

Adult Enrichment

active life day program

AE NEWS & FUN!!

MAY 2019



9:15 – 10:00 AM Daily Current Events MONDAY

10:00 – 11:00-----Arts and Crafts/ Free Time
Computer / Independent Living Skills (ILS).

11:00 – 12:00-----Lunch.

12:00 – 1:00-----Newsletter/ Free Time
Computer/Acting.

1:00-2:00-----Creative Expressions/
World Exploring / Acting.

TUESDAY

Outing and Regular classes every 2nd Tuesday of
the month

10:00 – 11:00-----Health & Wellbeing / Free
Time Computer / Spanish.

11:00 – 12:00-----Lunch.

12:00 – 1:00-----Virtual Travel/ Social Club / Dance.

1:00 – 2:00 -----Book Club/ Free Time Computer /
Forces of Nature.

WEDNESDAY

Outing and Regular classes every 4th Wednesday
of the month.

10:00-11:00-----Mindfulness / Free Time
Computer / Social Club.

11:00-12:00-----Lunch.

12:00 – 1:00 -----History / Free Time
Computer / Wildlife.

1:00-2:00 -----Music Appreciation/ Science.
Danceexercise .

THURSDAY

10:00 – 11:00 -----Movers & Shakers / Free Time
Computer /Chorus.

11:00- 12:00-----Lunch.

12: - 1:00 -----Garden & Nature/ Free Time
Computer / Keyboarding.

1:00 – 2:00 -----Brain Buster/ Free Time
Computer /Photography.

FRIDAY

10:00- 11:00-----Arts & Crafts/ Home Economics.

11:0 – 12:00 -----Lunch.

12:00 – 1:00 -----Group Games / Movie Club.

1:00-2:00 -----Free Time Computer.
Photography / Movie club.

Movie Outing every 3rd Friday of the month.

Daily Social Time 8:00 – 9:15 AM &
2:00 – 3:00 PM



[www.facebook.com/
Adult Enrichment Lancaster](http://www.facebook.com/Adult-Enrichment-Lancaster)

Groups for Outings

Tuesday (2nd of the month)

Group 1

Staff- Amparo & Kate E. (John)

Feb, April, June, Aug, Oct, Dec- Stephanie M, Lynn S, Gary W, Jayln W, Grace C,
Melissa G., Caryn H.

Group 2

Staff- Cindy & Lory (John)

Jan, March, May, July, Sep, Nov- Katie H, Marta P, Dewey C, Robyn F, Matt B,
Alondria S., Carly L.

Wednesday (4th of the month)

Group 1

Staff- Takeisa & Lory (John)

Feb, April, June, Aug, Oct, Dec- Bob T, Kathy S, Jon F. Josh B

Group 2

Staff- Katee & Kate E. (John)

Jan, March, May, July, Sep, Nov- Kate M, Mac C, Ben M, Allegra S, Luis H.

Friday (3rd of the month)

Group 1

Staff – Tina, Kate B.

Nov, March, June, Sept. Jesse, Donald, Destiny, Grace C, Benessia.

Group 2

Staff - Tina, Lory

Jan, April, July. Katie H., Dareek, Carlos, Jayann, Robyn, Ernie.

Group 3

Staff - Tina, Kate B.

Group 3: Oct, Feb, May, August. Carly, Marta, Matt, Jordan, David.

FROM THE DIRECTORS DESK

It is once again time for our annual spring concert and we are excited to share with you songs from “The Greatest Showman!” Light refreshments will follow the performance.

Date: Thursday, May 30th

Time: 12:00pm

Location: Manor Church

Address: 530 Central Manor Rd. Lancaster, Pa 17603

Adult Enrichment will provide transportation to Manor Church, but Parents, Family and Caregivers will be required for transportation home from the concert venue, no later than 2:30.

Thank you !

Meet Brittany!

Questions By: AE
Newsletter Group



1. Where did you go to college?

I went to Liberty University.

2. What is your favorite color?

My favorite color is turquoise.

3. What is your favorite type of music?

That's a tough one. I truly like a little bit of everything.

4. What do you like to do in your free time?

I have a dog and a cat. I like to hang out with them. I really love to cook and bake. I'll have to bring some stuff in sometime. I like to go camping, hiking, and to the beach.

