

Adult Enrichment

active life day program

AE NEWS & FUN!!

NOVEMBER 2018



9:15 – 10:00 AM Daily Current Events MONDAY

10:00 – 11:00-----Arts and Crafts/ Free Time
Computer / Independent Living Skills (ILS).

11:00 – 12:00-----Lunch.

12:00 – 1:00-----Newsletter/ Free Time
Computer/world Exploring

1:00-2:00-----Creative Expressions/ Free
Time Computer / Acting.

TUESDAY

Outing and Regular classes every 2nd Tuesday of the month

10:00 – 11:00-----Health & Wellbeing / Free
Time Computer / Spanish.

11:00 – 12:00-----Lunch.

12:00 – 1:00-----Virtual Travel/ Social Club / Dance.

1:00 – 2:00 -----Book Club/ Free Time Computer /
Creative Thinking

WEDNESDAY

Outing and Regular classes every 4th Wednesday of the month.

10:00-11:00-----Classic Viewing / Free Time
Computer / Social Club.

11:00-12:00-----Lunch.

12:00 – 1:00 -----History / Free Time
Computer / Wildlife.

1:00-2:00 -----Music Appreciation/ Science.
Dancercise .

THURSDAY

10:00 – 11:00 -----Movers & Shakers / Free Time
Computer /Chorus.

11:00- 12:00-----Lunch.

12: – 1:00 -----Garden & Nature/ Free Time
Computer / Keyboarding.

1:00 – 2:00 -----Brain Buster/ Free Time
Computer /Photography.

FRIDAY

10:00- 11:00-----Arts & Crafts/ Home Economics.

11:0 – 12:00 -----Lunch.

12:00 – 1:00 -----Group Games / Movie Club.

12:00 – 1:00 -----Free Time Computer.

1:00 – 2:00 -----Photography / Movie club.

Outing every 3rd Friday of the month.

Daily Social Time 8:00 – 9:15 AM &
2:00 – 3:00 PM



[www.facebook.com/
Adult Enrichment Lancaster](http://www.facebook.com/Adult-Enrichment-Lancaster)

OUTING GROUPS

Tuesday

Group 1: Jan, May, Sept Jon R., Donald, Kathy S., Dewey, Allison, Dareek,
Robyn, Destiny, Josh

Staff: Amparo, Lory (John)

Group 2 Feb, June, Oct: Kate, Chrissy, Matt, Gary, Jayln, June, Gretchen,
Mike V., Jordan, Christopher

Staff: Beth, Takeisa (Katie)

Group 3 Mar, July, Nov: Lynne, Trista, Marta, Glen, Melissa, Grace,
Stephanie, Joey, Josh B.

Staff: Tina, Tania (Katie)

Group 4: April, Aug Carly, Katie, Crystal, Wilfredo, Danielle, Ernie, Loni,
Weston, Keri

Staff: Amparo, Cindy (Rachel)

Wednesday

Group 1: Jan, May, Sept Wilfredo , Bob T., Chrissy, Robert P., Keri, Carlos
Staff: Cindy, Lory (Rachel)

Group 2: Feb, June, Oct Jon R, Jessenia, Jon F, Kathy S., Crystal, Susan Mc.,
Daniel R.

Staff: Tania, Tina (John)

Group 3: Mar, July, Nov Kate, Jayann, Rosie, Mac, Ben M., Jimmy, Destiny
Staff: Beth, Amparo (Rachel)

Group 4: April, Aug Laura S., Dareek, Mike V., Jay, Josh B, Allegra, Josh B.
Staff: Cindy, Takeisa (John)

Friday

Group 1: Nov, March, June, Sept. Nik, Joey, Donald, Destiny, Bennessia
Staff Tina, Takeisha

Group 2: Jan, April, July. Katie H., Dareek, Jayann, Robyn, Ernie,
Staff: Tina, Lori

Group 3: Oct, Feb, May, August. Carly, Marta, Matt, Jordan, Danielle
Staff: Tina, Lori, or Takeisha

FROM THE DIRECTORS DESK

Adult Enrichment will be closed on
Thanksgiving day and Black Friday
this year.

Remind participants to label the jacket
or coats & Check the Outing list.



Adult Enrichment Chorus Concert
"My Childhood Christmas"

Thursday December 13th, 11:30 -2:00
Manor Church 530 Central Manor Rd.
Lancaster PA

Lunch provided following the concert

WORLD KINDNESS DAY



This Year World Kindness day falls on Tuesday, November 13th. Life has enough trouble to go around for everyone. World Kindness Day is a great opportunity to make a positive difference for someone, and brighten their day. Smile at that stranger on the bus, compliment your coworker, pay for the next person's coffee...the day is yours to make delightful!

