

# Adult Enrichment

active life day program

# AE NEWS & FUN!!

## NOVEMBER 2015



www.facebook.com/Adult Enrichment Lancaster



### MONDAY

9:15 - 10:00 AM Daily Current Events

10:00 - 11:30----- Arts and Crafts/ Independent Living Skills

11:30 - 12:30 -----Lunch.

12:30 - 1:15 -----Newsletter/world Culture.

1:15-2:00-----Art/Acting.

### TUESDAY

9:15 - 10:00 -----Keyboarding.

**Outing and Cooking every 2nd Tuesday of the month**

10:00 - 10:45 Keyboard/ Spanish or **Dance & Movement one time a month.**

10:45 -11:30-----ILS/ World Culture.

11:30 - 12:30-----Lunch.

12:30 -1:15 -----Dance/Book Club.

1:15- 2:00-----Virtual Travel / Comic Book.

### WEDNESDAY

**Outing and Cooking every 4th Wednesday of the month.**

10:00-11:00-----Classic Viewing /Newsletter.

11:00-11:30---Sign Language /Health & Beauty

11:00-11:30 -----Lunch.

12:30 - 1:15 -----Science / Music Appreciation.

1:15-2:00 -----Wildlife/ Brain Busters.

### THURSDAY

9:15 - 10:00 -----Keyboarding.

10:00 - 11:30 -----Chorus.

10:00 -10:45 ----- Classic Viewing.

10:45- 11:30 -----Sign Language.

11:30 -12:30 -----Lunch.

12:30 - 1:15 -----Gardening & Nature/ History or German , Keyboarding

1:15 - 2:00 ----- Music Bio, Photography.

### FRIDAY

10:00- 10:45---Arts & Crafts/Cooking Essentials.

10:45 - 11:30 -----Photography/Coloring.

11:30 - 12:30 -----Lunch.

12:30 - 2:00 -----Movie Club.

12:30 - 1:15 -----Computer Basic Skills.

1:15 - 2:00-----Group Games.

**Daily Social Time 8:00 - 9:15 AM  
&  
2:00 - 3:00 PM**

November 1, 2015



## Upcoming Events

❖ **Outing every 2nd Tuesday of the month.**

**Outings group #1**

Tuesday 11/10/15 at

**Park City Mall**

❖ **Outing every 4th Wednesday of the month.**

**Outing Group #1**

Wednesday 11/25/15

11/25/15 at

**Park City Mall**

**Staff Meeting on 11/ 2, 16, 30**

## Groups for Outing

### TUESDAY

**Group 1:** (13) Jon R., Lynn, Kathy, Sam, Dewey, Angela, Alli, Marta, Dareek, Debbie, Ralph, Glen, Darla  
**Staff:** , Dakota, Tania, tina (Alisha, Jared, D'andrea)

**Group 2:** (12) Kate, Carly, Chrissy, Wilfredo, Matt, Danielle, Ernie, Loni, Robert C., James, Katie, Trevor.

**Staff:** Amparo, Beth, tina (Alisha, Jared, D'andrea)

### WEDNESDAY

**Group 1:** (14) Steph., Kate, Jon W., Chrissy, Wilfredo, Ekaterina, Gloria, Rosalie, Robert C., Mackenzie, Dan, Ben M., Michael V., Judy, Debbie.  
**Staff:** Rebecca, Dakota, Tina (Alisha, Jared, D'andrea)

**Group 2:** (13) Jon R., Leroy, Alvin, Jayann, Susie, Robert P., Jessenia, Sam, Dewey, Laura, Angela, Dareek, Jonathan F. Mike G., kathy.

**Staff:** Beth, Amparo, Tania(Alisha, Jared, D'andrea)

## From the Directors Desk

Fall is officially here! As we move into the full swing of seasonal planning and activities, I want to remind everyone of our weather cancellation procedure. If the weather is bad, please log onto [wgai.com](http://wgai.com) and look for our name on the cancellation listings or you can call 397-5600 to hear a cancellation voicemail.

As we continue to grow we are finding it increasingly difficult to fit everyone's lunchboxes in our refrigerators. I am asking that participants start packing lunches in large, labeled ziploc bags or brown bags moving forward.

We are closed Thanksgiving Day, but are **OPEN Black Friday**. Have a wonderful holiday!

~Alisha



# Johnny Appleseed guest speaker

Contributed by Jon R. &  
Typed by Debbie

Someone dressed like Johnny Appleseed came in to speak to us. He brought an apple press and apples with him. He told us about Johnny and his life. He put the apples into the press and made apple juice. The apple juice hit the spot. He really wore a pan on his head. It looked like one you use on a stove. He planted apple seed everywhere to grow apple trees. He liked to travel around a lot and planted trees where ever he went. The day went quick and I had fun I really enjoyed Johnny Appleseed!



