

Adult Enrichment

active life day program

AE NEWS & FUN!!

JUNE 2015



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MONDAY

9:15 - 10:00 AM Daily Current Events

10:00 - 11:30----- Arts and Crafts/ Independent Living Skills
11:30 - 12:30 -----Lunch.
12:30 - 1:15 -----Art/ World Cultures.
1:15-2:00-----Book Club /Music Appreciation.

TUESDAY

9:15 - 10:00 -----Keyboarding.
Outing and Cooking every 2nd Tuesday of the month
10:00 - 10:45 Singing / Spanish or Dance & Movement one time a month.
10:45 - 11:30-Music Appreciation/ World Culture.
11:30 - 12:30-----Lunch.
12:30 - 1:15 ----Musical Biography/ Group Games.
1:15- 2:00-----Virtual Travel / Comic Book.

WEDNESDAY

Outing and Cooking every 4th Wednesday of the month.

10:00-11:00-----Classic Viewing /Newsletter.
11:00-11:30----Sign Language / Health & Beauty.
11:00-11:30-----Lunch.
12:30 - 1:15 -----Science / Music Appreciation.
1:15-2:00 -----Wildlife/ Brain Busters.

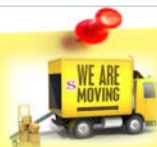
THURSDAY

9:15 - 10:00 -----Keyboarding.
10:00 - 11:30 -----Chorus.
10:00 - 10:45 ----- Classic Viewing.
10:45- 11:30 -----Brain games.
11:30 - 12:30 -----Lunch.
12:30 - 1:15 -----Gardening & Nature/ Spanish.
1:15 - 2:00 -----History or German.

FRIDAY

10:00- 10:45---Arts & Crafts/Cooking Essentials.
10:45 - 11:30 -----Photography/Coloring.
11:30 - 12:30 -----Lunch.
12:30 - 2:00 -----Movie Club.
12:30 - 1:15 -----Newsletter.
1:15 - 2:00-----Group Games.

Daily Social Time 8:00 - 9:15 AM
&
2:00 - 3:00 PM



1325 Elm Avenue,
Lancaster, PA 17603

Upcoming Events

❖ **Outing every 2nd Tuesday of the month.**

Outings group #2

Applebee's On Tuesday
June 9

❖ **Outing every 4th Wednesday of the month.**

Outing Group #2

El Rodeo On Wednesday
June 24

❖ Staff Meeting on 6/15 &
6/29

Groups for Outing

TUESDAY

Group 1: (11) Jon R., Lynn, Kathy, Sam, Dewey, Zach, Angela, Allison, Marta, Dareek, Debbie.
Staff: Annette, Dakota (Alisha, Paul, DAndrea., Tania)

Group 2: (10) Kate, Carly, Chrissy, Wilfredo, Richard, Matt, Danielle, Ernie, Loni, Robert C., Nichole,
Staff: Amparo, Beth (Alisha, Paul, D'Andrea)

WEDNESDAY

Group 1: (13) Steph., Kate, Jon W., Chrissy, Wilfredo, Richard, Ekaterina, Gloria, Rosalie, Robert C., Mackenzie, Dan, Ben M.
Staff: Rebecca, Amparo (Alisha, Paul, D'Andrea)

Group 2: (13) Jon R., Leroy, Alvin, Jayann, Susie, Robert P., Jessenia, Sam, Dewey, Zach, Laura, Angela, Dareek.

Staff: Beth, Dakota, Tania (Alisha, Paul, D'Adrea)

From the Directors Desk

As most of you know, we have finally moved into our new location at 1325 Elm Avenue! Our larger location provides us with so many exciting opportunities that we look forward to sharing with all of you. If you have not seen the new site or would like to drop in, please do so. We will be planning a large open house for our family and friends sometime in September, so make sure to mark your calendar.

We are transitioning away from the use of paper products at Adult Enrichment and will no longer be providing paper plates, bowls or utensils.

Participants should pack any items needed for their lunches, which will be returned with them each evening.
~Alisha

Fathers' Day

Contributed by
Jonathan W.



