

# Adult Enrichment

active life day program

# AE NEWS & FUN!!



## MARCH 2018

### 9:15 – 10:00 AM Daily Current Events MONDAY

10:00 – 11:00-----Arts and Crafts/ Free Time  
Computer / Independent Living Skills (ILS).

11:00 – 12:00-----Lunch.

12:00 – 1:00-----Newsletter/ Free Time  
Computer/world Culture.

1:00-2:00-----Creative Expressions/ Free  
Time Computer / Acting.

### TUESDAY

#### Outing and Regular classes every 2nd Tuesday of the month

10:00 – 11:00-----Health & Wellbeing / Free  
Time Computer / Spanish.

11:00 – 12:00-----Lunch.

12:00 – 1:00-----Virtual Travel/ Social Club / Dance.

1:00 – 2:00 -----Book Club/ Free Time Computer /  
Creative Thinking

### WEDNESDAY

#### Outing and Regular classes every 4<sup>th</sup> Wednesday of the month.

10:00-11:00-----Classic Viewing / Free Time  
Computer / Social Club.

11:00-12:00-----Lunch.

12:00 – 1:00 -----History / Free Time  
Computer / Wildlife.

1:00-2:00 -----Music Appreciation/ Science.  
Dancercise .

### THURSDAY

10:00 – 11:00 -----Movers & Shakers / Free Time  
Computer /Chorus.

11:00- 12:00-----Lunch.

12: - 1:00 -----Garden & Nature/ Free Time  
Computer / Keyboarding.

1:00 – 2:00 -----Brain Buster/ Free Time  
Computer /Photography.

### FRIDAY

10:00- 11:00-----Arts & Crafts/ Home Economics.

11:0 – 12:00 -----Lunch.

12:00 – 1:00 -----Group Games / Movie Club.

12:00 – 1:00 -----Free Time Computer.

1:00 – 2:00 -----Photography / Movie club.

Outing every 3rd Friday of the month.

Daily Social Time 8:00 – 9:15 AM &  
2:00 – 3:00 PM



[www.facebook.com/  
Adult Enrichment Lancaster](http://www.facebook.com/Adult-Enrichment-Lancaster)

### Tuesday

**Group 1: Jan, May, Sept** Jon R., Donald, Kathy, Dewey, Allison, Dareek,  
Robyn, Destiny

**Staff:** Amparo, Open (John)

**Group 2 Feb, June, Oct:** Kate, Chrissy, Matt, Shelly, Gary, JayIn, June

**Staff:** Beth, Takeisa (Jared)

**Group 3 Mar, July, Nov:** Lynn, Trista, Sam, Angela, Marta, Glen, Melissa,  
Grace

**Staff:** Tina, Tania (Katie)

**Group 4: April, Aug** Carly, Katie, Crystal, Wilfredo, Danielle, Ernie, Loni

**Staff:** Amparo, Cindy (Jeff)

### Wednesday

**Group 1: Jan, May, Sept** Wilfredo , Bob T., Chrissy, Sierra, Robert P.,  
Benessia

**Staff:** Cindy, Open (Jared)

**Group 2: Feb, June, Oct** Jon R, Suzie, Jessenia, Jon F, Kathy, Crystal, Susan  
Mc..

**Staff:** Tania, Tina (John)

**Group 3: Mar, July, Nov** Kate, Jayann, Rosie, Mac, Ben M, Trevor, Jimmy,  
Destiny

**Staff:** Beth, Amparo (Jeff)

**Group 4: April, Aug** Joey, Sam, Laura, Dareek, Mike V., Jay, Shelly

**Staff:** Cindy, Takeisa (Katie)

### Friday

**Group 1: Feb, April, June, August, Oct.,** Marta, Susie, Carly, Joey, Grace,  
Matt

**Staff:** Tina, Takeisa

**Group 2: Jan, Mar, May, July, Sept, Nov.** Donald, Shelly, Katie H., Dareek,

**Staff:** Tina, Takesia

## From the Directors Desk

Thank you to everyone who participated in and supported our annual candy fundraiser during the month of February. Once again the fundraiser was a great success. The expected delivery date for your orders is March 20<sup>th</sup>. Small orders will be sent home with program participants. For larger orders, Adult Enrichment staff will contact you to organize pick up from our facility. As always, if you have any questions please call us at 717-397-5600.