# SCRAMBLE

Contributed by Susie &  
Typed By Jonathan W.

1. MGSPLIRI
2. NDAIINS
3. RKYTEU
4. FSGITFNU
5. LWRMYFAOE
6. ORLPYLHMTKC
7. STIKAHNGIGNV
8. EBVRONEM
9. LFAL
10. ODCL
11. UCSACERNEYBRAC
12. AYIFML
13. URHHC
14. IYHDLOA
15. SLVEEA

## ANSWER:

PILGRIMS, INDIANS, TURKEY,  
STUFFING, MAYFLOWER,  
PLYMOUTH ROCK, THANKSGIVING,  
NOVEMBER, FALL COLD,  
CRANBERRY SAUCE, FAMILY, CHURCH,  
HOLIDAY, LEAVE,

# COMPUTER CLASS

Contributed  
By Gloria  
Typed by Sam



I am learning computer skills, the staff that is teaching me is a very good teacher, I am learning how to get different programs on the computer, I learned how to get on ebay i'm keeping myself out of trouble and not going to websites without permission, we've been asked to stay off things chat rooms. I really enjoy this class!

# Monthly Jokes



Research by  
Newsletter Group Class  
Typed By Debbie



1. What's blue and smells like red paint?  
Blue paint
2. My grandpa has the heart of a lion and a lifetime ban from the zoo
3. Knock, Knock  
Who's there?  
Little old lady who?  
Wow I did not know you could yodel
4. What starts with a P and ends with an E and has a millions letters in it?  
A Post Office
5. What breaks when you say it?  
Silence

# COOKING CLASS

Contributed by Susie &  
Typed By Debbie

I enjoy cooking class. The food is very good and delicious. It makes me very hungry. I can't stop eating. After we cook I help to wash the dishes and put them away. We should open our own restaurant and call it Adult Eaters. Some of the things we make are smoothies, different, Desserts, frosties, Ice cream, Sweet Potato Pie, Pretzels, and many more things. My favorite was the frosties because it tasted good on a hot day. When I cook my favorite part is stirring the ingredients together. In the future I hope we learn how to get hot stuff safely out of the oven. Cooking class helps me to learn how to do things at home, like set the table, drying and putting dishes away and loading the dishwasher. This is one of my favorite classes.

# Æ Newsletter Class or, My Favorite Class at Æ

Contributed by:  
Jonathan Whitlock

## My Contribution to Æ Newsletter Class:

There is a point of time in every week at Æ, that I find opportunity to exercise an amount of creativity, or otherwise contribute my talents. This is usually done in effort to produce what is known as the Æ Newsletter.

I have a history of this practice, from the brief time I was in high school, to the year I went to college in Virginia, right before my injury. I was on the newsletter staff at Southern Virginia College (now University, coincidentally). I have always enjoyed writing. Most of my life, I've practiced idle fictional writing, but also recollections that could be termed as 'journaling.' This has always reflected my opinions and beliefs.

Similarly, I've always looked for ways to serialize, or share, comic strips I've been in the habit of making over the past decades, mostly involving penguins. I've contributed one or two of these.

The Æ Newsletter Class has been reasonably proficient in providing opportunities to contribute articles, illustrations, or occasionally a crossword puzzle. And it's always nice to see the finished result, or issue.

In the class I usually help out with formatting, along with typing submissions from the newsletter contributors. This has been alongside the articles, stories, and illustrations of my own I tend to contribute.

## Veteran's Day

Researched by Leroy



This month, on the 11<sup>th</sup> is Veteran's Day. We take this day to honor those who have served in the military. We

remember their sacrifices for America. We celebrate it on the 11<sup>th</sup> of November to honor the end of World War I in 1918. It was considered a national holiday in 1954, after President Dwight D. Eisenhower signed a bill. Some of the Veterans that I've known in my life are my father, my uncle, and my grandfather on my mom's side. I will be spending my Veteran's Day at the program. I think it's important for us to thank anyone that you know who served in the military for their time. We have the veterans to thank for helping us build our grate nation.

## DAYLIGHT SAVING TIME

Contributed by Kathy  
Typed by Debbie



November 1, 2015  
will be end of  
daylight saving

times. All the clocks are to be turned back one hour. You gain one more hour more sleep. The days will be shorter. It gets darker earlier. Also It's gets lighter earlier in the morning. Also when you turn back your clocks, you should already check and or replace the batteries in your smoke detector. Also the Temperature changes and usually get Colder. Also Benjamin Franklin started daylight saving time. Also can't do outdoor activities because it get darker sooner.



