

November Birthstone

Researched by: Ben Walker

TOPAZ



Topaz is a gemstone available in a rich rainbow of colors. Prized for several thousand years in antiquity, all yellow gems in antiquity were called topaz. Often confused with citrine quartz

(yellow) and smoky quartz (brown), quartz and topaz are separate and unrelated mineral species. The most prized color of topaz is called Imperial topaz after the Russian Czars of the 1800s and features a magnificent orange body color with pinkish undertones. Topaz also comes in yellow, pink, purple, orange, and the many popular blue tones.

The healing properties of the November birthstone are reputed to be effective for health problems relating to sanity, asthma, gout, blood disorders, tuberculosis and insomnia. The Topaz is also used to enhance spiritual rejuvenation and feelings of happiness. Brazil is the largest producer of topaz, the most notable source being the Minas, Germanys region. Gems are also found in Russia, the Ukraine, Pakistan, Scotland, Japan and Sri Lanka. In the United States, the gemstones have been found in Colorado and California.

Topaz was once thought to strengthen the mind, increase wisdom, and prevent mental disorders. It was thought to guard against sudden death. Powdered topaz added to wine was used to prevent asthma and insomnia. A cure for weak vision called for immersing the stone in wine for three days and nights, then rubbing the liquid on the eyes.

November Birth Flower

Researched by: Ben Walker

Sign of the Zodiac and Dates: Scorpio - October 24 - November 22 Sagittarius – November - 23 - December 22

CHRYSANTHEMUM



The meaning of the November Birth Flower, the Chrysanthemum is With Love and Cheerfulness.

OMINOES

The History and traditions surrounding the November Birth Flower, the Chrysanthemum is fascinating. There are many myths and legends about the origins of this tradition. It is believed that birthday celebrations originated in the Roman Empire and the origins of birth month flowers, such as the Chrysanthemum, could be said to date back to these times. During Roman birthday celebrations family and friends offered congratulations and brought gifts. The gifts included gemstone jewelry, such as the Topaz, and also flowers - the first traditions and origins of the November birth flower.

Thanksgiving and Family Contributed By Ernie McClain

Thanksgiving is a time for family and friends. It's a great time to catch up with family. It's a great time to meet new people. This Thanksgiving I will be celebrating with 4 different family

and friends. I enjoy spending my time with my nephews and nices. My favorite foods to eat at thanksgiving: mac and cheese, meatloaf, candied yams, and gravy. One of my favorite things we do on Thanksgiving is put pictures of my mom around the table. We like playing Dominos.



spotlight interview



- 1. What is your favorite TV show as a kid? Blue Clues
- 2. Name one thing you would change about yourself. A Different name: Crystal, Claudia, Rainbow, Butterfly
- 3. What is your favorite movie? Chronicles of Narnia
- If you had a time machine, what is one thing you would change? My childhood; so I could do ballet and girl scout.
- 5. Do you have a nickname, how did you get it? Lulu, mom calls me that.

Questions asked by the Adult Enrichment group; On Laura Sauder

- 6. What was your favorite toy as a kid? Blanket
- 7. What's your favorite color? Turquoise
- 8. What kind of vacations do you like? Rehoboth Beach
- 9. What is your Favorite day of the week? Thursday – Chorus day in AE
- 10. What is your favorite ice cream flavor? Strawberry
- 11. What are some things that scare you?To be trapped in the basement with no food and water
- 12. What is your favorite AE class? Chorus / Keyboarding



It's about a inventor and several friends that help him along the way It's was full of action and adventure. My favorite part was making a plan to get the machine. It was when they were making a piece of cake. I did like Strawberry, she was pretty cute. The food animals were pretty cute. I recommend you see the movie and give it 5 stars up.

"AUNT HAZEL'S TRIP TO PENNSYLVIA"

Contributed by Dewey Coplin

Aug-06,2013 at about 5:00 pm my Aunt Hazel got to Tammy, my sister and Joe, brother-in law's house where we had dinner and talked about her trip out here. She had had a wonderful flight.

Aug-12, Tammy, Joe, Mom, and I went to Tammy and Joe's for dinner, then to Rita's for frozen treats. That was my first time there. (I don't think I'll be back, since there's no indoor seating or public restroom.)

Aug-16, It was back to Tammy's again for dinner and to say goodbye to Justin, my nephew who's going back to Japan for a while, but will return. As for Aunt Hazel, she'll be here a little while longer.

Aug-21, We went to Olive Garden for all you can eat pasta. It was surprisingly filling! I had only one plate/serving, and I was full.

