

Adult Enrichment

active life day program

AE NEWS & FUN!!



SEPTEMBER 2018

9:15 – 10:00 AM Daily Current Events MONDAY

10:00 – 11:00-----Arts and Crafts/ Free Time
Computer / Independent Living Skills (ILS).

11:00 – 12:00-----Lunch.

12:00 – 1:00-----Newsletter/ Free Time
Computer/world Culture.

1:00-2:00-----Creative Expressions/ Free
Time Computer / Acting.

TUESDAY

Outing and Regular classes every 2nd Tuesday of the month

10:00 – 11:00-----Health & Wellbeing / Free
Time Computer / Spanish.

11:00 – 12:00-----Lunch.

12:00 – 1:00-----Virtual Travel/ Social Club / Dance.

1:00 – 2:00 -----Book Club/ Free Time Computer /
Creative Thinking

WEDNESDAY

Outing and Regular classes every 4th Wednesday of the month.

10:00-11:00-----Classic Viewing / Free Time
Computer / Social Club.

11:00-12:00-----Lunch.

12:00 – 1:00 -----History / Free Time
Computer / Wildlife.

1:00-2:00 -----Music Appreciation/ Science.
Dancercise .

THURSDAY

10:00 – 11:00 -----Movers & Shakers / Free Time
Computer /Chorus.

11:00- 12:00-----Lunch.

12: - 1:00 -----Garden & Nature/ Free Time
Computer / Keyboarding.

1:00 – 2:00 -----Brain Buster/ Free Time
Computer /Photography.

FRIDAY

10:00- 11:00-----Arts & Crafts/ Home Economics.

11:0 – 12:00 -----Lunch.

12:00 – 1:00 -----Group Games / Movie Club.

12:00 – 1:00 -----Free Time Computer.

1:00 – 2:00 -----Photography / Movie club.

Outing every 3rd Friday of the month.

Daily Social Time 8:00 – 9:15 AM &
2:00 – 3:00 PM

Tuesday

Group 1: Jan, May, Sept Jon R., Donald, Kathy S., Dewey, Allison, Dareek,
Robyn, Destiny, Carlos

Staff: Amparo, Lory (John)

Group 2 Feb, June, Oct: Kate, Chrissy, Matt, Gary, JayIn, June, Gretchen,
Mike V., Jordan, Christopher

Staff: Beth, Takeisa (Jared)

Group 3 Mar, July, Nov: Lynne, Trista, Marta, Glen, Melissa, Grace,
Stephanie, Joey, Josh B.

Staff: Tina, Tania (Katie)

Group 4: April, Aug Carly, Katie, Crystal, Wilfredo, Danielle, Ernie, Loni,
Weston, Keri

Staff: Amparo, Cindy (open)

Wednesday

Group 1: Jan, May, Sept Wilfredo , Bob T., Chrissy, Robert P., Keri, Carlos

Staff: Cindy, Lory (Jared)

Group 2: Feb, June, Oct Jon R, Jessenia, Jon F, Kathy S., Crystal, Susan Mc.,
Daniel R.

Staff: Tania, Tina (John)

Group 3: Mar, July, Nov Kate, Jayann, Rosie, Mac, Ben M., Jimmy, Destiny

Staff: Beth, Amparo (Open)

Group 4: April, Aug Laura S., Dareek, Mike V., Jay, Josh B, Allegra

Staff: Cindy, Takeisa (Katie)

Friday

Group 1: Feb, April, June, August, Oct., Marta, Carly, Joey, Matt, Destiny,
Robyn, Stephanie

Staff: Tina, Takeisa

Group 2: Jan, Mar, May, July, Sept, Nov. Donald, Katie H., Dareek, Benessia,

Staff: Tina, Lory

From the Directors Desk

I would like to personally invite you to attend
our Annual Friends and Family Picnic
scheduled for Friday, September 21, 2018!

You are welcomed to join us from 11am-2pm
for fun, and of course food! A separate flyer
with additional details has been sent home, so
be sure to keep an eye out. We look forward
to having you join us!

Questions 717.397.5600

~Jared



[www.facebook.com/
Adult Enrichment Lancaster](http://www.facebook.com/Adult-Enrichment-Lancaster)



Meet Jordan & Rachel!

Questions By: AE
Newsletter Group

JORDAN

Where are you from?

