

#### active life day program

#### 9:15 - 10:00 AM Daily Current Events

10:00 - 11:30 Arts and	Crafts/ Independent
	Living Skills.
11:30 - 12:30	Lunch.
12:30 - 1:15News	letter/world Culture.
1:15-2:00	Art/Acting.

#### TUESDAY

Outing on the 2<sup>nd</sup> Tuesday of each month

<b>9:15 – 10:00</b> Keyboarding.
10:00 – 10:45 Keyboard/ Spanish or Dance &
Movement one time a month.
<b>10:45 – 11:30</b> ILS/ World Culture.
11:30 – 12:30Lunch.
<b>12:30 – 1:15</b> Dance/Book Club.
1:1 5- 2:00Virtual Travel / Comic Book.

#### WEDNESDAY

Outing on 4<sup>th</sup> Wednesday of the month.

10:00-11:00Classic Viewing /Newsletter/
Social Club.
11:00-11:30Etiquette /Health & Beauty.
11:30-12:30Lunch.
12:30 – 1:15Science / Wildlife/History.
1:15-2:00 Music Appreciation / Brain Busters.

#### THURSDAY

<b>9:15 – 10:00</b> Keyboarding.
<b>10:00 – 11:30</b> Chorus.
10:00 -10:45 Classic Viewing/Movers & Shakers
10:45-11:30 Etiquette.
11:30 -12:30Lunch.
12:30 - 1:15Gardening & Nature/ German/
Keyboarding.
1:15 - 2:00 Music Bio, Photography.

#### FRIDAY

10:00- 10:45Arts & Crafts/Cooking Essential	s.
10:45 - 11:30Photography/Colorin	ıg.
11:30 - 12:30Lunc	h.
12:30 - 2:00Movie Clu	b.
Movie outing every 3 <sup>rd</sup> Friday of the month	

12:30 - 1:15	Computer Basic Skills.
1:15 - 2:00	Group Games.

Daily Social Time 8:00 - 9:15 AM & 2:00 - 3:00 PM

# AE NEWS & FUN!!





www.facebook.com/Adult Enrichment Lancaster

#### **Groups for Outings**

#### Tuesday

<u>Group 1:</u> (8) Jon R., Donald, Kathy, Dewey, Allison, Dareek, Ralph, Darla Staff: Tina, <u>Beth.</u> Tania (Alisha, Jared, D'Andrea)

<u>Group 2:</u> (7) Kate, Chrissy, Matt, Robert C., Jimmy, Trevor, Shelly. Gary **(6/14/16)** Staff: <u>Amparo</u>, Cindy, Yaritza (Alisha, Jared, D'Andrea)

<u>Group 3:</u> (7)Lynn, Trista, Sam, Angela, Marta, Glen, Jayln Staff: Tina, <u>Beth</u> Tania (Alisha, Jared, D'Andrea)

Group 4: (7)Carly, Katie, Ekat, Loni, Wilfredo, Danielle, Ernie Staff: <u>Amparo</u>, Cindy, (Alisha, Jared, D'Andrea)

#### Wednesday

<u>Group 1:</u> (9) Steph, Judi, Wilfredo, Gloria, Robert C., Dan, Mike V, Bob, Joey Staff: Tina, Cindy, <u>Beth,</u> Yaritza (Alisha, Jared, D'Andrea)

<u>Group 2:</u> (8) Jon R., Alvin, Susan, Jessenia, Dewey, Angela, Jon F, Kathy **(6/29/16)** Staff: <u>Amparo.</u> Tania, (Alisha, Jared, D'Andrea)

<u>Group 3:</u> (7) Kate, Jayann, Rosie, Mack, Ben M , AQ, Ritchie Staff: Tina, Cindy, <u>Beth,</u> Yaritza (Alisha, Jared, D'Andrea)

Group 4: (8)Leroy, Chrissy, Robert P, Sam, Laura, Dareek, Jay, Staff: <u>Amparo.</u> Tania, (Alisha, Jared, D'Andrea)