Aug-25, We went to see the Liberty Bell, where I learned that the bell was cracked, repaired and cracked again.

There we met Ben Franklin, who told us about his experiments with electricity. At the gift shop I got a mini "Liberty Bell", and a little book telling a little bit about it. Surprisingly I had room for some dinner that night.

Aug-29, Tammy fixed some Chicken Chilly for dinner. Aunt Hazel called Hunter, my Second Cousin, in Texas .

Sept-04, My Mom, Aunt Hazel, and I went to Sonic for a bit of a snack, to Home Depot, then to Tammy and Joe's for dinner.

Sept-07, My Mom, Aunt Hazel, and I went to a cousin Betty's, she's on my mom's side, for a couple of days, where I met her for the first time in my life. On the wall she had an old picture just like one that Granny (my grandmother) and Paw Paw (my grandfather) have had for as long as I can recall. For dinner the four of us had a pasta dish and some ice tea.

Sept-08, The four of us went to town for the day. While there we went to Hardies, it's like a build your own burger place, for lunch. Later we went to a Wal-Mart where my Mom and I got some C.D.s with Wake up Little Susie, Blueberry Hill, Great Balls of Fire, to name a few, and "Unique Replicas" of Confederate and Union currency.



Monsters in Art Class

Contributed by Kate Manners

We made monsters in art class. We used foil, egg cartons, glue, glitter, feathers, googly eyes, pipe cleaners and pom- poms. I thought it was fun creating our own monsters.



Contributed by Kate Manner

The Halloween costume people wear (more often than not) is the ghost or the witch. I like them, but I like to see the more creative ideas. The suggestions that I would give people are goblins, knights or princesses. Halloween is a holiday where people can be whatever or whoever they want. It's really up to the individual as to how they want to represent themselves.



BLACKFRIDAY

Contributed by Allison Alspach

It's almost time for Black Friday, If you like bargains and crowds, it's for you! The roads and stores will be packed and all the lines will be so long. Brings out the best of your mood because the parking lot will be a zoo. Black Friday brings us out for the Holiday's. Every year Santa greets happy people who are really nice, and full of good cheer. Christmas isn't about Gifts it's about celebrating Jesus' Birthday. If you do not like shopping at the stores Go online it beats the long lines and the crowds, it's for you.

Favorite AE classes



Contributed by Robert Cole

I enjoy Spanish and art classes. I like the projects we do in art. I have learned many new words in Spanish. I enjoy my new friends and staff at AE.



Some facts about Texas

Contributed by Dewey Coplin

- 1. State Capital: Austin
- 1. State Flower: Bluebonnet
- -----
- 3. Date of statehood: Dec.29, 1845 which made it #28
- 4. State Dinosaur: Pleurocoels (PLOOR-oh-SEEL-us)
- -----
- 5. State stone: Petrified Palm wood
- ------
- 6. State song: Texas our Texas
- 7. State mammal: Long horn steer
- 8. State size: #2 only to Alaska, however #1 in the 48 continental U.S.
- 9. State Nickname: Lone star state

GIRL FROM MY DREAMS Contributed by

Dan Rogusky

Girl From My Dreams, I wish you could see, that even in my dreams, She seems real to me!

She'll always be The Girl From My Dreams, She'll always be Special for me.

If you only knew, How she makes me feel, You would understand, Why she seems so real!

Mr. Popper's Penguins



Contributed for

Jon McFarland

This month I will talk about the movie "Mr. Popper's Penguins". Jim Carry stars as Mr. Popper, a success businessman who is clueless when it comes to really important things in life... until he gets an unexpected present... 6 adorable penguins. Soon Poppers rambunctious roommates turn his New York swanky apartment into a snowy winter wonderland... and the rest of his world upside down!

SCRAMBLERS

Contributed by: Susie Corpman

- 1. GIMPLRI
- 2. NNISDIA
- 3. GKITNHNASIGV
- 4. AOZPT
- 5. WLYFMOARE
- 6. ETFSA
- 7. ALFL
- 8. UTUMAN
- 9. VSEELA
- 10. DTFSFUE

ANSWER:

PILGRIM, INDIANS, THANKSGIVING, TOPAZ, MAYFLOWER, FEAST, FALL, AUTUMU, LEAVES, STUFFED

Alísha's Baby Shower

Contributed by Gerilynn Shulman

Congratulations

On Monday September 30th Lisa, Amparo, Chelsea, Annette, Jean, Beth and Rebecca gave Alisha a surprise baby shower. The participants didn't even know about it, we were surprised too. They had snacks and desserts. We played games. It was a lot of fun. We took toilet paper and wrapped it around her tummy and measured. We had so much fun! We were laughing, and we had to guess when the baby is due. Everybody took a guess. There were prizes too. November 5th Jayann McCue November 11th Ekaterinan Gorozhanina November 26th Amparo Gongora

Recipe Fun - Slime, Gloop, Goop & Glurch!