Lancaster, in the Penn Manor area

What did you like to do at Penn Manor? Gym

Do you have any brothers or sisters?

I have a nephew Thomas, and a brother named Noah.

What is your favorite color? Red

Do you have any dogs? Taser, Bobby, Wendell and Nugget

What are your hobbies? I like to play games, like Xbox and 360

What is your favorite food? Subs

Do you have a favorite present you got for Christmas?

A microphone

What do you want to be when you grow up?

A super hero, Spiderman

Who do you live with? My Mom and Tommy, my stepdad

What is your favorite sport? Football. The Ravens are my favorite team.

Have you ever been out of this state? I went to Oregon for vacation.



RACHEL

Who lives at your home?

My roommate, Redi, is my best friend and Joey, is her son.

Do you have any brothers or sisters?

3 sisters, and 1 brother Lala, Kristine, Nat, Becky, then me.

Do you have any cousins?

I have 7 cousins. I just saw them at my nephew's birthday party.

Where did you go to school?

I went to McCaskey

What kind of movies are you into?

Comedies, romantic comedies

What kind of music do you like?

I like all kinds of music. Hop, Rap, Christian worship; not Country

Why did you choose to work here?

I was looking for a new opportunity.

What is your favorite color?

Purple

Do you have a favorite flower?

I like Gerbera Daisies.

Do you have Hobbies? Crocheting, Netflix, and I have a labradoodle dog, named Domino.

What was your favorite vacation? San Francisco. I have some good friends who moved out there.

What is your favorite Food? Mac N Cheese

Who has influenced your life? My Aunt Judy. She was a very strong and independent woman. She taught me to not be afraid to dream big.

Are you married? I am getting married next November. Matt and I got engaged in June at Rehoboth beach.





ADULT ENRICHMENT WISH LIST

1. Gift cards (Dollar Tree, Giant, Walmart, That Pet Place)
2. Games- Brailleing of cards
3. Watercolor paper
4. 25 Canvasses Panel 4" X 6" for Arts & Crafts (Amparo)
5. Sea shells – for Arts and Crafts
4. White Card stock
5. Masking Tape
6. Replacement rolls of Scotch tape
7. Computer Speakers (Orange Room)
8. Earphones for the computer room
9. Wii Games
10. Boxes of Tissues
11. 20-30 gal. aquarium for Science class
13. Large and X-Large Paper Punch Squeeze shapes for Arts and Crafts
14. 18 Frisbees: 9 of one color and 9 of another color for Tic Tac Toe
15. Masking Tape rolls of various widths for a craft
16. Small canvasses (13)
17. Post it notes
18. Lap tops (2)
19. Lids for Mason jars

If you would like a Gift in Kind tax receipt for your donation, please submit an invoice, letter, or email that states the value of your donation.

Thanks!

SEPTEMBER HAPPY BIRTHDAYS



Sept. 3rd Michael V.



Sept. 8th Jonathan F.



Sept. 18th Beth M.



Sept. 12th Nicole A.



Sept. 23^{er} Joshua, B

SEPTEMBER FLOWER OF THE MONTH



Aster SEPTEMBER BIRTH FLOWER

Wisdom
Faith
Valour

The aster is the September birth flower. Part of the daisy family, it is a composite flower, which means that it is made of a central core of tiny flower heads surrounded by long petals. The aster is a wildflower with more than 600 species, with colors range from white to red and orange. However, the aster is known best for its striking bluish-purple color. This September flower is also one of the most colorful flowers of fall.

According to the ancient Greeks, the aster flower came to be when the Greek god, Astraea, was saddened by how few stars were in the sky. One night, she was so upset that she began to cry. As the tears streamed down her face and hit the ground, they turned into beautiful star-shaped aster flowers. In Greek, *aster* means “star.”

Fun Flower Facts: Morning Glory. The morning glory (scientifically known as ipomoea) is a genus with over 1000 species of climbing flowering plants with large, showy trumpet-shaped flowers and heart-shaped leaves. The fragrant flowers come in a rainbow of colours, including blue, red, pink, purple and white. Victor and Rosie said the flowers are very lovely. Robert P and Chris S said that he likes Tulips. Mary Jane said she likes any old flowers. Rosie start to list some flowers; Daffodils, marigolds, lilies, sun flowers, daisies, etc.



