

# Adult Enrichment

active life day program

# AE NEWS & FUN!!

## JANUARY 2019



### 9:15 – 10:00 AM Daily Current Events MONDAY

10:00 – 11:00-----Arts and Crafts/ Free Time  
Computer / Independent Living Skills (ILS).

11:00 – 12:00-----Lunch.

12:00 – 1:00-----Newsletter/ Free Time  
Computer/world Culture.

1:00-2:00-----Creative Expressions/ Free  
Time Computer / Acting.

### TUESDAY

**Outing and Regular classes every 2nd Tuesday of  
the month**

10:00 – 11:00-----Health & Wellbeing / Free  
Time Computer / Spanish.

11:00 – 12:00-----Lunch.

12:00 – 1:00-----Virtual Travel/ Social Club / Dance.

1:00 – 2:00 -----Book Club/ Free Time Computer /  
Creative Thinking

### WEDNESDAY

**Outing and Regular classes every 4<sup>th</sup> Wednesday  
of the month.**

10:00-11:00-----Classic Viewing / Free Time  
Computer / Social Club.

11:00-12:00-----Lunch.

12:00 – 1:00 -----History / Free Time  
Computer / Wildlife.

1:00-2:00 -----Music Appreciation/ Science.  
Dancercise .

### THURSDAY

10:00 – 11:00 -----Movers & Shakers / Free Time  
Computer /Chorus.

11:00- 12:00-----Lunch.

12: - 1:00 -----Garden & Nature/ Free Time  
Computer / Keyboarding.

1:00 – 2:00 -----Brain Buster/ Free Time  
Computer /Photography.

### FRIDAY

10:00- 11:00-----Arts & Crafts/ Home Economics.

11:0 – 12:00 -----Lunch.

12:00 – 1:00 -----Group Games / Movie Club.

12:00 – 1:00 -----Free Time Computer.

1:00 – 2:00 -----Photography / Movie club.

**Outing every 3rd Friday of the month.**

**Daily Social Time 8:00 – 9:15 AM &  
2:00 – 3:00 PM**

## OUTING GROUPS

### Announcement:

**Outing Groups are being re-worked  
for 2019. A letter will be sent home to  
all participants scheduled to attend  
an outing in the month of January.**

**Thank you!**

## FROM THE DIRECTORS DESK

Adult Enrichment would like to thank everyone who attended our holiday concert and all of the volunteers that took the time to assist with this event. Thank you!!!

Updates:

In January, Adult Enrichment will begin piloting a new service, Community Participation Supports. A letter will be sent home to all eligible participants of this service, so please stay tune for this information.

For Program Closings, please visit [WGAL.com](http://WGAL.com), tune into [WGAL](http://WGAL) on your television, check our Facebook, or call in to 717.397.5600 .

~Jared



[www.facebook.com/  
Adult Enrichment Lancaster](http://www.facebook.com/Adult-Enrichment-Lancaster)

## SCRAMBLE WORDS

1. DRIFIG
2. SIRODON
3. WNERYEA
4. DEAARP
5. RSNESLUTION
6. CNOEILAERB
7. HSNOR
8. RKPO
9. NEPGAMHAC TTSOA
10. SPRATIE

### ANSWER:

FRIGID, INDOORS, NEW YEAR'S,  
PARADE,  
RESOLUTIONS, CELEBRATIONS,  
HORNS, PORK, CHAMPAGNE,  
PARTIES

## New Year's Resolutions!!

Here are New Year's Resolutions that the participants of Newsletter picked:

Victor wants to get married in 2019

Derek wants to be nice, kind, and special

Gloria wants to lose more weight

Gretchen- wants to be nice as sunshine

Jay wants to be nicer too

MJ- wants to remain indoors where she is safe

TOP 10 New Year's Resolutions

- 1) Improve your Fitness
- 2) Eat better
- 3) Quit smoking
- 4) Quit Drinking
- 5) Learn something new
- 6) Travel more
- 7) Volunteer

## JOKES

1. **What do you call a dinosaur that is sleeping?**  
A dino-snore!
2. **What is fast, loud and crunchy?**  
A rocket chip!
3. **Why did the teddy bear say no to dessert?**  
Because she was stuffed.
4. **What has ears but cannot hear?**  
A cornfield.
5. **What did the left eye say to the right eye?**  
Between us, something smells!
6. **What do you get when you cross a vampire and a snowman?**  
Frost bite!
7. **What did one plate say to the other plate?**  
Dinner is on me!
8. **Why did the student eat his homework?**  
Because the teacher told him it was a piece of cake!
9. **When you look for something, why is it always in the last place you look?**  
Because when you find it, you stop looking.
10. **What is brown, hairy and wears sunglasses?**  
A coconut on vacation