Activities

1. Commit at least three random acts of kindness today

Give compliments. Smile at strangers. Hold a door open. Give up your seat on a crowded train. Do at least three random acts and see what magic follows!

2. Do something nice for yourself.

Take time to think about three things you appreciate about yourself and your life. Write them down to remind your self of your strengths!

3. Share kindness on your social media

#WorldKindnessDay Share quotes and inspiring pictures on your feed on Nov. 13 and let the internet help spread the kindness.

Why World Kindness Day?

A. It reminds us that spreading kindness to others is actually fun

Most of us are so focused on our goals and where we need to go, we rarely take a moment to do something for others. Doing something nice for others, without an agenda, feels good.

B. It offers an excuse to get creative

Everyone likes a good practical joke—but what about a cool 'random act of kindness'? Flash mob at the busy intersection, anybody? Closing the office 30 minutes early? Office dance break at lunchtime? The possibilities are endless.

C. You can take a minute to be kind to yourself today

A lot of kindness is seen in how we treat others. How Kind are we to ourselves? Take a break today to appreciate who and what you are in the world.

Our Suggestions

Jon W. – Hi –Five someone!

Kathy – Take time to talk with someone. Ask them how they are doing?

Linda – Help pay for groceries for the person in front of you, if they do not have enough money.

Joey – Complement a person on something you appreciate about them.

Jon R. – Go outside for a walk with someone.

Victor - Thank someone to show appreciation for something they do or are in your life.

Jayln – Hold the door for someone.

Christopher – Give people hugs.

Derek – Be friendly. Shake hands and introduce yourself to someone you don't know. Smile!





Virtual Travel learns about Mountain Biking



John brought his mountain bike, and showed us how to change a tire. He explained how Mountain bikes are different from other bikes. He showed us his backpack and the tools he takes with him, on a ride, in case of an emergency. We got to touch his tools, and different parts of the bike. At the end he got on the bike, rode it a little and made it hop off the ground. It was pretty cool!

Health and wellbeing

Health and wellbeing class made pumpkin pancakes, learning about the many benefits of eating pumpkin. These were a huge hit!

Pumpkin Pancakes

- 1 ¼ Cup Flour
- ¼ Cup Sugar
- 2 Teaspoons Baking Powder
- ½ Teaspoon Ground Cinnamon
- ¼ Teaspoon Nutmeg
- 1 Cup Milk
- ½ Cup Pumpkin Puree
- 1 Egg Beaten
- 1 Tablespoon Vegetable Oil

Sift flour, sugar, baking powder, cinnamon, and nutmeg into a medium size bowl.

Whisk milk, pumpkin puree, egg, and oil together in a small bowl.

Pour liquid mixture into the dry ingredients, stir until just moistened. (it should be lumpy)

Heat griddle and grease the cooking surface. Pour desired amount of batter onto griddle and cook until bubbles form. Flip and cook a few minutes more. (they should be browned)

They're ready to eat. Enjoy with your favorite topping: syrup, whip cream and nuts, honey butter.....be creative!!



Newsletter

Newsletter is an opportunity to exercise our creative abilities and enlighten the world. It is a fun time often punctuated by laughter. It is fun seeing ourselves in print when the newsletters come out each month. Those who are in Photography, get to dress up in costumes and act out, or pose for different illustrations in the newsletter. We like being able to contribute our ideas to articles, choose words for Word Search and the Scrambler as well as choose topics for articles. The Newsletter includes a calendar that lets us know about upcoming outings, special days as well as the topics for our weekly classes. We also, get to interview individuals for the Spotlight, each month.

PUMPKIN PIE PUDDING

Contributed by Independent Living class

Ingredients

1/2 cup sugar
divided 2 tablespoons cornstarch
1 3/4 cups 1% low-fat milk
1 large egg
1/2 cup canned unsweetened pumpkin
1 teaspoon vanilla extract
1/2 teaspoon ground cinnamon
1/8 teaspoon salt
1/8 teaspoon ground nutmeg
Cooking spray/
1/4 cup chopped walnuts
Dash of salt
1/4 cup heavy whipping cream



Step 1- Combine 6 tablespoons sugar and 2 tablespoons cornstarch in a medium saucepan over medium heat. Combine milk and egg, stirring well with a whisk. Gradually add milk mixture to sugar mixture, stirring constantly, and bring to a boil. Cook for 1 minute, stirring constantly. Remove from heat

Step 2- Combine pumpkin and the next 4 ingredients (through ground nutmeg) in a bowl, stirring well. Slowly add pumpkin mixture to milk mixture, whisking constantly. Place pan over low heat, and cook for 3 minutes or until thoroughly heated, stirring constantly (do not boil). Divide pudding evenly among 4 dessert bowls, and cover surface of pudding with plastic wrap. Chill.