Thank you!

~Jared



# LET'S LAUGH DAY

NATIONAL LET'S LAUGH DAY is celebrated on March 19 Observed annually around the world, March 19th is National Let's Laugh Day. We have all heard the saying, "Laughter is the best medicine." This is the day to take your medicine. Some studies have shown that laughter may boost your immune system, relieve tension and help you relax. Who does not need any of those things in our busy and hectic world?



As we all know, laughter can also be contagious. Even faking it seems to have some benefits.

Classes called "laughter yoga" engage the abdominal muscles, lungs, arms and facial muscles while using humor to get us laughing to cure what ails us. The participants agree in our Newsletter group that hearing a good joke helps can make you laugh.

## HOW TO OBSERVE

Add a laughing baby ringtone to your phone. Use humor to make someone's day. Take some time to laugh and use #LetsLaughDay to post on social media. As we all know, laughter can also be contagious. Even faking it seems to have some benefits. Classes called "laughter yoga" engage the abdominal muscles, lungs, arms and facial muscles while using humor to get us laughing to cure what ails us.

When you and a friend have those long bouts of uncontrolled laughter that end in tears and aching stomach muscles that last a good 10 minutes or longer, you burn between 10-40 calories per 10 minutes. So, keep giving each other those don't-look-at-me-or-I'll-start-laughing-again looks and you'll keep right on burning more laugh-healthy calories and you'll enjoy a good memory.

## JOKES

**Victor:** Knock, knock

**Trista:** Who's There?

**Victor:** Lettuce

**Trista:** Lettuce Who?

**Victor:** Lettuce in and you'll find out!

**Jon W:** What do you call an alligator in a vest?

An investigator!

**Jamie:** What do you get when you cross a snowman with a vampire?

Frostbite!

**Joey:** Why shouldn't you iron a four-leaf clover?

**Bob:** Tell me.

**Joey:** You might press your luck!

**Ben:** What do you get when you cross a four-leaf clover with poison ivy?

**Loni:** I don't know.

**Ben:** A rash of good luck on St. Patrick's Day.

**Mike:** Knock, knock.

**Carson:** Who's there?

**Mike:** Irish stew.

**Carson:** Irish stew, who?

**Mike:** Irish stew in the name of the law.

**Jayann:** Why can't you borrow money from a leprechaun?

Because they're always a little short.

**Shelly:** Are people jealous of the Irish?

Sure, they're green with envy!

**Trevor:** What would you get if you crossed Quasimodo with an Irish football player?

The Halfback of Notre Dame

**Sam:** Why are there a gates around cemeteries?

Because people are dying to get in!

**Rosie:** Why wouldn't the shrimp share his treasure?

Because he was a little shellfish

**James:** What lights up a soccer stadium?

A soccer match

**Danielle:** Why was the baby strawberry crying?

A: Because his mom and dad were in a jam.

**Grace:** Why shouldn't you write with a broken pencil?

Because it's pointless.

# Happy Saint Patrick's Day

## ADULT ENRICHMENT



## WISH LIST

1. **Gift cards ( Dollar Tree, Giant, Walmart)**
2. **Plastic laundry hamper**
3. **Lawn games, Matching games, Big pictures**
4. **Games- Braille of cards**
5. **Watercolor paper**
6. **GLOSS MOD PODGE- For Arts and Crafts.**
7. **White Card stock**
8. **Masking Tape**
9. **Computer Speakers**
10. **Earphones for the computer room**

***If you would like a Gift in Kind tax receipt for your donation, please submit an invoice, letter, or email that states the value of your donation.***

***Thanks!***

# EGGNOG CHOCOLATE MILKSHAKE

## Contributed by ILS Class



### Ingredients

- 1 cup vanilla ice cream
- 1 cup egg nog (if you don't have eggnog can substitute either vanilla or banana pudding)
- 6 gingersnap cookies, crumbled
- Fresh whipped cream, for garnish

### Directions

Combine the vanilla ice cream, egg nog and 3 crumbled cookies in a blender. Blend until thick and smooth. Pour into 2 chilled glasses. Squirrt in some chocolate syrup. Top with fresh whipped cream and the remaining crumbled cookies.



