



AE TIME JANUARY 2014



MONDAY

- 8:00 – 9:15 -----Social Time.
- 9:15 – 10:00-----Current Events.
- 10:00 – 11:30
- ◆ Arts and Crafts
- ◆ Independent Living Skills
- 11:30 – 12:30 -----Lunch.
- 12:30 - 2:00
- ◆ Painting
- ◆ Book Club / World Cultures.
- ◆ 2:00 – 3:00 -----Social time.

TUESDAY

- 8:00 – 9:15 -----Social time.
- 9:15 – 10:00 -----Current Events.
- Outing every 4th Tuesday of the month**
- 10:00 – 10:45
- ◆ Spanish / Keyboarding.
- ◆ Dance & Movement one time a month.
- 10:45 – 11:30 -----Music Appreciation.
- 11:30 – 12:30-----Lunch.
- 12:30 – 2:00 -----3-D Art / Everything Class.
- 2:00 – 3:00 -----Social time.

WEDNESDAY

- 8:00 – 9:15 -----Social Time.
- 9:15 – 10:00 -----Current Events.
- Outing every 2nd Wednesday of the month**
- 10:00 – 11:30
- ◆ QEU Movie once a month.
- ◆ Cooking 2 -3 times a month.
- 11:30 – 12:30 -----Lunch.
- 12:30 – 2:00
- ◆ Wildlife / Creative Writing.
- ◆ Science / Healthy Living.
- ◆ 2:00 – 3:00 -----Social Time.

THURSDAY

- 8:00 – 9:15 -----Social Time.
- 9:15 – 10:00 -----Current Events/Keyboarding.
- 10:00 – 11:30 -----Chorus / Brain Games.
- 11:30 –12:30 -----Lunch.
- 12:30 – 2:00 -----Newsletter/Computer.
- 1:15 – 2:00 -----German/History.
- 2:00 – 3:00 -----Social Time.

FRIDAY

- 8:00 – 9:15 -----Social Time.
- 9:15 – 9:45 -----Current Events.
- 9:45 – 10:30 ----- Brain Games.
- 10:30 – 11:30 ----- Arts & Crafts.
- 11:30 – 12:30 -----Lunch.
- 12:30 – 2:00 -----Special Topics.
- 2:00 – 3:00 -----Social time.

Upcoming Events

- ❖ Staff Meeting 1/13/14
- ❖ **Outing Wed. Only Group #2**
"Dragon Buffet" 1/8/14
- ❖ (Dress Up Day)
- ❖ Staff Meeting 1/27/14
- ❖ **Outing Tues. Only Group #2**
"Red Robin" 1/28/14
- ❖ **Trash Fashion Show!**
2/4/14 at 1:00 PM
- ❖ Jan 16th speaker **Brazilian martial arts (Micah Bias)**

Groups for Outing

- Tuesday Group #1**
Jonathan R, Alli, Gerilynn, Kate, Jon Mac, Laura, Christina, Marta. Rosie
Staff: Amparo, Chelsea (Alisha, Lisa, Jean)
- Tuesday Group #2**
Lynne, Kathy, Carla, Angela, Wilfredo, Dewey, Robert, Ernie
Staff: Annette, Rebecca, (Alisha, Lisa, Jean)
- Wednesday Group #1** Kate, Stephanie, Alvin, Angela, John A, Dewey, Sam, Katrina, Jessenia, Christina, Robert.
Staff: Beth, Rebecca (Alisha, Lisa, Jean)
- Wednesday Group #2**
Leroy, Jonathan R, Jon Mac, Laura Jonathan W., JayAnn, Gerilynn, Susie, Wilfredo, Dan, Jamie
Staff: Amparo, Annette (Alisha, Lisa, Jean)

From the Director's Desk:



Greetings to all,

As winter is upon us. Please stay safe and dry. December had many snowfalls and we thank everyone for trying to come in. Each snow day people arrived with great energy that kept the cold at bay.

We are expecting Alisha to return in late January. We're all very excited to welcome her back from her maternity leave, and it has been my absolute pleasure to serve in her absence.