NATIONAL PIANO MONTH

The Newsletter Group came up with these Famous piano players: Liberace/Little Richard/Elton John/Stevie Wonder/John Legend/Mozart/Alicia Keys/ Ray Charles/ Ronnie Milsap/ Billy Joel to name a few. piano has been an integral part of Western music since the late eighteenth century. Although invented around the year 1700, it took

several decades before the instrument had become a favorite of composers and performers alike. The piano underwent enormous change in its first 150 years, and the two regional schools of Instrument makers—Vienna and London—gave musicians a large choice of pianos with differing tonal characteristics. Versions of the instrument eventually developed that were space-efficient, first the square piano and later the upright, which allowed it to find its way into middle-class homes.



Celebrate National Indoor Plant Week

The third week in September is National Indoor Plant Week. Indoor Plants make our lives better in many ways. They clean our air by removing harmful pollutants. And scientific research that shows houseplants improve mental health. They can improve memory and concentration.

What house plants do you have at your house?



Jamie – None, We have pink and purple rosebushes outside.

Kathy S. – We have two out on the back porch. The succulent I planted in Tina’s Garden and Nature class is out there.

Jon W. – We have Bob, the Hyacinth, George is a fern, and I don’t remember what kind of plant Buck is. My mom names our house plants.

Derek – We have a plant in our kitchen and in our basement. We have also have a plant on the floor and on the mantle of the fireplace. Mom waters them.

MJ – We have plants everywhere at home. We have some in the sunporch.



NEWSPAPER CARRIER DAY

The origin of **Newspaper Carrier Day** is unknown. It is celebrated every year on September 4th. It honors Barney Flaherty, the very first paperboy, as well as all current newspaper carriers. Barney Flaherty was hired on September 4th by Benjamin Day, the publisher of the New York Sun.

Jonathan W. was a delivery boy:

“I went around the neighborhood and delivered afternoon papers. I walked across the street to pick up the stack of papers. I brought them home and rolled each one up and put a rubber band around it. When it was raining, I put each one in a little bag. I wore a pouch that held papers both in front and in the back. I walked around the hood and pitched them onto people’s porches. I never broke a window. It took me a couple months to memorize the list of the newspaper recipients. I delivered papers for awhile. It was a good way to kill the afternoon, and make a little dough. But I never heard of Newspaper Carrier Day.”

Our ideas for celebrating Newspaper Carrier Day:

Jon W. - Leave a tip and a note in an envelope on your front porch.

Derek – Show them your appreciation and thankfulness for what they do.

Kathy S. – Take a picture of you with your newspaper carrier.

Linda – I knew a Steve Bush who was a newspaper carrier in Bloomsburg.

Bake cookies, wrap them and leave them out for the delivery boy, with a thank you note.



NATIONAL CHEESE PIZZA DAY



On September 5th, one of the most popular varieties of pizzas gets its day of honor. Hold the toppings, please. It's National Cheese Pizza Day!

In ancient Greece, the Greeks covered their bread with oils, herbs, and cheese which some believe is the beginning of the "pizza".

In Byzantine Greek, the word was spelled "*πίτα*", *pita*, meaning pie.

A sheet of dough topped with cheese and honey, then flavored with bay leaves was developed by the Romans.

The modern pizza had its beginning in Italy as the Neapolitan flatbread.

The original pizza used only mozzarella cheese, mainly the highest quality buffalo mozzarella variant which was produced in the surroundings of Naples.

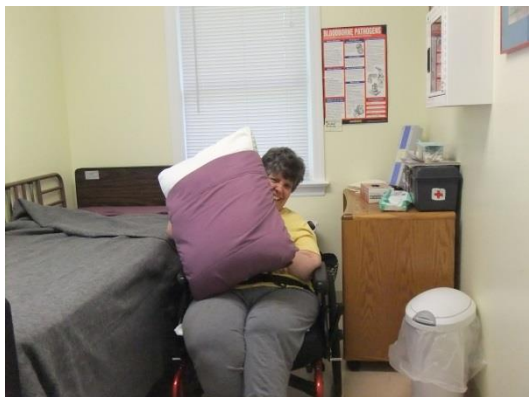
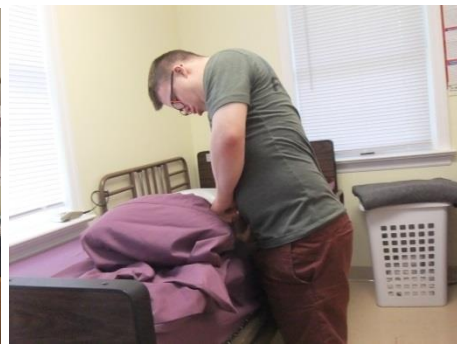
It was estimated that the annual production of pizza cheese in the United States in 1997 was 2 billion pounds.