If there's one holiday that focuses on the memory of those who have struggled to preserve the lifestyle that you and I enjoy every day, and immortalize the ideals that are too often taken for

granted, it's definitely Memorial Day. But we're not going to talk about that today. Today we're going to talk about Fathers' Day. Fathers' Day is an official holiday that was begun in Spokane, Washington in 1910, when Sonora Smart Dodd found occasion to begin celebrating it, at a YMCA, of all places. When the rest of the nation picked up on the idea, the holiday spread like wildfire, and shortly the date was recorded in every calendar made in the nation.

A bill was passed in congress, and the holiday was officially recognized by government in 1913. For anyone who doesn't know already, it reoccurs every year, on the 3rd Sunday in June. There are many ways to celebrate it, yet contrary to what commercials advertise, the best way to signify this event is to pull aside your Dad, and say "Thanks."

The Fault in our Stars

Contributed By:
Dan R.



About two months ago, I read probably my favorite book ever, "The Fault in our Stars." This 13 year old girl named Hazel Grace Lancaster goes to her doctor for her yearly physical. When her test results come back, her doctor informs her that she has cancer! Both she and her parents have to deal with the realities of her condition. She begins to attend Cancer Anonymous meetings where she meets her boyfriend Gus who eventually dies when the cancer completely overtakes his entire body. Eventually she also dies: the end.

Fun In Classic Viewing

Contributed By Wilfredo R. and
Typed by Laura S.



We watched The Three Stooges in classic viewing. It was episode one. It was Mo , Larry, and Curly. Curly is my favorite, he is funny, He says, woop! woop! woop! and then he barks like a dog. Mo grabs his nose with a monkey wrench and then Curly wants to sit down and enjoy his meal. To be a classic Viewing Show it has to be old and appropriate for program viewing. After we trivia questions about the show. The Tree Stooges was my favorite show That we watched in Classic Viewing.



EARTH DAY FLOWER POT

Contributed By
AE Group Class

On Earth Day at Adult Enrichment we had visitors come in and do an Earth Day project. We had a help decorating beach scene flower pots. We used sand, paint, stickers, and macaroni shells. We used hot glue to stick the shells on. We had really good cookies and juice for a snack while the pots dried. We put soil and a plant in the flower



pots. We all had such a great time and would like to have more activities like this.



Æ GOES TO THE MOON!!



Contributed by

Jonathan W.

PART #2

Although clients generally griped on the RRTA "magical access" bus ride down to the launch site, the mood was overall enthusiastic when they waddled from the bus to the rocket.

"We're glad you all decided to embark on this adventure with us," Gen. Patton said to the group, when the clients trickled in. "It is our goal," he said, "to make space travel an available venue for every American." The clients were gathered in a room with about twenty or so other people, who appeared to be from various races and social classes. "Wow," said one client to another, as they looked around.

"Mmm, I dunno," said one client, as they boarded the shuttle. "Any clients who aren't going on this trip are staying back, and watching 'Groundhog Day.' I'm wondering if I should've chose that..." one client commented.

"Oh, don't be a wuss," another client whispered back.

After they all got settled and secured in, the rocket blasted off. They began going at such a speed, that their faces became disfigured from the speed.

"Ha ha!" one client began, pointing, "You look like Donald Trump!"

"So? You look like Jim Carrey!"

In time, the rocket broke free from the constraints of the atmosphere, and when somebody undid their seatbelt, they found they were able to float around freely. One client made sure her wheelchair was strapped down, and was delighted to find she was free from the shackles of gravity, and thereby her acquired brain injury.

Following this lead, other clients followed suit. Given a little time, everyone was free and floating around.

"Wait wait!" cried Rebecca, the staff chosen to accompany the clients. "I'm not sure we're given the okay to do this yet!"

Bob, another citizen who'd gone on the trip, spoke up.

"Oh, let the injured citizens enjoy their liberation!"

"Yah, whatever," Rebecca replied coldly.

Everyone floated aimlessly for about 5 minutes. Soon, Gen. Patton said, "Okay! Do we all know our responsibilities up here?"

Someone asked, "Responsibilities?"

'Oh, for goodness sakes...' one client thought, putting hand on her forehead.

"We have a lot to do!" Gen. Patton said, positioning a series of instruments on the table.

One client approached the table, and picked up one tool, that resembled a slingshot. He waved it, and inquired, "Ah. I trust there's plenty of paintballs, for needed ammunition?"