Step 3- Line a baking sheet with foil, and coat foil with cooking spray. Place the remaining 2 tablespoons sugar, walnuts, and a dash of salt in a small nonstick skillet; cook over low heat until sugar dissolves and is golden (about 3 minutes), stirring frequently to coat nuts. Transfer mixture to prepared baking sheet, and cool completely. Coarsely chop nuts. **Step 4-** Place cream in a bowl. Beat with a mixer at high speed until stiff peaks form. Top each serving with 2 tablespoons whipped cream and about 1 tablespoon nuts.

MOVIE CLUB



Movie Club has had an awesome year watching our favorite movies at the theater. Small Foot is a must see for any age. We are excited to see what next year brings to the movies.

ARTS AND CRAFTS CLASS

In Arts and crafts we started making the gingerbread house Centerpieces made from any container carton with for Adult Enrichment Chorus Concert
"My Childhood Christmas"



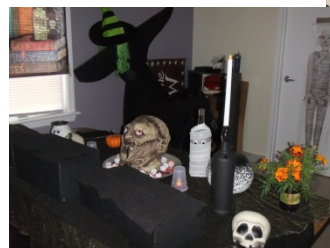
AE Meets Liam and Woden with the Lancaster County Police



This is our AE Halloween story, written as a group story during our party. We hope you enjoy it, we certainly had fun creating it.

John's Spooky Halloween

It was a dark night. There were clouds covering the moon, the sky was black. John was trick or treating, wearing his toilet costume. He was carrying a bag of candy, it was a pillow case. He dropped his bag of candy. He heard something behind him, it was someone breathing heavy. He was scared and he ran. He left his bag of candy in the grass, and he heard a cow moo. He kept running. He was running to Adult Enrichment, he was hoping someone would be there. He fell down and stopped and caught his breath. He heard the breathing again, heavier this time, and continued on to Adult Enrichment. As he was running he dropped his key down a drain. Then Pennywise took the key and said, "Do you want your key back?" John reached for the key and got sucked down into the drain. The sewer rats said, "Daddy's home!", as his plunger got caught. A baseball player, also named Jon, finds him. Jon swings his bat at Pennywise, it's a homerun, connecting solidly and knocking his head off. He found a way out of the sewer, but he didn't return for his candy, returning home instead. His best friend, Jared, was there with his candy. He had found it in the grass. John said, "Never again am I going out on Halloween night alone."



CELEBRATE YOUR UNIQUE TALENT DAY



November 24th 2018 is Celebrate your Unique Talent Day. Victor said that his unique talent is his singing and great sense of humor. Chris believes his unique talent is singing. Jay's unique talent is his signature move which is rolling his arms in front of him. Jon W. said that his unique talent is creating Art and Music. Joey is a good whistler and used to be a juggler. Linda likes to think that she is a good singer. Kathy s likes to sing and play the guitar. Jon R unique talent is counting down the days telling how happy he is about the Christmas concert. Gretchen likes free period where she plays Wii bowling with peers.

History of Celebrate Your Unique Talent Day

The history of Celebrate Your Unique Talent Day is as old as mankind, for we have all had our unique talents since the beginning of time. Think of the person who first had the mind to understand how some minor aspect of the world worked. Perhaps it was gravity (you know Newton wasn't the first one), or a special understanding of how clay came together with sand and heat to create a material that would be used in its various forms throughout all of human history, ceramic. But even those who have less obviously useful talents should celebrate their unique talents.

A Jester had a biting wit and a sort of wisdom that cut through the gallantry and pageantry of the royal court, and let them see straight to the truth of the matter without losing his head. What of clowns and mimes? Or those who have the ability to dive deep and hold their breath for extended periods? Each of these talents have come to be used in important ways, even if just to entertain and brighten the spirits of those who watched the talent in action. Celebrate Your Unique Talent Day lauds that special spark within us, the thing that makes us fundamentally unique from the rest of the world.

