

Adult Enrichment

active life day program

AE NEWS & FUN!!

DECEMBER 2014



www.facebook.com/AdultEnrichmentLancaster

MONDAY

- 8:00 – 9:15 -----Social Time.
9:15 – 10:00-----Current Events.
10:00 – 11:30
◆ Arts and Crafts
◆ Independent Living Skills
11:30 – 12:30 -----Lunch.
12:30 - 2:00
◆ Painting
◆ Book Club / World Cultures.
◆ 2:00 – 3:00 -----Social time.

TUESDAY

- 8:00 – 9:15 -----Social time.
9:15 – 10:00 -----Current Events.
Outing every 4th Tuesday of the month
10:00 – 10:45
◆ Spanish / Keyboarding.
◆ Dance & Movement one time a month.
10:45 – 11:30 -----Music Appreciation.
11:30 – 12:30 -----Lunch.
12:30 – 2:00 -----3-D Art
2:00 – 3:00 -----Social time.

WEDNESDAY

- 8:00 – 9:15 -----Social Time.
9:15 – 10:00 -----Current Events.
Outing every 2nd Wednesday of the month
10:00 – 11:30
◆ QEU Movie once a month.
◆ Cooking 2 -3 times a month.
11:30 – 12:30 -----Lunch.
12:30 – 2:00
◆ Brain
◆ Science / Wildlife
2:00 – 3:00 -----Social Time.

THURSDAY

- 8:00 – 9:15 -----Social Time.
9:15 – 10:00 -----Current Events/
Keyboarding.
10:00 – 11:30 -----Chorus / Brain Games.
11:30 –12:30 -----Lunch.
12:30 – 2:00 -----Newsletter/Computer.
1:15 – 2:00 -----German/History.
2:00 – 3:00 -----Social Time.

FRIDAY

- 8:00 – 9:15 -----Social Time.
9:15 – 9:45 -----Current Events.
9:45 – 10:30 ----- Brain Games.
10:30 – 11:30 ----- Arts & Crafts/
Group Games
11:30 – 12:30 -----Lunch.
12:30 – 1:15 -----Special Topics.
1:15 – 2:00 -----Mental Floss.
2:00 – 3:00 -----Social time.

Upcoming Events

- ❖ Staff Meeting Dec. 1, 15, 29
- ❖ **Outings group #2 only**
Dec. 12 Park City Outing
- ❖ Chorus at the Church Dec. 4 at 8 AM.
- ❖ **AE Bazaar Friday**
Dec. 5th at 12–5 PM
- ❖ Park City Concert Dec. 11
- ❖ **SECRET SANTA PARTY**
Wear Ugly Sweater Dec. 17
- ❖ **FUN DAY** Wear favorite Christmas Hat Dec. 23
- ❖ **NEW YEAR EVE PARTY**
Dec. 31

AE Bazaar
Save the date
December 5

Groups for Outing

Tuesday Group #1

Kate, Angela, Chrissy, Dewey, Alli, Kathy, Ernie, Robert C., Matt, Zach, Sam, Alondria
Staff: Amparo, Chelsea, (Alisha, Lisa, Jean)

Tuesday Group #2

Lynne, Jon R. Carly, Wilfredo, Laura, Marta, Carla, Danielle, Dareek, Richard
Staff: Annette, Beth, (Alisha, Lisa, Jean)

Wednesday Group #1

Jon R., Jon Mac, Leroy, Jon W., Jayann, Susie, Wilfredo, Laura, Dan, Rosie, Robert P., Dareek, Carla
Staff: Chelsea, Beth, (Alisha, Lisa, Jean)

Wednesday Group #2

Kate, Steph, Alvin, Jon W., Chrissy, Angela, Dewey, Sam, Ekatrina, Jessenia, Robert C., Zach, Richard, Gloria
Staff: Amparo, Rebecca (Alisha, Lisa, Jean)

From the Directors Desk

I am excited to announce that our winter weather cancellation procedure has now been simplified. We will now be canceling program using the News 8 School Watch System. Adult Enrichment participants should log onto **WGAL.COM** for all cancellation information. Adult Enrichment will no longer use a phone chain to alert participants of cancellations, so it is important you utilize **wgal.com** to alert you for all schedule changes. If you do not have access to a computer, please contact me so alternative plans can be arranged.

