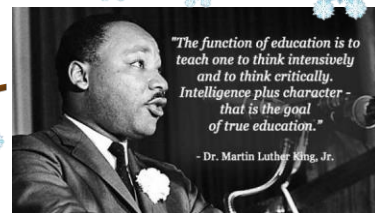


Adult Enrichment

active life day program

AE NEWS & FUN!!

JANUARY 2018



9:15 – 10:00 AM Daily Current Events MONDAY

10:00 – 11:00-----Arts and Crafts/ Free Time
Computer / Independent Living Skills (ILS).

11:00 – 12:00-----Lunch.

12:00 – 1:00-----Newsletter/ Free Time
Computer/world Culture.

1:00-2:00-----Creative Expressions/ Free
Time Computer / Acting.

TUESDAY

Outing and Regular classes every 2nd Tuesday of the month

10:00 – 11:00-----Health & Wellbeing / Free
Time Computer / Spanish.

11:00 – 12:00-----Lunch.

12:00 – 1:00-----Virtual Travel/ Social Club / Dance.

1:00 – 2:00 -----Book Club/ Free Time Computer /
Creative Thinking

WEDNESDAY

Outing and Regular classes every 4th Wednesday of the month.

10:00-11:00-----Classic Viewing / Free Time
Computer / Social Club.

11:00-12:00-----Lunch.

12:00 – 1:00 -----History / Free Time
Computer / Wildlife.

1:00-2:00 -----Music Biography/ Science.
Dancercise .

THURSDAY

10:00 – 11:00 -----Movers & Shakers / Free Time
Computer /Chorus.

11:00- 12:00-----Lunch.

12: – 1:00 -----Garden & Nature/ Free Time
Computer / Keyboarding.

1:00 – 2:00 -----Brain Buster/ Free Time
Computer /Photography.

FRIDAY

10:00- 11:00-----Arts & Crafts/ Home Economics.

11:0 – 12:00 -----Lunch.

12:00 – 1:00 -----Group Games / Movie Club.

12:00 – 1:00 -----Free Time Computer.

1:00 – 2:00 -----Photography / Movie club.

Outing every 3rd Friday of the month.

Daily Social Time 8:00 – 9:15 AM &
2:00 – 3:00 PM



[www.facebook.com/
Adult Enrichment Lancaster](http://www.facebook.com/Adult-Enrichment-Lancaster)

Groups for Outings

Tuesday

Group 1: Jan, May, Sept (7) Jon R., Donald, Kathy, Dewey, Allison, Dareek, Robyn
Staff: Amparo, Open

Group 2 Feb, June, Oct: (7) Kate, Chrissy, Matt, Shelly, Gary, Jayln, Carson
Staff: Beth, Takeisa (Jared)

Group 3 Mar, July, Nov: (8) Lynn, Trista, Sam, Angela, Marta, Glen, Melissa, Grace
Staff: Tina, Tania (Katie)

Group 4: April, Aug (8) Carly, Katie, Ekaterina, Crystal, Wilfredo, Danielle, Ernie, Loni
Staff: Amparo, Cindy (Jeff)

Wednesday

Group 1: Jan, May, Sept (7) Wilfredo, Gloria, Mike V, Bob T., Chrissy, Austin, Sierra
Staff: Cindy, Open (Jared)

Group 2: Feb, June, Oct (7) Jon R., Suzie, Jessenia, Jon F, Kathy, Crystal, Susan Mc.
Staff: Tania, Tina (open)

Group 3: Mar, July, Nov (7) Kate, Jayann, Rosie, Mac, Ben M, Trevor, Jimmy
Staff: Beth, Amparo (Jeff)

Group 4: April, Aug (8) Joey, Judi, Sam, Laura, Dareek, Mike V, Jay, Shelly
Staff: Cindy, Takeisa (Katie)

Friday

Group 1: May, July, Sept., Nov. (5) Marta, Wendy, Susie, Carly, Joey, Grace
Staff: Tina, Takeisa

Group 2: June, August, Oct. (6) Donald, Bob T. Gloria, Shelly, Katie H., Dareek
Staff: Tina, Open

From the Directors Desk

Happy New Year everyone! We hope you all had a great holiday season and feel refreshed. While we are sad to see the end of another great year, we are excited to begin anew as we look forward to 2018 at Adult Enrichment.

