

Adult Enrichment

active life day program

AE NEWS & FUN!!

NOVEMBER 2017



9:15 – 10:00 AM Daily Current Events MONDAY

10:00 – 11:00-----Arts and Crafts/ Free Time
Computer / Independent Living Skills (ILS).

11:00 – 12:00-----**Lunch.**

12:00 – 1:00-----Newsletter/ Free Time
Computer/world Culture.

1:00-2:00-----Creative Expressions/ Free
Time Computer / Acting.

TUESDAY

Outing and Regular classes every 2nd Tuesday of the month

10:00 – 11:00-----Health & Wellbeing / Free
Time Computer / Spanish.

11:00 – 12:00-----**Lunch.**

12:00 – 1:00-----Virtual Travel/ Social Club / Dance.

1:00 – 2:00 -----Book Club/ Free Time Computer /
Creative Thinking

WEDNESDAY

Outing and Regular classes every 4th Wednesday of the month.

10:00-11:00-----Classic Viewing / Free Time
Computer / Social Club.

11:00-12:00-----**Lunch.**

12:00 – 1:00 -----History / Free Time
Computer / Wildlife.

1:00-2:00 -----Music Appreciation / Free Time
Computer / Science.

THURSDAY

10:00 – 11:00 -----Movers & Shakers / Free Time
Computer /Chorus.

11:00- 12:00-----**Lunch.**

12: – 1:00 -----Garden & Nature/ Free Time
Computer / Keyboarding.

1:00 – 2:00 -----Brain Buster/ Free Time
Computer /Photography.

FRIDAY

10:00- 11:00-----Arts & Crafts/ Home Economics.

11:0 – 12:00-----**Lunch.**

12:00 – 1:00 -----Group Games / Movie Club.

12:00 – 1:00 -----Free Time Computer.

1:00 – 2:00 -----Photography / Movie club.

Outing every 3rd Friday of the month.

Daily Social Time 8:00 – 9:15 AM &
2:00 – 3:00 PM



[www.facebook.com/
Adult Enrichment Lancaster](http://www.facebook.com/Adult-Enrichment-Lancaster)

Groups for Outings

Tuesday

Group 1: Jan, May, Sept (7) Jon R., Donald, Kathy, Dewey, Allison, Dareek, Robyn
Staff: Amparo, Open ()

Group 2 Feb, June, Oct: (7) Kate, Chrissy, Matt, Shelly, Gary, Jayln, Carson
Staff: Beth, Takeisa (Jared)

Group 3 Mar, July, Nov: (8) Lynn, Trista, Sam, Angela, Marta, Glen, Melissa, Grace
Staff: Tina, Tania (Katie)

Group 4: April, Aug (8) Carly, Katie, Ekaterina, Crystal, Wilfredo, Danielle, Ernie, Loni
Staff: Amparo, Cindy (Jeff)

Wednesday

Group 1: Jan, May, Sept (7) Wilfredo, Gloria, Mike V, Bob T., Chrissy, Sierra, Robert P.
Staff: Cindy, Open (Jared)

Group 2: Feb, June, Oct (7) Jon R., Suzie, Jessenia, Jon F, Kathy, Crystal, Susan Mc.
Staff: Tania, Tina (open)

Group 3: Mar, July, Nov (8) Kate, Jayann, Rosie, Mac, Ben M, Trevor, Jimmy, Destiny
Staff: Beth, Amparo (Jeff)

Group 4: April, Aug (8) Joey, Sam, Laura, Dareek, Mike V, Jay, Shelly
Staff: Cindy, Takeisa (Katie)

Friday

Group 1: May, July, Sept., Nov. (5) Marta, Wendy, Susie, Carly, Joey, Grace
Staff: Tina, Takeisa

Group 2: June, August, Oct. (6) Donald, Bob T. Gloria, Shelly, Katie H., Dareek
Staff: Tina, Open

