

active life day program

MONDAY

8:00 - 9:15 -----Social Time.

9:15 - 10:00------Current Events.

11:30 - 12:30 -----Lunch

◆ 2:00 - 3:00 ------Social time.

8:00 – 9:15 -----Social time.

9:15 - 10:00 ------Current Events.

◆ Dance & Movement one time a month.

10:45 – 11:30 ------Music Appreciation.

11:30 - 12:30-----Lunch.

2:00 - 3:00 -----Social time.

12:30 – 2:00 -----3-D Art

WEDNESDAY 8:00 – 9:15 ------Social Time. **9:15 – 10:00** ------Current Events.

TUESDAY

Outing every 4th Tuesday of the

AE TIME

JUNE 2014

The group that is staying at AE will be bringing their lunches.

HAPPY FATHER'S DAY



June 15/14

Upcoming Event

6/5/14 CHORUS CONCERT

PHONY TONY AWARDS

- Outing Wed. Only Group #1 June 11/14 "Oregon Dairy Restaurant"
- Stripes Day June 12/14 (Dress Up Day)
- Staff Meeting

June 2/14, June 16/14 & June 30/14

- Outing Tues. Only Group #1
 June 24/14 "Wilburt Chocolate
 Factory "Lititz Spring Park (Bag
 Lunch Picnic)
- Vote on the first Tuesday and Wednesday of July for Outing

Groups for Outing

Tuesday Group #1

Kate, Angela, Chrissy, Dewey, Zach Allison, Kathy, Ernie, Robert C., Matt **Staff:** Amparo, <u>Chelsea</u> (Alisha, Lisa, Jean)

Tuesday Group #2

Lynne, Jon Mac., Robert P, Wilfredo, Laura, Marta, Carla, Danielle, Jon R. **Staff:** Annette, Beth, (Alisha, Lisa, Jean)

Wednesday Group #1

Jon R., Jon Mac, Leroy, Jon W., Jean, Susie, Wilfredo, Laura, Dan, Rosie, Robert P.

Staff: Annette Beth (Alisha, Lisa, Jean)

Wednesday Group #2

Kate, Steph, Alvin, Chrissy, Angela, Dewey, Sam, Katrina, Jessenia, Robert C., Jamie, Zach

Staff: Amparo, Rebecca (Alisha, Lisa, Jean)

Outing every 2nd Wednesday of the month 10:00 – 11:30

10:00 - 11:30

12:30 - 2:00

Painting

month

10:00 - 10:45

Spanish / Keyboarding.

Arts and Crafts

♦ Independent Living Skills

Book Club / World Cultures.

◆ **QEU** Movie once a month.

◆ Cooking 2 -3 times a month.

11:30 - 12:30 ------Lunch.

12:30 - 2:00

Discussion Group

◆ Science / Wildlife

2:00 – 3:00 ------Social Time.

THURSDAY 8:00 – 9:15 ------Social Time.

9:15 – 10:00	Current Events/
	Keyboarding.
10:00 - 11:30	Chorus / Brain Games
11:30 -12:30	Lunch.
12:30 - 2:00	Newsletter/Computer.
1:15 - 2:00	German/History
2:00 - 3:00	Social Time.
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FRIDAY 8:00 – 9:15 ------Social Time.

9:15 - 9:45 ------Current Events.

9:45 – 10:30	Brain Games.
10:30 – 11:30	Arts & Crafts.
11:30 – 12:30	Lunch.
12:30 – 1:15	Special Topics.
1:15 – 2:00	Mental Floss.
2:00 - 3:00	Social time.

From the Directors Desk:

In case you haven't heard Accessing Independence has a new Executive Director. Anthony Templon oversees Independent Living services and Adult Enrichment. Tony brings with him experience in oversight of home care offices throughout Central PA, business development for healthcare and nurse staffing, and extensive leadership training, compliance, and financial acumen. Tony will formally introduce himself at Thursday's show, please join me in welcoming him at our reception.

Summer is finally here! We will be spending more time outside for classes, walks and outings. Participants that are sun sensitive should remember to wear sunscreen and bring along a hat or pair of sunglasses.

See you at the show! ~Alisha

JUNE BIRTHSTONE

Researched by:

Ben Walker

June counts three gems as birthstones, pearl, Alexandrite, and moonstone.