Although we haven't seen much snow yet, possibilities are growing for future inclement weather. If you are unsure if we will be open, please check the WGAL website to find out if program is closed.

- Jeff & Katie

AE CHRISTMAS CONCERT 2017

Having an unexpected crowd of over 200!







WISH LIST

ADULT ENRICHMENT

1. *Painting Canvas-various sizes*
2. *Thin Christmas tree about 5 feet tall*
3. *Christmas tree ornaments-gold & Silver colors (New or In good conditions)*
4. *Christmas Lights*
5. *ELMER'S Glue sticks*
6. *Ping pong balls*
7. *Poster boards/construction paper*
8. *Gift cards (Dollar Tree, Giant, Walmart)*
9. *Plastic laundry hamper*
10. *Lawn games- Matching games big pictures*
11. *Games- Brailleing of cards*
12. *Refrigerator – We need more lunch box space!*
13. *Old Magazines (Flower, landscape, animals)*
14. *Watercolor Paper*
15. *Crafting beads with large holes*
16. *White out tape*
17. *Jigsaw or floor puzzles, 100 pieces or less (Big Pieces)*

If you would like a Gift in Kind tax receipt for your donation, please submit an invoice, letter, or email that states the value of your donation.

Thanks!



SCRAMBLED WORDS

WNE ARYE
ECI SHNFGI
ZZUYF SEPPRIL
RMWA OPUS
DOGO OKOB
CEI KECHOY
GHILNOW DINW
OLWO COSSK
EPNI ESELEND
ABDOR AEGMS

ANSWERS:

NEW YEAR, ICE FISHING, FUZZY
SLIPPERS, WARM SOUP, GOOD BOOK,
ICE HOCKEY, HOWLING WIND, WOOL
SOCKS, PINE NEEDLES, BOARD
GAMES

WHAT IS THE FLOWER FOR THE MONTH OF JANUARY?



The January birth flowers are the **carnation** and the **snowdrop**.

January Birth Month Flower:

The Carnation

The **carnation** comes in several different colors to convey different meanings, much like roses. A pink carnation means affection, while a red carnation means 'I love you.'

White carnations mean pure love, striped carnations means regret that a love is not shared, and yellow means rejection or disappointment.

January Birth Month Flower:

The Snowdrop.

JOKES

BELLY LAUGH DAY JANUARY 24TH, 2018

January 24 is Global Belly Laugh Day
Celebrate the Great Gift of Laughter

On January 24 at 1:24 p.m. (local time) smile,
throw your arms in the air and laugh out loud.
Join the Belly Laugh Bounce Around the World.
World Clock

Laughs and smiles are sunshine
that transform our moments
24 hours a day, 7 days a week on the 7 continents.

Here are some animal jokes to make you laugh hand
picked by the Newsletter Group.

1. WHY DID THE CAT GO TO MINNESOTA?

Answer: To get a mini soda

2. WHY DO COWS GO TO NEW YORK?

Answer- To see Moosicals

3. WHY DOES A DOG WAG ITS TAIL?

Answer- Because there's no one else to wag it's tail

4. WHERE DO YOU PUT BARKING LOTS?

Answer- In a barking Lot

5. HOW DOES A MOUSE FEEL AFTER IT TAKES A SHOWER?

Answer- Squeaky clean

6. WHY DID THE DOG CROSS THE ROAD TWICE?

Answer- He was trying to catch a Boomerang.



*Nancy, the staff at AE
want to thank you for the
beautiful Roses you gave to
us.*

BANANA BLUEBERRY OATMEAL RECIPE

Contributed By ILS Class

SERVES 1

½ cup quick oats

1/4- 1/2 cup organic Blueberries

½ cup Banana, mashed

3 Tbsps. All whites 100% liquid egg whites

To taste add STEVIA

Use Hot Water or unsweetened almond milk

Place oats in a bowl and add frozen blueberries(if using fresh wait until last step to add them)

Add egg whites and hot water or unsweetened almond milk stir to combine.