How to celebrate Your Unique Talent Day

Find your unique talent, and share it with the world! You can record yourself doing your particular talent and showcase it in a YouTube video or just share it with friends and family who perhaps have never seen this talent in action. If it's the kind of talent that can be shared, such as a physical art, use it to create gifts for friends and coworkers, who doesn't appreciate someone who can do amazing things with paperclips and straws? Celebrate your uniqueness on Celebrate Your Unique Talent Day!



Black Friday

“Only in America, people trample others for sales, exactly one day after being thankful for what they already have.” ~Author unknown

Black Friday falls on November 30th this year. Some people love to go out and take advantage of the many special sale deals. The past few years stores have begun opening their doors late on

Thanksgiving Day, so die-hard shoppers can get more shopping in. And if you don't find everything you want to buy on Black Friday, Cyber Monday offers many on-line deals.

We took a survey at AE. Most participants do not like to go shopping on Black Friday.

Kathy S. – People like to go shopping. And sometimes they camp out at the stores before it opens. They sit there in folding chairs with a blanket.

Kate – One time my Mom and aunt went Black Friday shopping at 6am. They locked their keys in the car, and had to call a locksmith to come help them.

Jon F. – One time my mom took me shopping and I got a soft pretzel. It was delicious.

DAYLIGHT SAVING TIME

On November 4, 2018 - Daylight Saving Time Ends.

Sunday, November 4, 2018, **2:00:00 am** clocks are turned **backward** 1 hour to

Sunday, November 4, 2018, **1:00:00 am** local standard time instead.

Sunrise and sunset will be about 1 hour earlier on Nov 4, 2018 than the day before.

In Autumn, Daylight Savings Time **Falls Back** giving us the potential for an extra hour of sleep.

When Does DST Start and End in the US?

Daylight Saving Time (DST) in most of the United States starts on the 2nd Sunday in March and ends on the 1st Sunday in November.

Amparo - When I came from Colombia to Lancaster, I started going to a Catholic Church. One time I arrived and it had already started. Another time I arrived, and it was already done, due to the Daylight Savings time change.

The company I used to work for, had us start at 5am. When the time changed, I arrived at 4am. We tried having Daylight Saving Time once in Colombia. But it did not work out. It was not tried again.

Gloria – One time I missed a doctor appointment, because of the time change.



Picture by Christopher

Chrysanthemum

Chrysanthemums or “mums” as they are more commonly known, are the birthday flower for those born in the month of November. A native to Asia and northeastern Europe, their name comes from the Greek words “chrysos,” meaning gold, and “anthemon,” which means flower. They are a member of the daisy family, which also includes asters, zinnias and coneflowers. Many varieties of chrysanthemums bloom during the fall months; however, you can also find chrysanthemums blooming just about any time of the year.

A RED CHRYSANTHEMUM , “I LOVE YOU”

A WHITE CHRYSANTHEMUM SYMBOLIZES INNOCENCE, HONESTY, & PURE LOVE

A YELLOW CHRYSANTHEMUM SYMBOLIZES WOUNDED LOVE.

Both the Chinese and Japanese consider chrysanthemums a powerful emblem of youth. A petal placed in the bottom of a glass of wine is thought to enhance longevity. The Chinese also believe that it prevents gray hair.

Chrysanthemums are perennials. After they finish blooming in the fall, mulch them with several inches of straw to protect them from the cold.

Chrysanthemum tea is popular in parts of Asia. In China the leaves are eaten steamed and boiled. In Korea chrysanthemum flowers are used to add flavor to wine known as gukhwaju.

A study by NASA found that chrysanthemum plants helped reduce indoor air pollution.

What is your favorite color of Chrysanthemum?

Kathy S. – Red

Jamie – Red

Joey – Yellow

Derek – Peach

Jon R. – ~~Blue~~, Purple

Where have you seen Chrysanthemum plants this fall?

Jon R. – At home.

Joey – My mother has a small garden in the back yard. They are nice and colorful.

Kathy – The only time I saw them was out back at AE. There are some pretty yellow and red ones, out there.

Derek – Out in the garden, I saw some pretty red ones.

Gloria - My neighbor planted some red and yellow ones.



Picture By Gretchen



GARDEN & NATURE CLASS

It's that time of year for Garden class to feed the Birds. We enjoy making pinecone feeders and hanging them in the back yard. All you need is: Pinecones, Peanut Butter and Bird food. The Birds and the Squirrels love it. We are looking forward to the winter and all it brings for Gardening.