MOVIE CLUB GROUP #3 : Steph, Trevor,, Ekat, Robert C., Donald

#### From the Directors Desk

Summer Fun Week if finally here! Just a reminder: <u>Monday and Tuesday</u> will be held at Elm Avenue. Participants should come to program as usual with their lunch and dressed in light weight, active clothing. <u>Wednesday through Friday</u> will be held at Manor Church, 530 Central Manor Rd Lancaster, PA 17603. Participants will arrive to Elm Avenue as usual, in light weight active clothing. Participants <u>do not</u> need lunches on these days. Lunch will be provided. Adult Enrichment will transport participants to Manor Church. All games will take place outside on a flat surface and under a shaded pavilion. Participants will be picked up starting at 2pm by RRTA at the church for their rides home. For those who do not take RRTA, transportation home will need to be arranged by family members and caregivers from Manor Church.

We invite all parents and caregivers to be a part of our closing ceremony at Manor Church on Friday June 10<sup>th</sup> from 12:30pm-2pm. Guests will enjoy a photo slide show of the week's activities, cake and ice cream as well as the awards ceremony.

Don't forget to wear sunscreen, hats and sunglasses! ~Alisha

### Wildlife

Contributed By Rosie



In wildlife I like the videos we watch. I really like the one about Toucans because I like their colors, they can be taught to build towers out of things (like tin cans) using their beaks. I also like them because they eat bamboo. They can be in people's houses as pets. Some of my other favorite classes

in wildlife were the ones about gila monsters, red pandas, and many more. Some of the things I learned about the gila monsters are that they weigh a lot and I'm not sure what they eat, but I think it was insects. Also, small rodents. They can cause you infection if they bite you and it will go through your system, people can die from that if they don't get treated for it. They make such a loud noise from their mouths that you can hear them coming from miles away. Our classes also do quizzes sometimes about animals that we've learned about. Sometimes it's true/false questions and other times it's multiple choice. I learn a lot from the class and I'm glad that I chose to take this class. I really like animals.

## SCRAMBLE WORDS

Contributed & Typed by Susie

ISMW ECBA LHSSLE ICCIPN ATFHRDYESA BBRQEEUAR AINVCATO THO PLOO CANOE PPSFLOILF EIDLRGU THSA SGSNULGAES CNSUENSRE

ANSWER:

SWIM, BEACH, SHELLS, PICNIC, FATHERSDAY, BAR BE QUE, VACATION , HOT, POOL, CANOE, FLIPFLOPS, LIFEGUARD, HATS, SUNGLASSES, SUNSCREEN

## NEWSLETTER

Contributed by Susie & Typed by Jonathan F.

The newsletter comes out every month. Everyone is participating in writing different articles. The newsletter tells about all the things we are doing now and in the future. We plan different outings & opportunities. We go on outings by groups, we plan on where we want to go & groups go on different days. We all enjoy being together. Attending & spending time with each other. The staff are neat, positive, & thankful.

## MUSIC

by Jonathan W

Well, music is something that's always fascinated me. I have always seen seen music as an alternate language, or another way of making a point. It's a lot the same way l've thought of art. If you have something to say there are many ways to say it, besides speaking.

You find something that strikes you. I like to find a way that communicates the same thing, yet touches the recipient with the deepest impact. This might happen through song. Singing is way to make a statement in very personal manner, that communicates emotion through the level of pitches. When you hear a song, you're given a clue about how the composer felt about a particular subject.

Same thing happens through art. While the way something sounds may touch the hearer a certain way, art always finds a way of 'sneaking in through the back door,' so to speak.