Mash Banana and add oats. Add remaining ingredients and stir.



NEW YEAR'S RESOLUTIONS

DID YOU EVER HAVE A NEW YEAR'S RESOLUTION AND WHAT WAS IT?

Victor said that in past he had a resolution to eat better he also said that he could only do this for a couple of weeks. Mary Jane said that she had a resolution where she wanted to spend more time with Family. Elise wanted to lose weight especially after the Holidays. Here's a list of New Year resolutions that some people might make for their resolutions:

Set aside one-hour-a-day to achieve your dream

Increase your emotional intelligence

Learn a new skill

Bring more peace into your life

Be kinder to yourself

Spend more time in nature

Start exercising every day

Enjoy the little things

Become more confident

Be helpful to others

Get in shape

Meet new people

Earn more money



Martin Luther King Jr. Day

In 2018 Martin Luther King Day will be held on Monday January 15.



Martin Luther King Jr. Day (officially **Birthday of Martin Luther King, Jr.**) is an American federal holiday marking the birthday of Martin Luther King Jr. It is observed on the third Monday of January each year, which is around King's birthday, January 15. The holiday is similar to holidays set under the Uniform Monday Holiday Act. King was the chief spokesman for nonviolent activism in the Civil Rights Movement, which

successfully protested racial discrimination in federal and state law. The campaign for a federal holiday in King's honor began soon after his assassination in 1968. President Ronald Reagan signed the holiday into law in 1983, and it was first observed three year later. At first, some states resisted observing the holiday as such, giving it alternative names or combining it with other holidays. It was officially observed in all 50 states for the first time in 2000.



Popcorn Day

Is going to be celebrated on Friday January 19, 2018.

Victor said that he likes Kettle corn.

Elise likes Cheddar cheese popcorn. Jon Rodgers likes it with extra butter. Jay likes caramel corn. There also popcorn dipped in chocolate. You can have popcorn while

watching a movie at home or at the Movies.

How to Celebrate Popcorn Day

Celebrating Popcorn Day is as simple and delicious as it comes! You can start by just enjoying a bag of popcorn with your favorite toppings, and oh what delectable variety there is. You can have it with a classic mix of butter and salt, or get creative and add your favorite spices and herbs to it! There really isn't anything that doesn't go wonderfully with it. For a light heart-healthy addition you can skip the butter and shake it down with herbs like rosemary and thyme, or spice it up with cayenne. Or you can forgo the healthy options and bury it under a delicious coating of caramel and bacon, and really enjoy the decadence. You can also celebrate it by doing crafts with it, popcorn strings are a wonderful decoration, or you can use it to make garlands or even glue it to construction paper for a collage! And don't forget the paint and glitter!



Questions answered

By: **June** **The Adult** **Enrichment** **Newsletter Group**



1. What is your favorite TV show?
2. What about penguins do you like?
3. What is your favorite food?
4. Where do you like to go out to eat?
5. Where did you graduate High School?
6. What is your favorite movie?
7. What is your favorite month?
8. Do you like giving or getting gifts?
9. Do you like football?
10. Do you have any hobbies?
11. Who do you live with?
12. Do you have brothers or sisters?
13. Do you have any pets?
14. What is your favorite color?
15. What kind of music do you like?
16. What would you like us to know about you?
17. Where do you go to church?
18. Do you go to camp?
19. What did you want to be when you grew up?
20. Do you like to travel?

Lawrence Welk, PBS
Happy Feet
Chicken Tenders and French Fries
The Olive Garden
Hempfield
The Walking Dead
December, because of Christmas time
Getting gifts
I am an Eagles fan.
Breakdancing
Grandparents
I have 2 sister and 1 brother. I am the oldest.
No
Brown
Rock and Roll, the 60's songs.
I like to laugh. I like to sing and dance like
Michael Jackson.
St Leo's. It is a great church.
Yes, Camp Schreiber.
A musician.
Yes, down to Georgia.



MOVERS AND SHAKERS CLASS

The Movers and Shakers class keeps you moving; It is a fantastic way to wake up and offer numerous health benefits, these are some of the activities we do:

Aerobic exercise: helps the heart, lungs and blood flow. Aerobic exercise helps control weight and helps prevent and reduce many common diseases and illnesses.