5. Were you shopping for jobs before coming to Adult Enrichment?

Nope. Human resources just happened to call me by chance!

6. Do you like to paint?

When it's for a fun class, sure. I love to paint.

7. Do you like it when we write our own music?

I LOVE that! I think it shows their heart when they write music.

8. Do you play any instruments?

Yes. I play the piano, guitar, a little bit of mandolin, and a smattering of that.

9. Do you like to travel?

Yes. I just booked a trip to Mexico with my sisters-in-law.

10. Do you like to read?

Yes, I do. I like thriller books, like those written by Gillian Flynn.

SCRAMBLE WORDS

1. LEWROFS
2. METRHO YAD
3. ROEALIMM ADY
4. AYM
5. ONICC ED YMOA
6. SRAT RWAS
7. HOWHNATER
8. LIYL FO TEH LVYAEAL
9. RLDEAEM
10. LASCLI

ANSWER:

FLOWERS, MOTHER DAY, MEMORIAL
DAY, MAY, CINCO DE MAYO, STAR
WARS, HAWTHORN, LILY OF THE
VALLEY, EMERALD, LILACS

Meet Caryn and Luis!

Questions By: AE
Newsletter Group



Caryn

- 1. Where are you from?**
I am from Landisville.
- 2. Do you have any brothers or sisters?**
I have two sisters and two brothers-in-law. My sisters' names are Katie and Emily. My brothers-in-law are Darren and Caleb.
- 3. Do you listen to music? What's your favorite kind of music?**
Yes, I do. I listen to Christian music.
- 4. What is your favorite movie?**
Oh, boy! I love Moana!
- 5. Do you like restaurants? Which one is your favorite?**
Yes, I do. I love Olive Garden.
- 6. Do you have any pets?**
I have no pets.
- 7. Do you have any hobbies?**
I do tennis, softball, and bocce.
- 8. What is your favorite sport?**
I love baseball and tennis.
- 9. Do you go to the beach?**
Yes. We usually go to the Outer Banks, South Carolina. We have a beach house in Maryland.
- 10. What's your favorite TV show?**
I love America's Funniest Home Videos.

LUIS

- 1. What school did you go to?**
I went to Manheim Township.
- 2. What made you decide to start coming here?**
We just started services, so we had to choose between Friendship Community and here. I decided to go to both!
- 3. Do you like to go to the movies? Which movie is your favorite?**
Yes. I love The Lion King and am looking forward to the new version of this movie!
- 4. Do you have any brothers and sisters?**
I have one brother. His name is Andreas.
- 5. Do you like sports?**
Yes, I like to watch football.
- 6. Do you have any hobbies?**
I enjoy writing. I also like to volunteer at my church.
- 7. Do you have any pets?**
No, I don't have any pets.
- 8. What's your favorite game to play?**
I love to play Heads Up.
- 9. Do you go to the beach?**
Nope.
- 10. What do you like to do for fun?**
I like to write and volunteer at my church. I'm a pretty simple guy.



Star Wars Day is May 4, 2019. Some of the famous characters from the movies are Darth Vader, Princess Leia, Yoda, Chewbacca, Luke Skywalker, Kylo Ren, Han Solo, C3P0, R2D2, and Rey. The characters use light sabers to fight off people. It was originally a trilogy. But since then, there are nine movies in the series.

In order to celebrate Star Wars Day, people dress up as characters. They pretend to fight with light sabers. They also watch the movies. So far, the franchise has made \$4 billion. That's a lot of money!

In the movies, Darth Vader is the bad guy. He tries to catch Luke Skywalker so that he can get the power Luke has. In a bizarre twist, Darth Vader ends up being Luke's and Princess Leia's father. Throughout the movies, the Jedi characters try to fight off the evil forces.

Our favorite characters from Star Wars are as follows:

Jacob: Yoda

Jon W: Yoda

Christina: Darth Vader

MJ: I don't watch the movies, so I don't have one.