The general appeared to have a coronary, and snatched the tool, yelling, "Watch here you point that! Are you aware of what that's capable of doing?!"

People stared at the general kind of open-mouthed. The general regained his composure, then calmly continued, "Now, before each of you embarked on this, I trust you read the fine print on the bottom left of the contract."

Rebecca thought back to how exited she was to discover this opportunity for the clients. The thought that there could be any sort of ulterior motive never even crossed her mind.

One client who was nearby, began looking around. 'There's gotta be a way out of this!' he thought. The general began explaining the plans to spy on Cuba, when the client thought back to what had been explained about the trip, prior.

"Now, we need to collect information for the upcoming invasion, and this is done—"

'Did he say invasion?' one client thought.

Amparo was a little alarmed as the plan was laid out. Out of the corner of her eye, she noticed a few of the clients slip out, unnoticed by anyone else. 'Good luck!' she whispered to herself.

Suddenly, someone shouted, "Look! Vulcans!" pointing to the window by the dashboard.

And there out the wind, was another ship floating nearby.

"Uh oh..." said someone.

"Wait a minute!" said someone else. At this, one Acadia client approached the window. Then she waved at viewing someone from the other ship wave back.

"Who's that?" Rebecca asked the client.

Amparo walked up. "Goodness!" she exclaimed.

"Izzat your Mom?"

"That's it!" yelled the captain, returning to his cockpit.

"Stations, everybody! We're heading back!"

THE END

Artwork for the Gala

Contributed By Ernie Mc.

Typed by Daniel R.

I drew a picture of a rose on a blank piece of paper. After I finished that, I redrew the picture onto a canvas. I painted it with spring-like colors. I really had a good time with this painting. I hope I can do another painting like this soon. I really like painting class.



What are you doing over the Summer

Contributed by

Elliott G.

Jon: Going to visit my sister in Idaho.

Dakota: Going South Carolina to go rock climbing and tubing.

Dan: Going to Florida and celebrating my 34th birthday.

Alisha: Spending time outside with my daughters and going to the beach.

D'Andrea: Going swimming at Ocean City Maryland and going to Hershey Park.

CINCO DE MAYO

Contributed by AE group class

And type by Matt B.

AE celebrated **Cinco de Mayo** with a party. We started out by learning about why Cinco de Mayo is celebrated. We learned it's celebrated more in America than Mexico and it's Spanish for the 5th of May. It's a commemoration of a battle at pueblo Mexico when the Mexicans beat the French. We also learned that tequila, a traditional Cinco de Mayo

drink, is made from the blue agave plant. We also got to watch a traditional Mexican dance on TV. After that we played pin the tail on "el burro." Debbie and Ben won. Then we did a piñata. After lunch we made maracas from recycled bottles and then we had a Mexican snack of three layer dip, chips, and salsa. It was a fun day. Some of our favorite parts of the day were:

Justin- Socializing

Kate- Playing games and socializing. Especially the piñata.

Elliott- Learning why Cinco de Mayo is a celebration

Dan- interacting with p's I usually don't get to see

Carly- Meeting new people

Ally- Pin the tail on 'el burro'

Ben- Everything

Dewey- Learning that it's not Mexico's independence day, which is actually September 16

Angie- Getting the candy out of the piñata

Wilfredo- The party

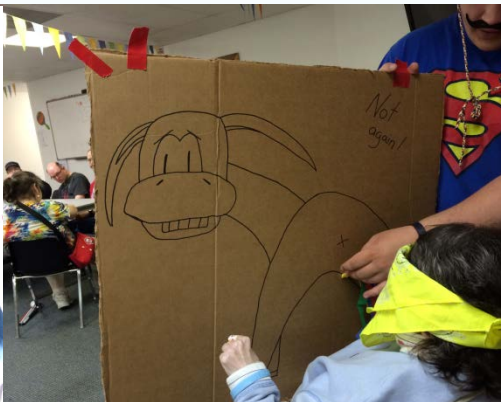
Ralph- Making maracas from bottles

Danielle- Enjoying myself

Kathy- I liked getting blindfolded and pinning the tail on 'el burro'

Jayann – Coming and joining the party

CINCO DE MAYO



JUNE BIRTHDAY FLOWER

Researched by
Laura S.