Zumba: A dance method based on salsa and other Latin dance movements, played in rhythms of Latin and world music, and choreographed to allow people of any level of experience in the exercise or dance to enjoy a fantastic workout.

Walk: When the weather is nice.

Group of exercises provides a benefit to the participants, in addition to physical exercises, the participants socialize, share useful ideas and provide mutual support. The staff encouraged to participate and often helps with exercises as needed.

Wii Bowling: Play by team. This Wii game is popular and can be fun for everyone.

Parachute games: Engines and agitators are always delighted with the parachute.

This class is fun, promotes balance, flexibility and stress reduction.

No special equipment is needed to participate and everyone works at their capacity.

We hope to have more participants to join this class.

AE- CHRISTMAS PARTY WAS FUN, FUN...





Jan 1st Angela S.



Jan 8th Glen M.



Jan 12th Christina M.



Jan 12th Jared B.



Jan 14th Matt B.

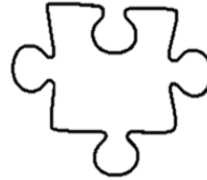
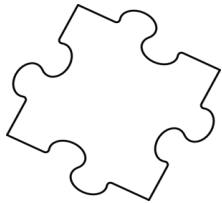
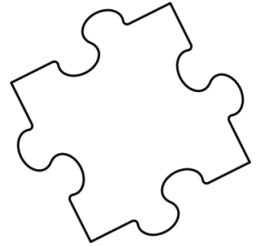


Jan 17th Elliott G.



Jan 26th Jennifer F.

NATIONAL PUZZLE DAY JANUARY 29TH



New Year's Celebrations



The first New Year's Eve celebration in Times Square, New York City was held in 1904. It ended with a fireworks show. Two years later, the city banned fireworks. They were replaced with a 700-pound iron and wood ball which was lowered down a pole. Since then, many Americans traditionally watch the ball start dropping at 11:59 p.m. and to count down the final seconds before the New Year begins.

Auld Lang Syne literally means "old long ago." This song by 18th-century Scottish poet Robert Burns has spread beyond Scotland and throughout the English-speaking world. The tune we sing today is not the one Robert Burns originally used.

Why do people kiss to bring in

the New Year? Apparently, this stems from an ancient belief that it will prevent a year of loneliness.

Some of our New Years Celebrations:

Jon W: I stay up New Years Eve and I watch the ball drop. I play games with my family. I talk to friends and party hardy.

Jon R: I hang out with my sisters. We have orange juice for New Years day.

Darla: I get together with my family. We eat a lot of food: pork and sauerkraut and cookies.

Kathy: On New Years Eve I try to stay up as late as I can to see the ball drop. My Mom makes Pork and Sour Kraut. One time she put apples in it. Other times she puts apple sauce in it to take out the bitterness. New Years day we sleep in and set new years resolutions

Joey: will go get an energy drink to stay up until midnight or 3am. I am up with my family. We might go to my sister's, she lives in Ephrata. Sometimes we watch TV or play video games.

Victor: New Years Eve is my birthday. I drink Miller's Light beer.



FRUIT OF THE MONTH RAISIN



Victor said that he liked to eat raisins as a snack. Elise like raisin cinnamon bread. Mary Jane said that she likes raisins in her rice pudding. You can put raisins in your oatmeal, and in oatmeal raisin cookies.

Eating Raisins Every Day

One of the biggest benefits of eating raisins is that they're a quick, easy and tasty way to get some of your daily recommended fruit servings. Women should eat at least 1.5 cups of fruit daily and men should have 2 cups, according to ChooseMyPlate.gov. One small box of raisins, which is 1.5 ounces and holds about 90 raisins, fills one-half cup of your daily fruit requirement, plus it only has 129 calories and no fat.

Delicious Citrus Fruit

Delicious Citrus Fruits

Also you can find some great grapefruit, lemon, orange, clementine and tangerine in stores right now. I use lemon in my favorite salad dressing, it tastes so fresh! Citrus **fruits** else where: Beet, Kale, and Kohlrabi Salad with Grapefruit Vinaigrette.