The first United States pizza establishment opened in 1905 was in New York's Little Italy.

Pizza has become one of America's favorite meals.

The Newsletter Group name a few Pizza Restaurants : Two Cousins/Pizza Hut/Dominos/Little Caesars/Pap John/ Pasquale's/Metro to name a few+-

NATIONAL MAKE YOUR BED DAY



National Make Your Bed Day is observed every year on September 11th. According to the National Sleep Foundation, making your bed can help improve your sleep by reducing the amount of tossing, turning, and restlessness; and so, can be good for your health.

Did you make your bed today?

Jamie – I sleep in my recliner chair. When I lived with my Dad and his wife, I made my bed every day.

Rosie – No

Derek – Yes, I make it everyday.

Jay – My Mom made it.

Chris – Yes

Jon W. – I'm not sure. Your guess is as good as mine.

Victor – Yes

Jon R. – My Dad did.

Robert – I don't make my bed since I had surgery. I can't stand on one foot yet.

Kathy S. – Yes, I make it every day.

MJ – I don't make my bed. My sister does it....the one who takes care of me.



Do you change your own sheets?

Jamie – my Step-mother taught me how to put the sheets on my bed.

Derek – Yes

Kathy S. – My Mom does.

Chris – I do them.

MJ – My sisters take turns.

Gretchen – My staff does it.

Robert – George and Mom help each other to change the sheets.

INTERNATIONAL SQUARE DANCE MONTH



Swing your partner round and round and promenade across the ground! September is International Square Dancing Month; and since its beginning in the days of early America, square dance has been a popular pastime and excuse to party hard in the barn. It was brought over from New England with the first settlers in the form of folk dances, which included the quadrille, jigs, reels, and the minuet. Early American colonists worked hard during the week building their community and homes in the formerly-untouched woods. When Saturday evening

came, they would all get together for a dance in the community center. As their settlements grew and became more and more diverse, so did their dances. Eventually, there were too many dances for everyone to memorize. So, instead of memorizing all of the steps to every different dance, they began using callers (or prompters) to give out cues while they danced. Calling actually became an art of sorts, and prompters would build a repertoire of their own unique jargon and cue sayings. Many prompters would even come up with their own routines and teach them to the community. This is how square dancing with a square dancing caller was developed.

Fun Fact: When the American Revolution happened, many Americans shunned anything pertaining to Britain, so they began adopting things from the French. Many square dancing terms that are still used today have origins in France, like “promenade”, “allemande”, and “do-si-do” (a play on “dos-à-dos” meaning “back-to-back”)

INDEPENDENT LIVING SKILLS



Every week once a month, in Independent Living Skills class there are various topics that we review. First Monday of the month participants some independently and some with assistance from staff in writing to the troops Second Monday the class have a healthy snack and then perform chair exercise. Third Monday the participants practice math and brain games. The Fourth Monday is when the participants either with assistance or independently count all of the coffee and soda

money collected from the previous month and then get to have some fun playing Bingo. Other Topics covered are: Basic Self Defense techniques, Self advocacy skills using Hangman and Bingo. In Class we also review topics such as: Restaurant etiquette/basic self defense/icebreaker games/proper hygiene/meal planning and nutrition/ meditation/relaxation techniques/volunteerism/Special Olympics- where we read inspirational stories of /Operation Gratitude the organization that we send the letters and/or care packages to every month which then sent them to men and women of the Armed Forces here in the US or abroad. With using all of these skills, the participants can use them in their daily lives to achieve personal success.



Labor Day

Labor Day is celebrated the first Monday in September. It is a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our country.

How do you celebrate Labor Day?

Victor – I have a picnic.

Kathy – We go down to Rehoboth. I walk on the beach.

Derek - Picnic with my family. I have a big pool in my back yard.

Jamie – We stay home and watch horror movies all day.

Jon R. – Picnic with my family. I go to the park.

Chris – I like to go to the park and the pool too.