Thank you all for your patience,
Lisa Timberlake



January Birthstone

Researched by:
Ben Walker

Garnet



Garnet, the birthstone for January, signifies eternal friendship and trust and is the perfect gift for a friend. Garnet, derived from the word granatum, means seed, and is called so because of the gemstone's resemblance to a pomegranate seed. References to the gemstone dates back to 3100 B.C., when the Egyptians used garnets as inlays in jewelry. Garnet is the name of a group of minerals that come in a rainbow of colors, from the deep red of the pyrope garnet to the vibrant green of tsavorite. Today, the most important sources for garnet are Africa, Sri Lanka, and India.

January Birth Flower

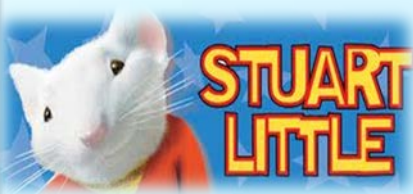
Researched by:
Ben Walker

the Carnation or Snowdrop



January's birth flower, the carnation, comes in several different colors to convey different meanings, much like roses. A pink carnation means affection, while a red carnation means 'I love you.' White carnations mean pure love, striped carnations means regret that a love is not shared, and yellow means rejection or disappointment. The other January flower is the **snowdrop**, which used to be considered bad luck due to the fact that it would always seem to appear to grow in graveyards. Nowadays, it signifies hope and beauty.

Contributed By
Jon McFarland



This month I chose the movie "Stuart Little". Join

the fun when the Little family adopts an adorably spunky boy named Stuart, who looks a lot like a mouse. Mr. and Mrs. Little fall in love with Stuart right away, but their older son George isn't so sure. As Stuart tries to win over his new brother with hilarious feats of courage and daring, the family cat, Snowbell, gets involved with a gang of shady felines who devise a dastardly plan to get Stuart out of the house. Permanently! This movie has state of the art special effects and laugh out loud comedy and rip roaring hijinks make this the biggest adventure a Little can have!

SUNNY FLORIDA

Contributed by:
Gerilynn Shulman



In January I will be in Florida I can't wait. I am leaving right after New Year's

Eve. I won't get see you after the holidays. I promise to send a postcard with palm trees while I am sitting on the beach. Hahaha! I will be back in March in the springtime when trees are in bloom and the grass is green.



Questions asked by the Adult Enrichment group?



1. What is your Favorite Color?
Blue.
2. What is the first thing you do when you wake up?
Shower.
3. What is your favorite holiday?
Christmas.
4. Do you have any brothers or sisters? How many?
Two Brothers and one Sister.

5. Do you like spicy food?
Some spicy food.
6. What is your favorite ice cream flavor?
Mint.
7. What do like to do for fun?
Play Trumpet.
8. Do you like traveling?
Yes.
9. What kind of vacations do you like?
Florida and Texas.
10. What is your favorite AE class?
Music.





BUTTERFLY

Contributed by
Laura Sauder



Mac invited the butterfly man Al Spoo to come visit us at AE. He talked about butterflies and showed us lots of butterflies in boxes. He told us how to raise them, catch them, where they come from what they eat and how they grow. He also wrote a book himself that is in the book store. I would like to buy one if I can find it. His wife came with him. The Butterfly Man Knows a lot about bees and other insects too. He showed us how they curl their tongue to drink nectar from flowers and how to preserve butterflies on boards so they will stay around forever. We all thanked them for coming.

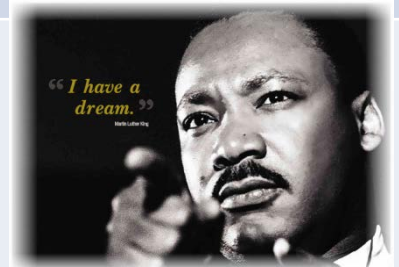
MARTIN LUTHER KING DAY

Researched by Alvin Miller

Third Monday of January



This day remembers the birthday of Dr. Martin Luther King, Jr. He is best known as a civil rights leader. Civil rights are the rights promised by the Constitution.