SCRAMBLE WORDS

1. gnivigsknaht
2. snikpmup
3. gniffuts
4. stiucsib
5. dloc
6. Stekcaj
7. retaews
8. sevracs
9. sevolg
10. Stah

ANSWER:

scarves, gloves, hats
biscuits, cold, jackets, sweaters,
thanksgiving, pumpkins, stuffing,

VETERANS DAY



Picture for Jon R.

Victor said that his Father served in the military during World War II. Also his brother was in Desert Storm. Joey said that Veterans Day is to honor soldiers who died and/or fought for their country. Celebrate by raising flags, ceremonies, and parades. The President of the United States attends a ceremony at the tomb of the unknown soldier in Arlington National Cemetery. Also Honor

Guards shoot the 21 gun salute .What is the reason for Veterans Day? Veterans Day originated as "Armistice Day" on Nov. 11, 1919, the first anniversary of the end of World War I. Congress passed a resolution in 1926 for an annually **observance**, and Nov. 11 became a national holiday **beginning** in 1938.



Picture by Joshua B.

THANKSGIVING DAY

What is the history of Thanksgiving? In 1621, the Plymouth colonists and Wampanoag Indians shared an autumn harvest feast that is acknowledged today as one of the first Thanksgiving celebrations in the colonies. For more than two centuries, days of thanksgiving were celebrated by individual colonies and states. Every year most people eat Turkey for thanksgiving dinner. Most loves turkey,

stuffing, cranberry sauce, mashed potatoes and gravy sweet potatoes, baked macaroni, string beans, creamed corn, dinner rolls or biscuits. Desserts like pumpkin pie with whipped cream, apple pie with ice cream, jello, Chris said that he loves carrot cake.

Why do we eat turkey on Thanksgiving?

Since Bradford wrote of how the colonists had hunted wild turkeys during the autumn of 1621 and since turkey is a uniquely American (and scrumptious) bird, it gained traction as the Thanksgiving meal of choice for Americans after Lincoln declared Thanksgiving a national holiday in 1863.

Every Thanksgiving Day, Macy Department Store celebrate the Holiday by having a Parade. The parades bands balloons, singers, dancers, floats, etc. And at the end of the parade there is Santa's slide. There also the Purina Dog Show competition. Then at the end of the day there Football.

The Native American Heritage Day



President Barack Obama designated the Friday after Thanksgiving as “Native American Heritage Day.” He said, “I encourage every American to join me in observing Native American Heritage Day ... It is also I important for all of us to understand the rich culture, tradition, and history of Native Americans and their status today, and to appreciate the contributions that First Americans have made and will continue to make to our Nation.”

Who were the Native Americans?

Jon W. – They were here before Columbus.

Who were/are some famous Native Americans?

Joey – Squanto

Jon W. – Running Bull

Linda – Tonto

Kathy – There were Native Americans who befriended the Pilgrims.

Jon W. – Leslie Daubert is a Native American who volunteered here, at AE. And she is also my best friend.

Bob – Sacagawea

Jon R. – Pocahontas

What was the relationship like, between the Native Americans and the Pilgrims?

Jon W – According to history books it was rather amicable.

Kathy – The Pilgrims got off the Mayflower and celebrated Thanksgiving with Native Americans after surviving through the first winter.

Did you ever play Cowboys and Indians growing up?

Linda – I think I was the one who got tied up by some of my little cousins.

Kathy – I was a cowgirl and my brother was a cowboy. We would pretend to shoot each other.

Joey – No, my neighbor and I played Army.

Jon W. – Oh, my gosh, that was long ago. I always lost.

Victor – I was Chief Sitting Bull.

Christopher – I sang like a Native American.

What do you know about the culture of the Native Americans?

Linda – I think my Mom was part Native American.

Kathy – Their native costume includes a feather headdress. Wendy, who comes on Thursdays, is part Native American.

Jon W. – They dress colorfully. They hunted with Bows and Arrows. Now they are big into gambling, out west.

Victor – The Native Americans wore leather moccasins on their feet.

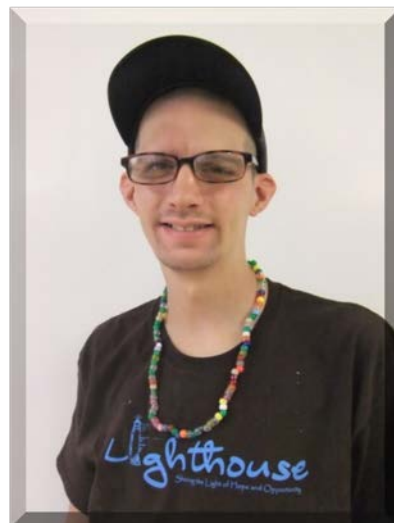
Joey – They wear deer skins and homemade jewelry.

