





www.facebook.com/Adult **Enrichment Lancaster** 

#### 9:15 - 10:00 AM Daily Current Events

10:00 - 11:30	Arts and Crafts/ Independent
	Living Skills.
11:30 - 12:30	Lunch.
12:30 - 1:15	Newsletter/world Culture.
1:15-2:00	Art/Acting.

#### **TUESDAY**

9:15 - 10:00 ------Keyboarding. Outing and Regular classes every 2nd Tuesday of the month

10:00 - 10:45 Keyboard/ Spanish or Dance & Movement one time a month.

10:45 -11:30------ILS/ World Culture. 11:30 - 12:30------Lunch. 12:30 -1:15 ------Dance/Book Club. 1:1 5-2:00-----Virtual Travel / Comic Book.

#### WEDNESDAY

Outing and Regular classes every 4th Wednesday of the month.

10:00-11:00Classic Viewing / Newsletter	/	
Social Club	).	
11:00-11:30Etiquette / Health & Beaut	y.	
11:30-12:30Lunch	1.	
12:30 - 1:15Science / Wildlife/History	7.	
1:15-2:00 Music Appreciation/ Brain Busters.		

#### **THURSDAY**

<b>9:15 – 10:00</b> Keyboarding.
<b>10:00 - 11:30</b> Chorus.
10:00 -10:45 Classic Viewing/Movers & Shakers
<b>10:45- 11:30</b> Etiquette.
11:30 -12:30Lunch.
12:30 - 1:15Gardening & Nature/ German/
Keyboarding.
1:15 - 2:00 Music Bio, Photography.

#### **FRIDAY**

10:00- 10:45Arts & Crafts/Cooking Essentials.		
10:45 - 11:30	Photography/Coloring.	
11:30 - 12:30	Lunch.	
12:30 - 2:00	Movie Club.	
Outing every 3er Friday of the month.		

12:30 - 1:15 ------Computer Basic Skills.

1:15 - 2:00------Group Games. Daily Social Time 8:00 - 9:15 AM & 2:00 - 3:00 PM

#### **Groups for Outings**

#### Tuesday

Group 1: (8) Jon R., Donald, Kathy, Dewey, Allison, Dareek, Ralph, Darla Staff: Tina, Beth. Tania (Alisha, Jared, D'Andrea)

Group 2: (8) Kate, Chrissy, Matt, Robert C., Jimmy, Trevor, Shelly. Gary Staff: Amparo, Cindy, Yaritza (Alisha, Jared, D'Andrea) Group 3: (7)Lynn, Trista, Sam, Angela, Marta, Glen, Jayln Staff: Tina, Beth Tania (Alisha, Jared, D'Andrea) Group 4: (7)Carly, Katie, Ekat, Loni, Wilfredo, Danielle, Ernie Staff: Amparo, Cindy, (Alisha, Jared, D'Andrea)

#### Wednesday

Group 1: (9)

Steph, Judi, Wilfredo, Gloria, Robert C., Dan, Mike V, Bob, Joey Staff: Tina, Cindy, Beth, Yaritza (Alisha, Jared, D'Andrea)

Group 2: (8) Jon R., Alvin, Susan, Jessenia, Dewey, Angela, Jon F, Kathy Staff: Amparo, Tania, (Alisha, Jared, D'Andrea) Group 3: (7) Kate, Jayann, Rosie, Mack, Ben M, AQ, Ritchie Staff: Tina, Cindy, Beth, Yaritza (Alisha, Jared, D'Andrea)

Group 4: (7)Leroy, Chrissy, Robert P, Sam, Laura, Dareek, Jay, Staff: Amparo, Tania, (Alisha, Jared, D'Andrea)

"MOVIE CLUB" every 3er Friday of the Month September: Group #1 James, Trevor, Robert C, Robert T., Dereek, Angie, Joey, Marta Group #2 Danielle, Steph., E-Kat, Ritchie, Donald, Ernie, Jayln

## From the Directors Desk

Join us on Thursday, September 22 from 11:00 – 2:00 for our annual Friends and Family Gathering! This will be held at Adult Enrichment and is open to family and caregivers. Food and fun games provided! Please see attached flyer for details on how to RSVP for this event.

