

MARCH



AE NEWS



Facebook@Adult Enrichment Lancaster

2020 EDITION

Hello! Welcome to AE News, March 2020 Edition. We've added and changed some things and we really hope you enjoy it! Be sure to check out our new "Did You Know Page", and you can now find the class schedule on pg.2. Also, we would like to congratulate our friend Jayln for making the spotlight this month. You can read about him on page 3.

Who's in the Spotlight ?



JAYLN

OUTINGS FOR MARCH

Tuesday March 10th

Program Specialist- John

Staff- Cindy & Alexis

Participant- Katie H., Carly L., Marta P., Robyn F., Dewey C.

Wednesday March 25th

Program Specialist- Katee W.

Staff- Takeisa & Lisa

Participant- Bob T, Jon F, Josh B., Kate M, Jayln W., Austin R.

Friday March 20th

Program Specialist-

Staff - Tina & Lisavette

Participant- Katie H., Marta P., Jesse H., Cordell H.



**Adult
Enrichment**
ACCESSING INDEPENDENCE

active life
day program

717-397-5600

WISH LIST

CLASS SCHEDULE



1. Strobe Light for dance Class
2. Speakers for the green room
3. Old fashioned type writer
4. Paint brushes/paint



9:15 – 10:00 Current Events Daily

MONDAY

10:00 – 11:00 ----- Arts and Crafts / Free Time
 Computer / Independent Living Skills (ILS)
 11:00 – 12:00 ----- **Lunch.**
 12:00 – 1:00 ----- Newsletter / Free Time
 Computer / Acting
 1:00-2:00 ----- Creative Expressions/
 World Exploring

TUESDAY

10:00 – 11:00 ----- Health & Wellbeing / Free
 Time Computer / Spanish.
 11:00 – 12:00 ----- **Lunch.**
 12:00 – 1:00 ----- Virtual Travel / Social Club /
 Dance.
 1:00 –2:00 ----- Book Club/ Free Time Computer
 / Forces of Nature.

WEDNESDAY

10:00-11:00 ----- Mindfulness / Free Time
 Computer / Social Club.
 11:00-12:00 -----**Lunch.**
 12:00 – 1:00 ----- History / Free Time
 Computer/ Dancercise
 1:00-2:00 -----Music Appreciation / Science /
 Wildlife.

THURSDAY

10:00 – 11:00 ----- Brain Busters / Photography
 11:00- 12:00 ----- **Lunch.**
 12:00 – 1:00 ----- Garden & Nature / Free Time
 Computer / Keyboarding.
 1:00 – 2:00 -----Free Time Computer / Chorus

FRIDAY

10:00- 11:00 -----Arts & Crafts / Home
 Economics
 11:0 – 12:00 ----- **Lunch.**
 12:00 – 1:00 ----- Group Games / Movie Club.
 1:00-2:00 ----- Free Time Computer /
 Photography / Movie Club

SPOTLIGHT



Name: Jayln

Time at Program: 4 ½yrs.

1. (Derek)----Jayln what school did you attend when you were in high school?

- *I went to East Petersburg School District*

2. (Kathy)----What is one of your favorite foods to eat?

- *I like pizza, my favorite is pepperoni pizza.*

3. (Loni)----What is your favorite thing about AE?

- *Coming and seeing all my friends.*

BIRTHDAYS



March 5th
Trista S.



March 7th
Jayln W.



March 15th
Allegra S.



March 4th
Jordan H.



March 4th
Cindy T.



March 24th
Ben Mc.

WHAT'S GOING ON



PHOTO BY: TINA

Our friends June & Trista (back) on a fun bowling outing at Leisure Lanes.



PHOTO BY: SYMONE

IT Guys Jefry and Danyael working hard to keep our computers updated.

This year's Valentines Day party

was put together by our staff member Brittany. Of course with the help of all other staff, it turned out great! We had fun activities set up, like balloon darts, bag decorating and lots and lots of snacks & candy. The participants exchanged their Valentine's cards with each other and expressed how great of a day they all had.



Feb. 13th picture by Amparo Cordell, Jimmy G., Dan & Kyle having fun decorating their bags for their Valentine's cards



PHOTO BY: BRITANNY

Tina's **Forces of Nature Class** decided to give a helping hand to The Humane League of Lancaster and we all pitched in to donate blankets for the animals to stay warm and cozy. We collected over **75 blankets** for them!



PHOTO BY: TINA

WHAT'S GOING ON



(Staff) Takeisa, Destiny, Jordan

AE IDOL

We are always creating new ways to have fun at AE. Last month in our **Music Appreciation Class** we had our first ever AE Idol hosted by Takeisa, which was a singing competition for any participant that wanted to sign up. About twenty-two participants signed up and performed over a course of three weeks. Participants were able to vote for performances they liked best narrowing it down to five people left for the finale. The conclusion of our AE Idol ended with Mac coming in 3rd place, Destiny as our runner up and our first time ever AE Idol winner Luis! **The participants enjoyed AE Idol so much that we have decided to host it twice a year.**

From Left: Grace, Crystal, Gary, Katie, (Staff) Cindy, (Staff) Alexis, Aaron, Robin, Josh B., Chrissy, Donald



PHOTO BY: AMPARO

Take a look at our ***Virtual Travels Class***! Last month they decorated the orange room door together.