Opposite Day is January 25th

Good morning, or is it good night? I am cold, or am I hot? National Opposite Day is a fun day to say and do the opposite of what you normally would. It is a great day for children and adults to ward off winter blues.

It is sometimes called National Opposite Day in the United States.

We don't know how it started. Some think it came from a playground game. Children asked silly questions and then tricked each other by reversing their answers. In the 1920's, there were references to Opposite Day. In the 1928 election, President Calvin Coolidge told the press, "I do not choose to run." People wondered if he really meant the opposite.



How will you celebrate Opposite Day? Here are some of our ideas:

Jon W : It's my Mom's birthday. So instead of giving her gifts, I'm going to get gifts from her. Stay in bed.

Say 'goodbye' when you arrive.

Joey Whistle before 10 am.

Kathy Read books beginning at the end.

Walk backwards.

Jon R Donate books to the library, instead of checking them out.

Darla Eat breakfast at supper time.

Get dressed before you take a shower.

Joey Eat chocolate cake, first. Then eat your regular dinner.

NATIONAL BLOOD DRIVE MONTH

National Blood Donor Month has been observed in January since 1970 with the goal of increasing blood and platelet donations during winter – one of the most difficult times of year to collect enough blood products to meet patient needs. Inclement winter weather – like what the U.S. is experiencing so far this year – often results in cancelled blood drives, and seasonal illnesses, like the flu, may cause some donors to become temporarily unable to donate. The Red Cross urges healthy donors who have made a commitment to donate during the winter months to keep their appointments. Each appointment kept, and each donation given, offers hope to a patient in need.



NATIONAL COMPLIMENT DAY



What a wonderful way to brighten someone's day or to give credit for a job well done! Give an extra compliment on National Compliment Day which is observed annually on January 24.

A compliment has a powerful effect. It can instill confidence in a child, or validate someone's hard work. A compliment not only improves the receiver's mood, but it also says something about the giver. It tells them you noticed. Whether we recognize someone's achievement or their classic style, a compliment can go a long way .To

give a great compliment, first be sincere. People have a way of knowing when we are fake. If you don't mean it, it's worse than getting a thoughtless birthday gift I polled the Newsletter group and they gave these compliments to their fellow participants and/or staff. .Elise gave a compliment to Mary Jane she said that she like MJ's clothes. And Elise told Darla that she is a nice person. Gloria said that Victor was a good Friend. Mary Jane gave a compliment to Elise, she said that Elise's haircut was very pretty. Jon. W said that Joey's shirt is very stripey. Jaime said that she like all the staff because we are nice, and work hard. Jaime said that Jon.W is a nice person. Mary Jane complimented and congratulated Jared on his new baby boy Jack.

JANUARY WORD SEARCH



P T F L R G W L N S R H V O G E S W N P
X I B K O M E L Y K I I C A N O P F Z H
X Y N C I N Y A S B S T H G I N D L O C
J R K E N Z D Z E F R A C S N T D B B A
G J X A C T G R G P W R G W N R J L P U
U J L M R O N C O N F E T T I O P P O A
S F U O G A N V H A W U Q J G P A Z M C
U N H S T S A E N F R F T Y E I R S E S
Q S O I W C I U A J E L P A B C K K C M
I C O W A M D A M F S V I A U A A O C E
T N E T B F B U W F O P U Z Z L E S T R
M U I G V O Y Y O G L V C I X U Y G V K
K O A C N Y A L N Y U A S W I Q A R C M
N X A R I I R R S F T S F F U M R A E T
M M N V K C D K D M I J Y R E B O Y Z J
G C Z L I R L D I I O B K S A E C G E R
F K N N D K U E E J N S R L Y Q K K M E
S A E K E I M A S L S G O E E Q Q R V J
S A U B M O Q I S F S W P M R Y V N W M
X H C T R Q B U U P N U Z V X S H V H O