PEARL

Historically, pearls have been used

as an adornment for centuries. They were one of the favorite gem materials of the Roman Empire; later in Tudor England, the 1500s were known as the pearl age. Pearls are unique as they are the only gems from living sea creatures and require no faceting or polishing to reveal their natural beauty. In the early 1900s, the first successful commercial culturing of round saltwater pearls began. Since the 1920s, cultured pearls have almost completely replaced natural pearls in the market.

ALEXANDRITE



A relatively modern gem, *Alexandrite*, was first discovered in Russia in1831

during the reign of its namesake, Czar Alexander II, and is an extremely rare chrysoberyl with chameleon-like qualities. Its color is a lovely green in both daylight and fluorescent light; it changes color to a purplish red in incandescent light. (Synthetic gemstones are man-made alternatives to the natural material, possessing the same physical, optical, and chemical properties as the natural gemstone.)

MOONSTONE



It was given its name by the Roman natural historian Pliny, who wrote that moonstone's appearance altered with the phases of the moon - a belief that held until well after the sixteenth century. Part of the family of minerals called *feldspar*, moonstone occurs in many igneous and metamorphic rocks and comes in a variety of colors such as green, blue, peach, and champagne.

JUNE BIRTH FLOWER







Researched By Ben Walker

ROSE





All species of the *Rosa* come from the northern hemisphere, and normally form as shrubs or bushes with flowers. There are some that are considered trailing plants or climbers that will grow up walls and over other plants.

The flowers of all species have five petals with the exception of one species, the *Rosa service* which only has four. Most roses contain hook shaped thorns which are there to aid the plant in hanging over other plants as it grows.

The rose is a beloved flower for its beauty and fragrance with a long history of symbolism and meaning. The ancient Greeks and Romans associated the roses with their goddesses of love Aphrodite and Venus which is probably what has led to the red rose being considered the rose of love in today's modern culture. In Rome a wild rose would also be placed on the doorstep of a room where confidential matters were being discussed, telling others not to enter. In early Christianity, the five petals are linked to the five wounds of Christ, however the leaders were hesitant to adopt this theory. Instead the red rose was adopted as the symbol of the red blood shed by the Christian martyrs, and later it because associated with the Virgin Mary.

Color Meanings:

Red: love

Pink: grace, lesser feelings of love

Dark Pink: gratitude

Light Pink: admiration, sympathy **White:** innocence, purity, secrecy, friendship, reverence and humility. **Yellow:** Yellow roses generally mean dying love or platonic love. In Germanspeaking countries, however, they can mean jealousy and infidelity.

Yellow with red tips: Friendship, falling in

love

Orange: passion
Burgundy: beauty
Blue: mystery
Green: calm

Black: slavish devotion (as a true back

rose is impossible to produce)

Purple: protection (paternal/maternal love)

SCRAMBLERS

Contributed by: Susie Corpman

- **1**. OTH
- 2.MIWS
- 3. AHBCE
- 4. NIPCIC
- 5. LSELSH
- 6. TTAHBNIGUSI
- 7. UGARD LEIF
- 8. WFORLES
- 9. LOBOM
- 10. SICNETS

ANSWER:

'BLOOM, INSECTS BATHING SUIT, LIFE GUARD, FLOWERS HOT, SWIM, BEACH, PICNIC, SHELLS,

SUMMER SOLSTICE

Contributed By Jon McFarland

Summer season is a warm period of the year

Unicorns have one horn

Mice are small furry creatures

Museums are fun to visit

Eagles have long wings

Radios play music

Skunks have white stripes

Olives are salty

Lizards live in the desert

Swimming is good for you

Thunder can be loud

Ice cream is a refreshing treat

Clowns are popular at a circus

Elevators are fun to ride



WEATHER Researched by: Jon McFarland

According to The Old Farmer's Almanac we will have above normal precipitation and above normal temperatures for the month of June. The first day of Summer arrives at 6.51 a.m. on June 21st. This is the longest day of the vear.

Moon Phases For June 2014



First Quarter Moon- June 5th



Full Moon – June 13ther



Last Quarter Moon- June 19th



New Moon - June 27th

The official start of the Hurricane Season begins on June 1st and ends November 30th. According to forecasters we will have a very active tropical season in the Atlantic. Listed below are the names used to name the Hurricanes and tropical storms in 2014:

Hanna	Omar
Isaias	Paulette
Josephine	Rene
Kyle	Sally
Laura	Teddy
Marco	Vicky
Nana	Wilfred
	Isaias Josephine Kyle Laura Marco



AJ

Contributed By **Danielle Lichty**

AJ is my dog he likes to play in the snow AJ hates baths, but loves to play and go on walks

AJ does NOT like other dogs.