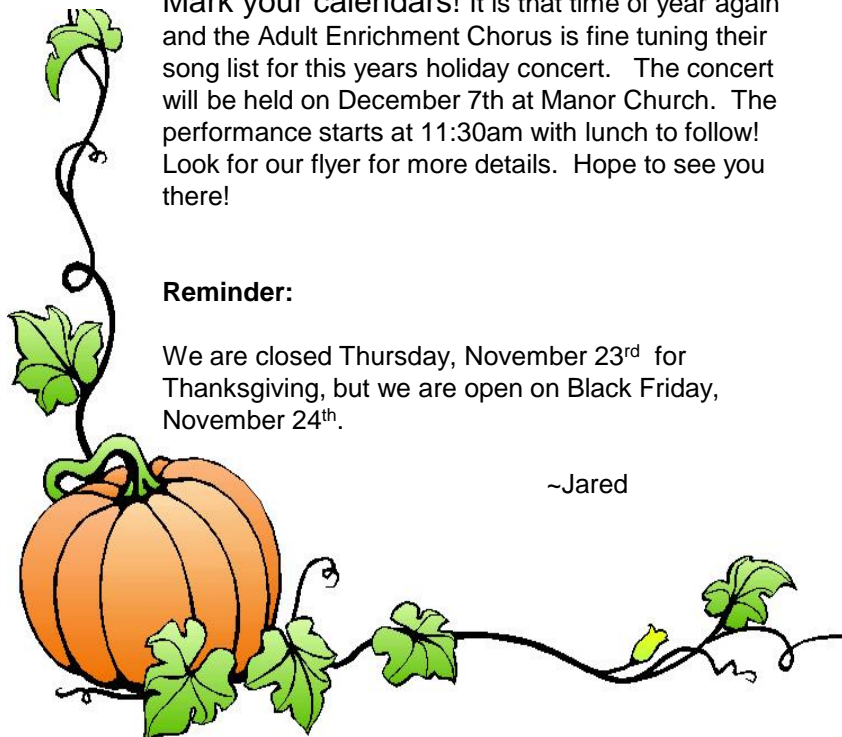
From the Directors Desk

Mark your calendars! It is that time of year again and the Adult Enrichment Chorus is fine tuning their song list for this years holiday concert. The concert will be held on December 7th at Manor Church. The performance starts at 11:30am with lunch to follow! Look for our flyer for more details. Hope to see you there!

Reminder:

We are closed Thursday, November 23rd for Thanksgiving, but we are open on Black Friday, November 24th.

~Jared





Picture by Aaron

1. GNIVIGSKNAHT
2. YEKRUT
3. SEIRREBNARC
4. LLABTOOF
5. SLEPPA
6. SEDARAP
7. YADIRFKLACB
8. YLIMAF
9. SDNEIRF
10. SEVAEL

ANSWER

LEAVES
FRIDAY, FAMILY, FRIENDS,
APPLES, PARADES, BLACK
CRANBERRIES, FOOTBALL,
THANKSGIVING, TURKEY,

WORLD CULTURE CLASS



World Cultures is one of our Monday classes. This year we have learned a lot about different countries. You can see a few of our flags on the wall. We have been working on the 50 states and we just recently learned about the difference between Pennsylvania and Arizona Grand Canyons. World Cultures is very interesting there are so many things to learn. We are looking forward to the New Year ahead!!!!



Picture by Angie

NATIONAL DIABETES MONTH

Diabetes Awareness Month

Nearly 30 million Americans suffer from diabetes, another 86 million have prediabetes, and the total national cost of diagnosed diabetics is estimated to be around \$245 billion. These statistics are a good reason to team up with Positive Promotions and make a positive difference for National Diabetes Awareness Month. Offering the most up-to-date collection of diabetes educational tools, we make it

convenient for you to bring resources to everyone in your community while reminding them of your services.

Diabetes is a group of diseases that change how the body uses glucose, defines Mayo Clinic. Diabetes comes in the form of type 1, type 2, gestational and prediabetes. Type 1 and type 2 diabetes are chronic, prediabetes is reversible and gestational diabetes may resolve after childbirth.

Positive lifestyle changes such as losing weight, exercising and keeping blood glucose levels in check can manage Type 2 diabetes to a point where some people may not need medications, which may be considered a reversal, according to WebMD.

HALLOWEEN PARTY 2017



Halloween Costume Prizes

Spookiest- Susie C/Kate M- witches
Prettiest- Jamie- princess
Most Creative- Gary/Wil- superman convict, Yoda
Most Realistic- Chrissy- cow girl
Most Powerful- Katie H- Supergirl
Scariest- Ernie- red reaper
Most Fowl- Jay- chicken
Most Fitting- Joey- whoopee cushion
Sportiest- Carson- Flyers fan
Best Movie Character- Glen/Jayann- Groot, Pirate
Most Patriotic- Dewey- flag shirt
Coolest- Destiny- Harley Quinn
Most Divine- Dereek- Jesus
Most Professional- Loni/Grace- doctor, nurse
Most Girly- Angie- cow girl
Most Mid-evil- Danielle- jester
Hoppiest- Robyn- Kermit the Frog
Biggest Fan- Allie- Eagles fan
Most Likely to be seen in Toy Story- Ben M- cowboy



Tongue Twister Day

This year Tongue Twister Day falls on November 8th.

Peter Piper picked a peck of pickled peppers

A peck of pickled peppers Peter Piper picked

If Peter Piper picked a peck of pickled peppers

Where's the peck of pickled peppers Peter Piper picked?

We learned that this popular tongue twister was based on a real person. Peter Piper was a French, one armed, pirate who liked spices.

According to the Guinness Book of World Records, the most difficult tongue twister is:

The sixth sick sheikh's sixth sheep's sick.

Here are some other tongue twisters to try:

Betty Botter bought some butter.

But she said the butter's bitter.

If I put it in my batter, it will make my batter bitter.

But a bit of better butter will make my batter better.

So 'twas better Betty Botter bought a bit of better butter.