Official birthday flower of June is the lovely rose. Roses are the most popular flowers in the world and although all roses symbolize love and appreciation, the color of the flower petals have very specific meanings.

Roses occur as flowering shrubs with flowers of many different sizes that grow in a rainbow of colors. There are also climbing varieties of roses that will crawl up a trellis or wall.

Roses in History

Most people believe that roses were first cultivated around the Caspian Sea or Gulf of Persia millions of years ago. The oldest rose fossil in North America was found in Colorado and dates back to more than 35 million years ago.

Roses have been cherished for their beauty and fragrance for centuries. The ancient Greeks and Romans identified roses with love and passion beginning with their association with the goddesses Aphrodite, Isis and Venus. Cleopatra is said to have received Marc Anthony in a room filled literally knee-deep with roses. In early Christianity, the red rose stood for the blood of Christian martyrs, and later it became symbolic of the Virgin Mary.

Colors and Symbolism

Roses have always been used to communicate specific messages and emotions, especially in Victorian times when it was forbidden to speak to others about your feelings. Here are some traditional.

Meaning of rose colors:

Red: Romantic love

Pink: Admiration and grace

Dark Pink: Gratitude and appreciation

Light Pink: Sweetness and innocence

White: Purity, friendship and reverence

Yellow: Friendship and caring

Yellow with red tips: Falling in love

Orange: Passion

Burgundy: Beauty

Black: Death and farewell



USING THE CITY BUS

Contributed and typed by
Danielle L.

It's very easy to use the city bus. First you need to get a booklet of the bus schedules. If you know where you're going you look for the place you're going and the arrival time. You can catch the bus a lot of places, the booklet lists all the stops and you look for the closest one to you. Sometimes you have to walk to a stop but it's not very far. Once you get to the bus you need to wait for the right bus. Make sure it's the right bus by checking the route name on front. When it's the right bus you get on and choose a seat. Check with the bus driver to find out if you pay when you getting on or the off the bus. You know it's your stop by looking out the window. When you get to your to stop, pull the chord so the bus driver knows it's your stop. Get off congrats! You have just made your first bus trip!



June 9th Marta P.



June 16th Ben W.



June 19th Gloria M.



June 27th Dareek S.



June 26th Carly L.

Comic Book Class

Contributed by
Alondria S. & typed by Matt B.

I like the comic book class. It's a lot of fun. We get to write about our favorite super heroes. We can also talk about our favorite super heroes. We talked about what our super heroes were saying. We talked about super villains and how evil they were. We talked about the cities they lived in. We talked about how they fight and what their super powers were. We talked about how cool they were and the kids that were superheroes. We talked about how famous they were. We made up our own superheroes and drew them. The comic book class is kind of fun.

SCRAMBLE

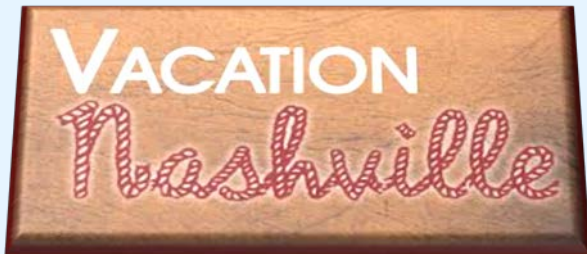
Contributed by Susan C. and
Typed By Mackenzie C.

1. OHT
2. EMSRUM
3. ABCHE
4. LOPO
5. WISM
6. NCCIP
7. URBE ABQE
8. ABTO
9. EONAC
10. ISLA
11. RAKP
12. NASD
13. AUGONPYLRD
14. OSSRPT

ANSWER:

HOT, SUMMER, BEACH, LOOP,
SWIM, PICNIC, BARBQUE,
BOAT, OCEAN, SAIL, PARK, SAND,
PLAY GROUND, SPORTS.

AWESOME



Contributed by Angie S.
Typed by Dan R.

I went to Nashville TN for a 4 day vacation. I flew down out of Baltimore on a direct flight. I met a group down there and we stayed in a hotel. My favorite place I went was Grand old Opera. I really enjoyed the museum and I saw Johnny Cashes bedroom set. I ate at several different Restaurants and they were all good. The weather was hot during the day and cool in the evenings. I would recommend visiting Nashville TN.