Friendly reminder – Please make sure to pack utensils with lunches as we are not always able to provide these items. Also, please label lunch boxes and bags with your name so that they can be easily identified during lunch hour.

Thank you!

- Jared, D'Andrea & Jeff





Labor Day is a time at program when we are closed. I like cookouts with hamburgers and hot dogs on the grill. I like to hang out with my dogs too. I like to hang out with my friends as much as I can. I can spend the day with my aunt and my mom if they don't have to work. I get to hang out with my Grandma. I want to go to her house on Labor Day since my grandfather died. I used to go to my Grandmother's house on weekends. Now we mostly go out to dinner with her. I have a brother who lives in Lampeter. He will be there for Labor Day too. My dogs names are Bronco and Axel. Bronco likes to play ball; I throw his green ball and it squeaks when he goes to chase it. I am looking forward to having a nice Labor Day with my family. That is the most important thing.



## **PAINTING**

Contributed by Susie C.

In Painting class we paint pictures mostly with acrylic paints. We have done scenery and landscaping. Sometimes we choose pictures from a magazine that try to copy sometimes we paint still life. Sometimes we picture a scene in our minds like. I am out at a beach and I'll see boats surfing a long or maybe an Island with palm trees. Sometimes it takes more than one class to complete a picture. I really enjoy painting. I like using the colors. I mix them to create the right shade that I need. I painted a picture with trees, palms trees with little coconuts on them. I have taken some of my painting home. I framed the and they are hanging on my bedroom wall.



## **MOVER & SHAKERS**

Contributed by Angie S. & Typed by Jonathan F.

Mover's & Shakers we exercise with Amparo. One class I showed them the exercises I do at home. I know some exercises I do to reduce stress. For hips back & forth.



For shoulders we rotate them one at a time. It feels good to exercise & loosen up, if you have stress on you it feels good to get stress off of you. We usually have music to exercise to. Sometimes we use a balloon to play volleyball. One day we used a parachute. We all grabbed the edges and put it up & down. We put a ball on it & shake it. Whoever is the last one to shake it is eliminated. Sometimes we go outside for movers & shakers. Movers & shakers gives you energy & mobility. We enjoy it so if you like to move & shake come check out our class.



## **GROUP GAMES**

Contributed by Jaime S.

In group games, I observed the other participants play the game Trouble. I used to play Trouble at home with my sister. Other games that were played are Sorry, Uncle wiggly, and ping pong pitch. I like to play group games like Yathzee. In group games, we also played with the large bowling pins and bowling ball. You can also play dominoes, and used the large United States puzzle. Also games like Connect 4, checkers, and chess. Also played a game like kerplunk, where the a large container, where you poke sticks through it, and put stuffed monkeys into it, and player take turns pulling out the sticks, but if the monkeys drop to the floor you lose. Its lots of fun.

# **Music Biography**

Contributed by Mary Jane R.



B.B. King of different artists, artists like Pink, Willie Nelson, Mariah Carey, Cher, Faith

Hill, Leann Rimes, Shania Twain, B.B. King, Garth Brooks, The Beatles, Loretta Lynn, Conway Twitty, Johnny Cash. We learn interesting facts about about our favorite singers or bands. We like Soul Train and American Bandstand. I like musical bio because it's fun. I like to sing to the music and clap my hands. Other artists Alan Jackson, etc.



## **DANCE CLASS**

Contributed by Trista S. & Typed by Jonathan F.

I like dance class because I like to dance we do a lot of different dances from different cultures. I like our dance teacher. We get to see how to videos on the different dances. Everyone should join dance class at AE. Because it's a lot of fun and I would



recommend it for anyone who attend adult enrichment. The different types of dances that I learned were the Jitterbug, Zumba, Macarena, Limbo, Cha Cha Slide, Spanish dances (tango, rumba) Electric slide, Cabbage Patch, Robot, & Many others.



## **CHORUS**

Contributed by Darla G. & Typed by Daniel R.