How much wood would a woodchuck chuck, if a woodchuck could chuck wood?

He would chuck, he would, as much as he could, and chuck as much wood

As a woodchuck would if a woodchuck could chuck wood.

She sells seashells down by the seashore.

Susie works in a shoeshine shop. Where she shines she sits, and where she sits she shines.

Fuzzy Wuzzy was a bear. Fuzzy Wuzzy had no hair. Fuzzy Wuzzy wasn't fuzzy, was he?

I have got a date at a quarter to eight; I'll see you at the gate, so don't be late.

I saw a kitten eating chicken in the kitchen.

Four fine fresh fish for you.

Wayne went to wales to watch walruses.

We surely shall see the sun shine soon.

Which wristwatches are Swiss wristwatches?

Fred fed Ted bread, and Ted fed Fred bread



WORLD TELEVISION DAY

World Television Day is on November 21st, 2017

1940s. 1941: First television advertisements aired. The first official, paid television advertisement was broadcast in the United States on July 1, 1941 over New York station WNBT (now WNBC) before a baseball game between the Brooklyn Dodgers and Philadelphia Phillies.

Victor stated that he enjoyed Jimmy Swaggart and The comedy sitcom Three's Company. Elise enjoys I Love Lucy.

Mary Jane enjoys Dr. Oz Show because its very informative also Steve Harvey Show, she said that she likes Steve because he's funny and that he's a nut. Also MJ like Law and Order. Jay as well likes Law and Order too. Robert P stated that he enjoys anything from Disney.

1948: Four television networks, (NBC, CBS, ABC, and DuMont), broadcasting over 128 stations, begin a full prime-time schedule (8 to 11pm, Eastern Time), seven days a week. Television arrived in South Dakota in **May 1953** when KELO-TV began broadcasting in Sioux Falls.

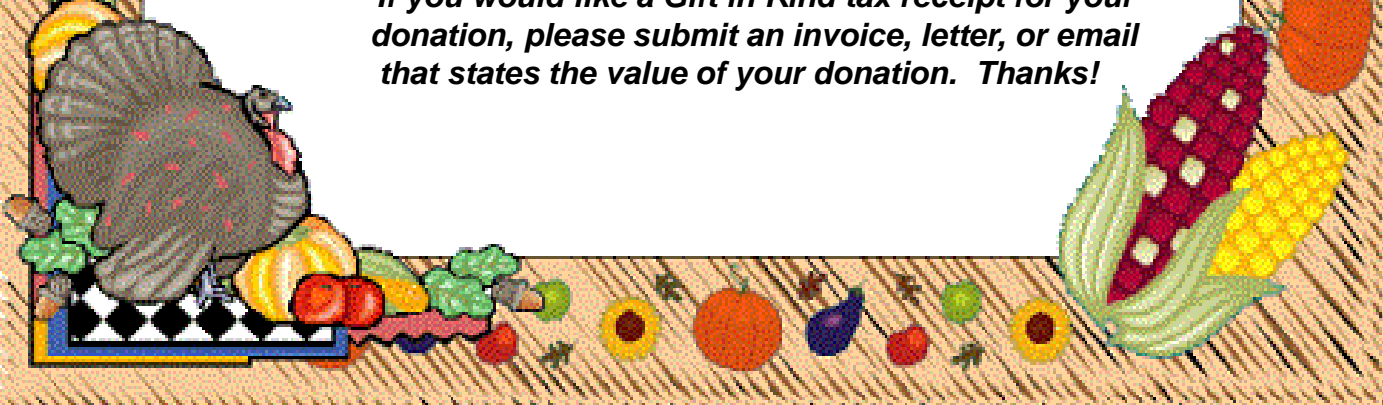


wish list

ADULT ENRICHMENT

1. ***Painting Canvases-various sizes***
2. ***Wildlife Videos***
3. ***ELMER'S Glue sticks***
4. ***Poster board and Construction paper***
5. ***Clear contact paper***
6. ***Cardstock (white and colored)***
7. ***Gift cards (Dollar Tree, Giant, Walmart)***
8. ***Dry Erasers***
9. ***Hot Glue Stick Pack, mini size, multi temp***
10. ***Plastic laundry hamper***
11. ***2 Twin sheet sets***
12. ***Lawn games***
13. ***Games- Brailleing of cards***
14. ***Old Magazines (Flower, landscape, animals)***
15. ***Watercolor Paper***
16. ***Digital Camera (12 MP or 16 MP)***
17. ***Crafting beads (with large holes)***
18. ***White out tape***
19. ***2 office staplers and staples (not mini staplers)***
20. ***Chalkboard paint***
21. ***Battery Charger for multiple size batteries including AA***

***** If you would like a Gift in Kind tax receipt for your donation, please submit an invoice, letter, or email that states the value of your donation. Thanks!***



Black Friday

Black Friday is the day after Thanksgiving. It kicks off the Christmas shopping season. It is the busiest shopping day of the year. Stores have special sales. In the past, stories of this day have often portrayed hysteria and shortage of stock. In recent years, stores have begun opening late Thanksgiving Day – some staying open all night - to give shoppers a jumpstart for their Black Friday shopping.