I hope everyone has a wonderful holiday season.

~Alisha



MY FAVORITE CHRISTMAS MEMORY

Allison: My favorite Christmas was being with my mom. I would help her decorate the tree. I would wrap gifts with her and listen to Christmas music.

Jessenia: My favorite Christmas memory is baking chocolate chip cookies with my mom. I was little and I liked to help her in the kitchen. I ate a warm cookie when we were done. It tasted good.

Leroy: My favorite Christmas is this year. I have a new 23-inch TV that I will be watching this year.

Laura: When I was little my mom got me a bunny that I named fluffy.

Kathy: My favorite Christmas was when we went to the American Music Theater and watched the Christmas show.


Ernie: My favorite Christmas was singing at my church and making cookies with my mom.

Kate: My favorite Christmas was making a snowman with my brother.

Zach: My favorite Christmas was last year. I spent it with my grandparents and got a \$500.00 Vacuum.

Victor: My favorite Christmas memory is from when I was a kid and I got toys, the slinky was the best toy ever.

Ben: My favorite memory is my first Christmas in Lancaster. I got a connect four game.



Loni: I remember helping my God brother wrap gifts for Christmas. It's one of my favorite Christmas memories. Also baking soft sugar cookies with my god father. He put sugar sprinkles on them and they were really good.

He was big and I was small we would watch Christmas movies with my god sisters, my favorite was home alone not the second one but first one.

Angie: My favorite Christmas memory is spending time with my family. I love opening presents and cooking.

Susan: My favorite Christmas memory making cookies with my mom. I love getting nice gifts from my family.

Jon W.: My favorite memories is waking up at 5:00 or 6:00 AM and going to see what Santa brought us. After presents we would drive to Maryland to see family.

Jayann: My favorite Christmas memory was when I got my first CD player. I was in 9th grade. The CD player was from my mom and dad. I got to listen to may CD's as soon as I got it.

Justin: Going to my Grandma's house to eat. My favorite food was ham.


Contributed by Group Class
& Typed by:

Danielle Lichty, Matt Bieganski, Dan Rogusky, Elliott Galebach




LEGEND OF THE CANDY CANE

Researched by Dewey Coplin




Ever noticed how candy canes make the festival of Christmas a tad sweeter? These are delicious sweet treats, but more importantly, they are a part of traditional Christmas traditions. During Christmas, you will find them hung on driveways, skirted on the front doors, hung on Christmas trees, walls and so on. Among the many decorative items we use to decorate the house, candy canes are also an essential decorative element used during Christmas. Candy canes are long 'J' shaped white sticks, striped in red/green, and are rock-solid. Although we make it a point to adorn our homes with candy canes, what we do not know is how they became a part of Christmas traditions. Candy canes are not just decorative items; these stand for something more glorious.




History

It is believed that in the year 1670, a choirmaster at the Cologne Cathedral in Cologne, Germany, was finding it hard to discipline the children in the church during the 'Living Creche' tradition or the 'nativity ceremony' on Christmas Eve. The children were noisy and mischievous during the service and paid no attention to the choirmaster. The choirmaster found a solution to this by asking a candy maker to make sweet, cane sticks. The candy maker, upon the various instructions given by the choirmaster, combined many features to represent the life and death of Jesus Christ. These sweet sticks were slightly bent on one end to resemble a shepherd's staff.



In 1847, the candy canes became highly popular, when a German-Swedish settler, called August Imgard, in Wooster, Ohio got an idea to hang candy canes on his Christmas trees as a part of its decorations. Soon after, this set the trend for many people who decorated their Christmas trees. The candy canes were purely white during that time and it was only after 50 years, that the red stripes formed a part of the candy cane's designs.