Picture by Wilfredo

# St Patrick's Day

### What are some symbols of St. Patrick's Day?

Lucky, the Leprechaun - Four Leaf Clover - Green Beer - Rainbow with a Pot of Gold at the End

### Why do we celebrate St. Patrick's Day?

**Jayann** - Because of a man who helped others.

**Gary** - Irish

**Victor** - So we can eat and drink.

**Joey** - It is about some guy and four leaf clovers.

**Jon W.** - Everyone is looking for an excuse to pinch people. And Americans are always looking for an excuse to drink beer.

### How do you celebrate St Patrick's Day?

**Gary** - I have a Shamrock shake.

**Victor** - Kiss the Blarney Stone for good luck.

**Joey** - By wearing a green shirt, or going some place that sells green beer.

**Jon W.** - Pinch people who don't wear green..

**Darla** - Making green cookies.

**Jon R.** - I like to eat green cookies.

**Jayann** - I wear green and eat corned beef and cabbage.

### What is a Leprechaun?

**Joey** - A short guy who smiles, has a red head, and smokes a pipe. He looks like a Hobbit.

**Jon W.** - A vertically challenged angry man, with red hair, from Ireland.



Picture by Angie

# COMMON COURTESY DAY



Pictures by staff



National Common Courtesy Day is observed annually on March 21st. This day brings awareness to how important common courtesy is in our lives. Common courtesy can be as simple as saying “please” and “thank you” when asking for and receiving a service, gift or assistance. Kindness and courtesy do go a long way and are noticed by others even if you do not realize it. Letting someone in front of you in traffic is easy. Hold open a door for someone or give a person a hand with his groceries. Give up your seat on the bus to someone who might need it. Introduce yourself to the new employee or kid at school and take the time to introduce her to the rest of the crew. **QUESTION- WHAT ARE SOME WAY THAT YOU CAN SHOW COMMON COURTESY?** You can say Hello, how are you? You can open a door for a person. While driving, Drivers can show courtesy by not tailgating. People can show courtesy by using their inside voice while in Public, not being loud. While eating Dinner do not use cell phones while having Dinner. Always Say Hello when entering someone’s home. Common Courtesy should be used everyday, to show proper manners.

# NATIONAL PEANUT BUTTER LOVER’S DAY



Picture by Jonathan R.



National Peanut Butter Day is celebrated on March 1<sup>st</sup>. Jay for the Newsletter Group said that he loves peanut butter and Jelly sandwiches. Victor prefers Smooth and Creamy peanut butter instead of crunchy. Mary Jane likes Peanut Butter and marshmallow sandwiches. Food Items made with peanut Butter are; cookies, Peanut Butter Parfait using peanut butter, chocolate syrup, and Reese’s peanut butter cup for the Garnish. Pretzels covered with Peanut Butter and Chocolate. Peanut Butter taste good on apples, celery, bananas, crackers, peanut butter frosting on chocolate cake, peanut butter bars. The creamy, nutty goodness that is peanut butter is so amazingly delicious that when we pair it with creamy and dreamy chocolate. Another great love is peanut butter ice cream. Blended smooth with a few chopped nuts and a drizzle of peanut butter syrup is a peanut butter lover’s dream come true. Whatever way you enjoy Peanut butter make sure you have some on National Peanut Butter Lover’s Day.

# MARCH 6<sup>th</sup> IS DENTIST DAY

## What is a dentist?

**Joey** - Someone who checks your teeth.

**Victor** - A doctor for your teeth.

**Darla** - He gets your teeth clean and checks them.

**JayIn** - They brush your teeth.

**Jon W.** - A sadist with a drill. They are good for your teeth.

**MJ** - They see if you have cavities, drill and take x-rays.

## What are your thoughts about the dentist?

**Darla** - I have an appointment tomorrow. I have to get a cavity filled. In February I will have to get another one filled.

**Jon W.** - Every time my dentist starts to drill, he lets out a maniacal laugh. That's what I remember. I might have an impaired memory.