#### **D-Day Observances**

Contributed by Victor

D-Day occurred during World War II on June 6, 1944. It was an invasion of the Allies. The Nazi's were holding the beaches of France and the Allies stormed them. There were more than 160,000 troops that landed on the beaches. There were more than 5,000 ships and more than 13,000 aircraft that

helped. The allies were able to stay on the beaches and fight their way inland. The cost of the day in lives was high, more than 9,000 soldiers were either killed or wounded. This started the fight across Europe to beat Germany. We have a D-Day observance to show respect for our country and for the people that lost their lives and also for those who fought and came home. Some of the ways we can show respect that day is to fly our American flags. Visit the grave sites of those who fought. We can have a picnic and talk about and remember family members that fought in WWII. Say thank you to a serviceman who is serving our country now or one that has served in the past. It's important that we don't forget so that we make sure that a war like that doesn't happen again.



# PAINTING CLASS

contributed By Mary Jane Typed By Jonathan F.

I Like Painting Class because I can paint pictures that will remind me of Arizona. I really enjoy painting picture of Arizona because I get to remember the time I went out there for vacation. I really enjoy my teachers in painting class. Beth & Amparo do so well

showing us art. I like to put all the colors together and make paintings. It's so nice to see so many different colors, It's so beautiful to create paintings. In painting class there so many pictures I get to see. Painting is such a good way to show feelings & emotions, sometimes it's a good way to show them through paintings can go to art galleries. I like and enjoy going to see paintings and art in the galleries. I get to see all creative art and panting there is all over the world there so many people out there that is very talented in the world.



# FATHER'S DAY

Contributed by Trista

Father's Day is a day to honor fathers and let them know how great they are. If you like to give gifts, Father's Day will be the best time to do that. You can give them cards, breakfast in bed,

and do some of their chores. Another way that will be nice and special can be taking them out to eat dinner. Even though there's one day you celebrate Father's Day, but I think that we all should honor our fathers every day, not just one day. I think that they should have a Grandfather's Day too, because they need to be celebrated, they are as much as important like their sons. Every Father's Day I like to celebrate by getting a balloon and releasing it in the air for my dad, so I can remember him. Father's Day is such a good day to remember all the bond and love we have for each other. It brings up memories we share all the time and help to keep on appreciating our fathers.





June 9th Marta



June 19th Gloria



June 16th Ben



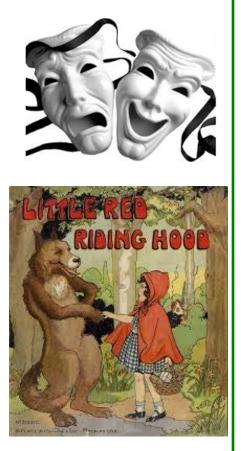
June 21<sup>st</sup> Yaritza



June 26th Carly



June 27th Dareek

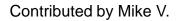




Contributed by Trista

Acting Class is so much fun. In my high school they did not offer Acting. And I wanted to expand my horizons. So I decided to join the Acting Class. I enjoy the chance to be someone else for a couple of minutes. It is nice to be in someone else's shoes for a while. You can really let your emotions out. And you feel like you are the character, as well. I would like to be in a show here at Adult Enrichment. I would like to act out Little Red Riding Hood and Little Boy Blue. I would like to see the play, 'CATS' done too.

# **MUSICAL BRAIN BUSTERS**



In Musical Brain Busters, everyone everyone picks a music group or singer. Beth is the teacher. For each class, she plays a selection of music and we guess who the artist is. Then we take a quiz about the musician that is featured for that class. When it was my turn to choose, I chose the Wiggles. It was fun. There is Greg, Murray,

Anthony and Jeff. Dorothy is a dinosaur. Henry is an octopus. The Wiggles sing many different children's songs. When they performed in New York one time, I got to see them. My parents took me. It was really good. I had a great time.



### ADOPT A CAT MONTH

Contributed by Darla

During Kitten Season, thousands of newborn kittens join the millions of cats already in shelters across the country. That means your local shelter has tons of cute, cuddly newborns,

in addition, To all the mellow, older cats, everything in between. And the shelter staff are ready to help you adopt your first cat.