Kathy - They make jewelry out of beads and leather.

Meet Linda & Christopher



Questions By:
AE Newsletter Group



1. What your favorite movie

The Three Stooges

2. What your favorite Sport?

Basketball

3. How many Siblings do you have?

2 brothers and 4 singers

4. Favorite Music?

Country

5. Do you have any movies?

I have the movie "Walker, Texas Ranger

6. Do you like to travel?

I enjoy going to the beach and putting my feet in the water

7. What your favorite color?

Green

8. Do you have a hobby?

I like to read books

9. Do you have any pets?

None

10. What is your favorite food?

Chicken

1. What is your favorite class at AE

Acting

2. 4. Where did you go to high school?

Bloomsburg High School

3. Do you have any brothers or sisters?

I have an older sister, named Debbie.

4. What do you like to eat?

Mostly sweets, I like anything pumpkin.

5. Do you like to watch sports?

I'm not really into sports.

6. Where do you like to go traveling?

Walt Disney World, Florida

7. Did you do gymnastics?

It was a required course in school.

8. Do you like to shop?

I like to shop for Star Trek books.

9. What is your favorite food?

I like Soda.

10. Do you have a favorite movie?

I like all the Star Trek movies

11. Who do you live with?

I live with my sister, Debbie and her husband, Harold

12. What hobbies do you have?

Reading, watching TV and listening to music

13. What kind of music do you like?

Old Time Rock and Roll, like the Monkeys, I have their music memorized.



Linda

JOKES

If con is the opposite of pro, then isn't Congress the opposite of progress?" — Jon Stewart

A lady was picking through the frozen turkeys at the grocery store for Thanksgiving Day, but couldn't find one big enough for her family. She asked a stock boy, "Do these turkeys get any bigger?"

He told her "No, ma'am. They're dead."

Jon W. - I am friends with 25 letters of the alphabet. I just don't know 'Y'.

Grace: What did one American Flag say to the other?

Kathy: "Hello, there?"

Grace: No, the flags didn't say anything. They just waved.

June: What key has legs and can't open doors?

Jayann: I cannot imagine. What?

June: A turkey.

Donald: Why did the turkey cross the road?

Bob: I don't know.

Donald: It was Thanksgiving Day, and he wanted people to think he was a chicken!

Brittany: Why did the cranberries turn red?

Laura: Tell me, why?

Brittany: Because they saw the turkey dressing!

Josh: What do you get when you cross a turkey with a centipede?

Dewey: Tell me.

Josh: Drumsticks for everyone on Thanksgiving Day!

Allegra: Why did the farmer have to separate the chicken and the turkey?

Loni: Why did he?

Allegra: He sensed fowl play.

Shaun: I was going to serve sweet potatoes with Thanksgiving dinner, but I sat on them.

Carlos: What are you serving now?

Shaun: Squash.

Susan: If pilgrims were alive today, what would they be known for?

Robyn: I have no idea.

Susan: Their age!

ADULT ENRICHMENT



1. Empty cardboard cartons of various sizes for a craft (Milk, cream, O.J., etc..) **NEEDED IN THE NEXT TWO WEEKS.**
2. Candies for Ginger Bread houses
3. Gift cards (Dollar Tree, Giant, Walmart, That Pet Place)
4. Games- Brailing of cards
5. Sea shells – for Arts and Crafts
6. Computer Speakers (for Amparon Class) & (for green room)
7. Earphones for the computer room
8. Febreze or Air Freshener Spray
9. Large and X-Large Paper Punch shapes for Arts and Crafts
10. 18 Frisbees: 9 of one color and 9 of another color for Tic Tac Toe
11. Post-it notes
12. Lap tops (2)
13. Magic Markers and Colored Pencils

If you would like a Gift in Kind tax receipt for your donation, please submit an invoice, letter, or email that states the value of your donation.

Thanks!



November 5th Jayann M.



November 19th Joshua F.



November 24th Rachael W.



November 26th Amparo G.