I like chorus because I get to sing in a group. We are getting ready for the Adult Enrichment Christmas Concert. Our chorus group has been practicing many Christmas songs. Our teacher, Annette, was a very

good teacher. We practice the songs over and over to make sure we get the songs correct. We get to pick the songs for both the spring concert and the Christmas show. Some of the songs are "Let it Snow," "All I Want for Christmas," and "Feliz Navidad" many others and "Jingle Bells." When I sing these songs, I get a wonderful feeling.

# **History**

Contributed by Kathy S.



I like History class so much because I get to learn so much about events that happen in the world It's a great way to learn. One of the things that I learn in class was about Columbus Day, the Civil War, World War 1 and World War 2. Being in that class really helps me to understand all the things that happen during time, when I

wasn't around yet. It's amazing how much history is about the world. There is always something you can learn. It's so nice that people made a change in our world today. It has helped the world to be a better place to live in. There are also places where you can visit, where you can learn and see the events that happen. History class is so fun for me; I enjoy Beth my teacher, teaching the class. She does a great job.

## **World Cultures**

Contributed by Robert C. Typed by Daniel R.

World cultures is fun. We see what the flags of countries look like. After that, we hang them on the wall.

First we learned about America then we learned about

Columbia, Denmark, and a lot more. We have pretend passports with our names and statistics and pictures in them. They also have the countries listed we learned about and a sticker star for each country. We watch videos of the countries and the teacher reads the stories behind the flags. We learn about their cultures as well, what time you should show up for dinner and if you should bring something. We learn what is polite and what is impolite. In some countries you take off your shoes to enter the house. I picked the class because I like it.



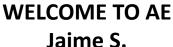
## **COOKING CLASS**

Contributed by Gary W.

I like to cook. I like to make Christmas cookies. Maybe in December we'll make Christmas Cookies in class. My favorite cookie is a sand tart with sprinkles on them. Currently in cooking class we are getting ready to make popsicles and we made milk shanks last. We

had Chocolate and vanilla to choose from but my favorite milk shake is mint chocolate. We learn about the things we are cooking. We learned about the health benefits of the ingredients for our popsicles. Some of the ingredients are strawberries, raspberries, watermelon, honey, and yogurt, but we didn't learn about the yogurt. I like popsicles and I'm looking forward to making them. I give cooking class an AE! Really enjoy it!







In the Spotlight Interview with:
Jaime S.
Questions Asked By:
The Adult Enrichment Group

Typed by: Daniel

- 1. What is your favorite color?

  Blue
- 2. What is your favorite food? Meatloaf
- 3. Do you have any hobbies? Watching horror movies and listening to music.
- 4. Are you a morning or a night person?I am a night person
- 5. What is your favorite animal?

Cat. I have a cat named Oreo

6. What's your favorite place to go?

**Adult Enrichment** 

7. What's your favorite TV show?

Beverly Hills 90210

- 8. What sports do you like? Swimming
- 9. Do you have any brothers or sisters?

I have an older sister

# **JOKES**

# Searched by AE Newsletter Class

1. A bear walks into a restaurant and say's "I want a grillIllled......cheese." The waiter says "Whats with the pause?"

The bear replies "Whaddya mean, I'M A BEAR."

2. Why aren't koalas actual bears?

The don't meet the koalafications.

- 3. What did the Buddhist ask the hot dog vendor? "Make me one with everything."
- 4. What do you call bears with no ears?
- 5. Two gold fish are in a tank.
  One looks at the other and says, "You know how to drive this thing?!"
- 6. As a scarecrow, people say I'm outstanding in my field. But hay, it's in my jeans.
- 7. What's red and moves up and down?

  A tomato in an elevator
- 8. I bought the world's worst thesaurus yesterday. Not only is it terrible, it's terrible.

## **ARTS AND CRAFTS**

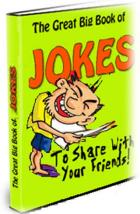
Contributed by Derek R.