AJ likes to drink water and eat his dinner

AJ just had birthday it was Tuesday May 20

AJ Is 8 years old.

Interview Of The Stars From The May 1st World Premiere Of AE's "Choices In Harmony" Newly Released Music Video,

"So Long, Farewell."

Reporter: Now that you're a star, what are your big plans?

Jonathan W: Next stop, Broadway! Ernie: Expand my music career.

Kate: Become an actual Broadway star and

movie star.

Leroy: Looking forward to the Christmas

show!

Shaun: This is a fulfillment of a dream I've had for a long time -- to sing and act in a play.

Dan (singing): "I want my MTV!"

R: How did you feel about the costumes? **Kate:** The costumes were very, very pretty thanks to Amparo and Chelsea.

R: Was it hard to get into your roles with all the retakes?

Danielle: It's not easy being green.

Ernie: I was kind of nervous doing my part.

R: Ben, what did you think about your

dancing debut?

Ben: That was very fun for me.

R: Tell us about that infamous high note. **Shaun:** I just have a natural gift. Not everyone can hit those high notes.



Father's Day

Contributed By Jonathan Rodgers

Fathers Day is on June 15 this year. We get to tell our fathers how important they are on this day. My dad is important to me because he picks me up from program, we go shopping, we go to church, he takes good care of me, and I like to hang out with him. My dad is coming to the concert on June 5. I love my dad and I'm glad that he's my dad.

R: So Kate, did you ever get a taste of that champagne?

Kate: No, they wouldn't let me have any, but I do feel this is the part I was meant to play.

R: Spiderman, were you nervous?

Jon R: No.

R: How did you feel about being on TV?

Jon R: Oh my gosh!

R: Are you excited about the release of the video?

Justin: Yes, it's going to be a smash hit.

R: What was your favorite part in the song? **Jayann:** When we all sang together.

R: What was your favorite part of costume? **Mary Jane:** The wig. The skirt. The whole thing!

R: Where do you want to go now that you're a star?

Jon M: I would like to move out on my own.

Alisha: I just want to say, I knew you all before you were famous!



WALLI-E

Contributed By Jayann McCue



The group who stayed back from the outing watched the movie Walli-e. On of my favorite parts is when Walli-e went into space. I though it was a very funny movie. The Robots were taking funny. I would recommend this movie to children and adults. It has a good message.

Jon's Review of High School Plays, Center

Contributed By Jon McFarland

I was at 2 local area high school plays recently. I went to see "OKLAHOMA" at LCHS and "The Sound of Music" at Ephrata High School. I thought both plays were good, however I thought "The Sound of Music" was acted out and put together better.

When we were to see "Oklahoma" at LCHS it was performed in their smaller gym and you felt like cramped sardines. At EHS we had front row seats right in front of the orchestra pit. I had no favorite character in "Oklahoma" but my favorite character in "The Sound of Music" was the Captain. You heard his lines and he acted very professionally.

Don't forget to come and see our Spring Music program on Thursday June 5, at 11 a.m. at CJCLDS, hope to see you there!!

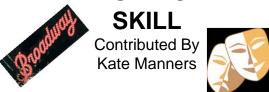
AE Advice Column, Ask Dan:

Contributed by Dan Rogusky

One of my friends is using bad language (swearing) when at AE. How should I address it?

So, as you say, one of your friends has a, "colorful" vocabulary which you do not necessarily approve of. In my opinion, the best way to deal with this particular problem is to pull your friend aside and express your displeasure in his or her choice of words and why it upsets you like it does. Then I would probably step back and assess if your friendship is worth having to put up with events like this. I don't believe that you should have to just "put up" your friends without the right to complain.

AMAZING BROADWAY



Excitement builds over choices in Harmony spring show! Everyone is excited and we are all looking forward to showing off our amazing Broadway skills. We are all quite sure it will be a smash hit and the audience will remember it fondly just as they have with all the others. A lot of the chorus members have solos, we have a few surprises thrown in for good measure. You will all to come to find out what they are.



JOKES UNLIMITED

Contributed By Justin Fisher and Ben Walker

- What do frogs like to drink on a hot summer day?
- A. croak a cola.
- Why do bananas use sunscreen
- **A.** Because they peel
- Why are gulls named seagulls
- A. If they were by the bay, they'd bagels
- What did the pig say at the beach on a hot summer day
- A. I'm bacon
- What pet is found lying around the house
- A. Carpets
- What do you get from an Alaskan cow?
- A. Ice cream

Father's Day

Contributed By Jonathan Whitlock

Poem "He Say"

Lemme tell You about the guy My dad.