**Jon R.** - Eewww!

**Joey** - I don't mind going to the dentist. It helps my teeth. That way I'll always have good chompers.

**Donald** - I go there to get my teeth checked. There is a woman there who checks my teeth.

**Ernie** - I am scared of the dentist.

**Jayann** - I am not scared anymore.

**Robyn** - I don't mind the dentist. As long as I'm getting my teeth cleaned it doesn't matter.

**Dan** - The dentist is a necessary evil. It would not be my job of choice.

**Danielle** - I don't like going to the dentist because of the needle part.

**Kate** - I agree with Dan, the dentist is a necessary evil, we need to keep our teeth clean. But I go under protest.



Picture by Aaron



Picture by Jonathan R.

# FIRST DAY OF SPRING

The First day of Spring is on Tuesday March 20<sup>th</sup>. Every year Rita's Italian ice gives out free samples of their delicious Italian ice. In Spring flowers start to bloom. The air starts to smell fresher. You can enjoy going to the Park. You can start to plant a garden. See the Cherry Tree blossom. Have a picnic. Take a Hike or jog outside. Play softball or ride a bike. Someone can sit outside at a Café or

go to a farm to see the animals. Can possibly go horseback riding or play outdoor sports like Golf, Tennis, etc. Jump in puddles or get dirt under your nails. Climb a tree or even blow bubbles outside. You can lay on the grass on a blanket. When Spring starts people's mood change with the hope of renewal of Mind, Body and Soul and especially Nature. To feel the sunshine on your face, and a warm breeze in your hair. To begin to once again enjoy the great outdoors after what seem to be a very long and cold winter is rejuvenating.



Picture by Gretchen

# International Women's Day



Picture by Aaron

International Women's Day is celebrated on March 8th every year. It celebrates and honors women's rights activists. 2018 marks 100 years since the Representation of the People Act passed in 1918, allowing women over the age of 30 to vote. It has been officially celebrated by the United Nations in March ever since 1975.

The #MeToo movement in the United States is reemerging in other English-speaking countries and #YoTambien in Mexico, Spain, South American and beyond, #QuellaVoltaChe in Italy, #BalanceTonPorc in France and #Ana\_kaman in the Arab States, support for women's rights has definitely increased.

This day provides an opportunity to empower women and celebrate activists working to attain women's rights on a global scale.

Jon W. - Chicks rule!

Victor - I think women should do more kissing than they do.

Jon W. - Women have not been president in the USA, yet. Are there co-ed professional sports? It is hard to get past the physical differences. Men are incapable of bearing children physically. And mentally, it would drive them nuts. I think women should ask guys out on dates. Women should hold doors for guys. Common courtesies should go both ways.

Joey - Men tend to be physically stronger than women.

Nick - I think having International Women's Day is a bad thing. We should have an International Men's Day. That would be much better.

Joey - I am a guy, but I would still find it ok, even though I am a dude. I think there should be an International Men's Day.

Jon R. - I think it is a good thing having International Women's Day.

## NATURAL AND GARDEN



Garden & Nature Class taking advantage of the nice weather in February. We are starting to clean up the Garden to get ready for some planting this year. We also collected the old Marigold Pods from last year to get the Seeds to replant. We are excited to watch our Garden grow into something Very edible this year.



# Tolkien Reading Day



Picture by Stephany

If you know of Frodo Baggins, Samwise Gamgee and Gandalf the Grey, you may have once entered the world created by J.R.R. Tolkien. He is a fantasy writer. He wrote the *Hobbit*, and a trilogy: *The Lord of the Rings*, *The Two Towers* and *The Return of the King*.

The trilogy is about a mission walking to a volcano to destroy one ring. Because that is an evil ring, created by Lord Sauron to control all others.

One ring to rule them all, One ring to find them, One ring to bring them all, And in the darkness bind them.

The ring has markings on it that you can only see when it is in the fire. Bilbo Baggins had the ring, and it delayed his aging process.

**Tolkien Reading Day** is on the 25<sup>th</sup> of March each year, to celebrate and promote the writings of J.R.R. Tolkien. It was founded by The Tolkien Society.

In late 2002, journalist Sean Kirst asked The Tolkien Society if there was any day devoted to readings from the trilogy. The Tolkien Society committee liked the idea, so they announced that the March 25<sup>th</sup>, 2003 would be the very first "Tolkien Reading Day". March 25<sup>th</sup> was chosen by the Society as the "auspicious" date of the destruction of the One Ring and the Downfall of Sauron as recorded in *The Lord of the Rings*. It has been held annually ever since.