In 1957, Dr. Martin Luther King, Jr. founded the Southern Christian Leadership Conference, which organized civil rights activities throughout the United States. In August 1963, he led the great march on Washington, where he delivered this memorable speech in front of 250,000 people gathered by the Lincoln Memorial and millions more who watched on television. In The Dream: Martin Luther King, Jr. and the Speech That Inspired a Nation (Ecco, 2003), Drew D. Hansen notes that the FBI responded to King's speech with this disturbing report: "We must mark him now, if we have not done so before, as the most dangerous Negro of the future in this Nation." Hansen's own view of the speech is that it offered "a vision of what a redeemed America might look like, and a hope that this redemption will one day come to pass."

In addition to being a central text of the Civil Rights Movement, the "I Have a Dream" speech is a model of effective communication and a powerful example of the African-American jeremiad – a bitter lament or a righteous prophecy of doom.

RIDING THE ROADS OF LANCASTER

Contributed Leroy Poletti



UDS asked me if I wanted to do this and I said "yes". I've never been famous before, but I like being on the sides of the trucks. I enjoyed having my picture taken. They changed my shirt inside out so they could take my picture better. It wasn't hard to do. The pictures were taken in the back room at **AE**, I don't remember who took the pictures. It makes me feel good that they took the pictures, and although I don't have a copy of the pictures, I really don't need one. They took the pictures back in November, but I don't remember exactly when. It took them about a half hour to take the pictures. I was nervous, because they had to put me in a motorized wheel chair. The chair was all right, better than my regular chair.

AE New Bathroom

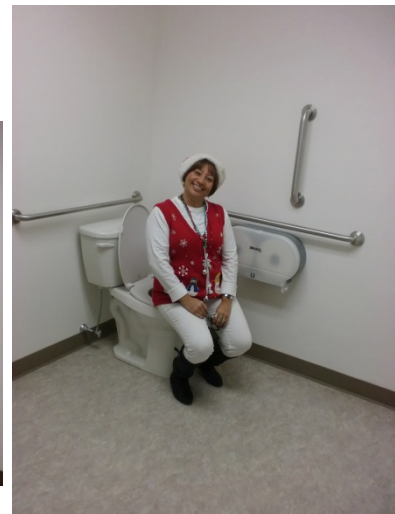
AE is very excited about the new bathroom we have. Big thanks out to John Sload for his hard work and the long hours he put in. This will help us with our growing program at **AE**.
Big John: Love the look of the new bathroom.

Jennifer: Help out with the bathroom traffic.

Kathy: Very excited about the 3rd bathroom.

Victor: Love the new sink and that it's wheelchair friendly.

Jon Rodgers "Bacalao": That's crazy.





“CHOICES IN HARMONY” TOOK CENTER STAGE

Contributed by choral group

On Thursday, December 5, the AE chorus unveiled their new name, Choices in Harmony, as they sang songs from around the world. About 120 attended and enjoyed their performance of “Christmas Around the World,” staying to enjoy lunch following the performance. The show opened with an original composition written by Dan Rogusky & Jonathan Whitlock and concluded with the show stopping performance of “Carol of the Bells,” now known as “Carol of the Kazoos!” New to the holiday show this year were our various musicians – from Pam Nielsen using the unique sounds and rhythms of the keyboard, to our accordion/guitar duo (Hector and Dean), to our in-house drummer Angela Spencer. We also enjoyed singing and dancing to the Spanish carol, “El Burrito de Belen.”

Once again, we took our show on the road to the Center Court of Park City Mall. Our audience is growing each year as we reprise our musical numbers.

Thanks to all who help to make this possible – from the facilities at The Church of Jesus Christ of Latter-day Saints and its sound engineer, to each and every staff member, to our enthusiastic and supportive fans.

Here's how some on the newsletter staff replied to the question, “What did you like about this year's holiday concert?”

Ben: I liked “The Virgin Mary Had a Baby Boy.” I got to sing harmony for it.

Ally: I liked when I spoke, especially “And don't forget the figgy pudding!”

Kate: I liked singing the solo in “The Friendly Beasts.”