In the Spotlight Interview with: Trista

Questions Asked By: The Adult Enrichment Group

- What you like to do? Go to the mall and the movies.
- 2. What your favorite TV show? Family feud
- **3.** You have any habits? Like to be on my iPod.
- 4. What your favorite holiday? Memorial Day is my favorite.
- 5. What your favorite music? Rock and Roll
- 6. Do you like to travel? Yes, I traveled to Florida on a field trip.
- **7.** Is there a favorite place you like to go? To the beach.

- 8. What's your favorite movie? Mrs. Doubtfire
- 9. What your favorite color? Pink and purple
- **10. What your favorite class?** Dance class.
- **11. Do you have any pets?** Used to have a dog her name was Cassie
- **12. What's your favorite food?** Tacos
- 13. Who is the most influential person in your life? My mother.

# **Social Club**

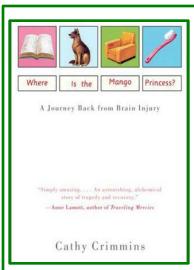
Contributed by Jayln W.

Social club is so much fun and there's so much things to do. Some of the things we did was play human tic tac toe, play a baseball trivia, and we took a an adventure in Brazil, on how they make coffee, so we drank coffee too.

#### **CLASSIC VIEWING**

Contributed by Leroy

Recently in classic viewing, we viewed Nancy Drew and the Mystery of the Whispering Walls. Also, recently we viewed ET the extra-terrestrial. Also viewed Welcome Back Kotter, Mash, Growing Pains, and Gilligan's Island. I really like the old, classic television shows. Other shows like Full House, the Honeymooners, I Love Lucy, etc. Others such as; Family Matters with the character Steve Urkel, he's very funny, when he says "Did I do that?" Also, Charles in Charge, about a college kid who is hired to watch three kids. In Classic Viewing, the Munster's was played, about monsters living in a human society.



# **Book Club**

Contributed by Robert C

In book club we are reading "Where is the Mango Princess". It's a book about a guy that was in a boat accident and he had to be flown to a hospital. He had a traumatic brain injury. It's getting serious now. The story is told by his wife. They're from Philadelphia but were vacationing in Canada when the accident happened. When they wanted to return to the US after he was in the hospital for 10 days, it was very hard. They wanted to fly but the insurance company denied it and wanted him to be driven in an ambulance. They were finally given permission to fly, but they had the jalopy of airplanes. It wasn't even a medical airplane. His wife was very upset. She isn't very happy with the way that her husband

was treated through all of this trip home. I think he may remain unresponsive and not able to answer the questions they ask him. Before his accident he was a lawyer, he won't be able to go back to practicing law. This accident changed his entire life and his families. It isn't a change for the better. I like this book because it's a good story and the wife tells it well.

#### **Contributed by Angie**

In Book Club, Beth is our teacher. We are reading a true story called, Where is the Mango Princess? It is interesting. It is about a family who was on vacation in Canada. They were boating when someone wrecked into their boat. The dad, who was a lawyer, was injured. He had a brain injury. He was in the hospital many weeks. We read more each week. It is interesting to hear a true story about someone else's life. I want to know how it will end. We read some more of the story each week. In the future, I hope we read Cinderella, sometime.



**COMPUTER** Contributed By Wilfredo

In Free computer time, I play games, also I watch cooking shows on the computer. I like to listen to music such as; David Bowie and I like to listen to his song "Lets Dance". I like Video games like Sonic the Hedgehog, Mario, Donkey Kong, he's a big gorilla.

I also like to do math on the computer. It's nice to have free time to use the computer. Another participant said that he likes to listen to Def Leopard, during free computer time.

### June 18th is International Picnic Day

Contributed by Derek

Life is no picnic – except on International Picnic Day. This day provides a chance to eat out in the open air with friends or family.