BEGINNING

CONFETTI

GAMES

PARKA

PUZZLES

SCARF

SNOWBOARDING

VACATION

COLD

EARMUFFS

HIBERNATION

PINECONE

RESOLUTIONS

SHORTDAYS

SNOWMAN

COLD NIGHTS

FLANNEL

ICICLES

PORK

SAURKRAUT

SLEDDING

TROPICAL



NEW YEAR PARTY





JANUARY 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> •Current Events: <u>Beth/Cindy</u> • Arts & Crafts: <u>Amparo</u> • Independent Living Skills (ILS) <u>Tania</u> • Newsletter: <u>Amparo - Cindy & Tania</u> • World Cultures: <u>Tina</u> • Creative Expression: <u>Beth</u> • Acting: <u>Cindy</u> 	<ul style="list-style-type: none"> • Current Events: <u>Beth/Tania</u> • Spanish: <u>Amparo</u> • Health & Wellbeing: <u>Beth</u> •Dance: <u>Tania</u> • Virtual Travel: <u>Cindy</u> •Social Club: <u>Tina</u> • Book Club: <u>Beth</u> •Creative Thinking: <u>Tina</u> •Outing 	<ul style="list-style-type: none"> •Current Events: <u>Cindy, Tina</u> •Classic Viewing: <u>Tania</u> •Social Club: <u>Cindy</u> •Wildlife: <u>Tania</u> •History: <u>Beth</u> •Science: <u>Cindy</u> •Music Bio.: <u>Beth</u> •Dancercise: <u>Tania</u> •Outing 	<ul style="list-style-type: none"> • Current Events: <u>Tania, Tina</u> • Chorus: <u>Alyssa</u> • Movers & Shakers: <u>Amparo</u> •Garden & Nature: <u>Tina</u> •Keyboard: <u>Alyssa</u> • Bain Buster: <u>Beth</u> •Photography: <u>Amparo</u> 	<ul style="list-style-type: none"> •Current Events: <u>Beth, Tina</u> •Arts & Crafts: <u>Amparo</u> •Home Economics: <u>Tina</u> •Group Games: <u>Beth & Amparo</u> •Movie Club: <u>Tina</u> •Photography: <u>Amparo</u>