# Christmas Concert 2018!!

A Very Big Thank You To Everyone Who Helped Make It Possible



# JANUARY WORD SEARCH

D N G X G E Q U J P S S S J D C H U O E  
C E L E B R A T I O N N A R E D R O S E  
K I Q P L S P C A R O D U D O V G C K G  
C G D G X G A E O I W S E M O B H O M N  
J X U E Y Q F H T T M U R J K A G G L U  
C N J E R F T U S I A Y K X M O C H B L  
P R T H R F L C R B N S R P Z Q Q E V P  
C Z E I F O E Z O E V R A E B R A L O P  
T I G K S C P P O N V G U K O Q X N G M  
A I V E A H U R D D N Z T M R U P A W V  
D L R I S L R G N E M R T G I A I O D K  
L Y A R L A F Y I L M N B S M T P O Z X  
D A O S E R H W Z S J F E N U O T B D O  
X T J Y G W I S O E Z F H T L R W E L M  
I U W H D Z D G P N N C D W H R H W N Z  
P E D A R A P O H D S P A R T Y F D T S  
N P O J Q G E H R T A N O E T H V N B H  
T O E Y L H S B W V S A T G A P K V T I  
U R H U B Z M Z L I H G X T M Q J M J G  
P K P V U S H U Y E M N S Z P U I R I G

CELEBRATION

CIVIL RIGHTS

HORNS

NEW YEAR

PARTY

PORK

SAUERKRAUT

CHAMPAGNE

FRIGID

INDOORS

PARADE

PLUNGE

RED ROSE

SNOW FLAKE

CIDER

HATS

MITTENS

PARKAS

POLAR BEAR

RESOLUTIONS

SNOW MAN



# Meet Jesse And Kate!

Questions By: AE  
Newsletter Group

## INTERVIEW OF Jesse

**1. What school did you attend?**

McCaskey High School

**2. Any hobbies?**

Listening to Music

**3. Favorite music?**

Country and Pop

**4. Favorite color?**

Blue

**5. Favorite food?**

I like to eat but nothing spicy

**6. Favorite movie?**

Star Wars; Empire strikes back

**7. Any siblings?**

1 brother Jonathan

**8. Any pets?**

3 cats

**9. Favorite sport team?**

I like the Phillies and Eagles



**10. Favorite TV Show?**

Action and Wrestling

**1. What school did you attend?**

Waldheim, Saskatchewan

**2. Were you in a Band?**

I played the clarinet in the school band

**3. Favorite colors?**

Blue and Green

**4. Favorite food?**

Anything with chocolate

**5. Favorite type of movie?**

Comedy

**6. Favorite music?**

Classical and Oldies

**7. Any siblings?**

One brother named Nathan

**8. Any pets?**

A bunny named Lily

**9. Favorite sport?**

I Love to watch Hockey

**10. Where did you hear about Adult Enrichment?**

The Internet



KATE

Our New Program Attendant!!

# ADULT ENRICHMENT



## WISH LIST

1. Gift cards ( Dollar Tree, Giant, Walmart, That Pet Place)
2. Games- Brailing of cards
3. **Sea shells** – for Arts and Crafts
4. Earphones for the computer room
5. Boxes of Tissues
6. Large and X-Large Paper Punch shapes for Arts and Crafts
7. Post-it notes
8. Paperclips for ¼ inch stacks of paper
9. Acrylic paint
10. Watercolor paint and paper
11. Bubble Wrap (Used is fine.)

If you would like a Gift in Kind tax receipt for your donation, please submit an invoice, letter, or email that states the value of your donation.

Thank You!!