Contributed By Mary Jane &  
Typed by Dan

Adult Enrichment is having a Halloween Party on October 30<sup>th</sup>, 2015. All participants come dressed in costume. All participants should pack a lunch because all we are making is a snack. I am excited for the Halloween party because of the good snack. I am going to be a graduate wearing a cap and gown. I would like to play games at the party. I am excited for the upcoming party!

## Cyber Monday

Contributed By Derek &  
Typed by Debbie

Cyber Monday is a special holiday when people go to online stores and gets deals on some stuff they want to buy. Usually Christmas presents for their family. The store gets a big profit from the customers when they buy a lot of things customers buy tools for Christmas presents. For Christmas they buy presents for other people and their family. On December 25 it's time to celebrate Christmas with your family members, thanks to Cyber Monday.

## ACTING

Contributed by Robert P. &  
Typed by Debbie

In acting we are learning to read scripts. We read click clack moo. In this play there are several characters my favorite characters are the ducks. The characters in this script are a farmer, cows, ducks, and three narrators. The animals talk in this play and they type on a typewriter things they want from the farmer, by the end of the play the farmer gives all the animals the things they want. We finished this script and it made me really happy.

## Health and Beauty

Contributed by Wilfredo &  
Typed by Jonathan W.



I've enjoyed Health and Beauty, especially when we've used lotion for hand massages. This is similarly true, for when we have used a ball to do the same. We've also made a facial scrub, using lemon and sugar. Additionally, there's been a speaker (a dental hygienist) who's taught us about taking care of our teeth. We've also made smoothies with spinach, bananas, strawberries, and apples. It was delicious!

# BLACK FRIDAY

Contributed by Angie &  
Typed by Laura

Black Friday is the day after Thanksgiving It is a day when Customers get deals on stuff. It seems like people are trying to grab the same item. Purchases can be made online or in stores this day. Some People like to go shopping. Those stores become crowded so some people don't like it. I don't plan to go shopping on this day.

# Halloween Comes to America

Researched By  
Laura Sauder



Celebration of Halloween was extremely limited in colonial New England because of the rigid Protestant belief systems there. Halloween was much more common in Maryland and the southern colonies. As the beliefs and customs of different European ethnic groups as well as the

American Indians meshed, a distinctly American version of Halloween began to emerge. The first celebrations included “play parties,” public events held to celebrate the harvest, where neighbors would share stories of the dead, tell each other’s fortunes, dance and sing. Colonial Halloween festivities also featured the telling of ghost stories and mischief-making of all kinds. By the middle of the nineteenth century, annual autumn festivities were common, but Halloween was not yet celebrated everywhere in the country.

## Today’s Halloween Traditions

The American Halloween tradition of “trick-or-treating” probably dates back to the early All Souls’ Day parades in England. During the festivities, poor citizens would beg for food and families would give them pastries called “soul cakes” in return for their promise to pray for the family’s dead relatives. The distribution of soul cakes was encouraged by the church as a way to replace the ancient practice of leaving food and wine for roaming spirits. The practice, which was referred to as “going a-souling” was eventually taken up by children who would visit the houses in their neighborhood and be given ale, food, and money.

The tradition of dressing in costume for Halloween has both European and Celtic roots. Hundreds of years ago, winter was an uncertain and frightening time. Food supplies often ran low and, for the many people afraid of the dark, the short days of winter were full of constant worry. On Halloween, when it was believed that ghosts came back to the earthly world, people thought that they would encounter ghosts if they left their homes. To avoid being recognized by these ghosts, people would wear masks when they left their homes after dark so that the ghosts would mistake them for fellow spirits. On Halloween, to keep ghosts away from their houses, people would place bowls of food outside their homes to appease the ghosts and prevent them from attempting to enter.

## ILS Pen Pals

Contributed by Dewey &  
Typed by Ekaterina

We have a class here at AE called ILS. Its short for Independent Living Skills, and its’ purpose it to give us opportunities to branch out and try new things. One of those opportunities is to have a pen pal with others at day program Albright Life. Since I started the class I’ve written to two different pen-pals. The first person I wrote to was Marty. The second person hasn’t had a chance to respond yet because we just changed who we wrote to. We as a class have had several opportunities to go on outings to visit our friends at Albright Life. Unfortunately our schedules never matched up, so we’ve never met in person. Some of the things that Marty and I talked about, that I would like to continue talked about wait my new pen pal are, hobbies, the holydays, and what we do at the program. Overall, I’m very grateful to the ILS class/stuff for giving me the opportunity to branch out and speak with new people.