Pictures by Jamie

Jamie - People go Christmas shopping on that day.

Jon R. – I don't like shopping then. I don't like to be with all the people.

Joey – Major Christmas shopping! Park City is packed.

Kathy - People like to sleep in line till the stores open.

Darla – I don't go shopping then, I don't like so many people.

NATIONAL BITTERSWEET CHOCOLATE WITH ALMONDS DAY

For those who like bittersweet chocolate and almonds, we are glad to promote this special day: National Bittersweet Chocolate with Almonds Day is on November 7th each year.

Bittersweet chocolate is chocolate liquor with sugar, cocoa butter and vanilla. It has less sugar and more liquor than semisweet chocolate. However, you may interchange them when baking.

Studies show health benefits from eating small quantities of bittersweet chocolate. Almonds have health benefits as well. Pairing the two of them together gives us a delicious and healthful snack to be enjoyed on this fall day.

Observe this day by enjoying a recipe like bittersweet chocolate bark with marcona almonds, bittersweet chocolate and almond cake

Chocolate dipped almond anise biscutti or the perfect chocolate chip.

Chocolate (whole wheat)

Use Bittersweet Chocolate With Almonds Day to post on social media.

Kathy - My grandmother dipped Ritz peanut butter crackers in Bittersweet chocolate.

Darla - My sister makes strawberries dipped in chocolate.

Joey - I like Almond Joy.

Jon W. - Bacon dipped in chocolate is good.

Jamie - I like to eat almonds...with chocolate or without.

Jon R. - I like bittersweet chocolate in my chocolate chip cookies.



JOKES

Contributed by Newsletter Group

1. WHY DO ELEPHANTS NEVER FORGET?

Answer: nobody tells them anything

2. WHAT DO YOU GET WHEN YOU CROSS A PARROT WITH A CENTIPEDE?

Answer: Walkie Talkie

3. WHAT IS THE STRONGEST ANIMAL?

Answer: Snail. He carries his house on his back

4. KNOCK KNOCKWHO'S THERE? CHEESE! CHEESE WHO?

Answer: Cheese! Just open the door and let me in

5. WHAT DID MICKEY SAY WHEN MINNIE ASKED IF HE WAS LISTENING?

Answer: I'm all ears

6. WHAT DID ONE EAR SAY TO THE OTHER EAR?

Answer: Between us we have Brains

Special Guest for White Cane Safety Day



On Thursday, October 19th, Jennifer Eaton, of Vision Corps came to talk with us about White Cane Safety, during Current Events.

Glenn - She talked about canes.

Brittany - I learned how blind people use the cane.

Elliott - Blind people use their canes to feel objects so they don't trip over them.

Darla - I heard about some people who have guide dogs.

Shelly - I learned things the blind need to do to be safe. It is m more difficult to learn when you can't see what is around you.

Kathy - I thought it was interesting how you open up the cane. When I was on public transportation, we picked up a man from Vision Corps who had a German Shepherd guide dog named, Dewey.

Carly - It was cool. It helped us to see into the world of blind people a little bit.



ACTING CLASS



In Acting Class we have done a series of Mother Goose skits.

Ali – We did the 'Three Little Kittens'. It was fun.

Derek – It makes me happy.

Ben W. - I liked the 'Cow Jumper Over the Moon'.

Alvin – I liked 'Georgie Porgie'.

Crystal – I was the little sister in 'Pat-a-Cake, Pat-a-Cake'.

SPOTLIGHT

INTERVIEW WITH

Brittany

Questions asked By
The Adult
Enrichment
Newsletter Group



1. WHAT IS YOUR FAVORITE FOOD TO EAT?

Answer- Pepperoni Pizza

2. WHAT ARE YOUR FAVORITE COLORS?

Answer- Pink and Purple

3. WHAT TYPE OF WEATHER DO YOU LIKE?

Answer – Warm

4. DO YOU HAVE ANY PETS?

Answer- 3 dogs named Magic, Remington, Nikki

5. DO YOU LIKE ANY SPORTS?

Answer- Cheerleading

6. WHO IS IN YOUR FAMILY?

Answer- I'm from a family of ten (5 sisters, and 5 brothers)

7. WHAT IS YOUR FAVORITE TV SHOW?

Answer- Justin Bieber

8. WHAT IS YOUR FAVORITE DESSERT?

Answer- Mint Chocolate Chip Ice Cream

9. WHAT IS YOUR FAVORITE MOVIE?

Answer - Wizard of Waverly Place

10. WHERE DID YOU GO TO HIGH SCHOOL?

Answer - Solanco

Here are some things we are thankful for...

Matt - Mom and Dad

Darla -Thanksgiving celebration, being with my family

Chrissy - Boyz 2 Men

Dareek - My Mom

Alvin - Adult Enrichment

Kathy - I am thankful for my family. They all come to visit.