**Joey** - A hobbit is a short guy who has really hairy feet.

**Jamie** - I like movies that are not so long.

**Darla** - I don't watch TV that much.

**Joey** - I own all three movies. I am visual, I like his works. I would read the books, sometime.

**Jon W.** - I would read Tolkien if I didn't already have scads of other things I want to read.

**Jon R.** - I have not read Tolkien, but I liked the movies.

## Spanish Class Guest Speaker Ramiro Velasco from Colombia



Ramiro Velasco, born in Colombia, he is an eclectic contemporary artist that touches on several art genres. His unique style of painting is figurative, semi abstract and includes the human figure, still life, music instruments and folklore themes, his works portray the colors and simplicity of the Amish people, works that can be found in his book *Amish Country*. As true expressionist, he gets his inspiration

from the world around him, such as the landscape, cornfields and sunsets. Like any artist, Ramiro uses acrylic and oil paint on canvas and occasionally he incorporates paper and wood into his craft.

He came to AE Spanish class, to bring some music and talent to the class by

sharing his music and the participants sang with him and using some instruments like maracas, tambourines and the rain stick .



## SCRAMBLED WORDS

1. YARPIDTCAKSS
2. DSBIR YFNGIL  
RTHON
3. GNERE
4. GRISNP EALNGNIC
5. KTAE A KLWA
6. WMERRA HTEWEA
7. PLISTU
8. SINGPR VEERF
9. MABL
10. NOLI

## ANSWERS:

ST PATRICKS DAY, BIRDS FLYING  
NORTH, GREEN, SPRING  
CLEANING, TAKE A WALK,  
WARMER WEATHER, SPRING  
FEVER, LAMB, LION, TULIPS

## BRAIN BUSTERS

As we started to write our article, one of the members of our class raised their hand and said, "Come to Brain Busters, because it makes you think and it's fun!" As we talked more about the class, our participants had a lot to say. They said: Brain busters helps us to focus on topics and learn new things. We've done Star Wars: Rogue One, that was Elliott's favorite class. Brian added, we get to answer sports questions sometimes. Some of the other things the class said were, "We get to learn about old TV shows and comedies. Sometimes we answer questions on what we watch. And we, the participants get to pick the topics." Another class member added that the staff in the class are cool and so is Gumby, he was our topic this week. The class wondered if you could answer some of the questions they were given, so we've added a few questions for you to try.

True or False: Gumby was originally a three-minute film based on the feature film Fantasia. (True)

True or False: Gumby's feet are wider to balance out the shape of his head. (False, it was to ensure he could stand)

True or False: The "Gumby" movie (1995) was a huge success. (False, it was a bomb, making only \$57,100.00)

## HOW DID YOU DO?



## Science Class

In Science, Rosie asked if we could make a booklet of different fruits and vegetables. Some we have included so far, are: Avocado, Carrot, Clementine, Lettuce, Parsley, Pineapple, Sweet Potato and Tomato. We are trying to grow Avocado trees from seeds. We learned they make good

house plants. We cut the top off water bottles, filled them with water and set the top back on upside down. Then we placed a seed, wide end down, into each inverted top.

We try to keep the seed covered  $\frac{1}{2}$  -  $\frac{3}{4}$  of the way with water. We learned that if the seed is peeled, it will grow more quickly. Some of us peeled our seeds. If the water becomes dirty, we wash out the bottle and replace the water. We rinse and wipe off the seed then return it to the cleaned bottle. We are eager to see how they grow.



# MOVERS AND SHAKERS CLASS

## Drum Yoga Ball



Mover and Shaker class is fun, the participants are learning about rhythm and how it relates to physical activity by drumming and moving in time to a beat. "Drumming With Fitness" is a fun way to motivate the participants to move and groove as well as provide health benefits – physically, mentally, emotionally, socially, and most of all it is FUN!!! All the participants enjoy and have fun participating improving their fitness.



### MARCH FLOWER OF THE MONTH DAFFODIL

In Spring, flower usually start to bloom, also leaves on the trees grow, and some people start a Garden. In Spring Butterflies are born. The air smells fresher and cleaner due to all the different scents and aromas for the flowers and trees.