# GARDENING & NATURE CLASS

Contributed by Group Class



During one of the classes we did pumpkin math. First we weighed the pumpkin at it can in at whopping 15 pounds. After we weighed the pumpkin staff cut the top of the pumpkin and we took turns scooping out the pumpkin guts and seeds. We weighed the pumpkin after and it lost a pound weighing in at 14 pounds. Some of us didn't mind getting dirty, but a few of us didn't like it. The week after we toasted the Pumpkin seeds in Cinnamon and sugar. We learned a few other spices we can add to pumpkin seeds.

**Spanish:** Toss with smoked paprika; mix with slivered almonds after roasting.

**Italian:** Toss with grated parmesan and dried oregano

**Barbecue:** Toss with brown sugar, chipotle Chile and ground cumin.

We have fun with learning about Pumpkins and seeds....

## INDEPENDENT LIVING & ADULT ENRICHMENT OPEN HOUSE

Contributed By Newsletter Group Class  
Typed by Dan



On September 23<sup>rd</sup>, AE had an open house to celebrate the program moving to a new location. There were several different activities going on like tours, food and a ribbon cutting. We had one of our participants, Robert P. in the ribbon cutting ceremony. He was part of the ceremony because we had a contest at program to write an essay saying how AE impacted our lives, and his essay won. The tours were led by the program specialist and manager. They talked a lot on the tours about the different classes offered at AE. The food, which was catered, included hamburger sliders, a fruit bar, and a smorgasbord. Everyone was invited and it was a great time said Angie. Susie said that her favorite part was seeing her friends.

# Thanksgiving (United States)

Researched By Jonathan W.



**Thanksgiving, or Thanksgiving Day**, is a holiday celebrated in the United States on the fourth Thursday in November. It has been celebrated as a federal holiday every year since 1863, when, during the Civil War, President Abraham Lincoln proclaimed a national day of "Thanksgiving and Praise to our beneficent Father who dwelleth in the Heavens", to be celebrated on the last Thursday in November. Thanksgiving was

also celebrated nationally in 1789, after a proclamation by George Washington. As a federal and public holiday in the U.S., Thanksgiving is one of the major holidays of the year. Together with Christmas and New Year, Thanksgiving is a part of the broader Holiday season.

The event that Americans commonly call the "First Thanksgiving" was celebrated by the Pilgrims after their first harvest in the New World in 1621. This feast lasted three days, and it was attended by 90 Native Americans (as accounted by attendee Edward Winslow) and 53 Pilgrims. The New England colonists were accustomed to regularly celebrating "thanksgivings" days of prayer thanking God for blessings such as military victory or the end of a drought.

## Foods of the season

### Traditional Thanksgiving dinner

U.S. tradition compares the holiday with a meal held in 1621 by the Wampanoag and the Pilgrims who settled in Plymouth, Massachusetts. It is continued in modern times with the Thanksgiving dinner, traditionally featuring turkey, playing a central role in the celebration of Thanksgiving.

In the United States, certain kinds of food are traditionally served at Thanksgiving meals. Firstly, baked or roasted turkey is usually the featured item on any Thanksgiving feast table (so much so that Thanksgiving is sometimes referred to as "Turkey Day"). Stuffing, mashed potatoes with gravy, sweet potatoes, cranberry sauce, sweet corn, various fall vegetables (mainly various kinds of squashes), and pumpkin pie are commonly associated with Thanksgiving dinner. Green bean casserole was introduced in 1955 and remains a favorite. All of these are actually native to the Americas or were introduced as a new food source to the Europeans when they arrived. Turkey may be an exception. In his book *Mayflower*, Nathaniel Philbrick suggests that the Pilgrims might already have been familiar with turkey in England, even though the bird is native to the Americas. The Spaniards had brought domesticated turkeys back from Central America in the early 17th century, and the birds soon became popular fare all over Europe, including England, where turkey (as an alternative to the traditional goose) became a "fixture at English Christmases". The Pilgrims did not observe Christmas.

