual Travel: Submarine/ Social Club: ISL Videos</li> <li>• Force of Nature: Worst Disasters / Book Club: Lion, Witch, Wardrobe</li> </ul>	<p>21</p> <ul style="list-style-type: none"> <li>Dancercise : Healthy Snack &amp; Hydration</li> <li>Mindfulness: Quote Book/ Social Club: Nick Vujicic</li> <li>•Lunch</li> <li>•History: Nazca Lines Project/ Music App: Madonna</li> <li>•Science: Sandwich/ Wildlife: Animal Trivia</li> </ul>	<p>22</p> <ul style="list-style-type: none"> <li>• Movers &amp; Shakers / Chorus</li> <li>• Lunch</li> <li>•Garden &amp; Nature: Trimming/ Keyboard:</li> <li>• Brain Buster: Pizza / Photography: Take pictures for newsletter articles.</li> </ul>	<p>23</p> <ul style="list-style-type: none"> <li>•A&amp;C: Collage Animal faces/ Home Economics: Turtle Craft</li> <li>•Lunch</li> <li>•A -Group Games: Parachute / B-Group Games: Bingo</li> <li>•Movie Club: Movie of the week / Photography: Take pictures for newsletter articles.</li> </ul>
<p>26</p> <ul style="list-style-type: none"> <li>• A&amp;C: Jewelry/ ILS: Taking Care of Your Body</li> <li>• Lunch</li> <li>• Newsletter: / Acting: Jog Dog</li> <li>• World Exploring: Chesapeake Bay Bridge/ Creative Expression: Pastels</li> </ul>	<p>27</p> <ul style="list-style-type: none"> <li>•Spanish: Bingo-Pictures/ H&amp;WB: Hygiene Quiz &amp; Jeopardy</li> <li>•Lunch</li> <li>•Dance: Just Dance / Virtual Travel: Segway / Social Club: BIO'S</li> <li>•Force of Nature: Worst Disasters / Book Club: Lion, Witch, Wardrobe</li> </ul>	<p>28 OUTING – Bowling Bob T, Jon F, Josh B., Christina</p> <ul style="list-style-type: none"> <li>•Mindfulness: Exercise / Social Club: Personality Types</li> <li>•Lunch</li> <li>•History: Participant Choice / Dancercise: Just Dance</li> <li>•Music App: Miranda Lambert</li> <li>•Science: Mt. St. Helens / Wildlife: Animal Memory Game</li> </ul>	<p>29</p> <ul style="list-style-type: none"> <li>• Movers &amp; Shakers: / Chorus</li> <li>• Lunch</li> <li>•Garden &amp; Nature: Trimming/ Keyboard:</li> <li>• Brain Buster: Participant Choice / Photography: Take pictures for newsletter articles.</li> </ul>	<p>30</p> <ul style="list-style-type: none"> <li>•A&amp;C: Jewelry / Home Economics: Jeopardy Game</li> <li>•Lunch</li> <li>•A -Group Games: Ker-plunk/ B-Group Games: Family Feud</li> <li>•Movie Club: Movie of the week / Photography: Take pictures for newsletter articles.</li> </ul>