# HAPPY BIRTHDAY!!



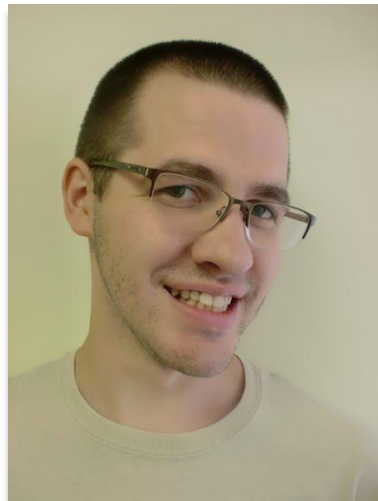
**Jan 8<sup>th</sup> Glenn M.**



**Jan 12<sup>th</sup> Christina M.**



**Jan 14<sup>th</sup> Matt B.**



**Jan 17<sup>th</sup> Elliott G.**

# JANUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> <li>•Current Events: <u>Cindy</u></li> <li>• Arts &amp; Crafts: <u>Amparo</u></li> <li>• Independent Living Skills (ILS) <u>Tania</u></li> <li>• Newsletter: <u>Amparo - Cindy &amp; Tania</u></li> <li>• World Exploring: <u>Tina</u></li> <li>• Creative Expression:</li> <li>• Acting: <u>Cindy</u></li> </ul>	<ul style="list-style-type: none"> <li>• Current Events: <u>Tania</u></li> <li>• Spanish: <u>Amparo</u></li> <li>• Health &amp; Wellbeing:</li> <li>•Dance: <u>Tania</u></li> <li>• Virtual Travel: <u>Cindy</u></li> <li>•Social Club: <u>Tina</u></li> <li>• Book Club:</li> <li>•Creative Thinking: <u>Tina</u></li> <li>•Outing</li> </ul>	<ul style="list-style-type: none"> <li>•Current Events: <u>Cindy, Tina</u></li> <li>•Classic Viewing: <u>Tania</u></li> <li>•Social Club: <u>Cindy</u></li> <li>•Wildlife: <u>Tania</u></li> <li>•History:</li> <li>•Science: <u>Cindy</u></li> <li>•Music Appreciation.:</li> <li>•Danceexercise: <u>Tania</u></li> <li>•Outing</li> </ul>	<ul style="list-style-type: none"> <li>• Current Events: <u>Tania, Tina</u></li> <li>• Chorus:</li> <li>• Movers &amp; Shakers: <u>Amparo</u></li> <li>•Garden &amp; Nature: <u>Tina</u></li> <li>•Keyboard:</li> <li>• Bain Buster:</li> <li>•Photography: <u>Amparo</u></li> </ul>	<ul style="list-style-type: none"> <li>•Current Events: <u>Tina</u></li> <li>•Arts &amp; Crafts: <u>Amparo</u></li> <li>•Home Economics: <u>Tina</u></li> <li>•Group Games: <u>Amparo</u></li> <li>•Movie Club: <u>Tina</u></li> <li>•Photography: <u>Amparo</u></li> <li>•Outing</li> </ul>