◆ **As a result of the size of Thanksgiving dinner, Americans eat more food on Thanksgiving than on any other day of the year.**



# NOVEMBER BIRTHDAYS



**Jayann**  
November 5<sup>th</sup>



**Ekaterinan**  
November 24<sup>th</sup>



**Amparo**  
November 26<sup>th</sup>

## WELCOME

To TINA AE Program Aide  
Questions Asked by Newsletter Group Class  
Typed by Debbie

1. **What is your favorite holiday?**

Thanksgiving

2. **What is your favorite type of food?**

Seafood, crab specifically

3. **What're your hobbies?**

Collect antique furniture and refurbish it

4. **What is your favorite color?**

Yellow

5. **Why do you like your job?**

I like helping and taking care of people.

6. **Where did you go to school?**

Fallston high school in Maryland

7. **What's your favorite ice cream flavor?**

Rocky road

8. **What was your favorite vacation that you've?**

Been on Arizona to visit a friend we went horseback riding in the desert and a bunch of other fun things it was a cool overall vacation.





# In the Spotlight



**QUESTIONS ASKED BY THE ADULT ENRICHMENT GROUP:  
In the spotlight Interview to:  
← Michael V. & Michael G. →**

Typed by Debbie

1. Do you have any pets?  
**Yes one dog named wags**
2. What do you like to do?  
**Play video games**
3. What's your favorite food?  
**Apples**
4. What 's your favorite holiday?  
**Halloween**
5. What's your favorite sport?  
**Football**
6. What's your favorite restaurant?  
**Ruby Tuesday's**
7. What's your favorite color?  
**Green**

typed by Jonathan W.

1. What's your favorite hobby?  
**Riding bike.**
2. What's your favorite color?  
**Blue.**
3. What's your favorite TV show?  
**Anything on the sports channel.**
4. What's your favorite food?  
**Pizza.**
5. What's your favorite holiday?  
**Christmas.**
6. What's your favorite type of music?  
**Pop.**
7. Do you have any pets?  
**No!**
8. What's your favorite class at AE?  
**Art class.**
9. Where did you got to school?  
**IU13.**

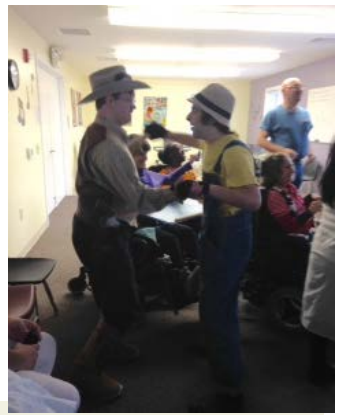
## LIONS

Contributed & Typed by Laura

Lions are wild, lay on grass or on large rocks and eat meat. They sleep a lot at night but in the morning they play a lot and people see them in zoos and circus. They see the lions show in the middle of the circus and the lion are not tamed. They are wild and they are good to see them. You get see movies of lions they are in a lot of them. My favorite animal is lions, they are fun to see but lay are not friendly. They can hurt you when you harm them in their home land in the wild.

# HALLOWEEN PARTY

COSTUMES CONTEST, PRIZES, SNACKS, GRAFTS AND GAMES



# MALLOVEEN

## COSTUME CONTEST WINNERS

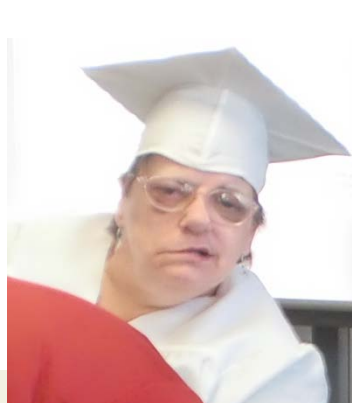
### MALE

1. **MOST REALISTIC:** DAREEK
2. **SCARIEST:** SAM
3. **MOST ORIGINAL:** DAN
4. **CLASSIC:** BEN W.
5. **MOST HANDSOME:** ROBERT C.
6. **SILLIEST:** BEN M.
7. **WILDEST:** JOEY LEED



### FEMALE

1. **MOST ORIGINAL:** STEPH.
2. **SCARIEST:** ANGIE
3. **CLASSIC:** LONI
4. **MOST BEAUTIFUL:** ALLY
5. **MOST REALISTIC:** KATIE
6. **SILLIEST:** MARY JANE
7. **WILDEST:** KATE



# GIMME SOME KIND OF SIGN!!

Contributed by and typed by Dan

Life for the deaf (or hard-of-hearing) would be so much easier if the general public understood a few basic “survival” signs. These are signs like please, thank you, yes, no, good, bad, may I/can I, who what, where, why, and how. Then these individuals would feel more integrated in the hearing world. I can’t personally imagine life being deaf, so anything to make life easier for the hearing impaired. I mean, just imagine Ludwig van Beethoven, totally deaf, composing and conducting all seven of his symphonies to the astonishment of his audiences? That is ridiculous in and of itself!!! Could you even fathom being that incredibly talented!?