Laura: My favorite song was “Bring a Torch, Jeanette Isabella” sung by Dan in French. And I think Annette is the greatest director ever!

Angie: I enjoyed playing the drums. And I liked wearing my Nigerian flag shirt.

Justin: I liked the selection of the music.

Jonathan W: Me too. They were diverse and some of them were slightly askew.

Dan: I liked how the audience and the participants fed off each others' emotions.



SCRAMBLERS

Contributed by:
Susie Corpman

1. WEN REYAS
2. TRAPY
3. LCOD
4. WSNO
5. ZBYREE
6. NTWIRE
7. LAGEN
8. CEI IGAKTSN
9. CIILEC
10. OLEVSG

Answer:

NEW YEARS, PARTY, COLD,
SNOW, BREEZY, WINTER,
ANGEL, ICE SKATING, ICECLE,
GLOVES



Contributed by
Ben Walker

Compassionate & Intense
Surrendering, Romanticizing, Adoring
Live well, Laugh often, and Love with
all-your-heart.

Holiday Sing-a-long at the Mall

Contributed by
Dan Rogusky



On Thursday December 5th 2013, the Adult Enrichment Singers sang for busy shoppers at Park City Mall. The show was entitled Christmas Around the World and they performed songs from Great Britain, France, Germany, Italy, Ukraine, Venezuela, the Caribbean, Canada and the United

States. For the Venezuelan carol there were dancers, an accordion player and a guitarist. It was very well received by all.



Weather

Researched by:
Jon McFarland

According to The Old Farmer's Almanac, we will have average temperatures and average precipitation for the month of January. The winter of 2013-2014 will have many weather changes, but for the most part precipitation and temperatures should be normal.

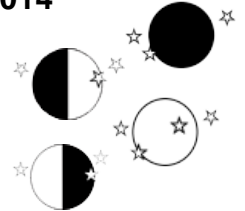
Moon Phases for January 2014

New Moon 1st and 31st

First Quarter 8th

Full Moon 16th

Last Quarter 24th



LETS PARTY

Contributed By
Jon McFarland

Lights brighten the night time sky
Eating to much is very common during the holidays
Toasting marshmallows is fun
Snow accumulates quickly

Polar bears are white
Artic chill fills the air
Rollerblading on ice is fun
Temperatures plunge during the winter
Yoga keeps you warm



JANUARY

L M O L O T S Y Q T T R E E I R T
R C Y Z E E R B T V E T Z C C L K
H T P D R R C B K S R H I N L J T
O N S O H Q E R K A G C B U M A S
P O Y A L T O I L N L S P O O F H
V I Q Y F A M D V E R M J C R N X
P T V G I O R X J A N U A R Y E T
I A X N F H Q B E X C S M K F T E
C R V I U L H Y E F K A P B V T V
E B K T R M W Z D A A F T R E I O
I E X A I E I W A L R J H I Z M L
G L U K N S T D V B O P S A O D G
L E W S R C Q N N P W C L P A N Y
O C N E Y W Q X I I E O T U P Q Z
O C I C B P W C D W G U N J N X L
Y V U I V W J U C O N H A S U G J
S T R O P S R E T N I W T I A W E



NEW YEARS
COLD
SNOW
BREEZY
WINTER
ICICLE

TREE
ICE SKATING
WINTER SPORTS
ICE IGLOO
ESKIMO
COAT

GLOVE
MITTEN
VACATION
MIDNIGHT
CELEBRATION
JANUARY
POLAR BEAR PLUNGE

JANUARY 2014

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<ul style="list-style-type: none"> • Current Events • Arts & Crafts • Independent Living Skills • Painting • Celebrating PA • Book Club • World Cultures 	<ul style="list-style-type: none"> • Current Events • Keyboarding / Spanish /Dance & Movement • Music Appreciation • 3-D Art / Everything Class • Outing 	<ul style="list-style-type: none"> • Current Events • Cooking / QEU Movie • Wildlife / Creative Writing • Science/Healthy Living • Outing 	<ul style="list-style-type: none"> • Current Events • Chorus/ Brain Games • Newsletter / Computers • German/History 	<ul style="list-style-type: none"> • Current Events • Brain Games • Arts & Crafts • Special Topics