In 1919, a candy maker, Bob McCormick from Georgia, set up McCormick's Famous Candy Company. He manufactured colored and flavored candy canes to remind the people about the great deeds of Jesus Christ and the significance of Christmas. Although candy canes were purely white and were shaped in the letter 'J', McCormick was credited for having introduced colors such as red/green and flavors such as wintergreen and peppermint, which became famous. In the 1950s, a man named Gregory Keller, who was a Catholic priest, invented an official machine to produce candy canes for Christmas every year.




Symbolism

Candy canes were initially introduced as a long sweet stick in pure white. The white, represented the purity and the sinless nature of Jesus Christ.



The candy cane was made firm, to signify the 'solid rock' or the 'foundation of the Church' and also the resolution of God's promises.

The candy cane's red stripes symbolized the blood shed by Jesus Christ when he was whipped and tortured on the cross.




The shape of candy canes bear a resemblance to the shepherd's staff and Jesus Christ is known as the 'Good Shepherd', who watches over his children like little lambs. When the stick is turned upside down, it denotes the letter 'J' in Jesus Christ.

'Hyssop' was used for the purification and sacrifice during the Catholic ceremonies. Peppermint tastes similar to hyssop and so the candy canes were flavored with peppermint to stand for Jesus Christ's purity and sacrifice.



Importance

The tradition of incorporating candy canes for Christmas decorations has been in practice for many years. Some of us are not aware about what candy canes represent and we decorate our houses without understanding the true significance of this decorative object. The candy cane is not just a sweet stick; but represents and symbolizes the life of Jesus Christ.



SCRAMBLERS

Contributed by:
Susie Corpman &
typed by Shaun Whitehead

1. TAASN
2. RTSNPEES
3. IFYALM
4. IEKOC SO
5. GTKOSICNS
6. ESLIVR
7. OLG D
8. ERTYUK
9. STLEIN
10. NLDGAAR

ANSWER:

SANTA, PRESENTS, FAMILY,
COOKIES, STOCKINGS, SILVER,
GOLD, TURKEY, TINSEL,
GARLAND



Pumpkin Experiment

Contributed by Science Class &
Typed by Danielle Lichty

We first watch videos on some very cool pumpkins being blow up. As we watched the videos we were sad that we could not blow up any pumpkins at AE at this time. We learned if we take baking soda and vinegar we can make our pumpkins look like it's throwing up. That was very enriching for us as adults, we have high hopes next year for some extreme pumpkin experiment.

Do They Know It's Christmas After All?

Contributed & Typed
By Dan Rogusky

Long ago, in a galaxy far, far away there was a holiday called Christmas celebrated by the people of Earth. Back when Christmas was first celebrated it was in remembrance of the birth of Christ Jesus. Sadly, over the years, the true meaning of Christmas has been lost especially with the introduction of such characters such as Frosty the Snowman, Rudolph the Red Nosed Reindeer and most importantly, Santa and Mrs. Claus. The problem increased 100 fold with the addition of shopping malls in the 20th century. Christmas has become all about getting gifts and has lost its original wonder and awe. Three words: holiday group hug! This is my grown-up Christmas list.



TRIP TO TEXAS

Contributed By
Susan Corpman &
Typed by:
Danielle Lichty

Mom and I left to go to Texas October 24, we stayed at my brother house while visiting other friends. My nephew Randy and his family came over from Australia to see us. I was really happy to see them. I haven't see them or heard from them for quite a while. We also saw my niece Courtney my nephew Jason and my great-niece Ciara. I always have fun seeing them. My brother took us to some interesting places. We went to some new restaurants and did some shopping and met some people who were friends of theirs.