Amparo teaches Arts & Crafts. We make many different crafts. We have made flowers out of tissue paper. We made vases with glass jars. We put pebbles in them. We made frames out of cardboard and tin foil. One time we made



soap and hand sanitizer so that we can sell them to raise money for the program. Today we make horses out of popsicle sticks, clothes pins, googlie eyes, wooden ears, and a yarn tail. We made bracelets and necklaces by stringing beads. Some of the beads we made out of flour, salt, oil, glitter and food coloring. We wore our jewelry home that day. Now they are at my house. We made ladybugs, painting one 'cup' out of an egg carton. Then we painted half of a Styrofoam ball black, for the head. We also put black dots on the body. We poked curled pipe cleaners into the head for antennae. Then we glued googlie eyes on the head to finish it. I like Arts and Crafts. I enjoy making things with my hands.



## **Contributed by Newsletter Class**

#### This Summer I ...

**Steph.:** I enjoyed watching the Olympics on TV. **Derek:** I especially liked the swimming events. I went to Red Lobster with my family for my birthday. We had, salad with croutons and Ranch dressing, shrimp, crab cakes, tea. cake and ice cream with chocolate and caramel syrup and cherries We had a good time. **Jayln:** I had a nice time hanging out with my family.

**Mike:** I went to visit my sister. We like to watch TV together.

**Jon W.:** I went to Milford where I used to live, to visit friends. We visited our old church there. It was good to see old friends.

**Wilfredo:** I went swimming at a pool. It felt cool on a hot summer day.

**Susie:** We had a barbeque at my uncle's house. My aunt made baked beans and potato salad. We had a lot of people there. It was a very nice time.

**Kathy:** I went to Rehobeth with my parents. We have a house down there. There was an art show there. It was fun seeing it with my Mom. We also went to the Indian River for lunch, down there. We were there for a week. My favorite thing is going to the Boardwalk to watch people or enjoy the activities there.

**Trista:** I am looking forward to going to see my aunt in Selinsgrove next week. I expect to eat a lot of food, because, God knows, she will feed me!

# **Musical Biography**

Contributed by Victor M.& Typed by Joey L.



I like musical Biography. The participants pick the musicians we learn about. We start class by the information on their profile, like where they were born, their occupations, their birth date, how old they are, real name or stage name, and if they are dead, where and when. Then we listen to their music and watch their videos and we about their life from their childhood. Some of my favorite artists that we covered were Johnny Cash, Ronnie Mislay, Frank Sinatra, Marvin Gave, Aaron Neville, Whitney Houston, Adele, Diana Ross, Steven Curtis Chapman, Elton John, and Steven Tyler. In the future I would like us to learn about Amy Grant, Dolly Parton, Kenny Rodgers and Chubby Checker. My favorite part of the class is watching the videos and listening to their music. I would suggest this class to any new participants, it's interesting.



#### **ACTING**

Contributed by Wilfredo R. & Typed by Jonathan F.

Last Monday we acted out Peter and the wolf. I was Peter. I cried wolf when there was no wolf. The villagers come to the rescue and found that I was teasing then I really did see a wolf The villagers came to the rescue & found that I was teasing. Then I really did see a wolf. The villagers thought I was lying, & the did

not come. We talked about what it feels like to be lied to. It is hard to trust someone who lies to you. The week before our skit was chicken little she was going to the king the sky is falling. She met others along the way who joined her. Foxy woxy said he had a short cut to get to the king. But it was a trap. Only chicken little escaped. She never did tell the king the sky was falling. I enjoy acting. I think other people would like it to.



# Contributed and typed By Jonathan F.

Current events is pretty interesting, they have pretty cool stuff. I like the weather chasing & a man can skyboard in a thunderstorm. Also in current events I like the stock markets on T.V. They have some pretty interesting food, I like the French fried Sandwich from Primanti's. They are opening a restaurant here in Lancaster next

summer. We also watch the history channel's, this day in history. I like it because I can't wait to see mine & someone else's heritage. There are pretty interesting channels we can look at. I'd like to be a news reporter and ask questions, I have a pretty good eye for the news. We have current events every morning. It's a good way to start the morning, it is very interesting Tell us what you think in current events.



## **SCRAMBLE WORDS**

Contributed by Susie C. & Typed by Jonathan W.