 <p> Jan 1st Angela Spencer Jan 12th Christina Meyers Jan 14th Matt Bieganski Jan 24th Bob Handler Jan 25th Annette Whitlock </p>	<p>1</p> <h2>HAPPY NEW YEAR!</h2> <h2>AE CLOSE</h2>	<p>2</p> <ul style="list-style-type: none"> • Spring Show Ideas • Lunch • Newsletter & Computer / Trail of tears 	<p>3</p> <ul style="list-style-type: none"> • Brain Games • Snowflake • Lunch • National Bird Day
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<p>6</p> <ul style="list-style-type: none"> • Birthday cards/Counting soda money • Lunch • Beach Landscape /Headdress /Decide on next book 	<p>7</p> <ul style="list-style-type: none"> • Body parts game / Instrument bingo • Lunch • Trash fashion prep./ History of snow globes 	<p>8 Outing Group #2</p> <p>“Dragon Buffet” Jonathan R, Susie, Jon Mac, Laura, Jonathan W., Leroy, Jayann, Gerilynn, Wilfredo, Jamie, Dan Staff: Amparo, Annette, Lisa</p>	<p>9</p> <ul style="list-style-type: none"> • Vote • Lunch • Newsletter & Computer / Family Vocab. games 	<p>10</p> <ul style="list-style-type: none"> • Brain Games • Create a puzzle • Lunch • Anatomy of a snowman
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<p>13</p> <ul style="list-style-type: none"> • Scrapbooking /Assertiveness • Lunch • Beach Landscape / Headdress/ The Walk (book) 	<p>14</p> <ul style="list-style-type: none"> • Guest animal sound / Hodge podge • Lunch • Trash fashion / Wax / Snow globes 	<p>15 Cooking by Amparo ‘Bacon and Egg Toast Cups’</p> <ul style="list-style-type: none"> • Lunch • Bats/ staying healthy in cold weather/Movie “To kill a mockingbird” /Wax paper Candle 	<p>16</p> <ul style="list-style-type: none"> • Speaker Brazilia n martial arts • Lunch • Newsletter & Computer / Franklin D. Roosevelt 	<p>17</p> <ul style="list-style-type: none"> • Brain games • AE Picture Collage • Lunch • Minute to win it games
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<p>20 Martin Luther</p> <ul style="list-style-type: none"> • Paper beads/ Home Cleaning • Lunch • Word painting / Maya Indian’s 	<p>21</p> <ul style="list-style-type: none"> • Dance and Movement / Romantic Era • Lunch • Trash fashion/ Snow Globes 	<p>22</p> <p>QEU Movie “Holes”</p> <ul style="list-style-type: none"> • Lunch • Owls/ Healthy snacks for cold weather/Movie “To kill a mockingbird” /Wax paper Candle 	<p>23</p> <ul style="list-style-type: none"> • Learn song • Lunch • Newsletter & Computer / Family vocab. games 	<p>24</p> <ul style="list-style-type: none"> • Brain games • AE Picture Collage • Lunch • National Compliment Day
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<p>27</p> <ul style="list-style-type: none"> • Candle Lights /Attitude • Lunch • Word painting /The Walk (book)/ Maya Indian’s 	<p>28 Outing Group #2 “Red Robin” Lynne, Kathy, Carla, Angela, Wilfredo, Dewey, Robert, Ernie Staff: Annette, Rebecca, (Lisa, Jean)</p>	<p>29 Cooking By Beth</p> <ul style="list-style-type: none"> • Lunch • Sea Turtles / Skin care in winter/ Magic sand/ Movie “To kill a mockingbird” 	<p>30</p> <ul style="list-style-type: none"> • Learn song • Lunch • Newsletter & Computer / Charleston Earthquake 	<p>31</p> <ul style="list-style-type: none"> • Brain games • Water Bottle jewelry • Lunch • Pasta & Popsicle snowflakes
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