Jon W. – We have a picnic with my church.

MJ – My Pop has a camper up at the mountains. We have a family reunion up there and we pig out.



QUESTION TO PARTICIPANTS

WHAT CLASS (ES) DO LIKE AT ADULT ENRICHMENT?

Victor enjoys Creative Expression class; he said that he likes the class because it is the first time that he ever painted. Victor also likes History. Rosie likes Newsletter because she can express herself and her opinion. Rosie likes Art and Craft too. Rosie also like Independent Living Skills class because of the healthy snacks exercise and other topics to help her live a more independent life. Mary Jane enjoys Current Events, Free period because of the funny pet videos that she watched then Newsletter because she can express her opinion. Robert P. likes Acting class, Arts and Crafts-he makes things like tissue paper fish, and Science and Newsletter. Gloria likes Newsletter because she get to express what's on her mind and Independent living skills because she learns tips on how to live daily life . Joey likes all of his classes here at Adult Enrichment. Jon W. likes Keyboarding on Thursdays. Kathy likes Newsletter class. Derek likes Arts and Crafts. Gretchen likes Arts and Crafts. Jay loves Spanish class.



UNCLE SAM DAY

The man behind the iconic image and fascinating nickname for the United States government is recognized on Uncle Sam Day, born on September 13, 1766.

Sam Wilson, a meatpacker from New York, supplied barrels of meat to soldiers during the war of 1812. To identify the meat for shipment, Wilson prominently stamped "U.S." on the barrels. It wasn't long before the soldiers dubbed the grub a delivery from Uncle Sam. As such nicknames tend to do, its popularity spread. The first illustration of Uncle Sam is unlike the one we know

today. Published by Harper's Weekly in 1861, the young government representative (a starred bandana on his head and wearing a striped vest) is depicted dividing up Virginia like a butcher. The image of Uncle Sam would take many forms over the years.

Credit is given to German-born illustrator and cartoonist Thomas Nast for developing the long-legged Uncle Sam with the starred top hat and striped pants who is more like the one we know today. The Harper's Weekly political cartoonist took on many issues with his Uncle Sam character including Boss Tweed, Union recruitment, and Reconstruction.

During the modern era, Uncle Sam obtained some color. The United States Army awarded Montgomery Flagg with the artwork for the familiar portrait used in the "I Want You For The U.S. Army" campaign during World War I. It first appeared on the cover of *Leslie's Weekly*, an illustrated literary and news magazine.

HISTORY

President George H. W. Bush proclaimed Uncle Sam Day to be September 13, 1989, in honor of the anniversary of the birth of Samuel Wilson. It coincided with the bicentennial celebration of the City of Troy, New York where Wilson lived and worked. The City of Troy requested the designation of the President.

Outing Day To: Lancaster Marionette Theatre





Each year, Americans observe National Hispanic Heritage Month from September 15 to October 15, by celebrating the histories, cultures and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America. This

celebration was started in 1968 under President Lyndon Johnson, as Hispanic Heritage Week. In 1988, President Ronald Reagan expanded it to 30-days, from September 15th through October 15th. September 15th is the anniversary of independence for MANY Latin American countries.

Q. What does National Hispanic Heritage Month mean to you?

Amparo: When you are out of your country, you celebrate it more.

Jon W. – I used to have a food friend who was Hispanic.

In Lancaster, The Latin American Art Festival will be held September 22 at Long's Park. It is one way to experience Hispanic Culture and good food, like burritos, rice and chicken, and empanadas.

Tito Fuentes is a famous drummer. Despacito is a popular Hispanic song. Some other famous Hispanic entertainers, that we like include, Guitarist Santana, Miami Sound Machine with Gloria Estefan, Shakira, and Celina.

Some things that we enjoy about Hispanic culture include brightly colored costumes and dancing. We think of sombreros, mariachi, guitar and maracas.

.....Hasta La Vista!!!



GARDEN & NATURE

In Garden class we made our own concrete flower pots. It was a small process to make them. They had to sit for one week. And the following week we were able to paint them and take them home. This was a easy DIY project for all ages.