Derek - Computer, listening to music, food, my bed, sleeping, sofa, watching TV

Joey - I am thankful for family.

Lynne – AE and Monkeys

Carson - Mom and Dad

Ben M. - Minions

Jon W. - I am thankful for friends and for everything that keeps life interesting.

Donald - Paul Revere and the Raiders from 1971, Indian Nation

Jon R. - Friends and my church, macaroni and cheese

Ben W - Music groups

Ali - Family

Victor - Coffee

MJ - Thanksgiving with my family and Crazy Ed

Jay - Pizza

Loni - My Nephews

Brittany - Family and friends and my three dogs

Elise - Pumpkin Pie

Missy - My Mom

Shelly - Usher

Crystal - My boyfriend, Mom, cat and my friend Ali

Glenn - Family

Katie - To come here to AE

Will - My friends

Danielle - To be living for another year



THANKSGIVING DAY

The first Thanksgiving day the pilgrims and Indians eat a meal together as a sign of peace and thanksgiving.. Thanksgiving meal usually consist of Turkey, Stuffing, potatoes, gravy, biscuits, sweet potato casserole, cranberry sauce, sweet potato rolls, Ham, macaroni and cheese, etc. The desserts are pumpkin pie, chocolate cake, apple pie, chocolate chip cookies, ice cream etc.. Brittany said that Thanksgiving is where you gather together with family and friends to eat, pray , fellowship

and give thanks for all the good things in our lives.. Every Thanksgiving, there is the Macy Thanksgiving Day Parade. Afterwards there is Football on Television. This year Thanksgivings Day is on Thursday November 23rd, 2017.

VETERAN'S DAY



This year Veterans Day is on Saturday November 11th, 2017. Veterans Day is to honored Veterans who are alive and also dead .

Victor recalled that his Father was a Veteran and fought in World

War 2. Victor's brother fought in the Vietnam War.

Veterans Day is an official United States public holiday,

observed annually on November 11, that honors military veterans; that is, persons who served in the United States Armed Forces. It coincides with other holidays, including Armistice Day and Remembrance Day, celebrated in other countries that mark the anniversary of the end of World War I; major hostilities of World War I were formally ended at the 11th hour of the 11th day of the 11th month of 1918, when the Armistice with Germany went into effect. The United States previously observed Armistice Day. The U.S. holiday was renamed Veterans Day in 1954.

Veterans Day is not to be confused with Memorial Day, a U.S. public holiday in May; Veterans Day celebrates the service of all U.S. military veterans, while Memorial Day honors those who *died* while in military service.† It is also not to be confused with Armed Forces Day, a mino.

DAYLIGHT SAVINGS TIME ENDS



Daylight Savings Time ends on November 5th 2017. A way to remember this is the saying Spring ahead or Fall Back. In Fall we must turn our clocks back one hour. Also it will get dark really early.

Also during this time you should change the batteries in your smoke detectors. Also the season usually gets colder. One could go apple picking or collect acorns and pine cones.

Because it will get colder, for Dinner one could have Chili or Soup.

You can drink Hot Chocolate with Whipped Cream and chocolate chip cookies. The leaves of the tree change colors and begin to fall off the trees. One could pick Pumpkins at a pumpkin patch.

Question to Participants

What is your favorite kind of pizza?

Elise likes Sausage and onion Pizza

Mary Jane likes plain cheese pizza

Victor likes pepperoni pizza

Jayann likes pepperoni or Supreme

Jay said that he enjoy Mushroom pizza

Gloria likes pepperoni, sausage, and green peppers

Some Pizza Restaurants are: Pizza Hut/ Domino's/

Metro/Pasquale's/ Papa John's/etc. Here at Adult

Enrichment, some participants celebrate their

Birthdays with a pizza party for their fellow participants and/or staff.



FALL TREE



In Arts & Crafts Group, we made a fall tree. The first step we did was to take a small brown paper, and draw straight from the top to the middle of the bag.

Next, we took a rectangular cardboard cutout and placed it inside the bag. We then proceeded to cut down the lines we drew. The next step was to color, leave the bag natural, in which some of us chose to color while others went natural.

After that, we took scissors and cut along the lines we drew which gave the bag a frayed look.

We then twisted from the bottom of the bag, until we reached the middle. Then we twisted the fringed strips together. We finished the tree base and glued the crepe paper leaves in various colors like orange, green, and yellow.

Our class really enjoyed making this project; especially the twisting... it was the best!



World KINDNESS DAY

November 13th World Kindness Day, is an unofficial holiday to be kind to one another and spread happiness, joy and peace through doing acts of kindness. Researchers have found that doing acts of kindness makes one happy, and people who are happy tend to be kinder to others.

How would you like to observe World Kindness Day this year?

Brittany – Help pick up the trash around my home.

Wendy – Sponsor an animal who is endangered.

Elise – Say ‘thank you’ to the one, who makes my coffee.

Danielle – Give my dog a bath.