Monthly Jokes

Searched by Ben W. &
Justin F. and Typed by
Danielle L.



1. **What do you call having your garden on speed dial?**
Instagram
2. **What is the best day to go to the beach?**
Sunday, of course
3. **What belongs to you but others use more?**
Your name
4. **Which is the building that is the largest?**
The library because it has the stories
5. **What do prisoners to call each other?**
Cell Phones
6. **What do you a bear with no teeth?**
A gummy bear
7. **Where do snowmen keep their money?**
In snow banks
8. **What washes up on very small beaches?**
Microwaves
9. **Why did tony go out with a prune?**
Because he couldn't find a date
10. **What did Winnie the Pooh say to his agent?**
Show me the honey

Cheerleading Finals

Contributed by Carly L. and typed by
Danielle L.

I had my cheerleading finals in VA Beach over the weekend. Teams picked what day they wanted to perform Friday or Sunday. I couldn't tell you how many teams because there was at least a 1,000 performers in attendance. My team performed Sunday morning and I thought we did good. We weren't there for competing we where just doing it for fun. I was a little sad that we didn't win. I have to decide on my team for next year so I can compete in competitions.



**QUESTIONS ASKED BY THE
ADULT ENRICHMENT
GROUP:**

In the spotlight Interview to:

**Mr. Paul Geiger, BS
Program Specialist
WELCOME TO AE**



1. What was your job before AE-?

Community services group. I was a residential supervisor.

2. What is your favorite food?

Stir-fry with chicken or shrimp or steak.

3. What is your favorite music?

I like New wave old school music.

4. Why did you get your degree in Human services?

I had already worked in this field for over 15 years and decided that and made it into a career.

5. What is your favorite TV show?

Star Trek.

6. Do you have a pet?

His name Rikki and he is a miniature American Eskimo who weighs 22 pounds.

7. Do you have a family?

A wife and 2 daughters.

8. If you had a million dollars how would you spend it?

I would invest some of it for the future and the rest I would open up my own group home.

9. Have you ever lived outside of Pa?

Long Island New York, California, Montana, Florida and a few more.

10. What is your favorite Hobby?

I am a movie Buff.

11. Do you have a favorite sport?

Football/ Eagles favorite time.

12. If you could go back in time were would go?

I would go back to watch the ancient humans.



june 2015

Contributed by Kathy S. &
Typed by Danielle L.



P Z D W T B K V S G X Q P L X S F I G B
N I J G Q G A U N C R V K S R U S G R L
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SUMMER
FATHER DAY
SWIMMING
VACATION
BASE BALL
FLOWERS
WEDDINGS

GRADUATION
FLAG DAY
GOLF
POOL PARTY
COOK OUTS
PICNICS
VOLLEY BALL

TENNIS
FRISBEE
NASCAR
HORSE BACK RIDING
SURFING
DOG WALKING
SOCCER



JUNE 2015

MONDAY

- Current Events
- Arts & Crafts / Independent Living Skills
- World Cultures / Art Class
- Book Club / Music
- Appreciation

TUESDAY

- Current Events/ Keyboarding
- Spanish /Dance & Movement./ Singing
- Music Appreciation/World Cultures
- Music Bio./ Group Games/Virtual Travel/Comic Book
- Outing/ Cooking

WEDNESDAY

- Current Events
- Classic Viewing/Newsletter.
- Sign Language/ Health & Beauty
- Science/Music Appreciation
- Wildlife/Brain Buster
- Outing/Cooking

THURSDAY

- Current Events / Keyboarding
- Chorus/ Brain Games
- Gardening & Natural/Spanish
- German/History /Acting Class

FRIDAY

- Current Events
- Arts & Crafts/Cooking Essential
- Photography/Coloring
- Movie Club
- Newsletter
- Group Games

1

- Arts & Crafts: Transplanting / ILS:
- Lunch
- World Cultures: Pioneer Stories / Art Class: Michelangelo
- Book Club: Little House / Music Appreciation: Weird Al

2

- Keyboarding: Spanish: Bingo Picture / Singing: Brain storm songs
- Music App: Les Miz / World Cultures: Asian Cultures
- Lunch
- Musical Bio: Elvis Presley / World Cultures/ Virtual Travel: England / Comic Book