Word search

P S K F Y R I G C D W D Y F G C I E I J
S T O O B V Y L M E S O C X N G Y U Z T
L Q P T D M A O P O S V O Y I N W B C R
U F A X G P X R O V E L T Z V I T E P F
Z A Y Q Y S K S G T I Y H J I F T W U D
B B B O H H S O E J Y O Y Q G F E C M B
E C U A S Y R R E B N A R C S U L M P B
C N G C Q E A Y S Q T E S K K T E C K Z
V O R P Y N O N B U J T E K N S A W I K
X X M O D B I T R J H O M I A C V G N F
X E Q A C K E K A G A E V I H Y E H P P
W Y Y U P N E R I T X C A T T X S F I G
U X E M U Y A L M C O E K U O X V I E D
E E U V D Y G I Y O P P T E H H M S C I
J P D O V N I C D L N E D O T A S F N V
P P H D I X G X Q N O D Z E R S T R O V
B I F R I T T E R S I V A Q H Z A W O U
T U T B L A C K F R I D A Y H S H K W X
R S H H S G R V C N A W D E V I A I W A
Y Y Y O P P R E D I C E L P P A K M Z B

APPLECIDER

CRANBERRYSAUCE

GRAVY

JACKETS

PUMPKINPIE

STUFFING

VETERANDAY

BLACKFRIDAY

CYBERMONDAY

HATS

LEAVES

PUMPKINS

THANKSGIVING

BOOTS

FRITTERS

INDIANCORN

MASHEDPOTATOES

STRINGLIGHTS

TURKEY

NOVEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> •Current Events: <u>Beth/Cindy</u> • Arts & Crafts: <u>Amparo</u> • Independent Living Skills (ILS) <u>Tania</u> • Newsletter: <u>Amparo - Cindy & Tania</u> • World Exploring: <u>Tina</u> • Creative Expression: <u>Beth</u> • Acting: <u>Cindy</u> 	<ul style="list-style-type: none"> • Current Events: <u>Beth & Tania</u> • Spanish: <u>Amparo</u> • Health & Wellbeing: <u>Beth</u> • Lunch • Dance: <u>Tania</u> • Virtual Travel: <u>Cindy</u> • Social Club: <u>Tina</u> • Creative Thinking: <u>Tina</u> • Book Club: <u>Beth</u> 	<ul style="list-style-type: none"> •Current Events: <u>Cindy, Tina</u> •Classic Viewing: <u>Tania</u> •Social Club: <u>Cindy</u> •Wildlife: <u>Tania</u> •History: <u>Beth</u> •Science: <u>Cindy</u> •Music Appreciation.: <u>Beth</u> •Dancercise: <u>Tania</u> •Outing 	<ul style="list-style-type: none"> • Current Events: <u>Tania, Tina</u> • Chorus: <u>Alyssa</u> • Movers & Shakers: <u>Amparo</u> •Garden & Nature: <u>Tina</u> •Keyboard: <u>Alyssa</u> • Bain Buster: <u>Beth</u> •Photography: <u>Amparo</u> 	<ul style="list-style-type: none"> •Current Events: <u>Beth, Tina</u> •Arts & Crafts: <u>Amparo</u> •Home Economics: <u>Tina</u> •Group Games: <u>Beth & Amparo</u> •Movie Club: <u>Tina</u> •Photography: <u>Amparo</u>