The word "picnic" comes from the French language, and it's believed this type of informal outdoor meal became a popular pastime in France after the Revolution. As fans of Jane Austen's novels will know, 19th-century picnics were elaborate social occasions, with menus featuring a wide range of cold meats and pies that took days to prepare. International Picnic Day is celebrated in many countries, though its origins are uncertain. Charity events, school picnics and all kinds of other group meals are organized to mark the occasion. You could also bike, walk or hike to a nearby beauty spot, or just take your sandwiches and cold hard-boiled eggs

# **DANCING CLASS**

Contributed by Kathy S.

On Tuesday afternoon we have Dance Class. Tania teaches us. We choose different music and move to it. It is fun! We pick our favorite music. I enjoy the dance class because you get to exercise to do it. It is good for us, too. Trevor is one of our participants. He really can dance! I think he dances really good in our class. We feel really good when we do all those moves and that. We do different kinds of dances in class.



# JUNE WORD SEARCH



Contributed, typed by Kathy and maker by Jonathan W.

U	Н	S	Т	М	Р	G	L	Х	D	Q	R	Е	Q	Ι	G	S	Р	F	Q
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BEACH	BEES	BUGS
CONCERT	DAY	FATHER'S DAY
FISHING	FLAG	FLAG DAY
FLIPFLOPS	HATS	HORSE BACK RIDING
НОТ	PICNIC	RAIN
SAILING	SHORTS	SUN
SUNSCREEN	SWIMMING	SWIMSUIT
VACATION		

# **CHORUS** Contributed by

Jonathan R.

In Chorus we sing. Annette is our teacher. She makes it fun. Jonathan and Carly each wrote their own songs that they performed. We like to sing many songs: Footloose, Lean on Me, Peace on Earth, YMCA, Jesus Loves Me and Dancing Queen. Some people sing solos. Mostly, we all sing the songs. Sometimes we sing Karaoke. It feels good to sing. I feel happy and energized.