#### DAFFODIL

Nothing signals spring like a bundle of bright daffodils poking through the late-season snow. It's with good reason, then, that daffodils carry meanings of rebirth and rejuvenation. Those with March birthdays are lucky to call the daffodil their own.

## STRANGER DANGER



We had the opportunity to invite Officer Natalie Littlehale from the Lancaster County Police Dept. She came to talk about the dangers of strangers and the internet. We discussed many issues with the internet and being alone. If a stranger were to approach you when you are waiting for a bus or your ride. It is always best to be around a lot of people if you feel unsafe. Never talk to strangers!!!! Thank you for all you do Lancaster County Police Dept.

## RED CROSS MONTH



Picture by Shaun



Picture by Jessenia

Every eight minutes, the American Red Cross brings help and hope to people in need, thanks to heroes like you. Whether you donate funds, donate blood or volunteer, we depend on your support to make a difference in communities across the country. March is Red Cross Month, a time when the American Red Cross honors our nation's heroes who help people in need in their community, across the country and around the world. More than 300,000 of these heroes help families find shelter after a home fire. They donate blood to help trauma victims and cancer patients. They deliver comfort items to military members in hospitals around the world. They use their lifesaving skills to save someone from a heart attack, drowning, or choking. They volunteer their time to help those in need. During Red Cross Month, become a hero too.

Join the Red Cross

1. Become a Red Cross volunteer. You can help in your local community
2. Give blood and help a patient on their road to recovery.
3. Take a class; be able to help during an emergency.
4. Make a plan. Develop a preparedness plan with members of your household.
5. Make a financial donation. Your support will allow us to help those in need.

# Meet Gretchen!

Questions By: AE  
Newsletter Group

**1. What is your favorite music to listen to?**

The radio. I like Christmas songs.

**2. What are your favorite movies?**

like funny ones.

**3. What is your favorite food?**

Spaghetti

**4. What is your favorite animal?**

Dogs. I had a dog named Baby Doo.

**5. What is your favorite TV show?**

Scooby Doo

**6. What is your favorite color?**

Red

**7. What is your favorite holiday?**

I like getting candy. Christmas

**8. What is your favorite place to eat out?**

McDonalds

**9. Do you have siblings?**

Cory, Wendy, and Mindy has a turtle



## DAYLIGHT SAVINGS TIME REMINDER



Picture by Benessia

March 11<sup>th</sup> is when Daylight Savings Time begins. So remember to Spring your clock forward an hour on Saturday March 10<sup>th</sup>. We will lose an hour, so make sure you get to bed early that Saturday.

## NATIONAL SOMETHING ON A STICK DAY



Observed each year on March 28, National Something on a Stick Day is a food holiday that let you use your creative talents. Once you get started,

the possibilities are endless. Food that comes on a stick are fun and easy to eat. SOMETHING ON A STICK DAY is on March 28, 2018. There are so many things that you can eat on a Stick. There's popsicles, and meat and cheese kabobs, brownie and marshmallow cubes on a stick, mini burger on stick, mini pizza on a stick. Also you can even eat salad on a stick. There is also corn dog on a stick. There's sushi pops, Chicken nuggets on a stick. You can practically put any meat, vegetable and/or fruit on a stick. Bacon wrapped potatoes on toothpicks. Using sticks are a good and easy way to grill, broil, or cook food.