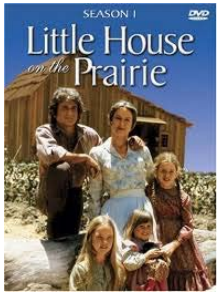
Thank you



Please



Hello



## BOOK CLUB

Contributed by Michael V.  
And Typed by Ben W.

In Book Club, the class is reading Little-House on the Prairie. So far it is a good book. In the book, One of the characters is a Plumber. The plumber gets upset, because of the rats stealing Cheese. There were Indians, that came to the house for food. The Indians ate all of the cornbread, that the people that lived in the house made. Charles, the Father of the family living in the house, sold Fur, for Money, to build the new-house, the family’s original house, was destroyed by a Hurricane. When the family experienced the hurricane, they stayed in a Shed. We are almost done reading the book, and I am looking forward to finding out what happens in the rest of the story.

## Thanksgiving Day

Contributed by Stephanie  
Typed by Sam



I going to have thanksgiving at mom's and we're going to have turkey' mashed potatoes, gravy, stuffing, green beans, corn, and for dessert we're have pumpkin pie, with whipped cream my mom, my brother, and my stepdad, my pets, axle the dog, and also have a Boston Terrier named Bronco, after dinner, I hang out with family.

## Diabetes Awareness Month November 14

7 tips to help reduce your risk:

1. Lose excess body fat. Being overweight is a big risk factor for diabetes. ...
2. Follow a plant-based, low-calorie diet. Eat a variety of fruits and vegetables—a dietary pattern studies show reduces diabetes risk. ...
3. Drink water. ...
4. Move your body. ...
5. Stress less. ...
6. Sleep well. ...
7. Keep medical appointments.



# November 2015



U N R E D I C E L P P A O J H C R U H C  
 G P L Y M O U T H R O C K Y O C O S Q J  
 A F B U E P H P O F C P J I E U T W L C  
 W O G Y A D I L O H T U R K E Y Z H K N  
 O C P Z F F A N A X Q M S B A Y Q E H Q  
 S E V A E L E K A R M P H P U M P K I N  
 M R X H K A A L F P C K E I M M F R Q R  
 W U T H A N K S G I V I N G P A R A D E  
 N N K Z D M P T R U R N G D O U N Q D V  
 O Z L P Y D V I H C D P J G P I F I X S  
 V B R E W O L F Y A M I J K V P C N T O  
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 M R E N L O Y A C I Z K H U Y M G I E T  
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 E K I H S M I R G L I P E L P C A N M A  
 E T A L O C O H C T O H E X R T J C G A