- 1. RDYLBAAO
- 2. HOLSCO
- 3. RTSCHAEE
- 4. UTDSENTS
- 5. AILIPCRNP
- 6. PILESCA TEODAINCU
- NVCIAAOT
- 8. TAFOBOLL
- 9. IERGADN
- 10. LEOGECL
- 11. EPDARA

#### ANSWER:

LABOR DAY, SCHOOL, TEACHERS, STUDENTS, PRINCIPAL, SPECIAL READING, VACATION, FOOTBALL, READING, COLLEGE, PARADE

## "... You're the Piano Man..."

Contributed by & Typed by Daniel R.

Everyone in the keyboarding class has their own set of goals; that could be sightreading, technique, or in my case, original song composition. About a month ago, I came up with a list of songs for an album I hope someday to record and I started composing the song entitled "Higher Power." It is a very emotional/spiritual song written about the belief that there is something "bigger than me" out there. The rest of my songs are very emotionally driven and hopefully will touch others hearts and minds.

Composition allows me to be in a state of complete creativity which is very freeing. You can let your emotions out and be heard. Someday I hope to be noticed by someone famous or semi famous and make a name for myself. Just think, some of the greatest composers of the latter 20<sup>th</sup> century like John Lennon, Paul Simon, Jim Morrison, Brian Wilson, Billy Joel, Harry Connick Jr. and others started out as no one and here they are now genuine superstars. As they say, "Let the band play on!"



# **ILS**

Contributed by Jon R. & Typed by Laura S.

In **Independent Living Skills (ILS)** class we learn many things to help us in life Topics such as personal space, also learned how to count coins. We also do chair exercises, write troops and our pen pal at Albright life. It's about learning how to get along with one another.

Taught about appropriate conversation, and communication. We learn about healthy eating we made Banana and ginger smoothie, 4<sup>th</sup> of July parfait with jello. Strawberries, blueberries. We also exercise to music, like circus music and exercising to 50's music, We watch video that teach us about living skills; like organization, self advocacy, budgeting and ordering meals whale on outing. I like ILS, because it teaches about activities of daily living to be a active member of society.



# **Classic Viewing**

Contributed by Mike V. & Typed by Jonathan W.

Classic Viewing is good. I like to watch TV shows. I like new TV shows, but I still like the old TV shows. We all vote on which shows to watch. Last week we watched the Lone Ranger. It is a western. We also have watched Boy Meets World, The Brady Bunch,

Gilligan's Island, I Love Lucy and a little bit of The Flintstones.

Some of my favorite shows that we've watched are ""Guns Smoke," and "Home Improvement." The teacher does a good job. I like the funny shows the best. I like silly humor. Some of the shows I hope we watch in the future are "Gilligan's Island," "Family Ties," and... I think that's all. Classic Viewing is fun and entertaining. It is always 'family friendly' so we can just enjoy it. Sometimes the shows bring back memories from watching them when we were younger. I would recommend that any friends join us in Classic Viewing for a great time! This is my favorite class at AE. We have this class every Wednesday morning. I wouldn't suggest this class unless you like to watch television.



# **NEWSLETTER**

Contributed by Gloria M. & Typed by Jonathan F.

Newsletter is about writing different things, like what we do in our classes and our outings. Like going out to eat and going to Park City and Albright's nursing home. It's about things that we plan to do in the future

and it is about things we would like to do, like planting flowers & vegetable's. We don't plant trees. We have newsletter Monday's & Wednesday's. I enjoy newsletter because we learn different things.



## **SOCIAL CLUB**

Contributed by Jayln W. & Typed by Jonathan F.

In class last week Mack shared about his hobby of music. Then we were given handouts to write down our favorite things. We tried to find other

people who had some of the same favorite things. The week before Judi shared her hobby of cooking. We made brownies in mini muffin tins. We all got to taste them. Then we watched a video about a 17 year old boy named Samuel Burns. He has a condition that makes him look like an old man. He talked about living a happy life & focusing on what he can do, rather than what he can't do. He was also thankful for his family & friends. I like social club.

### **FREE COMPUTER**



Contributed & Typed by Dewey C.