SCRAMBLE WORDS

1. ABRLO AYD
2. LHCSOO
3. ASVEEL HCNGEA LROOCS
4. LFAL KCAB
5. OHPNGSIP
6. EAPLP EIP
7. TWSEARES
8. MUTNAU
9. PGNSRI DFOWRAR
10. EETRS

ANSWER:

LABOR DAY, SCHOOL, LEAVE
CHANGE COLOR, FALL BACK,
SHOPPING, APPLE PIE,
SWEATER, AUTUMN, SPRING
FORWARD, TREES.

ACTING CLASS



For Acting class, Linda was Mother Goose in 'Georgie Porgie'.

FALL HAT MONTH



September is Fall Hat Month. If It's cold you can wear a knit cap or hat.

If it's very cold you can wear ski masks. Some hats are: sun hat with wide brim, baseball caps with sport

teams on them, sun visors, cowboy hats, berets, bandannas, Boonie hats, coonskin cap, fedora ,beanie hat, sombrero ,bowler hat, turbans, hard hats, straw hats, bucket hats, etc. Robert P said that he has a baseball cap from Gettysburg. Mary Jane said that she has a Betty Boop baseball cap at home. There are hats for every occasion. So wear a hat today, whether it is to keep your head warm or to look cool and stylish.

Grandparent's Day



Grandparents Day is always celebrated on the first Sunday after Labor Day. This year it falls on Sunday September 8th.

What is a favorite memory of you and your grandparents?

Jamie – I remember when my Mom's parents came one year for Halloween.

Derek – I watched *Rodger Rabbit* at Grandma and Gramps' house. They made me tatters, eggs and toast in the morning, along with orange juice and coffee.

Jon R. – I remember visiting my Mom's parents.

Linda – The only grandparents I knew were my Mom's parents. When Debbie, my sister, was little, we were visiting them. We all ended up sleeping in one room. During the night Debbie kicked them out of bed.

Jon W. – When I was about 10, I went out west with my grandparents and brother, to visit dinosaur sites. We went to museums and brought home souvenirs.

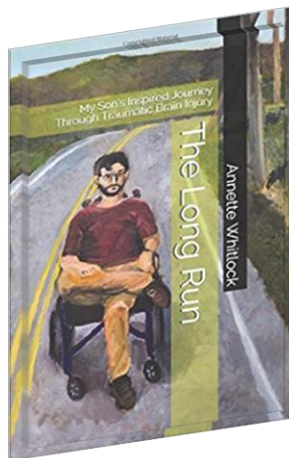
Jamie – My Mom's Mom gave me my own special coffee cup whenever I came to visit.

Kathy S. – I remember my Dad's parents. I used to help my Grandmother, make cookies or pies. I would stay at their house and go to church with them. My Grandfather used to pull his false teeth out.

Joey – I remember going to the Wagon Wheel Restaurant in Westfield, PA, near the New York border, with my Grandfather.

Elliott – My Great Grandmother played Chinese Checkers with me.

Destiny – Mom's Dad always made me breakfast. Then we would sit down and watch old TV shows or we would go for a ride in his car.



THE LONG RUN

The Long Run is a book written by Annette Whitlock about the journey the Whitlock family has been on since Jon's traumatic brain injury. Jon and Annette took some time to come in and share parts of the book as well as the inspiring story that has been Jon's life since his accident. While they were here, they answered questions, not only about their story but also about how the book came to be published. If you're interested in reading this book and learning more about their story, the book is on Amazon for purchase.

SEPTEMBER WORDS SEARCH

S R Y N P S H G N I E I S V U N D R E U F S H K E
M W E C E A N O H M D H Y W T Y S Q R S D Q O O P
B B E E E I R A V Q U V D O T T W O T B N U B O Y
L J R A P O R A U K L T X R H G X P A A C A W B Y
I T L P T V L S D O Y H U J A M X Q W R R R L E E
S X O X E E P H W E G G F A Q W D V U I K E N T N
A H T S E O R Z Y Q H K G E C O R R M O Z D E O W
S B U C I C N P A P M O V N A Z U O D L C A G N N
W G P G W Z R M S W X A T I Z R U B F J V N Y R W
G N I K C I P Y R R E B W A R T S K S G K C I E Q
T T L A J R K H P L E A V R I U U E O Z N E P P M
P I Z Z A D A Y G F A L L H M R P Y E Q L I E A T
I N Z N S K M N S Z D L X X H T W C A O Z A R P Z
X E W G A O I B D C E O S S E C C L M D E O M P F
M Q T K G L K H J Z Q N W M I H H L D W R T Y K S
R P V Q L M Z Q R G H S B E V Q W A O P S O U N S
W E X A H D K O Q L V E M Q N R Z B B R F L B Q E
C A F T O E Z A M N R O C X T B K T J X P G A A O
X V B J S M S U T Y D F L K F S S O M S I S H Y L
Y H R Y R E Y K T S C U I B K L X O R B G K U F U
Y U P T G U Z L Q F I Z C S O B V F G R P N N F H
V Q B L R I I Q F W R G N Y F H L H P Z B L C T D
H R C I Q I G S W O B C E P B Q C S U L O O H C S
C L O C K F O R W A R D P Q V P Z P T V S P R R O
C D I P G A A Q A I Q O B D N B M G H S A M H Z M