Derek: Chewbacca

Kathy: Han Solo

Gretchen: Luke Skywalker and Princess Leia

Victor: Chewbacca

Memorial Day

Memorial Day occurs on May 27, 2019. It is an American holiday that celebrates people who have served in the military. In May 1868, General John A. Logan, who served in the Civil War, issued a decree that May 30th should become a nationwide day of commemoration for the soldiers who had been killed in the Civil War. It became an official holiday in 1971. Memorial Day is frequently celebrated with picnics, cook-outs, and family get-togethers.

War movies:

Schindler's List

Forrest Gump

Pearl Harbor

Gettysburg

North and South





National Paper Airplane Day

Get ready to leave on a jet plane on May 26, 2019! John Denver sings a famous song about leaving on a jet plane. What we like about making paper airplanes include a cure for boredom, they're relatively easy to make, and they're fun! The distance record (226 feet, 10 inches) was set by Joe Ayoob, with a plane constructed by John Collins, in February

2012 In Photography class, we flew paper airplanes as part of a contest. We threw them outside in the lawn for the contest. We also made some paper Airplanes in class.

Unfortunately, we weren't able to participate in this great holiday while we were in school. But we are glad we did it here at program! To celebrate national paperwork day, we should help others make paper airplanes and then let them fly in the air.

We should also throw them up in the air!



CINCO DE MAYO

Picture by Chris



Cinco de Mayo is celebrated each year on the fifth of May. It celebrates the independence that the Mexicans won over the French in the Battle of Puebla. The Mexicans celebrate by shaking pinatas, having fiestas, putting on firework displays, and listening to Spanish music. We listened to some Mexican music, and it seems to have a lot of good beats!

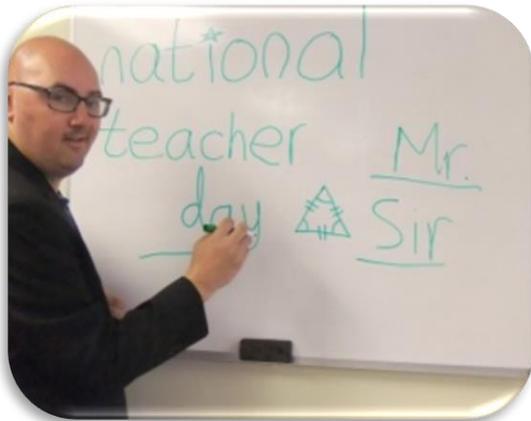
National Fruit Cocktail Day

National fruit cocktail day is May 13, 2019. They could be considered very healthy since we are supposed to eat a lot of fruit. You can make fruit cocktails with a lot of different types of fruit. Winter fruits that are in season: lemons and oranges. Spring fruits that are in season: apricots, mangos, and strawberries. Summer fruits that are in season: peaches, nectarines, plums, and raspberries. Fall fruit that are in season: apples, cranberries, and pears. If we were to make a fruit cocktail, we would put the following fruits in:

- Kathy:** strawberries
- Derek:** watermelon and kiwi
- MJ:** cherries
- Christina:** oranges
- Jon W:** mango
- Jacob:** apples
- Victor:** bananas
- Gretchen:** apples



Picture by Esther



NATIONAL TEACHER DAY

National Teacher Day is May 7, 2019. It has been celebrated since 1953, when Eleanor Roosevelt persuaded Congress to name a National Teacher Day.

How do we like to learn?

We like to watch movies, make things, and see demonstrations.

In 1944, Mattye Whyte Woodridge met with Eleanor Roosevelt to form the first National Teacher Day in 1953.

Some of our favorite teachers:

Jamie – I liked my 7th grade teacher, Ms. Lyle. She was very nice.

MJ – I liked Mrs. Walker. She was a fun and nice teacher.

Kathy S. - I liked Mrs. White. She taught us math and reading. She was very nice and she explained things well.

Jon W.- I was my favorite teacher (I was homeschooled and self-taught). I spent a lot of time at the library learning from books.

Gretchen – I like Keisha. She's funny.

Victor – I liked Beth as a teacher. My favorite class was Creative Expressions.

Mother's Day

Mother's Day is May 12, 2019.

How do we celebrate Mother's Day?

Victor – give her flowers

Kathy S - Take your mother out for lunch. My brother would give her flowers.

Jon W. - Give your mother breakfast in bed

Jamie – Take her to Park City Diner and make her a card.

Derek – Give her a pencil with flowers on it.