Elliott – Compliment my co-workers.

Ernie – Do house chores.

Carly – Lend a listening ear to a friend.

Kathy – Help my parents by doing things around the house.

Wil – Hold the door for someone.



SQUARE DANCE DAY



Picture by Ernie

Square Dancing Day is November 29th. Square Dancing has English, Irish and Scottish roots. Square dances were first documented in England in the 17th-century. European settlers brought it to North America, where it evolved over the years. The Western American square dance is probably the most famous type of square dance in the world. Square dancing is mainly associated with a romanticized image of the Old West, and cowboys wooing Southern belles during

dances organized at saloons to celebrate various occasions. The dance is accompanied by festive, lively music on guitars, fiddles, accordions and bagpipes. The dancing couples, form patterns of lines, circles and squares. In most American forms of square dance, the dancers are prompted through the usually not one of the dancers. Interest in square dancing revived in New York City in the 1950s, during the American folk music revival.

Celebrate Square Dancing Day by learning it! Find a friend and enroll in a dance class. None of the AE participants, we polled had ever tried Square Dancing. Many of us have seen r steps by a "caller". The "caller" is it on TV. A few have seen it live. Joey and Kathy said they would like to try Square Dancing. Jamie and Darla would not give it a try.



Picture by Ernie



Picture by Kathy



Picture by Jamie



Picture by Staff

TURKEY



Picture by Robert P.

The turkey is one of the most famous birds in North America. Benjamin Franklin wanted to make the wild turkey, the national bird of the United States, not the Bald Eagle! At the first Thanksgiving, the pilgrims and Indians ate turkey. Turkeys heads can change color depending on their mood. It can be red, white or blue.

Jamie - Red is when they are angry. White is when they are happy and Blue is when they are sad:

Males gobble and fluff their feathers like a peacock when they are trying to attract a mate.

Darla - We eat turkey at thanksgiving.

Here are some things we like to eat with turkey....

Jamie - Stuffing,

Darla - mashed potatoes,

Kathy - pumpkin pie, and sweet potatoes with marshmallows,

Joey - creamed corn

What do you know about turkey parts? Below, test your knowledge, by matching names of turkey parts with their definitions.

_____ Caruncle

_____ Hen

_____ Poult

_____ Gizzard

_____ Snood

_____ Tom

_____ Wattle

1. part of a bird's stomach that contains tiny stones. It helps them grind up food for digestion.

2. The flap of skin under the turkey's chin. Turns bright red when the turkey is upset or during courtship.

3. The flap of skin that hangs over the turkey's beak. Turns bright red when the turkey is upset or during courtship.

4. A male turkey. Also known as a gobbler.

5. A female turkey.

6. Brightly colored growths on the throat region. Turns bright red when the turkey is upset or during courtship

7. A baby turkey. A chick.

Election Day

Election Day in the USA is held the Tuesday after the first Monday in November. It offers citizens the opportunity to vote for candidates they support. We asked some participants if they vote:

Carson - Heck, yeah! I'm registered to vote.

Dewey - If I don't like either candidate, I don't vote.

Robyn - I vote.

Ernie - I want someone who will do what they said they will do. And someone who will help the community.

Susan M. - I don't vote, but my Mom and Dad did.



Picture by Aaron

HAPPY BIRTHDAY

November
2017



Nov. 5th Jayann



Nov. 19th Joshua



Nov. 26th Amparo

FRIED BANANA HAZELNUT TORTILLA RECIPE

Contributed by ILS Class



Place the Tortilla onto a flat surface. For the banana cut some of the banana off so it can fit into the tortilla. Spread some Nutella into the middle of the Tortilla. Place the banana in the center. Fold one end to the middle part and fold left and right sides of the Tortilla

over the end of the banana, then continue to roll the tortilla until to the end. Secure with toothpick. Pre-heat vegetable oil. Then put banana stuffed tortilla to cook in the vegetable oil until golden brown. Put cooked tortilla on a paper towel to drain excess oil. Mix together cinnamon and sugar, then coat tortilla with the mixture. After coating sugar mixture on the tortilla, then drizzle caramel over top of the tortilla. Serve with ice cream or whipped cream. I hope you enjoy this dessert as much as my ILS class did.

NOVEMBER FRUIT APPLE



Picture by Wilfredo

The Apple is the fruit of November. Jayann, Gloria, Elise, Jay stated that they all love Apples.

Jayann said that apples are delicious. You can use apples in pies, cider, sauce, juice, Apple fritters, apple dumplings, baked apples, fried apples. You can have candied apples. Like the old saying goes A apple a Day

keeps the Doctor Away. If you like a person could go Apple picking. Some of the varieties of apples are Gala, Granny Smith, yellow Delicious, red Delicious, MacIntosh to name a few.