Contributed by John Aszmus



Ingredients:

8 oz. bottle of glue
8 oz. water
1 cup water
1 1/2 tsp. borax powder
Pour 8 oz.
bottle of glue into bowl.

Fill empty bottle with water and add to the glue - stir constantly. If you want

to add a color, add a few drops of food coloring to this part of the mixture. In another bowl, stir together 1 cup of water and 1 1/2 tsp. of borax powder until dissolved. Mix the 2 bowls together - Instantly they will become slime! Working it with your hands to make it a little more stiff. To make this "noise" putty put in a small container, then stick your fingers through the putty, it makes some "interesting" noises! Keep in a covered container in the refrigerator.

Bell Ringer Contributed by Victor Miller

For the Christmas Concert, I will be the bell ringer for "Carol of the Bells." I am very excited about this chance to show off my talents to everyone. This is the first time I have ever had the opportunity to play an instrument in front of a crowd.



Weather

Contributed by: Jon McFarland

Annual Weather Summary: November 2013 to October 2014

Winter will be colder than normal, with below-normal precipitation and snowfall in all but the northernmost part of the region. The coldest periods will occur in early to mid- and late December and in early to mid- and late February. The snowiest periods across the north will be in late December, mid- to late January, and in early to mid- and late February.

Moon Phases for November 2013

New Moon: November 3, 7:50 A.M.

First Quarter: November 10, 12:57 A.M.

^{**} Full Beaver Moon: November 17, 10:16 A.M.

Last Quarter: November 25, 2:28 P.M.

Gloop

Contributed by John Aszmus

In science class we made goop. It was slimy, cold and fun. Everyone had the chance to mix it with their hands. It has only has glue, water **and laundry soap**. The class found it a lot of fun.

TIME WITH MY COUSIN Contributed bay Allison Alspach

I went to visit my cousin Jenny at college. I spent the day with her in physical therapy class. She is going to school to be a physical therapist .The students needed volunteers to practice with. They gave me exercise to do, like climbing on a chair throwing ball. They measured me and tested how I was able to move. It was so much fun. I am going this Friday to volunteer again. I will leave work early so that I have time to with her class. I can't wait!













AE PICNIC 2013 Contributed by Kathy Sherr

On September 19th there was an Adult Enrichment picnic at the Lancaster County Park for family and friends from ten in the morning until two in the afternoon. Everybody brought a covered dish. You could talk to your friends or take a trail walk. After lunch there were different games. Amparo called the numbers for bingo. There were prizes if you had "Bingo" on your card.

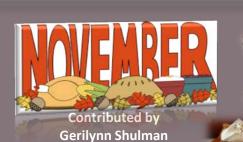
Angie – really liked the park we had it at.
Allison- loved getting together with friends and families.
Dan- everyone. Location bathrooms were nice. Handicap area
Ernie- The games played and gifts we won. Enjoy everyone family.
Robert- liked taking pictures.
Wilfredo- liked the food.
Mary Jane-I liked it all.
Jessinia- liked it all





My Anniversary party Contributed by Jon McFarland

On October 4th I celebrated my 19th anniversary at AE. The Friday group at AE had a surprise party for me. We had doughnut holes to eat and choc. milk or orange juice to drink. I got a greeting card, balloons, and a photo album with pictures of AE participants from years back and today. A fun time was had by all.



Is it here again, already? Oh my gosh! Where does the time go? First it's time to watch the Macy's day parade, then it's time to cook the bird. Pumpkin pie is yum, yum, yummy and warm and cozy in your tummy. Don't forget the whip cream, Oh yeah!

Thanksgiving already, where does the time go? Time to get stuffed like a bird, I mean a turkey. Gobble it up real good! Don't get too stuffed or you will be unhappy and too full, after dinner it's time for Football, oh yeah! Hockey

Contributed By John Azsman



The 2013- 2014 season of hockey has started. My favorite team is the Pittsburg Penguins. They had an excellent year and made it to

the playoffs. They traded Mac Cook this season, and added a new player. I am also a fan of the Hershey Bears. If you have never been to a hockey game the Hershey Bears is a great place to start. Call the Giant Center for ticket.