MONDAY • Current Events: Tania • Arts & Crafts: Amparo / Independent Living Skills (ILS) Tania • Newsletter: Amparo, Cindy & Tania/ World Cultures: Tina • Painting: Beth / Acting: Cindy	TUESDAY • Current Events: Beth • Spanish: Amparo/ Essential Cooking: Beth • ILS: Tania/ World Cultures: Tina • Dance: Tania/Virtual Travel : Cindy • Book Club: Beth/ Comic Book: Cindy • Outing	Newsletter: Amparo, Beth/ Social Club: Cindy •Etiquette: Tina/Health &	THURSDAY • Current Events: Beth, Tina/ Keyboard: Annette •Chorus: Annette/Classic View: Cindy/Movers & Shakers: Amparo •Etiquette: Tina •Gardening & Natural: Tina/ German : Beth/Keyboard: Annette • Music Bio: Beth/ Photography: Amparo	FRIDAY •Current Events: Beth •Arts & Crafts: Amparo/ Cooking Essential: Beth •Photography: Amparo/ Coloring: Tina •Movie Club: Tina •Computer: Cindy •Group Games: Beth
		<sup>1</sup> Summer Fun Week Team Preparation	2 •Current Events/Keyboarding •Chorus: / Movers & Shakers/Classic Viewing: Walker / Etiquette: Social •Lunch •German: Bingo / Gardening & Nature: Plant Merry Gold •Musical Bio: Roy Orbison / Photography: Bring your Camera	3 • A&C: Chain Paper conations /Cooking Essential: Virtual Smorgasbord • Photography: Bring Your Camera/Coloring: • Lunch •Movie Club: / Computer/ Group Games: Mab Libs
6	7	8	9	10
Summer Fun Week Opening Ceremony Bring your own lunch	SUMMER Bring your own lunch	FUN		Summer Fun Week Closing Ceremony
			Lunch provided	Lunch provided
13 • A&C: Frame picture/ ILS: Pen pals • Lunch • World Cultures: Countries / Newsletter • Acting Class: Dish & Spoon • Painting: Start 3D Beach Paintings	14 Outing Group #2 Loxley's Kate, Chrissy, Matt, Robert C., Jimmy, Trevor, Shelly. Staff: Amparo, Cindy, Yaritza (Alisha, Jared, D'Andrea) • Spanish: Bingo /Cooking: Custard vs. Pudding • Custard ILS: Pen pals / World Culture: El Salvador •Lunch • Dance: Bug / Virtual Travel: Bus • Comic Book: Franken Creepy • Book Club: Mango Princess	15 • Classic Viewing : Brady / Newsletter / Social Club: •Etiquette: Social/Health & Beauty: Toilet Tank Fizzes •Lunch •History: The Aztecs/ Science: •Music App: Rob T. •Wildlife: Cheetah/ Brain Busters: ??	16 •Current Events/Keyboarding •Chorus: / Movers & Shakers/Classic Viewing :Walker Etiquette: Social •Lunch •German: Duolingo / Gardening & Nature: What veggies To plant •Musical Bio: TBA / Photography: Paint canvas (Bring Your Camera)	<ul> <li>17</li> <li>Cooking: Custard vs. Pudding</li> <li>Lunch</li> <li>Movie</li> <li>Group Games: Connect 4</li> </ul>
20 • A&C: Stenciled Watercolors / ILS: Troops • Lunch • World Cultures: Countries / Newsletter • Acting Class: Good Man & Son • Painting: Beach Paintings	21 • Spanish: Clothes / Cooking: Quindim • ILS: Troops / World Culture: Fiji • Lunch • Dance: cha / Virtual Travel: Horse & Buggy • Comic Book: Franken Creep / Book Club: Mango Princess	22 • Classic View: cosby / Newsletter/Social Club: • Etiquette: Social / Health & Beauty: Make Hand Sanitizer •Lunch •History: Leonard DaVinci/ Science: • Music App: Chrissy •Wildlife: Dolphin / Brain Busters:??	23 •Current Events/Keyboarding •Chorus: / Movers & Shakers/Classic Viewing: Walker Etiquette: Social •Lunch •German: Phrase Game / Gardening & Nature: Benefits of Veggies •Musical Bio: TBA / Photography: Tissue paper canvas (Bring Your Camera)	24 MOVIE DAY OUTING GROUP #3 Steph, Trevor,, Ekat, Robert C., Donald Cooking Essential: Quindim • Lunch •Movie:
<ul> <li>27</li> <li>A&amp;C: Jewelry/ ILS :soda \$</li> <li>Lunch</li> <li>World Cultures: Countries / Newsletter</li> <li>Acting Class: Click, Clack, Moo/ Painting: 3D Beach Paintings</li> </ul>	28 • Dance & Movement: / Cooking: Different cook of Denmark • ILS: soda \$ / World Culture: Finland • Lunch • Dance: Limbo / Virtual Travel: Skateboard • Comic Book: Scooby Doo / • Book Club: Mango Princess	<ul> <li>29 OUTING- Group #2 Long's Park (Pack Your lunch) Jon R., Alvin, Susan, Jessenia, Dewey, Angela, Jon F, Kathy, Staff: Amparo, Tania, (Alisha, Jared, D'Andrea)</li> <li>Classic View: Lucy / Newsletter/ Social Club: Sharing Hobbies</li> <li>Etiquette: Social/Health &amp; Beauty: Pack &amp; prices</li> <li>Lunch</li> <li>History: Black History / Science:</li> <li>Music App: Jayann</li> <li>Wildlife: Tortoise / Brain Busters:??</li> </ul>	30 •Current Events/Keyboarding •Chorus: / Classic Viewing: Walker •Etiquette: Social / Movers & Shakers •Lunch •German: Pass the Bag / Gardening & Nature: Annuals •Musical Bio: TBA / Photography: Collage Picture	