**March 3<sup>rd</sup> Susan C.**



**March 4<sup>th</sup> Cindy T.**



**March 5<sup>th</sup> Trista S.**



**March 7<sup>th</sup> Jayln W.**



**March 14<sup>th</sup> Tania C.**



**March 24<sup>th</sup> Ben M.**



**March 25<sup>th</sup> Rosalie S.**

# WORD SEARCH

E D P C Z L L Z R K S U S H N D K K J E  
L U L U H U S S N H A T A U C T C X E L  
K C A T C I Y M A D P E A A S T R J N V  
C K P K Q F C M S A G H R O M J O N M H  
U L Y O X I R K T T C L R B R S C A N A  
S I D O T O A R S E N F W X G P U G D L  
Y N C B C O I L R T E B C X B N S N J Q  
E G I K M C F P D D D A F F O D I L L S  
N S M W K A E G S P E E P S H W F R E X  
O A Z S N L L P O L L A B E S A B A P V  
H G D U O M H Q Y L N B W I L K Q X N S  
S A Z Q I S Z M Y S D F F N U M L Z Z K  
Y R J N L U V R C S J I N N P N Q J B N  
W J E D G A E U S J Z V R U L C P B M R  
X H U W E K A V N J O K O B F E D S X B  
F U Z C O H D K L R E F T U T Q D Z J L  
B I B N T L X X R M F P U P Y N Z I W Q  
S P R I N G F E N O T S Y E N R A L B L  
E B Y Y K J I F T C C C M Y N E S H V O  
U N D B E T F L L Z Q Z M A G K C C Q T

**BASEBALL**

**CHICKS**

**DEFROST**

**HONEY SUCKLE**

**LION**

**POT OF GOLD**

**SPRING BREAK**

**BLARNEY STONE**

**CROCUS**

**DUCKLINGS**

**LAMB**

**LUCKY**

**SHAMROCK**

**ST PATRICKS DAY**

**BUNNIES**

**DAFFODILLS**

**FLOWERS**

**LEPRECHAUN**

**PEEPS**

**SPRING**

**WIND**

# MARCH 2018

## MONDAY

- Current Events: Beth/Cindy
- Arts & Crafts: Amparo
- Independent Living Skills (ILS) Tania
- Newsletter: Amparo - Cindy & Tania
- World Cultures: Tina
- Creative Expression: Beth
- Acting: Cindy

## TUESDAY

- Current Events: Beth/ Tania
- Spanish: Amparo
- Health & Wellbeing: Beth
- Dance: Tania
- Virtual Travel: Cindy
- Social Club: Tina
- Book Club: Beth
- Creative Thinking: Tina
- Outing

## WEDNESDAY

- Current Events: Cindy, Tina
- Classic Viewing: Tania
- Social Club: Cindy
- Wildlife: Tania
- History: Beth
- Science: Cindy
- Music Appreciation.: Beth
- Danceexercise: Tania
- Outing

## THURSDAY

- Current Events: Tania, Tina
- Chorus: Alyssa
- Movers & Shakers: Amparo
- Garden & Nature: Tina
- Keyboard: Alyssa
- Bain Buster: Beth
- Photography: Amparo

## FRIDAY

- Current Events: Beth, Tina
- Arts & Crafts: Amparo
- Home Economics: Tina
- Group Games: Beth & Amparo
- Movie Club: Tina
- Photography: Amparo



Picture by June



Picture by Wendy



Picture By Wilfredo

- 1
- Chorus: /Movers & Shakers:
  - Lunch
  - Garden & Nature: Waterfalls / Keyboard:
  - Brain Busters: The Go Gos/ Photography: Newsletter Pictures

- 2
- A&C: Jewelry / Home Ec.: All about Me
  - Lunch
  - A-Group Game: Dart Board / B- Group: Balloon Smack Movie Club
  - Movie of the week
  - Photography: Newsletter Pictures

- 5
- A&C: Popsicle Stick Shamrock /ILS: Troops
  - Lunch
  - World Cultures : Alabama / Newsletter:
  - Acting Class: Dish Ran Away / Creative Expression: Starry Night

- 6
- Spanish: Months & Seasons/ H&WB: Healthy Snack Trivia
  - Lunch
  - Dance: Alicia Keys / Virtual Travel: Rolls Royce
  - Social Club: Seed Bombs
  - Creative Thinking: Helen Keller / Book Club: Harry Potter

- 7
- Classic Viewing: Sister, Sister/ Social Club: March Madness-B-Ball
  - Lunch
  - Wildlife: Skunk /History: Gettysburg Time Travel
  - Science: Easter Arrangement/Music Bio.: Stevie Wonder / Danceexercise : Alicia Keys

- 8
- Chorus: /Movers & Shakers:
  - Lunch
  - Garden & Nature: Rainforest / Keyboard:
  - Brain Busters: Roseanne / Photography: Newsletter Pictures