AUTUMN

CORN MAZE

FEAR

LABOR DAY

PENCIL

SEPTEMBER

SQUARE DANCE

TREES

BALLONS

FALL

FOOTBALL

PAPER NOTEBOOK

PIZZA DAY

SHOPPING

STRAWBERRY PICKING

CLOCK FORWARD

FALLING LEAVE

HARVES

PARADE HOT AIR

SCHOOL

SPRING FORWARD

SWEATER

SEPTEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> •Current Events: <u>Beth/Cindy</u> • Arts & Crafts: <u>Amparo</u> • Independent Living Skills (ILS) <u>Tania</u> • Newsletter: <u>Amparo</u> - <u>Cindy & Tania</u> • World Cultures: <u>Tina</u> • Creative Expression: <u>Beth</u> • Acting: <u>Cindy</u> 	<ul style="list-style-type: none"> • Current Events: <u>Beth/ Tania</u> • Spanish: <u>Amparo</u> • Health & Wellbeing: <u>Beth</u> •Dance: <u>Tania</u> • Virtual Travel: <u>Cindy</u> •Social Club: <u>Tina</u> • Book Club: <u>Beth</u> •Creative Thinking: <u>Tina</u> •Outing 	<ul style="list-style-type: none"> •Current Events: <u>Cindy, Tina</u> •Classic Viewing: <u>Tania</u> •Social Club: <u>Cindy</u> •Wildlife: <u>Tania</u> •History: <u>Beth</u> •Science: <u>Cindy</u> •Music Appreciation.: <u>Beth</u> •Danceexercise: <u>Tania</u> •Outing 	<ul style="list-style-type: none"> • Current Events: <u>Tania, Tina</u> • Chorus: <u>Alyssa</u> • Movers & Shakers: <u>Amparo</u> •Garden & Nature: <u>Tina</u> •Keyboard: <u>Alyssa</u> • Bain Buster: <u>Beth</u> •Photography: <u>Amparo</u> 	<ul style="list-style-type: none"> •Current Events: <u>Beth, Tina</u> •Arts & Crafts: <u>Amparo</u> •Home Economics: <u>Tina</u> •Group Games: <u>Beth & Amparo</u> •Movie Club: <u>Tina</u> •Photography: <u>Amparo</u>