NOVEMBER WORDS SEARCH



F R I D A Y P G N R V S I P H E I P D L H F I S S
Y J Z Y H A N J C I J T E D U V H X F L L F K N O
V R I E R I S Y E V K Q F I D L S P M A M R W O N
U W Q A F E D O Y C Z P D K R S Z H Z B K S A B B
Y Z D F L N Z Q E X I C M Q T R S L M T H X K F S
Q E U P C E M P K F X Z C U U B E Z V O Q Q D D U
S T P J S R M V R H B E Y Q P G E B W O I P F F T
S A T Q I I E P U T I P F U U Y K Z N F D A U Y D
V N W J K X I A T I Q L K I J P E O C A P C I I H
Z A P X J N K V M V Q S H O L N O J A C R S L A S
H Q Z P R R L Q K C A L B R K A V T D A F C Y N Q
E I A D Z M W L S W Y N Y D E L I C A K Q R A F W
F Q P W A Z J N W N Z F S R W D Y T G T G O M R H
Y G J S F J J Z N Q U T K W T B I X G C O P S M Y
M R H Y E J A E X J U B Y X H O V C L E N E G A L
N E G V G R E W R S G N I V I G S K N A H T S C E
D D O A G R V A W B N U Z T S M J P Q W W A P A A
Q Y D R G X B I S C U I T S S Y J Y Z K O A L R V
J U C G V H B N F L T A D Y Z L R W U F R G R O E
Y N C D S E O Y C S B G E B V V S V S A A C W N S
S D N E I R F W N O V M S I U X Y O N O K M Z I V
A B F A F R B S W N C C M X T A B D H V Q W I G Y
P I B C O G Z Q K Q E A L D F U Z H N M C M N L C
R R O Q P R J V J S T J R Y M E T P H X I Y L X Y
B E A N S E B H E D F E U U A O K Z P K C F B X N

THANKSGIVINGS
TURKEY
CRANBERRIES
FOOTBALL
APPLES
PARADES
BLACK FRIDAY

FAMILY
FRIENDS
LEAVES
CIDER
STUFFING
PUMPKIN PIE
GRAVY

BISCUITS
MASHED POTATOES
YAMS
GREEN BEANS
ICE CREAM
MACARONI
DOG SHOW

NOVEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> •Current Events: <u>Beth/Cindy</u> • Arts & Crafts: <u>Amparo</u> • Independent Living Skills (ILS) <u>Tania</u> • Newsletter: <u>Amparo, Cindy & Takesia</u> • World Cultures: <u>Tina</u> • Creative Expression: <u>Beth</u> • Acting: <u>Cindy</u> 	<ul style="list-style-type: none"> • Current Events: <u>Beth/ Tania</u> • Spanish: <u>Amparo</u> • Health & Wellbeing: <u>Beth</u> •Dance: <u>Tania</u> • Virtual Travel: <u>Cindy</u> •Social Club: <u>Tina</u> • Book Club: <u>Beth</u> •Creative Thinking: <u>Tina</u> •Outing 	<ul style="list-style-type: none"> •Current Events: <u>Cindy, Tina</u> •Classic Viewing: <u>Tania</u> •Social Club: <u>Cindy</u> •Wildlife: <u>Tania</u> •History: <u>Beth</u> •Science: <u>Cindy</u> •Music Appreciation.: <u>Beth</u> •Danceexercise: <u>Tania</u> •Outing 	<ul style="list-style-type: none"> • Current Events: <u>Tania, Tina</u> • Chorus: <u>Alyssa</u> • Movers & Shakers: <u>Amparo</u> •Garden & Nature: <u>Tina</u> •Keyboard: <u>Alyssa</u> • Bain Buster: <u>Beth</u> •Photography: <u>Amparo</u> 	<ul style="list-style-type: none"> •Current Events: <u>Beth, Tina</u> •Arts & Crafts: <u>Amparo</u> •Home Economics: <u>Tina</u> •Group Games: <u>Beth</u> •Movie Club: <u>Tina</u> •Photography: <u>Amparo</u>