He tends to tell Me what nobody else can Or should. He says

That I should be Thinking about the future. He says

That I should be Doing something else. He says

That I should be Saving my money. He says

That which nobody else can Or should. But he says

And it means more than he knows And I listen

GOING TO THE COFFEHOUSE



A bunch of people want to get inside so they can

dance and eat food. My favorite part of the coffeehouse is that I get to drink soda, diet coke is my favorite. All my friends are there, Rebecca is my best friend there. I like to dance when I go and Achy Breaky Heart is my favorite. A DJ plays the music. sometimes I just sit, talk and eat snacks. You need a ticket to get food. They have coffeehouse once a month. if you want to have fun you should go. I'll see you there.

Jenny Graduation



Contributed By Allison Alspach

My cousin Jenny graduated May 9, from her Physical Therapists School. I really liked the graduation ceremony, it was held in a gym and they served food like chicken, sandwiches, fruit, vegetables, and they had a little wine bar. I cried because I felt really proud. She had her dress on and she had her hair up a little bit. I brought her flowers for her graduation. They were pink, purple and white flowers. She looked good in her cap and gown and I'm glad I went. She wrote us a beautiful letter thanking us for the flowers and money.

SERTOMA CHICKEN BARBECUE

Contributed By Victor Miller



Sertoma chicken barbecue they have it every year at Long's Park. In fact it's in the Guinness Book of World Records for the largest barbecue. They start at 10 AM and go until 6 PM it's a pretty good meal because you get chicken, a roll, a drink, ice cream, and a bag of chips for a good price. I go every year when it doesn't rain. I like to get it and eat it in the park. My favorite part is the chicken. They make then own sauce and I would highly recommend it they have the barbecue rain or shine. It benefits the Sertoma Club, that maintains Long's Park and Schedule the concert serves during summer.

QUESTIONS ASKED BY THE ADULT ENRICHMENT GROUP:

IN THE SPOTLIGHT INTERVIEW TO:

ALISHA NORMAN



1- What's your favorite part of AE?

All of you of course! I like talking and laughing with you and getting to see all the great things you accomplish.

2-What's your favorite AE concert?

Probably the Motown show. The 3D art class made awesome costumes and I liked singing along.

3- How long have you been doing what you do?

I've been in this field for thirteen years, two

- 4- How long have you lived at your house? One year.
- 5- What's your favorite color? Purple.

6-What is your favorite holiday?

Halloween. I like dressing up and watching scary movies.

- 7- What do you do in your free time?
 I like spending time outside with my girls.
- 8- What's your favorite vacation spot? Dominican Republic.
- 9- What was your favorite childhood pet?

My shitzu named Binkie.

10- What was your favorite TV show a kid?

Punky Brewster.

SURVIVOR CAGAYAN WINNER



Contributed By Jon McFarland





The winner of "Survivor Cagayan", "Brains, Brawn and Beauty", was Tony Vlachos. A Police officer from the Chicago area. The next "Survivor' will take place in September 2014. Stay tuned for future articles!

CINCO DE MAYO CELEBRATION





Contributed By Leroy Poletti



It was a fun party. We celebrated **Cinco De Mayo the 5**th of May. We had walking tacos for lunch. I enjoyed them very much. The hamburger was my favorite part of the taco. After lunch we broke open the taco piñata. We hit it really hard but it wouldn't break so Chelsea opened it up so we could get the stuff inside. We got tattoos, bubble gum, plastic tops and candy. It was a great day.

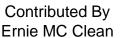


HORSES

Contributed By Jessenia Santana

I like horses I think they have cute faces. I want to ride a horse someday. They are very big and it is hard to get on one. If I ride horses I may get hurt, but I still want to ride one. Brown horses are my favorite and if I had a brown horse I would name him, Tinkerbelle. When we go to the beach we go to Chincoteague and I see horses. We see them in the sand. My room has horse all around. Mom put horse stickers, and my sister helped all around my room. I like my room because it's beautiful just like horses.

Arts and Crafts





Art is fun and exciting; you get to

come up with your own different styles, colors and new creations. We made ping pong paddles and then played with them. It was a new and fun experience for me. We made flowers from coffee filters and got to paint them. They turned out very nice. I think it was the best craft of all. Miss Amparo makes us laugh during art class and we have fun.