In "Free Computer", it's just what it says, "FREE" time on the computer, this isn't time to work on stuff for A.E., but you may look up weather in other states, play games, or, anything you find interesting, maybe you'll learn something

new you can use A.∟s computer, or your own laptop.

Although it's free computer A.E. staff can help you out if you need them but this is time for you that's why it's called Free Computer time.

# Why I Do What I Do

Contributed by Jonathan W.

Well, music is something that's always fascinated me. I have always seen seen music as an alternate language, or another way of making a point. It's a lot the same way I've thought of art. If you have something to say there are many ways to say it, besides speaking.



You find something that strikes you. I like to find a way that communicates the same thing, yet touches the recipient with a deepest impact. This might happen through song. Singing is a way to make a statement in very personal manner, that communicates emotion through the level of pitches. When you hear a song, you're given a clue about how the composer felt about a particular subject.

Same thing happens through art. While the way something sounds may touch the hearer a certain way, art always finds a way of 'sneaking in through the back door,' so to speak.

It's one of the reason I am exponentially grateful for Adult Enrichment; each week I'm given the opportunity to exercise these habits, expanding my ability.

# SEPTEMBER 2016



# Happy Birthday!





Michael V. September 3<sup>rd</sup>



Jonathan F. September 8<sup>th</sup>



Beth M. September 18<sup>th</sup>

# BRAIN BUSTER

Contributed & Typed by Laura S.

begin in our class we start by guessing an artist of

the day. The artist that we will talk about and learn about the artist. My favorite time in class was when we learned about Katy Perry. I got to learn about her music and see how she really is. Brain buster is a good way to learn about the artist for who they are. See where they come from. There are so many artists that we learned about like Shakira, Cyndi Lauper, The Wiggles, One Direction. There is soon many people we can learn about. That makes it so fun. What make it is fun is we get to do trivia question, it like a game when we are in brain buster.

# **SEPTEMBER WORD SEARCH**



Contributed by Kathy S. & Typed by Susie C.

S Υ С Ρ С Υ С Т С M Ν Ρ Ε С Ε ٧ Ν Α W Κ В Α Н Υ S S Ρ D Ε Ε ı W Α R ٧ Ν J Μ ٧ U Υ Κ Μ Χ В D С U Υ D R 0 В D U С Ρ Κ Τ M 0 U D S Ζ 0 С G Υ В С D S R Ζ L Ν U Α Κ Μ J Μ F Р F С Q 0 Ζ С Κ R Υ D U R Κ Υ Ν Н Т Ν Α L J Н G Ε G F 0 D U Н R В Ρ S Α Ν С С Τ U G Ζ Χ С Н F W F R С С U Ν Α G G Ν С Μ W В Ζ G ٧ Τ В M Ν M Ρ С S Т С Α В W Ε R В Ν Т M D V R 0 D J L Х J L С 0 R Ν Μ Α Z Ε L Τ Α Q S G Α F Q M L Χ S L U S W В Ε R R Ν G 0 S 0 S Q D Τ R Α Α Ρ R F Υ G Ε S Ε Κ Q D D Ε Ρ U В G Q ٧ U L ٧ L Т U Χ D Υ Ρ С Ε Н 0 Ε Q Ζ U G V Α Α V V L Ν Α Τ С Ε G Χ Ρ Τ Н S D Μ D Q Q Q D R 0 С L M Α Ε Υ S С Т D S Ε F Ε С 0 R F R Κ ı Κ Х В V S 0 L V Н Α Т D D Α F W 7 G Ε Α 0 Ε Т L ı W D F Н G F Ε Q Χ Χ J Τ Н Τ U S Ο F Ρ S С ٧ J Α G Α Ε С Α R G 0 D Χ В 0 R Т С Α Q Ε J Α U Ν Ν R L Υ L Q Υ ı R W Q R R Υ Ε Ρ Κ Т Р Ζ С Н В Ζ D G V S W Κ R O Ε S В Н Ζ Ν С Μ S С ٧ Υ R U С Ε G Ε R С 0 D R Ρ Ε W U Ζ Ε D Ν В С Χ 0 S S S S F F W F S Z Κ V Т Α С Κ 0 В Н S S Z 7 Т D 1 N J Τ Н Υ Н ٧ Ν Κ Κ Ε R Т R С Z С 0 Τ Χ Q Υ С В W Ν R 0 Κ U L ٧ Μ Ε U Ν L 0 Х O С Ε Κ G G Z L W Ρ D R D D S В Q W 0 D U Х Ν Н Α Α Ν Ν Т D С Κ S С Χ Μ Q Ε В Κ Ν U S Q Α Υ