AE Idol Winner: Luis



"March comes in like a lion and goes out like a lamb" – Jon W.

DID YOU KNOW?!

HAPPY BIRTHDAY DR. SEUSS

March 2nd is the birthday of Theodore Seuss Geisel, an American author who, under the pen name Dr. Seuss, wrote and illustrated some of the world's most iconic children's books.



GiGi's Playhouse in Lancaster, PA !

GiGi's Playhouse Lancaster is unique because we will be able to provide a physical location for participants of all ages and their families to participate in therapeutic-based, educational and career training programming. The programs will be rooted in continuous improvement and high expectations.

Programs will always be available for free, as cost will never be a barrier to achievement or acceptance. We will be a positive light for participants and their families because we believe that individuals with Down syndrome have a unique ability to touch someone's heart and change their life in a positive way.



Down Syndrome Achievement Centers
educate. inspire. believe.

<https://gigisplayhouse.org/lancaster/>



Saint Patrick's Day!

Saint Patrick's Day is celebrated on March 17th each year. The day is meant to recognize the Feast of St. Patrick and his heritage. Patrick was originally from Brittan, where at 16 years of age, he was taken as a slave to Ireland, where he stayed for 6 years. After 6 Years, it is reported that he had a dream that he felt was from God to escape captivity and return to Britain. In Britain St. Patrick studied for several years to become a priest. He felt his calling was to return to Ireland to convert atheists. He did this for forty years and was reported to be very successful. There are many stories of his time in Ireland.



MARCH WORD SEARCH

Y	A	R	D	R	U	D	N	C	F	E	P	S	I	N	L	I	K	F	L
B	C	G	D	E	R	U	W	R	E	K	D	E	R	Y	M	T	X	Q	G
R	K	B	G	S	S	C	I	F	Z	A	I	V	P	F	B	C	C	O	G
O	R	Q	E	S	T	S	R	E	B	H	C	E	D	C	D	O	L	Y	I
W	X	U	A	R	U	T	C	U	F	S	A	N	J	X	L	D	T	D	J
K	S	W	D	E	D	P	W	C	L	K	F	T	K	W	C	O	A	I	H
S	O	C	H	W	G	A	P	E	B	C	Q	E	K	O	U	Y	V	U	S
I	F	Z	C	O	R	T	P	X	P	O	X	E	I	O	L	A	X	E	I
A	Y	J	R	L	E	R	Y	H	O	R	K	N	L	I	F	T	Z	B	R
G	X	T	A	F	E	I	L	M	E	M	F	T	G	I	G	C	L	S	I
S	H	V	M	C	N	C	N	K	S	A	L	H	L	C	Q	X	S	Q	X
C	X	Z	H	X	S	K	P	I	R	H	T	K	N	R	F	V	R	F	X
S	N	A	K	O	P	D	J	W	Z	S	N	Q	Z	J	Y	S	F	J	C
I	U	R	E	Y	R	A	N	H	A	C	I	Z	C	R	J	B	W	Q	R
N	E	Q	L	Y	I	Y	P	V	Y	J	K	O	Q	K	O	Z	V	B	V
P	P	H	Q	P	N	W	I	M	A	R	C	H	M	A	D	N	E	S	S
F	Z	S	U	C	G	N	P	R	T	L	F	X	R	H	D	I	O	P	J
X	C	I	A	X	G	H	O	N	W	J	S	U	K	O	I	U	V	Q	J
W	B	R	Y	X	P	W	X	A	Q	S	A	B	C	E	W	K	S	H	Z
J	F	I	U	K	Y	K	G	S	Z	W	A	Q	H	D	Y	B	Z	Q	T

SHAM ROCK SHAKE
LEPRECHAUN
IRISH JIG
FLOWERS
GOLD COIN

GREEN
SPRING
MARCH
DAY LIGHT SAVING
SEVENTEENTH

CLOVER
ST PATRICK DAY
MARCH MADNESS
DR SEUSS
IRISH

MARCH 2020

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

3

4

5

6



9

10

OUTING
PARK CITY

Katie H.
Carly L.
Marta P.
Robyn F.
Dewey C.



11

12

13

16

17

St. Patrick's Day



18

19

20

OUTING
MOVIE OUTING

Katie H.
Marta P.
Jesse H.
Cordell H.



23

24

25

OUTING
TBD

Bob T.
Jon F.
Josh B.
Kate M.
Jayln W.
Austin R.



26

27

30

31

1

2

3