Malia's Birthday

Contributed By Mary Jane Robbisons



Malia had a nice ice cream birthday cake. It had her name and blue and pink flowers on it. The blue flowers turned your tongue blue. She got a lot of gifts. She got a puzzle from me, birthday cards with money, a doll, a Mickey Mouse pillow, magic markers, and a sheet set. We went to the Strasburg Railroad as part of her birthday gift, but we missed the train. She was a little disappointed. We should have went early! She turned 3 on her birthday. Malia is a cool kid and I like to be with her. I like when she says my name. It was a good birthday party.



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HOT
COOKOUT
SUN
SWIMMING
BEACH
BASEBALL
FATHERS DAY

FLAG DAY
BEACHBALL
VOLLEYBALL
FISHING
CONCERT
HIKING
CAMPING

FIREWORKS
SNORKELING
THUNDERSTORM
TORNADO
HURRICANE
MARATHON
CARNIVAL



JUNE 2014

MONDAY	TUESDAY	WEDNESDAY	<u>THURSDAY</u>	FRIDAY
•Current Events •Arts & Crafts (A&C) • Independent Living Skills (ILS) •Painting •Book Club •World Cultures	•Current Events •Keyboarding / Spanish /Dance & Movement. •Music Appreciation •3-D Art •Outing	•Current Events •Cooking / QEU Movie •Discussion Group • Science / Wildlife •Outing	•Current Events / Keyboarding •Chorus/ Brain Games •Newsletter / Computers •German/History	•Current Events •Music & Game •Arts & Crafts (A&C) •Special Topics •Mental Floss
A&C: Thread Painting ILS: Problem Solving Skills Lunch Painting: Unusual Paintings Book Club World Culture: Bermuda Triangle	• Keyboarding/ Spanish: Guess (game) Music App: Hodge Podge • Lunch: Vote Outing • 3-D Art: Finish paper flowers out & painted pots	4 Cooking By Rebecca • Lunch: Vote Outing • Discussion Group: • Science: Egg Experiment / Wildlife: Tiger presentation	5 CHORUS CONCERT PHONY TONY AWARDS	 Music & Games A&C: Paper Quilling Flowers Lunch Special Topics: Movie
A&C: Cards Maker ILS: Math problems Lunch Painting: Unusual Paintings Book Club World Culture: The seven wonders of the world	 Keyboarding/ Spanish: True or False (game) Music App: Jazz Lunch 3-D Art: Father's Day Project 	Outing Group #1 "Oregon Dairy" Jon R., Jon Mac, Leroy, Jon W., Jean, Susie, Wilfredo, Laura, Dan, Rosie, Robert P. Staff: Rebecca, Amparo (Alisha, Lisa, Jean)	 Keyboarding Chorus / Brain Games Lunch Computer & Newsletter / German: German food 	 Music & Games A&C: Father's day Cards Lunch Special Topics: Prep for Derby
A&C: Scrapbooking ILS: Counting Soda \$ Lunch Painting: Large Image Painting Book Club World Culture: The seven wonders of the word	 Keyboarding / Dance and Movement Music App: Jazz Lunch 3 -D Art: Father's Day Project 	18 Cooking "Omelets" By Amparo • Lunch •Discussion Group: Finish Movie • Science: Plant Terrariums • Wildlife: Pick your favorite animal	Keyboarding Linda Timberlake Guest speaker "POAs/guardianshi p" Lunch Computer & Newsletter / History: Desert Fox	Music & Games A&C: Watercolor over White Crayon Lunch Special Topics: Prep for Derby
23 A&C: Tie Dye T-Shirts / ILS: Health Guest Speaker Lunch Painting: Large Image Painting Book Club World Culture: Where in the word is	24 Outing Group #1 "Wilbur Chocolate factory" (Pack Bag Lunch Picnic) Kate, Angela, Chrissy, Dewey, Allison, Kathy, Ernie, Robert C., Matt, Zach Staff: Amparo, Chelsea (Alisha, Lisa, Jean)	25 QUE MOVIE "Babe and The Book Theif" Lunch Discussion Group: Finish Trial Science: Plant Terrariums Wildlife: Desert Animals	Keyboarding Chorus: /Brain Games Lunch Computer & Newsletter /German: Review Bingo	• Music & Games • A&C: Dress Up the Bear • Lunch • Special Topics: Derby Day
30	HAPPY	June 16 th Ben Walker		