PUMPKIN  
 NOVEMBER  
 THANKSGIVING  
 PILGRIMS  
 INDIANS  
 MAYFLOWER  
 TURKEY

HOT CHOCOLATE  
 JELLO  
 THANKSGIVING  
 PARADE  
 FOOTBALL  
 FAMILY  
 CHURCH  
 HOLIDAY  
 RAKE LEAVES

STUFFING  
 CRANBERRY SAUCE  
 PLYMOUTH ROCK  
 COLD  
 APPLE CIDER  
 PUMPKIN PIE  
 MINCE MEAT

# NOVEMBER 2015

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<ul style="list-style-type: none"> <li>• Current Events</li> <li>• Arts &amp; Crafts/ Independent Living skills (ILS)</li> <li>• Newsletter/ World Cultures</li> <li>• Painting / Acting</li> </ul>	<ul style="list-style-type: none"> <li>• Current Events</li> <li>• Spanish/ Essential Cooking</li> <li>• ILS/ World Cultures</li> <li>• Dance/ Virtual Travel</li> <li>• Book Club/Comic Book</li> <li>•Outing/Cooking</li> </ul>	<ul style="list-style-type: none"> <li>•Current Events</li> <li>•Classic Viewing/ Newsletter.</li> <li>•Sign Language/ Health &amp; Beauty/<b>Independent Computer.</b></li> <li>• Science/Music Appreciation</li> <li>•Wildlife/Brain Buster</li> <li>•Outing/Cooking</li> </ul>	<ul style="list-style-type: none"> <li>• Current Events / Keyboarding</li> <li>•Chorus/ Classic</li> <li>•View/ Signing Language</li> <li>•Gardening &amp; Natural/ German or History</li> <li>• Keyboarding/ Music Bio/ Photography</li> </ul>	<ul style="list-style-type: none"> <li>•Current Events</li> <li>•Arts &amp; Crafts/Cooking Essential</li> <li>•Photography/Coloring</li> <li>•Movie Club</li> <li>•Computer Basic Skills</li> <li>•Group Games</li> </ul>
<p>2</p> <p><b>A&amp;C:</b> AE Cards / <b>ILS:</b> self def</p> <ul style="list-style-type: none"> <li>• <b>Lunch</b></li> <li>• <b>World Cultures:</b> Passports/<b>Newsletter</b></li> <li>• <b>Acting Class:</b> Porcupine... Fluffy/</li> <li>• <b>Painting:</b> Geod Pictures</li> </ul>	<p>3</p> <ul style="list-style-type: none"> <li>• <b>Spanish:</b> T.V Show</li> <li>• <b>Cooking Essentials:</b> Holiday Food</li> <li>• <b>ILS:</b> self def /<b>World Culture:</b> Europe Intro</li> <li>• <b>Lunch</b></li> <li>• <b>Dance:</b> Thriller / <b>Virtual Travel:</b> Canada/ <b>Comic Book:</b> Personal Comic / <b>Book Club</b></li> </ul>	<p>4</p> <ul style="list-style-type: none"> <li>•<b>Classic Viewing:</b> /Quatum Leap/ <b>Newsletter.</b></li> <li>•<b>Sign Language:</b> ASL /<b>Health &amp; Beauty:</b> Collect Pine Cones</li> <li>• <b>Lunch</b></li> <li>• <b>Science:</b> Birds Intro /<b>Music App:</b> Sound Of Music</li> <li><b>Wildlife:</b> Wombat /<b>Brain Buster:</b> Animals</li> </ul>	<p>5</p> <ul style="list-style-type: none"> <li>• <b>Current Events/ Keyboarding</b></li> <li>• <b>Chorus:</b> <b>Classic Viewing:</b> /<b>Newsletter:</b> <b>Sign Language:</b> ASL</li> <li>• <b>Lunch</b></li> <li><b>Gardening &amp; Nature:</b> Apple Tasting /<b>German:</b> Food Game</li> <li>• <b>Music Bio:</b> Kate Pick <b>Photography:</b> Photo Wreath (<b>Bring Your Own Camera</b>)</li> </ul>	<p>6</p> <ul style="list-style-type: none"> <li>• <b>Current Event</b></li> <li>• <b>Arts &amp; Crafts:</b> Jewelry /<b>Cooking Essential:</b> Pumpkins</li> <li><b>Photography:</b> Arctic /<b>Coloring:</b></li> <li>• <b>Lunch</b></li> <li>•<b>Movie Club:</b> T/Computer</li> <li>•<b>Group Games:</b> Table Bowling</li> </ul>
<p>9</p> <ul style="list-style-type: none"> <li>• <b>A&amp;C:</b> Stick Scarecrow/ <b>ILS:</b> Bullying</li> <li>• <b>Lunch</b></li> <li>• <b>World Cultures:</b> Passports /<b>Newsletter</b></li> <li>• <b>Acting Class:</b> Principals... clothes /</li> <li>• <b>Painting:</b> Animal Paintings</li> </ul>	<p>10</p> <p><b>Cooking by:</b> Beth <b>Coconut Custard Pie</b></p> <p><b>Outing Group #1</b> <b>Park City Mall</b></p> <p>Jon R., Lynn, Kathy, Sam, Dewey, Angela, Alli, Marta, Dareek, Debbie, Ralph, Glen, Darla</p> <p><b>Staff:</b> Dakota, Tania, Tina (Alisha, Jared, D'andrea)</p>	<p>11</p> <ul style="list-style-type: none"> <li>•<b>Classic Viewing:</b> / A Team/<b>Newsletter.