- 9
- A&C: Popsicle Stick Shamrock / Home Ec.: Safety
  - Lunch
  - A-Group Game: Hot Potato/B- Group:Mad Libs /Movie Club A-Group Game: /B
  - Group Movie of the week
  - Photography: Newsletter Pictures

- 12
- A&C: Pom pom Chick & Bunnies /ILS: Chair/snack
  - Lunch
  - World Cultures : Washington/ Newsletter:
  - Acting Class: Night of the Blizzard/ Creative Expression: Starry Night

- 13 **OUTING- Olive Garden**  
Lynn, Trista, Sam, Angela, Marta, Glen, Melissa, Grace
- Spanish: Games /H&WB: Face Mask
  - Lunch
  - Dance: Aguilera / Virtual Travel: Logging Truck
  - Social Club: Leprechauns/ Creative Thinking: Helen Keller /Book Club: Harry Potter

- 14
- Classic Viewing: Mr. Belvedere /Social Club: Puzzles
  - Lunch
  - Wildlife: Ocelot /History: Gettysburg Time Travel
  - Science: Exploring Space /Music Bio.: Osmond Brothers/ Danceexercise: Aguilera

- 15
- Chorus: /Movers & Shakers:
  - Lunch
  - Garden & Nature: Bird Feeders /Keyboard:
  - Brain Busters: Gilligan's Island / Photography: Newsletter Pictures

- 16 **Movie Outing Group 2**  
Donald, Shelly, Katie H., Dareek
- A&C: Pom pom Chick & Bunnies / Home Ec.: BINGO
  - Lunch :
  - A-Group Game: Fishing/ B-Group: Table Bowling
  - Movie Club Movie of the week
  - Photography: Newsletter Pictures

- 19
- A&C: Easter eggs Marble paint /ILS: Math
  - Lunch
  - World Cultures : Canada/ Newsletter:
  - Acting Class: Click, Click Cows/ Creative Expression: Rabbit Door Decorations

- 20
- Spanish: Numbers & Sample Math /H&WB: Carrot Garland
  - Lunch
  - Dance: Jitterbug / Virtual Travel: Jeep
  - Social Club: Emotions /Creative Thinking: All about Me / Book Club: Easter Jars

- 21
- Classic Viewing: Batman /Social Club: Truth or Dare
  - Lunch
  - Wildlife: Honey Badger/ History: Rabbit Garland
  - Science: First Day of Spring / Music Bio.: Easter Jars / Danceexercise: Jitterbug

- 22
- Chorus: /Movers & Shakers:
  - Lunch
  - Garden & Nature: National Parks /Keyboard:
  - Brain Busters: Decoupage Easter Eggs / Photography: Newsletter Pictures

- 23
- A&C: Easter eggs Marble paint / Home Ec.: Respecting Others
  - Lunch :
  - B-Group Games: Tic Tac Toe /B- Group Games: Sock Rabbits
  - Movie Club Movie of the week
  - Photography: Newsletter Pictures

- 26
- A&C: Easter Chick & Bunnies paper plate /ILS: Count \$/ Bingo
  - Lunch
  - World Cultures : Earth/ Newsletter:
  - Acting Class: Jerusalem Report/Creative Expression: Starry Night

- 27
- Spanish: Times & review / H&WB: Chair Yoga/Games
  - Lunch
  - Dance: Beach / Virtual Travel: Trains
  - Social Club: Questions & Answers /Creative Thinking : Patterns & Shapes / Book Club: Harry Potter

- 28 **OUTING- Art Show Bagels**  
Kate, Jayann, Rosie, Mac, Ben M, Trevor, Jimmy, Destiny
- Classic Viewing: What's Happening /Social Club: Interviews
  - Lunch
  - Wildlife: Rhino /History: Andrew Jackson
  - Science: Dye Eggs Naturally/Music Bio.: John Denver / Danceexercise: Beach

- 29
- Chorus: /Movers & Shakers:
  - Lunch
  - Garden & Nature: Deer / Keyboard:
  - Brain Busters: Brittany Spears / Photography: Newsletter Pictures

- 30
- A&C: Easter Chick & Bunnies paper plate / Home Ec.: Dye Easter Eggs
  - Lunch :
  - A-Group Games: Ball Toss/ B- Group Games: Disney Song Stump
  - Movie Club Movie of the week
  - Photography: Newsletter Pictures