			<p>1</p> <ul style="list-style-type: none"> • Chorus: /Movers & Shakers: • Lunch • Garden & Nature: Winter Birds / Keyboard: • Brain Busters: NFL Draft / Photography: Newsletter Pictures 	<p>2</p> <ul style="list-style-type: none"> •A&C: Decorate Christmas Bags/ Home Ec.: Healthy Habits •Lunch •A-Group Game: Name that TV theme song / B- Group: Wii /Movie Club-Movie of the week /Photography: Newsletter Pictures
<p>5</p> <ul style="list-style-type: none"> • A&C: Decorate Christmas Bags /ILS: Troops/Xmas Deco • Lunch • World Exploring: Three Mile Island / Newsletter: • Acting Class:Bears, Bears, Bears/ Creative Expression: Christmas Painting 	<p>6</p> <ul style="list-style-type: none"> • Spanish: Spanish conversation and games / H&WB: Dirt Pudding • Lunch • Dance: Dance Recital / Virtual Travel: Batmobile • Social Club: Spirograph/ Creative Thinking: Dice / Book Club: Harry Potter 	<p>7</p> <ul style="list-style-type: none"> •Classic Viewing: I love Lucy / Social Club: Stone Sculptor •Lunch •Wildlife: European / History: Stonehenge • Music Bio.: Selena Gomez / Dancercise: Dance Recital/Science: Set up Aquarium 	<p>8</p> <ul style="list-style-type: none"> • Chorus: /Movers & Shakers: • Lunch • Garden & Nature: Winter Garden / Keyboard: • Brain Busters: Boys II Men / Photography: Newsletter Pictures 	<p>9</p> <ul style="list-style-type: none"> •A&C: Decorate Christmas Bags / Home Ec.: Pasta •Lunch •A-Group Game: Mad libs/Balloon Smack / B- Group: Match the Pictures /Movie Club-Movie of the week /Photography: Newsletter Pictures
<p>12</p> <ul style="list-style-type: none"> • A&C: Decorate Christmas Bags /ILS: Chair/Snack • Lunch • World Exploring: Hurricane Agnes / Newsletter: • Acting Class: American Thanks/ Creative Expression: Christmas Painting 	<p>13</p> <p>OUTING</p> <p>"CiCi pizza & Target:</p> <p>Lynne, Trista, Marta, Glen, Melissa, Grace, Stephanie, Joey, Josh B.</p> <ul style="list-style-type: none"> • Spanish: The family - Vocabulary/ H&WB: Holiday Stress Reduction • Lunch • Dance: Recital / Virtual Travel: Segway • Social Club: Boys & Girls club / Creative Thinking: World kindness Day / Book Club: Harry Potter 	<p>14</p> <ul style="list-style-type: none"> •Classic Viewing: Wild West / Social Club: Conestoga View visit •Lunch •Wildlife :Raccoon Dog / History: Cowboys • Music Bio.: Dead Milkmen / Dancercise: Recital/ Science: Artificial Sweeteners 	<p>15</p> <ul style="list-style-type: none"> • Chorus: /Movers & Shakers: • Lunch • Garden & Nature: Ist Thanksgiving/ Keyboard: • Brain Busters: Thanksgiving/ Photography: Newsletter Pictures 	<p>16</p> <ul style="list-style-type: none"> •A&C: Make Gingerbread house •/ Home Ec.: BINGO •Lunch •A-Group Game: Minute to ring it/ B- Group: /Movie Club-Movie of the week /Photography: Newsletter Pictures
<p>19</p> <ul style="list-style-type: none"> • A&C: Make Gingerbread house /ILS: Math/Icebreaker • Lunch • World Exploring: Tornado Outbreak/ Newsletter: • Acting Class: Thanksgiving Day Skit/ Creative Expression: Christmas Painting 	<p>20</p> <ul style="list-style-type: none"> • Spanish: Clothing Vocabulary/ H&WB: Holiday Health & Hygiene • Lunch • Dance: Dura / Virtual Travel: Mayflower • Social Club: Corn Art/ Creative Thinking: Mystery Party / Book Club: Harry Potter 	<p>21</p> <ul style="list-style-type: none"> • Classic Viewing: Charlie Brown / Social Club: Bowling •Lunch •Wildlife: Golden Hamster / History: Baseball • Music Bio.: Lincoln Park / Dancercise: /Science: Science of Laughter 	<p>22</p> <p>THANKGIVING DAY</p> <p>CLOSED</p>	<p>23</p> <p>BLACK FRIDAY</p> <p>CLOSED</p>
<p>26</p> <ul style="list-style-type: none"> A&C: Make Birthday Cards /ILS: Count\$/Bingo • Lunch • World Exploring: Centralia / Newsletter: Squanto's Squash • Acting Class:/ Creative Expression: Christmas Painting 	<p>27</p> <ul style="list-style-type: none"> • Spanish: Bingo / H&WB: Games • Lunch • Dance: Ps pick / Virtual Travel: Canoe • Social Club: Ornaments / Creative Thinking :Coasters / Book Club: Harry Potter 	<p>28</p> <p>OUTING- Park City Mall</p> <p>(Bring Money to Make Soap & Lunch)</p> <p>Kate, Jayann, Rosie, Mac, Ben M., Jimmy, Destiny</p> <ul style="list-style-type: none"> •Classic Viewing: the Honeymooners / Social Club: Christmas Craft •Lunch •Wildlife: marbled polecat / History: Pizza • Music Bio.: Nirvana/ Dancercise: Ps pick/Science: Fish 	<p>29</p> <ul style="list-style-type: none"> • Chorus: /Movers & Shakers: • Lunch • Garden & Nature: Chives / Keyboard: • Brain Busters: Ren & Stimpy • Photography: Newsletter Pictures 	<p>30</p> <ul style="list-style-type: none"> •A&C: Decorate Christmas Bags / Home Ec.: Mason Jars •Lunch •A-Group Game: Christmas Bingo •B- Group: Bean Bag Toss /Movie Club-Movie of the week /Photography: Newsletter Pictures