<p>1</p> <p>CLOSE</p> <p>HAPPY NEW YEAR</p>	<p>2</p> <ul style="list-style-type: none"> • Spanish: Winter Cloth/ Vocabulary / H&WB: Energy Balls • Lunch • Dance: Karaoke / Virtual Travel: Extreme Vehicles/ Social Club: Questions • Creative Thinking: Emotions/ Book Club: Through the Looking Glass 	<p>3</p> <ul style="list-style-type: none"> •Classic Viewing: Fresh Prince /Social Club: Basketball •lunch •Wildlife: Kangaroo /History: Temple Grandin •Science: Rocks /Music Bio.: Steve Perry/ Dancercise: Karaoke 	<p>4</p> <ul style="list-style-type: none"> • Chorus: /Movers & Shakers: • Lunch • Garden & Nature: Extreme Weather/Keyboard: • Brain Busters: A Christmas Story / Photography: Newsletter Pictures 	<p>5</p> <ul style="list-style-type: none"> •A&C: Jewelry/ Home Ec.: Manners •Lunch : •A-Group Game: Bingo / •B- Group Musical Trivial Pursuit Movie Club Movie of the week Photography: Newsletter Pictures
<p>8</p> <ul style="list-style-type: none"> • A&C: Socks Snowman/ILS: Chair/snack • Lunch • World Cultures :Canada/ Newsletter: • Acting Class: Bob the Snowman/ Creative Expression: Toothpick Sculptures 	<p>9</p> <p>OUTING- GROUP 1 PARK CITY MALL <i>Jon R., Donald, Dewey, Allison, Dareek, Robyn</i></p> <ul style="list-style-type: none"> • Spanish: Greeting & Hangman/H&WB: Nail care & Hand Massage • Lunch • Dance: Country / Virtual Travel: Snow Mobile/Social Club: Paper • Creative Thinking: Disabilities / Book Club: Through the Looking Glass 	<p>10</p> <ul style="list-style-type: none"> •Classic Viewing: Blossom / Social Club: ML King Jr. •Lunch •Wildlife: Koala /History: Jamaica •Science: Carrots /Music Bio.:Puffy Ami Umi/ Dancercise: Country 	<p>11</p> <ul style="list-style-type: none"> • Chorus: /Movers & Shakers: • Lunch • Garden & Nature: Fire &Ice/Keyboard: • Brain Busters: Twilight Series/Photography: Newsletter Pictures 	<p>12</p> <ul style="list-style-type: none"> •A&C: Socks Snowman/ Home Ec.: Milk •Lunch : • A-Group Game: Bowling /B- Group Getting to Know You /Movie Club / •B- Group Movie of the week Photography: Newsletter Pictures
<p>15</p> <ul style="list-style-type: none"> • A&C: Water Color & Snowflake/ILS: Math • Lunch • World Cultures :Antartica / Newsletter: • Acting Class: ML King Jr/ Creative Expression: Sun Catchers 	<p>16</p> <ul style="list-style-type: none"> • Spanish: Conversations/ H&WB: Seasonal Affective Disorder • Lunch • Dance: Disco / Virtual Travel: Race Car • Social Club: Patterns/ Creative Thinking: Senses/ Book Club: Through the Looking Glass 	<p>17</p> <ul style="list-style-type: none"> •Classic Viewing: Clarissa / Social Club: Majic •Lunch •Wildlife: Clownfish /History: Jamaica •Science: Pennsylvania /Music Bio.: Bob Seeger/ Dancercise: Disco 	<p>18</p> <ul style="list-style-type: none"> • Chorus: /Movers & Shakers: • Lunch • Garden & Nature: Frostbite / Keyboard: • Brain Busters: JayZ/ Photography: Newsletter Pictures 	<p>19</p> <ul style="list-style-type: none"> •A&C: Water Color & Snowflake / Home Ec.: BINGO •Lunch : •A-Group Game: Hang man/ B- Group Hangman • /Movie Club Movie of the week Photography: Newsletter Pictures
<p>22</p> <ul style="list-style-type: none"> • A&C: Paper Mache heart ornament /ILS: Self advocacy • Lunch • World Cultures :Equator/ Newsletter: • Acting Class: 3 Little Kittens / Creative Expression: Raised Salt Paintings 	<p>23</p> <ul style="list-style-type: none"> • Spanish: Greeting & Bingo / H&WB: Winter Safety & Exercise • Lunch • Dance: 90s / Virtual Travel: Dog Sled • Social Club: Stations / Creative Thinking: Show & Tell / Book Club: Through the Looking Glass 	<p>24</p> <p>OUTING- GROUP 1 "MAIN STREET CLOSET" <i>Wilfredo, Mike V, Bob T., Chrissy, Sierra</i></p> <ul style="list-style-type: none"> •Classic Viewing: Fantasy Island /Social Club: Ground Hogs •Lunch •Wildlife: Turtle /History: Haunted Charleston •Science: GW Carver /Music Bio.: FFH / Dancercise: 90s 	<p>25</p> <ul style="list-style-type: none"> • Chorus: /Movers & Shakers: • Lunch • Garden & Nature: North Pole/Keyboard: • Brain Busters: NCIS/ Photography: Newsletter Pictures 	<p>26</p> <ul style="list-style-type: none"> •A&C: Paper Mache heart ornament / Home Ec.: Grilled Cheese •Lunch : •A-Group Game: Balloon Tennis/B- Group Games: Name that TV theme song •Movie Club Movie of the week Photography: Newsletter Pictures
<p>29</p> <ul style="list-style-type: none"> • A&C: Paint and decorate the heart / ILS: Count\$/ Bingo • Lunch • World Cultures :Alaska/ Newsletter: • Acting Class: Gretchen Groundhog/ Creative Expression: Art w/ rocks 	<p>30</p> <ul style="list-style-type: none"> • Spanish: Matching game / H&WB: Class Pick • Lunch • Dance: Limbo / Virtual Travel: Ski Lift • Social Club: Guest Speaker / Creative Thinking: Snow Globes/ Book Club: Through the Looking Glass 	<p>31</p> <ul style="list-style-type: none"> •Classic Viewing: Love Boat /Social Club: •Lunch •Wildlife: Dugong /History: James Madison •Science: Sweet Potatoes / Music Bio.: Osmond Brothers/ Dancercise: Limbo 		