MACYS THANKSGIVING DAY PARADE

Contributed by Jon McFarland

Marshmallows are fun for toasting Acupuncture can be painful Carrots are good for your eyes Yodeling is good for your throat Snowball fights are fun

Traveling is a fun hobby Hamsters are cute April is the 4th month of the year Note taking is a very important part for good test Scores Kite flying is fun Spring is my favorite season Giraffes have long necks Indians live in teepees Violet is a shade of purple Indigo is a shade of blue Nuts are salty Grapes are used to make wine

Dogs come in many shapes and sizes Antibiotics make you feel better Yogurt is good for you

Penguins like to swim An apple a day helps keep the Dr. away Raccoons have circles around their eyes Archeologist dig their work Dentists like to work on your teeth Eskimos live in Igloo





Contributed by Jonathan Whitlock

The pictures above were taken recently, at a function that was organized by a couple of clients. Costumes were made at an arts & crafts class, and song was written with a little help from Annette. The two were put together, and the AE ensemble created a Halloween video. The whole thing was put together, and then shown on Oct 17th!

Boston Creme

Cupcakes Contributed by Laura Sauder

Ingredients

1 1/4 cups cold whole milk

1 (3.4-ounce) box vanilla instant pudding and pie filling mix

- 1 tablespoon pure vanilla extract
- 12 pre-made cupcakes baked from a cake mix 1 cup heavy cream

1 (12-ounce) package semisweet chocolate morsels

1/4 cup powdered sugar, sifted

Directions

Combine milk, instant pudding mix, and vanilla extract in a large bowl. Beat mixture with a hand mixer for 2 minutes, or until it thickens. Place mixture in refrigerator for 15 minutes. Spoon filling into a pastry bag fitted with a medium-size plain tip. Fill cupcakes with vanilla pudding filling by inserting tip into top of cupcake and squeezing a couple of tablespoons of filling into each cupcake.

Heat cream in a small heavy saucepan over medium heat until bubbles appear around the edges. Remove from heat, add chocolate morsels to pan, and whisk until smooth. Spoon or drizzle glaze over cupcakes, or dunk the tops into the glaze. Refrigerate until set, at least 1 hour, before serving. Sprinkle with powdered sugar.



Pretty Colors

Contributed by Susan Corpman



I like November for the very pretty colors in the season which I see on the leaves in the trees and on the ground.

I also like when Thanksgiving comes. We have very good meals, and a good time to spend with family and friends.

My Favorite Guest Speaker

Contributed by Jonathan Rodgers

My favorite guest speaker was Ken Wilson. He came and spoke to us about Family History. I liked the stories he told. The one I liked, was about an ancestor that had a leg injury that miraculously was healed. He also helped some of the participants look up their family.

Movie Review Sister Act 1

Contributed by: Jayann McCue



I thought it was a great movie with Whoopi

Goldberg. I loved the music sung during it. If you have not had a chance I recommend watching it. If you have seen it you should watch Part 2.

Friday Outlaws Names

Angie-Keep the Beat Spencer Jon Rodgers- Bucalao Mac- Jesse James Wilfredo- Wild West Wilfredo Dewey-Big Tex Stephanie-Purple Queen Susie- Corporal Suzie Carla- Crazy Carla Robert-Disabled Kid Matt- Silent Bieganski Ernie-Ernie the Inventor Jamie-Jamie Vorhees Rebecca-Beeka Beth-Kid Amparo-Señora Loca

A Review of the Dutch Apple Dinner Theater Contributed by Angela Spencer



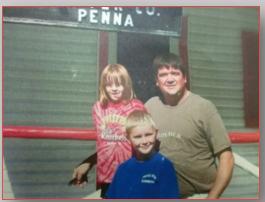
I enjoy going to all the local theaters, to see plays. Recently, I went to the Dutch Apple Dinner Theater to see the play

"Menopause". It was very funny. There were several fun songs that made light of a not-so-funny topic. The actors did a good job and performed several dance numbers. I went to the play with a staff member.

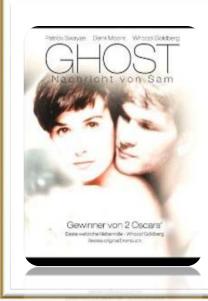
We had dinner & everything was delicious. The play is still in session, and I recommend that people go to see it. You will be sure to have a good time...