		<p>1</p> <ul style="list-style-type: none"> •Classic Viewing: Andy griffith /Social Club: Fall Craft •lunch •Wildlife: Alligator / •History: Hoovervilles •Science: Birds •Music Bio.: ASL in Music •Danceexercise- Zumba 	<p>2</p> <ul style="list-style-type: none"> • Chorus: /Movers & Shakers: • Lunch • Garden & Nature: Bugs/Keyboard: • Brain Busters: Full House • Photography: Take Pictures for a Newsletter 	<p>3</p> <ul style="list-style-type: none"> •A&C: Styrofoam snowman / Home Ec.: Vitamins •Lunch •Group Games: TV Theme Songs •/Movie Club: Movie of the week Photography: Take Picture for a Newsletter
<p>6</p> <ul style="list-style-type: none"> • A&C: Styrofoam snowman /ILS: Troops • Lunch • World Cultures : Hawaii/ Newsletter: • Acting Class: Bears/ • Creative Expression: Print Making 	<p>7</p> <ul style="list-style-type: none"> • Spanish: Food Vocabulary/ H&WB: Finish sugar poster • Lunch • Social Club: Stations /Dance: freeze and Move/ Virtual Travel: Motorcycle/ • Creative Thinking: Muppet Story/ Book Club: Alice in Wonderland 	<p>8</p> <ul style="list-style-type: none"> •Classic Viewing: 3's company/Social Club: Feelings •lunch •Wildlife: dolphin •History: Valley Forge •Science: Army Science / • Music Bio.: Patsy Kline •Danceexercise- Freeze and Move 	<p>9</p> <ul style="list-style-type: none"> • Chorus: /Movers & Shakers: • Lunch • Garden & Nature: Frost/Keyboard: • Brain Busters: 1950's music • Photography: Take Pictures for a Newsletter 	<p>10</p> <ul style="list-style-type: none"> •A&C: Decorate the Xmas Wreaths/ Home Ec.: Apple Craft •Lunch •Group Games: Mad Libs •/Movie Club: Movie of the week Photography: Take Picture for a Newsletter
<p>13</p> <ul style="list-style-type: none"> • A&C: Decorate the Lantern /ILS: Chair/Snack • Lunch • World Cultures : Pilgrams / Newsletter: • Acting Class: Charades / • Creative Expression: Print making 	<p>14 OUTING- Bowling Lynn, Trista, Sam, Angela, Marta, Glen, Melissa, Grace</p> <ul style="list-style-type: none"> • Spanish: Matching game / H&WB: Skin care • Lunch • Social Club: Bingo/ Dance: Flash Mob/ Virtual Travel: Canoe • Creative Thinking: Muppet Story/ Book Club: Alice in Wonderland 	<p>15</p> <ul style="list-style-type: none"> •Classic Viewing: Jeffersons / Social Club: Football-cheers •Lunch •Wildlife: Swordfish History: Helen Keller Science: Turkeys / Music Bio.: Kiss Danceexercise- Flash Mob 	<p>16</p> <ul style="list-style-type: none"> • Chorus: /Movers & Shakers: • Lunch • Garden & Nature: Turkeys/ Keyboard: • Brain Busters: Batman • Photography: Take Pictures for a Newsletter 	<p>17 Movie Outing #1 Marta, Wendy, Susie, Carly, Joey, Grace</p> <ul style="list-style-type: none"> •A&C: Christmas Ornaments / Home Ec.: Grilled Cheese •Lunch : •Group Games: Ping Pong Pitch •/Movie Club Movie of the week Photography: Newsletter Pictures
<p>20</p> <ul style="list-style-type: none"> • A&C: Christmas Ornaments / ILS: Math • Lunch • World Cultures : Idaho / Newsletter: • Acting Class: Thanksging / • Creative Expression: Concert Decorations 	<p>21</p> <ul style="list-style-type: none"> • Spanish: PACO- SPANISH LESSON 3: GREETINGS / H&WB: Stress Balls • Lunch • Dance: Just Dance / Virtual Travel: Mayflower/Social club: Garfields Thanksgiving • Creative Thinking: Turkey Caper/ Book Club: Alice in Wonderland 	<p>22 OUTING- Park City Mall Kate, Jayann, Rosie, Mac, Ben M, Trevor, Jimmy</p> <ul style="list-style-type: none"> •Classic Viewing: Knight Rider /Social Club: Manor Care Visit •Lunch •Wildlife: Seal /History: Harriet Tubman • Science: The 4 Seasons/ Music Bio.: Nick Jonas •Danceexercise- Just dance 	<p>23</p> <p style="text-align: center;">CLOSED</p> <p style="text-align: center;">THANKSGIVING DAY</p>	<p>24</p> <ul style="list-style-type: none"> •A&C: Finish the Xmas ornament or make Jewelry/ •Home Ec.: Tye Dye Tissue •Lunch •Group Games: TBA •/Movie Club: Movie of the week Photography: Take Picture for a Newsletter
<p>27</p> <ul style="list-style-type: none"> • A&C: Christmas ornament/ ILS : Count \$ • Lunch • World Cultures : Illinois / Newsletter: • Acting Class: Squanto's Squash /Creatives Expression: Concert Decorations 	<p>28</p> <ul style="list-style-type: none"> • Spanish: Review/ • H&WB: Chair Exercises • Lunch • Dance: Kidz Bop / Virtual Travel: Extreme vehicles • Social Club: Baggie • Painting/Creative Thinking: Writing/ Book Club: Alice in Wonderland 	<p>•29</p> <ul style="list-style-type: none"> •Classic Viewing: McHale's Navy /Social Club: Affects of Giving Thanks •lunch •Wildlife: Shark /History: Harriet Tubman Science: Oranges Music Bio.: Ian Van Dahle •Danceexercise- Kidz Bop 	<p>30</p> <ul style="list-style-type: none"> • Chorus: /Movers & Shakers: • Lunch • Garden & Nature: Avalanches/ Keyboard: • Brain Busters: Popeye • Photography: Take Pictures for a Newsletter 	