3

- Classic Viewing: P. Pick / Newsletter.
- Sign Language: Intro Health & Beauty: fruit kabobs
- Lunch
- Science: Astronomy /Music Appreciation: Class Discussion
- Wildlife: Fossa /Brain Buster: Shel Silverstein

4

Muppets Show
At The Church



5

- Current Events
- Arts & Crafts:/Flag windsock/Cooking Essential: Intro Class
- Photography:/Coloring
- Movie Club: Intro Class
- Newsletter:
- Group Games: Doggy Bone

8

- A&C: Butterflies/ ILS: Write pen pals
- Lunch
- World Culture: Pioneer Stories / Art Class: Clay David / Book Club: Little House /Music
- Appreciation: Weird Al

9

- Cooking By: Outing Group #2
- Kate, Carly, Chrissy, Wilfredo, Richard, Matt, Danielle, Ernie, Loni, Robert C.
- Staff: Amparo, Beth (Alisha, Paul, D'Andrea)

10

- Classic Viewing: P. Pick / Newsletter.
- Sign Language: Words Health & Beauty: Active Games
- Lunch
- Science: Sun /Music Appreciation: 30's
- Wildlife: MeerKat /Brain Buster: Shel Silverstein

11

- Current Events/ Keyboarding
- Chorus: Watch Concert/ Brain Games
- Lunch
- Gardening & Nature: Intro/Spanish: Bingo
- German/History: /Acting Class: Brainstorm Ideas

12

- Current Events
- Arts & Crafts: Foil & alcohol ink /Cooking Essential: What to cook
- Photography: National Geographic /Coloring
- Lunch
- Movie Club: Singing in the Rain
- Newsletter
- Group Games: Table Bowling

15

- A&C: Butterflies frame pictures / ILS: Counting Soda money
- Lunch
- World Cultures: Pioneer Stories / Art Class: Clay David
- Book Club: Little House/ Music Appreciation: Weird Al

16

- Keyboarding: Spanish: Matching Game/ Singing: Folk Songs
- Lunch
- Musical Bio: Lady Gaga / Virtual Travel: England / Comic Book

17

- Classic Viewing: P. Pick Newsletter.
- Sign Language: Words/Health&Beauty:
- Lemonade
- Lunch
- Science: Planets /Music Appreciation: 40's
- Wildlife: Animal /Brain Buster: Shel Silverstein

18

- Current Events/ Keyboarding
- Chorus: Karaoke/ Brain Games
- Lunch
- Gardening & Natural: Plants that attract
- Butterfly's/Spanish: Matching Game
- German/History: /Acting Class: Begin Play

19

- Current Events
- Arts & Crafts: Eraser-Stamped /Cooking Essential: P chosen Food
- Photography: Cameras /Coloring
- Lunch
- Movie Club: Discuss Singing in the Rain
- Newsletter
- Group Games: Toss Across

22

- A&C: Patriot Wreath ILS: Opportunities to serve
- Lunch
- World Cultures: Pioneer Stories
- Painting/ Book Club: Little House/ Music App: Weird Al

23

- Keyboarding: Spanish: Body Parts/Singing
- Lunch
- Musical Bio: Tammy Wynette/ Group Games
- Virtual Travel: England / Comic Book

24

- Cooking By: Outing Group #2
- El Rodeo
- Jon R., Leroy, Alvin, Jayann, Susie, Robert P., Jessenia, Sam, Dewey, Zach, Laura, Angela, Dareek.
- Staff: Beth, Dakota, (Alisha, Paul, D'Andrea)

25

- Current Events/ Keyboarding
- Chorus: Karaoke/ Brain Games
- Lunch
- Gardening & Nature: Butterfly way station/Spanish: Body Parts
- German/History: /Acting Class: Cont. Play

26

- Current Events
- Arts & Crafts: Fluffy lambs! /Cooking Essential: Apple Nachos
- Photography: Landscaping /Coloring
- Lunch
- Movie Club
- Newsletter
- Group Games: Connect Four

29

- A&C: Alcohol inks and eggshell. / ILS:
- Lunch
- World Cultures: Dog Sled Racing
- Stories / Book Club: Little House/ Music App: Weird Al

30

- Keyboarding: Dance & movement/Singing:
- Lunch
- Musical Bio: / Group Games
- Virtual Travel: / Comic Book