<p>3</p> <p>LABOR DAY</p> <p>CLOSE</p>	<p>4</p> <ul style="list-style-type: none"> • Spanish: Matching Games/ H&WB: Smoothies & Food Diary • Lunch • Dance: 80s / Virtual Travel: Hot Air Balloons Social Club: Self Improvement / Creative Thinking: Newspaper Blackout / Book Club: Harry Potter 	<p>5</p> <ul style="list-style-type: none"> •Classic Viewing: Happy days / Social Club: Basketball •Lunch •Wildlife: documentary / History: Hieroglyphics / Science: Cranes/ Music Bio.: Mariah Carey/ Danceexercise: 80s 	<p>7</p> <ul style="list-style-type: none"> • Chorus: /Movers & Shakers: Lunch • Garden & Nature: Tree's / Keyboard: • Brain Busters: Three Stooges / Photography: Newsletter Pictures 	<p>7</p> <ul style="list-style-type: none"> •A&C: Halloween ornaments/ Home Ec.: Fire Dept. Tour •Lunch •A-Group Game: Icebreaker / B- Group: Bingo •Movie Club-Movie of the week /Photography: Newsletter Pictures
<p>10</p> <ul style="list-style-type: none"> • A&C: Shells series / ILS: chair/snacks • Lunch • World Cultures: Julius Caesar / Newsletter: • Acting Class: Props / Creative Expression: Tape Painting 	<p>11</p> <p>OUTING TO: Turkey Hill Experience</p> <p>Jon R., Donald, Kathy, Dewey, Allison, Dareek, Robyn, Destiny, Carlos</p> <ul style="list-style-type: none"> • Spanish: Reviewing / H&WB: Compassion • Lunch • Dance: Broadway/ Virtual Travel: Mountain Biking • Social Club: Fall Decorations / Creative Thinking: Zentangles / Book Club: Harry Potter 	<p>12</p> <ul style="list-style-type: none"> •Classic Viewing: Golden Girls/ Social Club: Outdoor Scavenger Hunt •Lunch •Wildlife: fishing / History: Westward Bound / Science: Herons •Music Bio.: Carrie Underwood / Danceexercise: Broadway 	<p>13</p> <ul style="list-style-type: none"> • Chorus: /Movers & Shakers: Lunch • Garden & Nature: Sage / Keyboard: • Brain Busters: George Beverly Shay / Photography: Newsletter Pictures 	<p>14</p> <ul style="list-style-type: none"> •A&C:Shells series / Home Ec. Cup Lanterns •Lunch •A-Group Game: Bingo / B-Group: Musical Trivial Pursuit •Movie Club-Movie of the week /Photography: Newsletter Pictures
<p>17</p> <ul style="list-style-type: none"> • A&C: Shells series / ILS: Troops • Lunch • World Cultures: Cleopatra / Newsletter: • Acting Class: The Lion & the Mouse / Creative Expression: Starry Night 	<p>18</p> <ul style="list-style-type: none"> • Spanish: Empanadas / H&WB: Make Body Wash • Lunch • Dance: Karaoke / Virtual Travel: Hand Cars • Social Club: Square Dance / Creative Thinking: Zentangles / Book Club: Harry Potter 	<p>19</p> <ul style="list-style-type: none"> •Classic Viewing: The nanny / Social Club: Bocce •Lunch •Wildlife: funny videos / History: Pasta/ Science: Blue Heron's Fountain/ Music Bio.: Michael Jackson / Danceexercise: Karaoke 	<p>20</p> <ul style="list-style-type: none"> • Chorus: /Movers & Shakers: Lunch • Garden & Nature: Fall Decorations / Keyboard: • Brain Busters: Candy/ Photography: Newsletter Pictures 	<p>21</p> <p>Movie Outing</p> <p>Group 2: Donald, Katie H., Dareek, Benessia,</p> <ul style="list-style-type: none"> •A&C: Shells series / Home Ec.: BINGO •Lunch •A-Group Game: Guess the song / B- Group: Getting to Know You •Movie Club-Movie of the week /Photography: Newsletter Pictures
<p>24</p> <ul style="list-style-type: none"> • A&C: Halloween ornaments / ILS: Count\$/Bingo • Lunch • World Cultures: Alexander the Great/ Newsletter: • Acting Class: Three Billy Goats Gruff / Creative Expression: Pablo Picasso Biography 	<p>25</p> <ul style="list-style-type: none"> • Spanish: Bingo/ H&WB: Games • Lunch • Dance: Ps pick/ Virtual Travel: Camping • Social Club: Origami / Creative Thinking: Fall Foliage / Book Club: Harry Potter Game 	<p>26</p> <p>OUTING TO: EASTLAND ALPACAS & COUNTRY TABLE</p> <p>Wilfredo , Bob T., Chrissy, Robert P., Keri, Carlos</p> <ul style="list-style-type: none"> •Classic Viewing: All that / Social Club: Lizzie Velasquez •Lunch •Wildlife: Alligator / History: Andrew Zimmer/ Science: Color Changing Milk Experiment/ Music Bio.: Carman / Danceexercise: Ps pick 	<p>27</p> <ul style="list-style-type: none"> • Chorus: /Movers & Shakers: Lunch • Garden & Nature: Mums / Keyboard: • Brain Busters: Dukes of Hazzard/ Photography: Newsletter Pictures 	<p>28</p> <ul style="list-style-type: none"> •A&C: Halloween ornaments / Home Ec.:Good Neighbor Day •Lunch •A-Group Game: Pin the tail on the donkey / B- Group: Hangman •Movie Club-Movie of the week /Photography: Newsletter Pictures