FEAR
FALL
FARM SHOW
LABOR DAY
LEAVES
BASEBALL
FOOTBALL



HAY RIDE SCHOOL SHOPPING BEACH HARVEST SQUARE DANDE STRAWBERRY PICKING

## SEPTEMBER 2016

#### **MONDAY**

- Current Events: Tania
- Arts & Crafts: Amparo / **Independent Living Skills** (ILS) Tania
- Newsletter: Amparo, Cindy & Tania / World
- Cultures: Tina • Painting: Beth / Acting: Cindy

#### **TUESDAY**

- Current Events: Beth • Spanish: Amparo / Essential Cooking: Beth / Tina
- ILS: Tania / World Cultures: Tina
- Dance: Tania / Virtual Travel: Cindy
- Book Club: Beth/ Comic Book: Cindy
- Outing

#### **WEDNESDAY**

- •Current Events: Cindy, Tina •Classic Viewing: Tania / Newsletter: Amparo & Beth/ Social Club: Cindy •Etiquette: Tina /Health &
- Science: Cindy /Wildlife: Tania / History: Beth
- •Brain Buster: Beth / Music

App.: Tina Outing

Beauty: Amparo

#### **THURSDAY**

- Current Events: Tania, Tina/ Chorus: D'andrea /Classic View: Cindy/ Movers & Shakers: Amparo
- •Health & Beauty: Tania •Gardening & Natural: Tina / German: Beth

•Current Events/Keyboarding

•Chorus: / Movers & Shakers/

beauty: facials

•Lunch

Classic Viewing: Walker / Health&

•German: Duolingo / Gardening &

Nature: Cucumbers pickles

Musical Bio: MJ Pick /

Photography: Sea Shells

• Music Bio: Beth/ Photography: Amparo

#### **FRIDAY**

•Current Events: Beth •Arts & Crafts: Amparo/ Cooking Essential: Beth •Photography: Amparo/ Coloring: Tina •Movie Club: Tina •Computer: Cindy •Group Games: Beth





Spanish: Review/ Cooking: Homemade Candies ILS: Workout / World Culture:

- Hungary • Lunch
- Dance: Reggaeton / Virtual Travel: Ambulanace
- Comic Book: Hey Arnold/ Book Club: Mango Princess

- Classic Viewing: Lassie / Newsletter: / Social Club: Scavenger Hunt
- •Etiquette: Personality /Health & Beauty: Cut out Coupons •Lunch
- •History: Rosa Parks pancakes / Science: Gravity/Wildlife: Gorilla •Music App: Jayann / Brain
- Busters: ???

8

- Current Events/Keyboarding •Chorus: / Movers & Shakers/ Classic Viewing: Walker / Health & **Beauty:** chair exercise •Lunch
- •German: Phrase Game/ **Gardening & Nature: Watermelon**
- Musical Bio: Shakira/ Photography: See and Chose pictures

•Movie Club: Movie of the week / Group Games: Balloon

9

• Lunch

Ping Pong

• A&C: Halloween Ornaments /Cooking Essential: Homemade Candies

• A&C: Perler beads / Cooking

Photography: Sea Shells /

Essential: Kale Chips /

Coloring: Choice

- Photography: See and Chose pictures / Coloring: Choice
- Lunch
- •Movie Club: Movie of the week/ Group Games: Tenzie

- A&C: Halloween Ornaments / ILS: pen pals & snack
- Lunch
- World Cultures: Countries H-Z / Newsletter
- Acting Class: Sack Lunch • Painting: Christmas