QUESTIONS ASKED BY THE ADULT ENRICHMENT GROUP:

In the spotlight Interview to: Elliott Galebach



1. What are some things that scare you?
I am afraid of the dark
2. Do you have any brothers or sisters? How many?
I have a brother no sisters
3. What is your favorite AE class?
German
4. What are some things that make you really happy?
Being around friends
5. *What was your favorite toy as a kid?*
Action figures
6. *What is your favorite movie?*
Spider Man 2
7. Do you like spicy food?
No
8. *Name one thing you would change about yourself.*
Staring
9. *What is your favorite sport?*
Basketball
10. *What is your favorite holiday?*
Christmas
11. What is your favorite TV show?
Walker, Texas Ranger
12. When did you first travel by airplane and where?
Florida, Walt Disney World
13. What is the first thing you do when you wake up?
Brush teeth
14. *What musical artist do you most often listen to?*
Taylor Swift



Jokes Unlimited

Researched by
Justin Fisher and Ben Walker
Typed by Danielle Lichty



1. What is a super hero's favorite part of the joke?
The Punch line
2. what birds spend all their time on their knee?
Birds of prey.
3. What kind of bird stick to sweaters?
A Vel-crow
4. What do sea monster eat?
Fish and Chips
5. Why did the manger hire the marsupial?
Because he was koala-fied
6. What do you call a rabbit with fleas?
Bugs Bunny
7. How do spider communicate?
Though the world wide web
8. What kind of emotion does moses feel?
Nogtralgia
9. Did you here about the guy who's whole left side was cut off?
He's all right now
10. Did you hear about the paper boy?
He blew away



DECEMBER 2014

Contributed By
Kathy Sherr &
typed by Shaun Whitehead

X S W S E S U S E J D G S E F F X O H C
G E L R V H L C P F S E G E I J L Q L H
P I I S E H C R W E C G C R V G Z E O R
Y K W P R A E B K F N Z S O X L N F H I
O O L C A S T A J O Y T V L R E E S S S
V O D P E U L H G J D L J A O A Q Z W T
S C H N Y F X T Y A G N I K C O T S Z M
I U T H W N E W Y E A R D A Y C K I M A
R S A O E S O H F A M I L Y I F E H O S
A E N L N Y A D R O B R A H L R A E P N
V S E S C N V D H D G Y X L F R B E P D
K I Z D U A G Q B G X C G Z U M G T N K
G S E K N N T B T A W H H A C A C W B X
F E K L I I H N X B Y I E B N K S F V M
Y A N D W G E C A G L E H O R T R B C J
H J D C I F Z R G S O V S U N V G Y I Z
X U U W N S L I B V X X B A E Z F K S L
P Y N M T O F W Y O M V E X P M P S U E
Q K R M E Q D L M E K P L E T U M H M W
E H G D R Z F S H K T D H T W H P Y C M

CHRISTMAS
PRESENTS
FAMILY
JOY
JESUS
STOCKING
SANTA CLAUS

ELVES
WREATH
WINTER
PEARL HARBOR DAY
FIRST DAY HANUKKAH
NEW YEAR EVE
SNOWFLAKES

MUSIC
EGGNOG
NEW YEAR DAY
DECORATION
COOKIES
FIGGY PUDDING
REINDEER

DECEMBER 2014



MONDAY

- Current Events
- Arts & Crafts (A&C)
- Independent Living Skills (ILS)
- Painting
- Book Club
- World Cultures

TUESDAY

- Current Events
- Keyboarding / Spanish /Dance & Movement.
- Music Appreciation
- 3-D Art
- Outing

WEDNESDAY

- Current Events
- Cooking/ QEU Movie once a month.
- Brain Busters
- Science / Wildlife
- Outing every 2nd Wednesday

THURSDAY

- Current Events / Keyboarding
- Chorus/ Brain Games
- Newsletter / Computers
- German/History

FRIDAY

- Current Events
- Group Game/Arts & Crafts (A&C)
- Classic Viewing
- Special Topics
- Mural Painting
- Mental Floss