Lunch with my brother in law My monthly outing

Contributed By Leroy Poletti



I had lunch with my brother in law at Jenny's dinner. I had a cheese steak wrap with chips. My brother – in law had a hot Roast beef sandwich with mashed potatoes. We talked about the activities at A.E. I talked about current events, music and art. I enjoy art the most. I am looking forward till next month. I would recommend Jennies Diner.





Contributed by Robert Cole

If looking for a great movie, I recommend Ghost. Its funny and sad all in one. Patrick Swayze and Demi Moore are my favorite characters in the movie. I loved when Patrick was told I love you he would say dido. Have a box of tissue it's a real tear jerker.



Baseball Dan Rogusky



In 2013, the Major League Baseball playoffs are beginning to shape up. In the American League, the Boston Red Sox will probably beat the Devil Rays of Tampa Bay and hopefully the Oakland athletics can beat the Detroit Tigers.

On the Senior Circuit, It is the St Louis Cardinals vs. the La Dodgers. Go Cardinals!



Football

Contributed by Kate manners

There are 32 NFL teams in football. My favorite team is the Pittsburg Steelers. I know that that everyone has a favorite team. I asked my friends at AE. Who do they cheer for : Jayann- Steelers and Eagles Justin- San Diego Chargers Victor- Miami Dolphins John W. - I don't watch football Alison- New York Giants and Eagles Leroy- Steelers Erinie- Ravens and Green Bay Packers Robert- New England Patriots M.J. – I don't watch football. Shawn- Eagles

NOVEMBER 2013				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Current Events Arts & Crafts Independent Living Skills Painting Celebrating PA Book Club World Cultures 	 Current Events Keyboarding / Spanish /Dance & Movement Music Appreciation 3-D Art /Everything Class Outing 	 Current Events Cooking / QEU Movie Wildlife / Creative Writing Science/Healthy Living Outing 	 Current Events/ Keyboarding Chorus/ Brain Games Newsletter / Computers German/History 	 Current Events Special Topics Arts & Crafts Celebrating the US Brain Games
November /11 Veteran's Day	November/5	November/14 Dress Up HIPPIE DAY		 Pioneers- How/where they traveled Christmas Stocking Lunch Yellowstone Park Games
 4 Nativity Math Lunch Self portraits / Harrisburg pa / Book "The Walk" 	 5 General Election Day Spanish Song / Keyboard / Baroque Era Lunch Thanksgiving / Costume Making 	 6 Cooking by Amparo (Pandebonos & Buñuelos) • Lunch • Bears • Myth Busters / Read Nutritional Labels / Jane Austen 	 7 Run-through 1st half /Brain Games Lunch Computer & Newsletter Emotions 	 8 Pioneers-Where they slept, ate and clothes they wore Christmas Ornament Lunch Salem Mass. Brain Games
 11 Veteran's Day Nativity figures / Social Skills – Part 1 Lunch Canada / Self portraits / PA Grand Canyon 	 12 Verb Conjugation / Keyboard / Music hodge podge Lunch Thanksgiving / Costume Making 	13 Outing Group #2 Park City Jon R., Jon Mc, Laura, Jon W, Jayann, Gerylynn, Susie, Leroy, Wilfredo	 14 HIPPIE DAY Run-through 2nd half /Brain Games Lunch Computer / Newsletter History of Thanksgiving 	 15 Pioneers- Groups that met trouble Turkey Pots Lunch Fairbanks Alaska Brain Games
 18 Countries Banners/ Guest Speaker Lunch Book "The Walk" / Starry Night/ Brandywine 	 19 Zumba / Keyboard / Classical Era Lunch Thanksgiving / Costume Making 	20 QEU MOVIE The Letter Writer • Lunch • Butterfly presentation	 21 Dress Rehearsal /Brain Games Lunch Computer & Newsletter Building and Road signs 	 22 Pilgrims Christmas Cards Lunch Jackson Hole WY. Brain Games
 25 Scrapbooking / Social Skills Part 2 Lunch World Flags / Starry Night / Pocono Mt. 	26 Outing Group #1 Red Robin Restaurant Jonathan R, Ali, Gerilynn, Kate, Mac, Rosie, Christina	 27 Cooking by Rebecca German Apple Cake Lunch Pilgrims & Anim. Effects of 2nd hand smoke / Magic Ketchup Expt. 	28 AE Closed Hogpy Thank solving	 29 Thanksgiving Day Fun-TBA Movie AM Lunch Fun Day Brain Games