Outing Group 1: Park City Mall Jon R., Donald, Kathy, Dewey, Allison, Dareek, Ralph, Darla

Spanish: Culture Videos/ Cooking: Make Gummy Candies •ILS: Pen Pals & snack/ World Culture: Haiti •Lunch

- Dance: Jazz / Virtual Travel: Bicvcle
- Comic Book: Hey Arnold/ **Book Club:** Mango Princess

- Classic Viewing: Full house / Newsletter/ Social Club: Magic •Etiquette: Personality / Health & Beauty: Creative the healthy
- meals with coupons •Lunch
- •History: Space Program/ Science: Seasons/Wildlife: Octopus

•Music App: Rosie / Brain Busters: ???

- •Current Events/Keyboarding •Chorus: / Movers & Shakers / Classic Viewing: Walker / Health & Beauty: healthy snack/monkey face •Lunch
- •German: Name that Animal / Gardening & Nature: Protein Rich Veggies

Musical Bio: Andy Gibb / Photography: Fruits (bring one fruit): Shaun, Katie, Kathy, Ritchie, Wilfredo)

**MOVIE DAY OUTING** GROUP # 1

James, Trevor, Robert C, Bob T., Dereek, Angie, Joey, Marta

- A&C: Halloween Ornaments / Cooking Essential: Make Gummy Candy
- Photography: Fruits ( Bring one fruit: Danielle, Ernie, kat, Shelly) /Coloring: Choice
- Lunch
- •Movie Club: Movie of the week / Computer: / Group Games: Mad Libs

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- A&C: Christmas Ornaments / ILS: Troops
- Lunch World Cultures: Countries H-Z /Newsletter
- Acting Class: Trial of Goldilocks
- Painting: Begin Tree Painting

- Spanish: Bingo / Cooking: Cast Iron
- ILS: troops / World Culture:
- Lunch
- Dance: Mambo/ Virtual Travel: Kavak
- Comic Book: Hey Arnold/ Book Club: Mango Prince

- Classic View: Gilligan / Newsletter:
- / Social Club: Pictionary
- Etiquette: Personality/ Health & Beauty: Massages Therapy (by lean)
- Lunch
- •History: Abraham Lincoln /
- Science: Wind/ Wildlife: Koala
- Music App: Gloria/ Brain Busters: ???

4 S Friends & **Family** Picnic at ΑE

A&C: Christmas Ornaments/ Cooking: Cast Iron Photography: Fruits (Bring one fruit) James, Robert C, Robert T., Joey, Dereek. /

Coloring: Choice

- Lunch
- •Movie Club: Movie of the week / Group Games:

Connect 4

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- A&C: Christmas Ornaments /ILS: Count \$ & exercise
- Lunch/ Newsletter
- Acting Class: Trial of Goldilocks / Painting: Tree Painting

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- Dance & Movement: / Cooking: Fried Zucchini
- ILS: Count \$ & exercise / World Culture: India
- Lunch
- Dance: Neon / Virtual Travel: Camel
- Comic Book: Hey Arnold/ Book Club: Mango Princess

28 Outing Group 1: ISAACS Steph, Judi, Wilfredo, Gloria, Robert C., Dan, Mike V, Bob, Joey

- Classic Viewing: Andy Griffith / Newsletter / Social Club: African Dance
- •Etiquette: Personality/ Health & Beauty: Full Meal Plan (Video)
- •History: George Washington/ Science: Atmospheric Pressure/Wildlife: Kangaroo
- Music App: Leroy / Brain Busters: ???

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- •Current Events/Keyboarding •Chorus: / Movers & Shakers:/ Classic Viewing: Walker/ Health & Beauty: Dental Hygiene •Lunch
- •German: Bingo / Gardening & Nature: Dry Sage Musical Bio: Amy Grant/ Photography: Fruits (bring one fruit): Laura, Leroy, Carly, Dan, Alli, Jon R, Ralph)

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- A&C: Christmas Ornaments / Cooking: Fried Zucchini
- Photography: Chose & see your own Pictures/ Coloring: Choice
- Lunch
- •Movie Club: Movie of the week/ Group Games: Bingo