1

- **A&C:** Door Candy Cane/
- ILS:** Making Pen pal holiday cards
- **Lunch painting** : Concert set painting/ **World Culture:** Christmas in Italy
- / **Book Club:** Christmas Book

2

- **Keyboarding:** / **Spanish:** Christmas Vocabulary/ **Music App:** Cappella group/ name that x-mas song
- **Lunch**
- **3-D Art:** Package Lotion Peppermint x-mas tree/ Christmas crafts
- Book Club:** E.Toulane

3

QEU Movie

- Lunch
- Christmas Crafts

4

AE CONCERT

5

- AEBazaar12p-5p**
- Group Games / A&C:** Snowman Jar
- **Mommas Family**
- **Lunch**
- Special Topics:** National Egg nog Day
- Mural Painting:** Tree Mural
- **Mental Floss**

8

- **A&C:** Snowflake streamers /**ILS:** Write pen pals
- **Lunch**
- **Painting:** Black &white Dandelion / **World Culture:** Holland
- / **Book Club:** Christmas Book

9

- **Keyboarding:** / **Spanish:** Review
- **Music App:** Christmas group/ Name x-mas song/
- **Lunch**
- **3-D Art:** Puffy Paint Tree/ X-mas Craft
- Book Club** E.Toulane

10

- Park City Outing Group #2**
- Kate, Steph, Alvin, Jon W., Chrissy, Angela, Dewey, Sam, Ekaterina, Jessenia, Robert C., Zach, Richard, Gloria
- Staff:** Amparo, Rebecca (Alisha, Lisa, Jean)

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Park City Concert

12

- **Group Games / A&C:** Christmas Ornaments
- **Muppet show**
- **Lunch**
- Special Topics:** Play Snow/ Snowman
- Mural Painting:** Tree Mural
- **Mental Floss**

15

- **A&C:** Bread Clay Christmas ornament
- / **ILS:** Write article and review year
- **Lunch**
- **Painting:** Tree Painting / **World Culture:** Germany
- / **Book Club:** Christmas Book

16

- **Keyboarding:** /**Spanish:** Matching Games
- **Music App:** Hodge Podge/ name that x-mas song
- **Lunch**
- 3-D Art:** Shrinky Dinks/Puffy Paint Tree
- Book Club:** E.Toulane

17

SECRET SANTA PARTY

Lunch will be provided
Ugly Sweater & gift exchange

18

- Keyboarding**
- Chorus:** Concert Video and Karaoke / **Brain Games**
- Lunch**
- Computer & Newsletter/**
- German/** Weihnachten Abendessen

19

- **Group Games / A&C:** Christmas Cards
- Wonder years**
- **Lunch**
- **Special Topics:** Charlie Brown Christmas
- **Mural Painting:** x-mas card exchange
- **Mental Floss**

22

- **A&C:** Decorum the ornament / **ILS:** Math- Soda money
- **Lunch**
- **Painting:** Tree painting / **World Culture:** Brittan
- / **Book Club:** Christmas Book

23

- Christmas hats day FUN DAY**
- Make Ornaments**
- **Lunch**
- **PM Rudolph Movie & Trivia**
- Wear a Christmas Hat

24

- Xmas Eve Pajama party**
- Cooking class**
- Cinnamon rolls and hot chocolate**
- Christmas movie**

25

CHRISTMAS DAY WE WILL BE CLOSED!

26

AE WILL BE CLOSED!!

29

- **A&C:** Jewelry / **ILS:** Reaching out
- **Lunch**
- **Painting:** Firework painting / **World Culture:** New Years
- / **Book Club:** Christmas Book

30

- **Keyboarding:** / **Dance & Movement**
- **Music App:** Best music video of 2014 / history of news years song
- **Lunch**
- 3-D Art:** Jewelry from Shrinky Dinks
- Book Club:** E.Toulane

31



Dec. 31st Victor Miller