	<p>1</p> <p><b>Happy New Year!!</b> <b>Closed</b></p>	<p>2</p> <ul style="list-style-type: none"> <li>•Mindfulness: /Social Club Emotions</li> <li>•Lunch</li> <li>•Wildlife: History:</li> <li>•Music B</li> <li>•Science: Trees / Creative Thinking: / book Club: Harry Potter</li> </ul>	<p>3</p> <ul style="list-style-type: none"> <li>• Chorus:</li> <li>• Movers &amp; Shakers:</li> <li>•Garden &amp; Nature: Trees</li> <li>•Keyboard:</li> <li>• Bain Buster:</li> <li>•Photography:</li> </ul>	<p>4</p> <ul style="list-style-type: none"> <li>•Arts &amp; Crafts: AE Birthday Cards</li> <li>•Home Economics: Safety Book</li> <li>•Group Games: Hang Man</li> <li>•Movie Club: Toy Story</li> <li>•Photography: Take pictures for newsletter articles.</li> </ul>
<p>7</p> <ul style="list-style-type: none"> <li>• Arts &amp; Crafts: Stick snowflakes / ILS:</li> <li>• Lunch</li> <li>• Newsletter: / World Exploring: History of New Years</li> <li>• Creative Expression: / Acting: Can you hear me, now?</li> </ul>	<p>8</p> <ul style="list-style-type: none"> <li>•Spanish: Amparo- Colombian Trip / H&amp;WB</li> <li>•Lunch</li> <li>•Dance: / Virtual Travel: Ice skating</li> <li>•Social Club: Dice / Creative Thinking: Weather Board / book Club: Harry Potter</li> </ul>	<p>9</p> <ul style="list-style-type: none"> <li>•Mindfulness: /Social Club: Act of Kindness</li> <li>•Lunch</li> <li>•Wildlife: History:</li> <li>•Music B</li> <li>•Science: Aquarium / Creative Thinking:</li> </ul>	<p>10</p> <ul style="list-style-type: none"> <li>• Current Events:</li> <li>• Chorus:</li> <li>• Movers &amp; Shakers:</li> <li>•Garden &amp; Nature: House Plant Appreciation Day</li> <li>•Keyboard:</li> <li>• Bain Buster:</li> <li>•Photography:</li> </ul>	<p>11</p> <ul style="list-style-type: none"> <li>•Arts &amp; Crafts: Stick snowflakes</li> <li>•Home Economics: Safety Book</li> <li>•Group Games: Tic-Tac-Toe</li> <li>•Movie Club: Big</li> <li>•Photography: Take pictures for newsletter</li> </ul>
<p>14</p> <ul style="list-style-type: none"> <li>• Arts &amp; Crafts: Yarn Pulling painting /ILS:</li> <li>• Lunch</li> <li>• Newsletter: / World Exploring Walt Disney</li> <li>• Creative Expression: / Acting: Dress Up Your Pet Day</li> </ul>	<p>15</p> <p><b>OUTING- Bowling</b></p> <ul style="list-style-type: none"> <li>•Spanish: Months, days and Numbers/ H&amp;WB:</li> <li>•Lunch</li> <li>•Dance: / Virtual Travel: National Hat Day</li> <li>•Social Club: Crayon Pics/ Creative Thinking: Weather Board / book Club: Harry Potter</li> </ul>	<p>16</p> <ul style="list-style-type: none"> <li>•Mindfulness: Social Club: MLK MLK fact or opinion</li> <li>•Lunch</li> <li>•Wildlife: History:</li> <li>•Music B</li> <li>•Social Club: / Creative Thinking:</li> </ul>	<p>17</p> <ul style="list-style-type: none"> <li>• Current Events:</li> <li>• Chorus:</li> <li>• Movers &amp; Shakers:</li> <li>•Garden &amp; Nature: Trees</li> <li>•Keyboard:</li> <li>• Bain Buster:</li> <li>•Photography:</li> </ul>	<p>18</p> <ul style="list-style-type: none"> <li>•Arts &amp; Crafts: Yarn Pulling painting</li> <li>•Home Economics:</li> <li>•Group Games: Bingo</li> <li>•Movie Club: Forest Gump</li> <li>•Photography: Take pictures for newsletter articles.</li> </ul>
<p>21</p> <ul style="list-style-type: none"> <li>• Arts &amp; Crafts: Harts Ornaments</li> <li>• /ILS:</li> <li>• Lunch</li> <li>• Newsletter: / World Exploring All Saints</li> <li>• Creative Expression: / Acting: MLK</li> </ul>	<p>22</p> <ul style="list-style-type: none"> <li>•Spanish: Bingo/ H&amp;WB</li> <li>•Lunch</li> <li>•Dance: / Virtual Travel: Snowboarding</li> <li>•Social Club: Boy's &amp; Girl's Club / Creative Thinking: Weather Board/ book Club: Harry Potter</li> </ul>	<p>23</p> <ul style="list-style-type: none"> <li>•Mindfulness: /Social Club: Tic, Tac, Toe</li> <li>•Lunch</li> <li>•Wildlife: History:</li> <li>•Music B</li> <li>•Science: Measure Your Feet Day / Creative</li> </ul>	<p>24</p> <ul style="list-style-type: none"> <li>• Current Events:</li> <li>• Chorus:</li> <li>• Movers &amp; Shakers:</li> <li>•Garden &amp; Nature: Compliment Day</li> <li>•Keyboard:</li> <li>• Bain Buster:</li> <li>•Photography:</li> </ul>	<p>25</p> <p><b>Movie Outing</b></p> <ul style="list-style-type: none"> <li>•Arts &amp; Crafts: Harts Ornaments</li> <li>•Home Economics: Safety Book</li> <li>•Group Games: Hot Potato</li> <li>•Movie Club: Turner and Hooch</li> <li>•Photography: Take pictures for newsletter</li> </ul>
<p>28</p> <ul style="list-style-type: none"> <li>• Arts &amp; Crafts: Manson jars /ILS:</li> <li>• Lunch</li> <li>• Newsletter: / World Exploring Monks</li> <li>• Creative Expression: / Acting: Gretchen Groundhog</li> </ul>	<p>29</p> <ul style="list-style-type: none"> <li>•Spanish: Conversation / H&amp;WB</li> <li>•Lunch</li> <li>•Dance: / Virtual Travel: National Puzzle Day</li> <li>•Social Club: Hand Drawing / Creative Thinking: Weather Board/ book Club:</li> </ul>	<p>30</p> <p><b>Outing- Wheatland Gallery El Rodeo</b></p> <ul style="list-style-type: none"> <li>•Mindfulness: /Social Club: American Cities Trivia</li> <li>•Lunch</li> <li>•Wildlife: History:</li> <li>•Music B</li> <li>•Science: Blue Jay vs. Blue Bird / Creative Thinking:</li> </ul>	<p>31</p> <ul style="list-style-type: none"> <li>• Current Events:</li> <li>• Chorus:</li> <li>• Movers &amp; Shakers:</li> <li>•Garden &amp; Nature: Trees</li> <li>•Keyboard:</li> <li>• Bain Buster:</li> <li>•Photography:</li> </ul>	