Gretchen – take care of her and pamper her.

The American incarnation of Mother's Day was created by Anna Jarvis in 1908 and became an official U.S. holiday in 1914.



Picture by Caryn

MAY 2019

WORDS SEARCH

S D Z K K Z I Y H F E P Y B F Z O Z M A Y
P P S O F M C O Y J R A A M J R U J J V Z
O E R C M Y X J Q E X P D P X W T Y A A G
Y Y V I T T M H H B S E R M Z Q P H K G C
Y Z A A N V X T V T O R E U A J V U U O S
S L O M A G A C A R E A H G X T B E L W D
A X Q G E E C R K T H I C T Z K I A B S S
E N M C W D W L L O X R A S G S Y V A U R
N N K M N A O T I U V P E E P C G B K F Q
P I R R R W R C E N G L T N Z B V P E N V
F A T S O P P D N Q I A E R Z R Y W D C W
W L D I C I A E I I C N W O I Q A Z B P Z
H A Y S M N R S I T C E G F R T R X E I N
Y O W T O Y A D L A I R O M E M V S A C O
P D T M H N G P M O T H E R S D A Y N N U
V P E D D E G N I R P S M T F L N V S I G
Y L M A O C F F D S R E G R U B M A H C E
F N L K D G M L Q N L F L O W E R S F S I
D S N J W B S B A O H D K Y A Y I N T S G
V O H U V T D S N G J T M X D R I A M C E
I H T F S I X E F A D R J P J P C B E S J

BAKED BEANS

FLOWERS

HAMBURGERS

MEMORIAL DAY

PICNICS

SPRING CLINING

TEACHER DAY

CINCO DE MAYO

FLY THE FLAG

HOT DOGS

MOTHERS DAY

SANDALS

STAR WARS DAY

WARM WEATHER

CORN

FORNEST GUMP

LEMONADE

PAPER AIRPLANE

SPRING

SUNNY

WATERMELON

HAPPY BIRTHDAY



May 1st Grace C.



May 4th Stephanie M.



May 1st Staff- Kate E.



May 16th Allison A.



May 13th James C.



May 8th Staff- Symone S.



May 19th Robert T.



May 27th Kathy S.