</b></li> <li>•<b>Sign Language:</b> ASL /<b>Health &amp; Beauty:</b> Scented Pine Cones</li> <li>• <b>Lunch</b></li> <li>• <b>Science:</b> Birds /<b>Music App:</b> Records/ <b>Wildlife:</b> Bats /<b>Brain Buster:</b> Animals</li> </ul>	<p>12</p> <ul style="list-style-type: none"> <li>•<b>Current Events/ Keyboarding</b></li> <li>•<b>Chorus:</b> / <b>Classic Viewing:</b> <b>Sign Language:</b> ASL</li> <li>•<b>Lunch</b></li> <li>• <b>Gardening &amp; Nature:</b> Storm Jar /<b>History:</b> Thanksgiving</li> <li>•<b>Musical Bio:</b> Frank Sinatra / <b>Photography:</b> Photo Wreath (<b>Bring Your Own Camera</b>)</li> </ul>	<p>13</p> <ul style="list-style-type: none"> <li>•<b>Arts &amp; Crafts:</b> Stick Scarecrow /<b>Cooking Essential:</b> Pumpkin Pie</li> <li><b>Photography:</b> Arctic / <b>Coloring:</b> Color</li> <li>•<b>Lunch</b></li> <li>•<b>Movie Club:</b> /Computer</li> <li>•<b>Group Games:</b> Toss Across</li> </ul>
<p>16</p> <ul style="list-style-type: none"> <li>• <b>A&amp;C:</b> Jewelry / <b>ILS:</b> Indep</li> <li>• <b>Lunch</b></li> <li>• <b>World Cultures:</b> Passports/<b>Newsletter</b></li> <li>• <b>Acting Class:</b> Sheila Rave /</li> <li><b>Painting:</b> Animal Paintings</li> </ul>	<p>17</p> <ul style="list-style-type: none"> <li>• <b>Spanish:</b> Pictionary / <b>Cooking Essentials:</b> Cranberry Relish</li> <li>• <b>ILS:</b> indep. / <b>World Culture:</b> Europe Import/Export</li> <li>• <b>Lunch</b></li> <li>• <b>Dance:</b> / <b>Virtual Travel:</b> Canada / <b>Comic Book:</b> Comic Show</li> <li>• <b>Book Club</b></li> </ul>	<p>18</p> <p><b>Classic Viewing:</b> Wonder Years / <b>Newsletter.</b></p> <ul style="list-style-type: none"> <li>•<b>Sign Language:</b> / <b>Health &amp; Beauty:</b> Freshener</li> <li>•<b>Lunch</b></li> <li>•<b>Science:</b> Birds / <b>Music App:</b> <b>Wildlife:</b> Kate Teaches/ <b>Brain Busters:</b> Animals</li> </ul>	<p>19</p> <ul style="list-style-type: none"> <li>•<b>Current Events/Keyboarding</b></li> <li>•<b>Chorus:</b> / <b>Classic Viewing:</b> Mac /<b>Sign Language:</b> ASL</li> <li>•<b>Lunch</b></li> <li>•<b>German:</b> Food Game / <b>Gardening &amp; Nature:</b> Storm Jars</li> <li>•<b>Musical Bio:</b> Michael Jackson / <b>Photography:</b> Photo Wreath</li> </ul>	<p>20</p> <p><b>Thankful day</b></p> <p><b>Movie Club</b></p> <p><b>Outing</b></p>
<p>23</p> <ul style="list-style-type: none"> <li>• <b>A&amp;C:</b> Christmas bags/<b>ILS:</b> Self Advocacy</li> <li>• <b>Lunch</b></li> <li>• <b>World Cultures:</b> Passports/<b>Newsletter</b></li> <li>• <b>Acting Class:</b> Werewolf in Town /<b>Painting:</b> Animal Paintings</li> </ul>	<p>24</p> <ul style="list-style-type: none"> <li>• <b>Dance &amp; Movement:</b></li> <li>• <b>Cooking Essentials:</b> Sweet Potatoes</li> <li>• <b>ILS:</b> Self Advocacy /<b>World Culture:</b> Europe Climate</li> <li>• <b>Lunch</b></li> <li><b>Dance:</b> Ballroom / <b>Virtual Travel:</b> Canada / <b>Comic Book:</b> Comic Show / <b>Book Club:</b></li> </ul>	<p>25</p> <p><b>Cooking by:</b> Turkey and Cheese Crescent Snacks</p> <p><b>Outing Group #1</b> <b>Park City Mall</b></p> <p>Steph., Kate, Jon W., Chrissy, Wilfredo, Ekaterina, Gloria, Rosalie, Robert C., Mackenzie, Dan, Ben M., Michael V., Judy, Debbie.</p> <p><b>Staff:</b> Rebecca, Dakota, Tania (Alisha, Jared, D'andrea)</p>	<p>26</p>  <p><b>CLOSED</b></p>	<p>27</p> <p><b>Fun Day</b></p> 
<p>30</p> <ul style="list-style-type: none"> <li>• <b>A&amp;C:</b> Christmas bags / <b>ILS:</b> Employment</li> <li>• <b>Lunch</b></li> <li>• <b>World Cultures:</b> Passports/ <b>Newsletter</b></li> <li>• <b>Acting Class:</b> Sleeping Ugly /<b>Painting:</b> Tree Painting</li> </ul>	 <p>GRATEFUL THANKFUL BLESSED</p>			