MAY 2019

MONDAY •Current Events: <u>Katee & Keisha</u> • Arts & Crafts (A&C): <u>Amparo</u> • Independent Living Skills (ILS) <u>Keisha</u> • Newsletter: <u>Amparo</u> - • World Exploring: <u>Tina</u> • Creative Expression • & Acting: <u>Cindy</u>	TUESDAY • Current Events: <u>Cindy & Tina</u> • Spanish: <u>Amparo</u> • Health & Wellbeing: <u>Katee</u> •Dance: <u>Keisha</u> • Virtual Travel: <u>Cindy</u> •Social Club: <u>Tina</u> • Book Club: <u>Katee</u> •Forces of Nature: <u>Tina</u> •Outing	WEDNESDAY •Current Events: <u>Cindy & Tina</u> •Mindfulness: <u>Tina</u> •Social Club: <u>Cindy</u> •Wildlife: <u>Katee</u> •History: <u>Katee</u> •Science: <u>Cindy</u> •Music Appreciation: <u>Keisha</u> •Dancercise: <u>Keisha</u> •Outing	THURSDAY • Current Events: <u>Tina & Keisha</u> • Chorus: <u>Brittany</u> • Movers & Shakers: <u>Amparo</u> •Garden & Nature: <u>Cindy</u> •Keyboard: <u>Brittany</u> • Bain Buster: <u>Keisha</u> •Photography: <u>Amparo</u>	FRIDAY •Current Events: <u>Katee & Cindy</u> •Arts & Crafts: <u>Amparo</u> •Home Economics: <u>Tina</u> •Group Games: <u>Amparo/Katee</u> •Movie Club: <u>Tina</u> •Photography: <u>Amparo</u> •Outing
		1 •Mindfulness: Social Behavior /Social Club: May Day •Lunch •History: / Dancercise •Music App: / Science: Tar Pit/ Wildlife:	2 • Movers & Shakers / Chorus • Lunch •Garden & Nature: Watermelon Seeds/ Keyboard: • Brain Buster: / Photography: Take pictures for newsletter articles.	3 •A&C: Make Banner • / Home Economics: Irish Pot.Famine •Lunch •A-Group Games: Wii Bowling / B-Group Games: •Movie Club: Movie of the week / Photography: Take pictures for newsletter articles.
6 • A&C: Tea Cup Flowers/ ILS: • Lunch • Newsletter: / Acting: Mom IOU Everything World Exploring: Easter Island • Creative Expression: Gala Painting /	7 •Spanish: New Vocabulary/ H&WB: •Lunch •Dance: / Virtual Travel: Horses/ Social Club: Ice Breakers Force of Nature: Thunder Storms / Book Club: Harry Potter	8 •Mindfulness: Red Cross /Social Club: Fruit & Nuts •Lunch •History: / Dancercise •Music App: / Science: Pumpkin Seeds / Wildlife:	9 • Movers & Shakers / Chorus • Lunch •Garden & Nature: Prepare Soil/ Keyboard: • Brain Buster: / Photography: Take pictures for newsletter articles.	10 •A&C: Mothers Day Card/ Home Economics: Snicker Doodles •Lunch •A-Group Games: Guessing / B-Group Games: •Movie Club: Movie of the week / Photography: Take pictures for newsletter articles.
13 • A&C: Soda bottle Bird feeders / ILS: • Lunch • Newsletter: / World Exploring: Cat Island • Creative Expression: Gala Painting / Acting: Old Mother Hubbard	14 OUTING- Movie Cindy & Lory (John) Katie H, Marta , Dewey C, Robyn, Matt B, Loni, Carly L. •Spanish: Questions/ H&WB: •Lunch •Dance: / Virtual Travel: School Bus / Social Club: ISL Lesson Force of Nature: Dust Bowl/ Book Club: Harry Potter	15 •Mindfulness: Food is Medicine /Social Club: Scavenger Hunt •Lunch •History: / Dancercise •Music App: / Science: Garden Prep / Wildlife:	16 • Movers & Shakers / Chorus • Lunch •Garden & Nature: Sweet Potato Slips / Keyboard: • Brain Buster: / Photography: Take pictures for newsletter articles.	17 •A&C: Soda bottle Bird feeders/ Home Economics: BINGO •Lunch •A-Group Games: Marshmallow Spaghetti Tower / B-Group Games: •Movie Club: Movie of the week / Photography: Take pictures for newsletter articles.
20 • A&C: Soda bottle Bird feeders / ILS: • Lunch • Newsletter: / World Exploring: Bora Bora • Creative Expression: / Acting: The Greatest Showman	21 •Spanish: Summer Vocabulary/ H&WB: •Lunch •Dance: / Virtual Travel Helicopter Social Club: Deep Sea Force of Nature: Killer Waves / Book Club: Harry Potter	22 OUTING- Park city Mall Katee & Kate E.(John) Kate M, Mac C, Ben M, Allegra S. •Mindfulness: Bubble Wrap Painting /Social Club: The Beach Boys •Lunch •History: / Dancercise •Music App: / Science: Bald Eagles / Wildlife	23 • Movers & Shakers / Chorus • Lunch •Garden & Nature: Plant Morning Glories/ Keyboard: • Brain Buster: / Photography: Take pictures for newsletter articles.	24 •A&C: Soda bottle Bird feeders/ Home Economics: Mindful Eating •Lunch •A-Group Games: Bingo / B-Group Games: •Movie Club: Movie of the week / Photography: Take pictures for newsletter articles.
27 <div style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;"> MEMORIAL DAY CLOSED </div>	28 •Spanish: Games/ H&WB: •Lunch •Dance: / Virtual Travel Wheelchair Social Club: Tell Time Force of Nature: Air Pollution / Book Club: Harry Potter	29 •Mindfulness: Art Therapy /Social Club: Wiffel Ball •Lunch •History: / Dancercise •Music App: / Science: Making Crystals / Wildlife:	30 <div style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;"> SPRING CONCERT </div>	31 •A&C: AE Birthdays Cards/ Home Economics: Table Manners •Lunch •A-Group Games: Ball Toss/ B-Group Games: •Movie Club: Movie of the week / Photography: Funny Videos